



ASHA FOUNDATION BANGALORE



ANNUAL
REPORT
2025-2026



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Executive Summary

Welcome to the latest Annual Report of ASHA Foundation! This document presents an overview of ASHA Foundation's activities from April 2025 to March 2026.

The Executive Summary sports a new look this year.

The year opened on a positive note with all projects of ASHA Foundation continuing to operate routinely.

The following projects were continued during the financial year:

1. The HIV/AIDS counseling services including the AIDS Helpline and Telephone Counseling service.
2. Adolescent Sexual Health Education Project named Anmol Ashayein.
3. The Children at Risk Project.
4. The Prevention of Mother to Child Transmission of HIV project.
5. Camp Rainbow Project.
6. HPV Vaccination Project
7. Research projects- Research is integrated into every project and maybe scientific, operational, or social sciences research.

The Miscellaneous Activities

During this financial year, Dr. Glory received The Mahila Sappana Award from the Alliance University for her exceptional contribution to the field of Health care. The certificate states -her distinguished career stands as a testament to her Compassion, Medical Excellence and Transformative Social Impact. The award was given on International Womens Day.

Four volunteers, Shrunga, MSW candidate from St. Claret's college, Aditya Renu from Christ University, Anmol Malik from John Hopkins USA and Raksha, MSW candidate from St. Clarets College spent time at ASHA Foundation.

The Board of Trustees of ASHA Foundation had regular quarterly meetings.

ASHA Foundation would like to place on record their gratitude to the Board of Trustees, The Institutional Ethics Committee, Mr. Krishna Chivukula and Indo-MIM Ltd, the Serious Fun Network USA, Mr. Thampy Kurian and Dr. Molly Kurian of Kurian Foundation Trust, Stichting Kettingreactie, Pharmed, Ms. Bhairavi Shibulal of Solis Health, Ashirvadam Trust, Wilde Ganzen Foundation, Liav Shamriz and overseas Womens Foundation. Our thanks also to regular individual donors -Sheila Isaac, Prabindh Sunderason, Vivek, Vikram Bhagat and all others. Finally, our gratitude to the staff and volunteers of ASHA Foundation for their incredible work that made a huge difference in so many lives..

AIDS HELPLINE, TELEPHONE COUNSELLING SERVICE, AND INTEGRATED COUNSELING AND TESTING SERVICE

ASHA Foundation's longstanding commitment to HIV/AIDS counseling and care shows how vital consistent, compassionate support is in tackling both stigma and treatment challenges.

Counseling support is easily accessible via two direct helpline numbers: 080-23542222 and 080-23543333, available Monday through Friday, from 9:00 AM to 5:00 PM.



COUNSELING SESSIONS BREAKDOWN



AWARENESS & COUNSELING SESSIONS



TYPES OF COUNSELING:

- Telephone Counselling
- Pre and post-test counseling
- Face to face counselling
- ART counselling
- Follow up counselling
- Family counseling
- Email counseling
- Awareness Sessions
- Pre-marital counselling
- Bereavement Counseling



3,90,000

Interactive Voice
Response System
(IVRS)



599

Number of calls received
on 23542222 & 23543333
from April 2025-
March 2026



36995

Cumulative total
calls since 2000



1221

Cumulative total
Emails since 2008

ADOLESCENT HEALTH EDUCATION (AHE)

The Adolescent Health Education Project (AHE) empowers teachers to empower adolescents aged 13–16 to navigate life's challenges with confidence, integrity, and purpose. Grounded in the World Health Organization's holistic framework, the program nurtures emotional, mental, social, physical, and spiritual well-being.

At its core, AHE emphasizes character building and life skills including self-awareness, communication, decision-making, emotional regulation, and resilience.



Curriculum Structure:

35 interactive lessons delivered by trained teachers.



Learning Support:

Student workbooks provided alongside lessons.



Key Concerns Addressed:

- Friendships and infatuation
- Body shaming and bullying
- Impact of social media
- Phone addiction and pornography
- Mental health and substance abuse
- Child sexual abuse and suicidal thoughts
- Depression and anxiety
- HIV-AIDS and STDs
- Other relevant adolescent issues



Core Values Fostered: Empathy, responsibility, and self-confidence cultivated among participants.



Regional Expansion (2025–2026): Teachers training workshops held in Shillong, Silapathar, Agartala, and Chümoukedima strengthened outreach.



Ongoing Commitment: The project continues to empower adolescents to make informed, healthy choices and contribute positively to their communities.



77

Teachers training workshops conducted across India.



976

Schools actively participated.



4,460

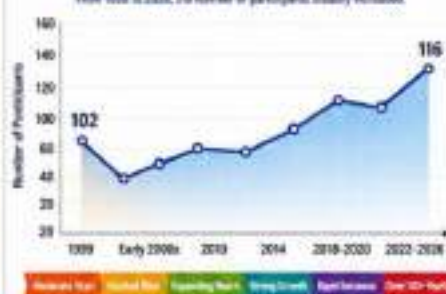
Educators trained to guide adolescents.



93,131

Students benefited from the program.

GROWTH IN PARTICIPATION OVER THE YEARS
From 2009 to 2026, the number of participants steadily increased.

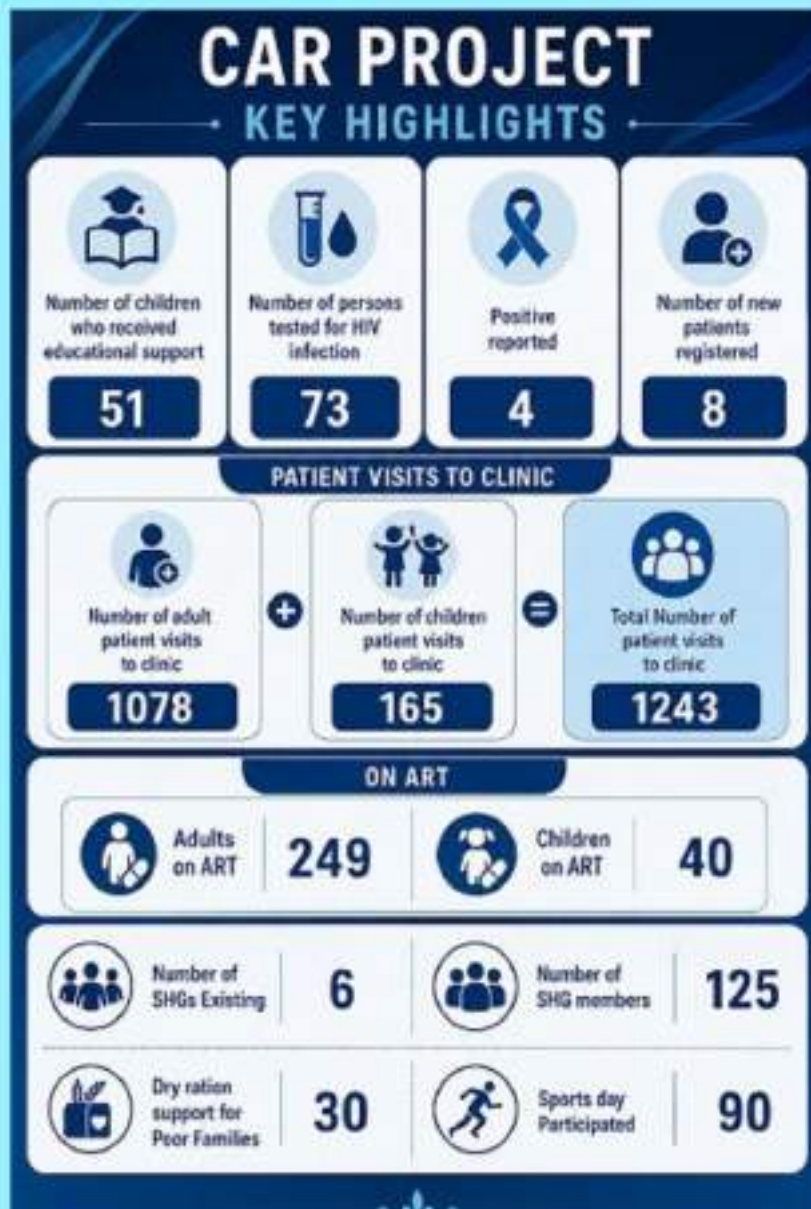


AHE PROGRAMME – STUDENTS BY REGION (AUG-26)



Children at Risk Project 2024-2025

The Children-at-Risk (CAR) Project of ASHA Foundation supports children and families infected and affected by HIV/AIDS, through comprehensive medical, educational, nutritional and socio-economic support. The project focuses on improving the health, education and overall quality of life of vulnerable children and their families.





PMTCT Project (April 2025 – March 2026)

The ASHA Foundation Prevention of Mother-to-Child Transmission (PMTCT) Project works to eliminate the transmission of HIV from mothers to their babies. It provides comprehensive medical prevention, treatment, counseling, and follow-up services for pregnant women, mothers, and HIV-exposed infants. From April 2025 through March 2026, the project continued to strengthen these critical PMTCT services across nine partner hospitals in four southern states of India.

IMPACT AT A GLANCE

April 2025 – March 2026



Our commitment to an **HIV-free** future for mothers and children



HIV TESTING

Pregnant women tested for HIV

6,081



HIV-POSITIVE CASES

HIV-positive pregnant women identified; 100% initiated on lifelong ART

34



INFANT CARE

HIV-exposed infants supported through PMTCT services and follow-up

32



EID OUTCOME

HIV-positive PCR results among infants tested through Early Infant Diagnosis (EID)

0



COUNSELLING

Individual counselling sessions conducted

163



SENSITIZATION

Healthcare workers and community members sensitized

353



HOSPITAL PARTNERSHIP

Mission hospitals across Andhra Pradesh, Karnataka, Kerala, and Tamil Nadu

9

mission hospitals



REFERRAL NETWORK

Outreach Worker engaged with healthcare institutions to strengthen referral networks and ensure continuity of PMTCT care

405

healthcare institutions engaged



KEY ACHIEVEMENT

Zero HIV-positive infants detected through Early Infant Diagnosis (PCR) during the reporting period.



OUR REACH SINCE 2003



254,981

Pregnant Women Tested



1,198

HIV-positive Pregnant Women Identified



1,000

Mothers Received Treatment



1,030

Live Births Supported



977

Babies Received HIV Prophylaxis



1.59%

Overall Transmission Rate



Through sustained partnerships, evidence-based interventions, and strengthened health systems, ASHA Foundation remains committed to eliminating mother-to-child transmission of HIV and ensuring that every child has the opportunity to be born HIV-free.



Camp Rainbow 2025-26

Camp Rainbow Bangalore continued to provide a safe, caring and joyful environment for children and young people living with HIV to learn, grow, build confidence, and connect with peers. Grounded in peer support and experiential learning, the program nurtures self-confidence, resilience, social connectedness, and leadership through camps and LIT programmes.

Camp Rainbow programmes 2025-2026

🏠 Residential Camp

Children from partner networks across Karnataka participated in the 10th season of camp

- Location: Wings Elims Campsite, Bangalore
- Staff Training dates: 27th April – 1st May 2025
- Staff Trained: 26
- Camp dates: 4th May – 8th May 2025
- Participants: 63

🌟 LIT Leaders in Training

181 youth aged 18–24, participated in the LIT programme, 2025-26 in different districts such as, Chitradurga, Belagum, Gulbarga, Bangalore

Mapping programme participation across Karnataka



Impact at a Glance • Since 2014



 **OVERALL PEOPLE SERVED: 1,693**
(843 children + 1,050 youth)

CRB PROGRAMME REACH – AT A GLANCE



HPV VACCINATION PROJECT

In 2025, ASHA Foundation introduced the HPV Vaccination Project to provide free HPV vaccination to HIV-infected and affected children aged 9–26 years, as well as married women aged 27–50 years, including those living with or affected by HIV, to promote the prevention of HPV-related cancers and strengthen access to preventive healthcare.

April 2025–March 2026

DOSE / CATEGORY	Positive Children	Negative Children	Positive Women	Negative Women
1st Dose	45	169	2	23
2nd Dose	324	1	0	0
3rd Dose	4	9	0	0
Total Doses	373	179	2	23
Beneficiaries	45	169	2	23

TOTAL DOSES	TOTAL CHILDREN	TOTAL WOMEN
577	214	25



HPV VACCINATION PROJECT					Healthy Today Brighter Tomorrow
Cumulative Mar-2025 to Mar-2026					
Dose	Positive Children	Negative Children	Positive Women	Negative Women	Total
1st Dose	495	722	2	23	Total Dose
2nd Dose	324	1	0	0	1,570
3rd Dose	3	0	0	0	Total Children
Total Dose	822	723	2	23	1,217
Total Beneficiaries	495	722	2	23	25

PAP SMEAR		Jan-2025 To Mar-2026	
Result	Number		
Positive Women	72		
Negative Women	15		
Total	87		

PRESS COVERAGE

Home Health

Vertical HIV transmission reduced: Dr Glory Alexander

With the advent of ART and HIV prevention and treatment guidelines, vertical transmission risk has reduced considerably,” Dr. Alexander said, coinciding with the 17th National Conference of the AIDS Society of India (ASICON 2026) being held in Mumbai.

Mrityunjay Bose DHNS Last Updated: 06 March 2026, 10:38 IST



The matter came to light when his wife became pregnant for the second time in June 2025 and was found HIV-positive during a routine check-up. iStock photo

Mumbai: India has achieved a major milestone by reducing vertical transmission of HIV (from mother to child) from 25% in 2020 to 11.75% in 2023, according to **Dr. Glory Alexander, the President of the AIDS Society of India (ASI); and the founder Director of Bengaluru-based ASHA Foundation.**

[Home](#) / [News](#) / [News Karnataka](#) / [Experts Urge Zero Mother-To-Child HIV Transmission By 2030](#)

Experts urge zero mother-to-child HIV transmission by 2030



News Karnataka 5 months ago



Health experts have stressed the urgent need to eliminate mother-to-child HIV transmission in India as part of the country's efforts to achieve the goal of ending AIDS by 2030, in line with the United Nations Sustainable Development Goals.

At the 17th National Conference of the AIDS Society of India (ASICON 2026), experts reviewed India's progress in tackling HIV while highlighting the importance of strengthening the 'last-mile' healthcare approach.

According to Dr. Glory Alexander, President of the AIDS Society of India (ASI), India has made remarkable progress in reducing vertical transmission — the spread of HIV from mother to child during pregnancy, childbirth, or breastfeeding.

'In the past, before preventive treatment was available, the risk of a newborn acquiring HIV ranged from 15 to 45 per cent,' she explained.

With the introduction of antiretroviral therapy (ART) and improved prevention guidelines, India has significantly lowered the rate of infant HIV diagnoses.

The country has reduced the rate of infant HIV infection due to vertical transmission to around 0.71 per cent, a major achievement in public health efforts.

However, experts emphasised that the goal now is to bring this number down to zero, ensuring that no child is born with HIV.

India records an estimated 2.7 to 2.9 crore pregnancies every year, making comprehensive testing and treatment crucial.

Data from the National AIDS Control Organisation (NACO) shows that about 83 per cent of pregnant women are tested for HIV, while 78 per cent are tested for syphilis. Out of an estimated 19,000 pregnant women living with HIV, more than **16,000 have been connected to government healthcare programmes and treatment services. NACO currently operates 794 antiretroviral therapy centres across India, providing free HIV treatment to nearly 18 lakh people living with HIV. Additionally, over 700 Suraksha Sewa Kendras offer preventive services for individuals at risk of infection. Dr. Ishwar Gilada, Emeritus President of the AIDS Society of India, described India's progress as commendable but stressed that intensified efforts are still required.

'To end AIDS, the last-mile approach must be accelerated and strengthened,' he said. Experts emphasised the importance of increasing HIV testing among key populations, including men who have sex with men, transgender persons, sex workers, and people who inject drugs.

Studies show that HIV rates in these groups can be 9 to 43 times higher than in the general population, making targeted interventions essential.

Another major challenge remains advanced HIV disease (AHD), which affects nearly one-third of people living with HIV in India.

According to the World Health Organization, AHD occurs when the immune system becomes severely weakened, increasing the risk of serious infections such as tuberculosis and cryptococcal meningitis.

Experts noted that many cases occur because individuals remain undiagnosed for long periods or struggle to maintain consistent treatment.

Strengthening early diagnosis, improving treatment adherence, and expanding awareness programmes will be critical for India to achieve its goal of ending AIDS by 2030.

Advertisement

News Karnataka



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***Daijiworld Media Network - New Delhi* FDA approves groundbreaking HIV drug Lenacapavir; Indian experts call for affordable access**

Fri, Jun 20 2025 10:38PM

New Delhi, Jun 20: The United States Food and Drug Administration (FDA) has approved Lenacapavir (LEN), a long-acting injectable antiretroviral hailed as a breakthrough in HIV prevention. Experts in India have welcomed the move, urging for swift and affordable access to the drug in the country.

Describing LEN as the “most promising HIV prevention medicine so far,” Dr I S Gilada, president emeritus of the AIDS Society of India, said the real success will lie in ensuring the drug becomes accessible and affordable, especially in countries like India. “India must lead in making generic LEN widely available at a fraction of the innovator’s cost,” he asserted.

Lenacapavir is administered twice a year as a pre-exposure prophylaxis (PrEP) for individuals at high risk of HIV infection. Two landmark studies have shown it can prevent 99.9% of HIV transmissions.

Dr Glory Alexander, president of the AIDS Society of India and founder-director of ASHA Foundation, Bengaluru, highlighted LEN’s ease of use. “An injectable PrEP taken just twice a year makes it easier for users to stay protected,” she said.

Despite PrEP being FDA-approved in the US since 2012, India’s National AIDS Control Organisation is yet to roll it out nationally. Dr Gilada emphasized that HIV prevention must be prioritized. “Investing in prevention saves long-term healthcare costs and curbs new infections,” he noted.

LEN, to be sold as Yeztugo by Gilead, currently costs US\$ 28,218 annually, raising affordability concerns. However, Gilead has granted voluntary licenses to four Indian generic drug manufacturers — Dr Reddy’s, Emcure, Hetero, and Viatris — offering hope that the cost may fall below US\$ 100, or just 0.3% of the innovator price.

Dr Gilada urged Indian regulators to expedite the approval and rollout of generic LEN in India. “India already supplies 92% of global antiretroviral therapy. We must now lead the charge for global LEN access too,” he said.

This move mirrors Gilead’s past approach with Hepatitis C treatment, which dropped from US\$ 84,000 in the US to under US\$ 300 in India following local licensing.

With India playing a pivotal role in global HIV treatment supply chains, public health advocates say making LEN available at scale could be a game-changer in the global fight to end AIDS.

HIV has changed. Now our attitudes must

GLORY ALEXANDER

Over the last two decades, HIV care has undergone a transformation so profound that it is difficult to recall the early years of the epidemic, when a diagnosis was almost synonymous with fear, stigma, and the certainty of premature death. Today, we stand in a very different place. Thanks to scientific breakthroughs, global commitment, and the widespread availability of effective treatment, HIV has become a chronic, manageable health condition – one in which people living with HIV (PLHIV) can expect long, healthy, and productive lives.

The single most important factor of this shift has been the advent and evolution of antiretroviral therapy (ART). Two decades ago, ART regimens were complex, toxic, and expensive, accessible only to a few. Mortality was high, and HIV-care infrastructure in many parts of the world, including India, was limited. Over time, ART has evolved into simple, safe, once-daily regimens with minimal side effects. This scientific progress has turned the tide of the epidemic. A young person newly diagnosed with HIV today, who begins ART early and adheres well, can have a normal life expectancy, comparable to those without HIV. Medically, HIV is no longer viewed as a fatal illness but as a chronic manageable condition—akin to hypertension or diabetes—requiring regular medication and monitoring but compatible with a full and meaningful life.

However, while science has moved forward, societal beliefs have not kept pace. A majority of the general population still holds outdated ideas about HIV. Many continue to believe that the infection is spread casually through touch, sharing food, or simply being in the same room as a person with HIV. Others assume that PLHIV cannot marry, cannot have children, or will inevitably die young. These beliefs belong to an earlier era, and this gap between knowledge and perception remains one of the biggest challenges faced by PLHIV.

The reality is very different. ART not only preserves health and lifespan, it also prevents transmission. When a PLHIV is on effective ART and achieves

itively or HIV-negative, have fulfilling relationships, and build families. With appropriate care and preventive interventions during pregnancy, childbirth, and breastfeeding, the risk of a mother transmitting HIV to her baby is almost zero.

Perhaps the strongest testament to progress is found in the lives of children who grew up with HIV. Many who were infected at birth are now healthy adults, completing education, pursuing careers, getting married, and having HIV-negative children. In many families, HIV transmission has effectively stopped by the third generation—proof that with treatment, support, and awareness, HIV need not define or limit anyone's life.

India's progress has been substantial. The scale-up of ART services, strong community engagement, and dedicated institutions have been pivotal. The National AIDS Control Organisation (NACO) has played a transformative role by ensuring free nationwide access to life-saving ART. The AIDS Society of India has provided regular updates on HIV to its doctors through its national conferences over the last 25 years. Numerous children who received care from ASHA Foundation have grown into confident, healthy adults living full lives, many now married and parents to HIV-negative children.

The progress in the field of HIV is a reminder of what science, solidarity, and sustained commitment can achieve. However, the journey is not over. Medical advances alone cannot eliminate stigma. To truly transform the lives of PLHIV, society must update its understanding and accept that HIV is no longer a death sentence. PLHIV can—and do—lead long, healthy, productive, and joyful lives.

The message is clear: HIV has changed. It is time our attitudes changed too. With continued access to ART, strong support systems, and community-driven efforts—especially among key populations—the next generation can grow up in a world where HIV is neither feared nor misunderstood but seen simply as another medical condition with effective treatment.

The story is president, AIDS Society of India and founder-director, ASHA Foundation, an NGO working in the field of HIV)

PANORAMA

DECCAN HERALD

Monday

December 1, 2025

Reducing Mother-To-Child HIV Transmission To Zero Key To End AIDS In India: Experts



Rachel V Thomas · Updated Nov 6, 2023 10:00 PM IST



Reducing mother-to-child HIV transmission, also called vertical transmission, to zero is crucial to achieve the end AIDS target by 2030 in India, in line with the UN Sustainable Development Goals, said experts.

At the 17th National Conference of the AIDS Society of India (ASICON 2026), health officials and experts together deliberated on the progress made in the country against HIV and also called for a stronger last-mile effort to eliminate AIDS from the country.

While India has made a major reduction in vertical HIV transmission, with just 0.7 percent of infant diagnoses. But the experts stressed the need to further reduce it to zero.

From 25 percent in 2020, the vertical transmission of HIV has come down to 11.75 percent in 2023, according to [Dr. Glory Alexander, President of AIDS Society of India \(ASI\)](#).

“Before treatments were available to prevent vertical transmission, the risk of a newborn acquiring HIV in India ranged from 15 percent to 45 percent. The risk was nearly 45 percent among infants who were breastfed,” Dr. Alexander said. She attributed the reduction to the introduction of antiretroviral therapy (ART) and implementation of HIV prevention and treatment guidelines.

“The government has successfully reduced the rate of infant HIV diagnosis (risk of a child getting infected with HIV due to vertical transmission) to 0.71 percent. We need to further reduce it to zero to eliminate vertical transmission of HIV,” Dr. Alexander added.

Intensifying Last-Mile Approach

India reportedly has 27-29 million pregnancies every year.

As per the latest National AIDS Control Organization (NACO) report, 83 percent of all pregnant women are tested for HIV, and 78 percent of all pregnant women are tested for syphilis in India.

“Out of an estimated 19,000 pregnant women who might be living with HIV in India, over 16,000 were reached by the government-run program and linked to services -- half of them were newly diagnosed with HIV,” [Dr. Alexander said](#). NACO runs 794 antiretroviral therapy centers across the country and provides free HIV treatment to 18 lakhs people with HIV.

NACO's over 700 "Suraksha Sewa Kendras" also provide preventive services for people who are at risk of acquiring HIV. Dr. Ishwar Gilada, Emeritus President of AIDS Society of India (ASI), called India's progress "commendable."

"But to end AIDS, the last mile approach has to be accelerated and intensified manifold," the expert said.

Increase HIV Testing Manifold

Dr. Gilada stressed the need to "ensure that all key populations know their status, and those with HIV are linked to treatment, care, and support services and remain virally suppressed".

If a person with HIV is virally suppressed, then there is zero risk of any further HIV transmission, as per the WHO, he added.

Indian data shows 9-43 times higher HIV rates (as compared to the general population) among key populations, such as men who have sex with men, transgender people, sex workers, people who inject drugs, among others.

These key populations are hard to reach, which warrants community-led and science-backed approaches, said Dr. Gilada.

Reducing Advanced HIV Disease

Despite commendable progress in India's HIV response, there is a huge number of cases of advanced HIV disease (AHD) -- about one third of all people living with HIV in the country, the experts said.

The World Health Organization (WHO) defines AHD as a CD4 count less than 200 cells per cubic millimeter/ or WHO stage 3/4 in adults/adolescents, and all children less than 5 years old.

It indicates a severely weakened immune system, high mortality risk, and vulnerability to infections like TB and cryptococcal meningitis.

AHD cases in India are majorly among those who are HIV infected but are not on lifesaving antiretroviral treatment.

"This could be because HIV infection is undiagnosed in people until they present with opportunistic infections to healthcare centres, or they were not able to adhere to the treatment for a range of reasons," said Dr Trupti Gilada, Joint Secretary, AIDS Society of India (ASI).

TB, which is preventable and treatable, is the most common opportunistic infection among people with HIV.

Another concern is the rising antimicrobial resistance in HIV patients. Studies show that people with HIV are 2-3 times more likely to get drug-resistant forms of TB.

Fewer HIV patients than before, but stigma persists

Ahead of World AIDS Day on December 1, Metrolife spoke to NGOs caring for those infected

TINI SARA ANIEN
TEAM METROLIFE

Some NGOs in Bengaluru continue to support HIV-positive individuals despite what they describe as a lack of government funding. They also claim public awareness campaigns by the government have declined since the pandemic.

While the number of people living with HIV has reduced due to improved treatment, they say that stigma around the disease persists. These non-profits primarily support people from lower-income families, and help them access antiretroviral therapy (ART) provided by the government.

Metrolife looks at their initiatives. Raju Mathew founded Accept Society in 1999. Operating from a residential medical centre in Doddagubbi, the organisation has cared for over 5,000 people living with HIV. "For two decades we worked exclusively with HIV patients. In 2019, as treatment improved and cases declined, we began admitting anyone in need of medical care, including long-term and post-surgical patients," he says.

However, stigma persists. "Some medical professionals who wanted to work with us were stopped by their families as they were worried about getting infected," Mathew adds. The centre now admits about 300 patients annually, around 40% of whom are HIV-positive.

Dr Glory Alexander founded Asha Foundation in 1998 to support widows



A PMTCT counsellor of Asha Foundation counselling a new mother.

and children affected by HIV. Over time, it expanded to offer care and counselling to anyone impacted by the disease. The foundation runs a clinic three times a week, providing free ART. HIV tests for widows and children are conducted at no cost, while others have to pay a nominal fee.

Prevention of Mother-to-Child Transmission (PMTCT) has been their key programme since 2003. "We support about 40 HIV-positive pregnant women every year and guide them through pregnancy, delivery and breastfeeding," says Dr Glory, a general physician. "Over the last two decades, we have reduced transmission in our cohort from 45% to under 1%," she says.

The foundation also offers skills training, HIV education and peer support to affected adolescents and young adults through two annual residential camps. Despite progress, Dr Glory says low awareness remains a concern. "If a person is on ART and has an undetectable viral load, they cannot transmit HIV, even through unprotected

sex," she explains.

Supporting children

Desire Society, which established its Bengaluru chapter in 2008, works exclusively with HIV-infected children. Located in Sakalavara, near Bannerghatta Road, it provides residential care to 30 children aged between six and 17.

"These children have either lost one or both parents to HIV, or their caregivers are in advanced stages of the disease," says vice president Subhash E M. "We provide food, nutritional supplements, shelter, schooling, ART medication, regular medical tests and psychosocial support to them," he adds.

Hennur-based Freedom Foundation, founded in 1992, works in the areas of substance abuse and HIV/AIDS. Its CEO, Ashok Rao, says the organisation began a programme for children orphaned or affected by HIV in the mid-1990s.

"The children receive everything any child would at home — education, medical care including ART, and daily care — free of cost," he says. The foundation currently supports 42 children, 15 of whom live at the facility. Caregivers are usually HIV-positive women from marginalised backgrounds or extended family members. "They receive monthly ration kits, counselling and guidance on HIV care," Rao adds.

TO KNOW MORE OR DONATE

Freedom Foundation
(thefreedomfoundation.org), Accept Society (94486 19619), Desire Society (95051 17777), Asha Foundation AIDS helpline (2354 3333 or 2354 2222; Monday to Friday, 9 am-5 pm).

ಹೊಸ ದಿಗಂತ ಪತ್ರಿಕೆ

ಅಲಿಯನ್ಸ್ ವಿಶ್ವವಿದ್ಯಾಲಯದಲ್ಲಿ ವಿವಿಧ ಕ್ಷೇತ್ರದ ಸಾಧಕರಿಗೆ ಸನ್ಮಾನ ಮಹಿಳೆಯ ಕೊಡುಗೆ ಸಮಾಜಕ್ಕೆ ಅಪಾರ

• **ಅನೇಕಲ್:** ಮಹಿಳೆಯರು ಅನೇಕ ಸವಾಲುಗಳ ಮಧ್ಯೆ ಅವಕಾಶಗಳನ್ನು ಕಲ್ಪಿಸಿಕೊಂಡು ಎಲ್ಲಾ ಕ್ಷೇತ್ರಗಳಲ್ಲಿ ಉನ್ನತವಾದ ಸಾಧನೆ ಮಾಡಿ ಸಮಾಜಕ್ಕೆ ತಮ್ಮದೇ ಯಾದ ಕೊಡುಗೆ ನೀಡಬೇಕು ಎಂದು ಇಸ್ರೋ, ವಿಜ್ಞಾನಿ ಡಾ. ಶಿವಾನಿ ಕೋನಂದೂರ್ ತಿಳಿಸಿದರು.

ತಾಲೂಕಿನ ಕಾವಲಹೊಸಹಳ್ಳಿಯ ಅಲಿಯನ್ಸ್ ವಿಶ್ವವಿದ್ಯಾಲಯ ಆಯೋಜಿಸಿದ್ದ ಮಹಿಳಾ ದಿನಾಚರಣೆ ಪ್ರಯುಕ್ತ ವಿವಿಧ ಕ್ಷೇತ್ರದಲ್ಲಿ ಸಾಧನೆ ಗೈದ ಮಹಿಳೆಯರಿಗೆ ಅಲಿಯನ್ಸ್ ಸ್ವದನ ಪ್ರಶಸ್ತಿ ನೀಡುವ ಮೂಲಕ ಅವರನ್ನು ಸನ್ಮಾನಿಸಿ ಮಾತನಾಡಿ, ಹೆಣ್ಣು ಏನು ಬೇಕಾದರೂ ಸಾಧನೆ ಮಾಡಬಹುದಾದ ಅವಕಾಶಗಳಿವೆ. ಹಾಗಾಗಿ ಮಹಿಳೆಯರು ಭಯಪಡದೆ ಧೈರ್ಯವಾಗಿ ಸಾಧನೆಯ ಹಾದಿಯಲ್ಲಿ ಮುನ್ನಡೆಯಬೇಕೆಂದು ತಿಳಿಸಿದರು.

ಅಲಿಯನ್ಸ್ ವಿಶ್ವವಿದ್ಯಾಲಯದ ಕುಲಪತಿ ಆರ್ಥಂ ಭಟ್ಟ ಮಾತನಾಡಿ, ವಿಶ್ವ ಮಹಿಳಾ ದಿನಾಚರಣೆಯಲ್ಲಿ ಅರೋಗ್ಯ, ಕೃಷಿ, ಸಿನಿಮಾ, ಕ್ರೀಡೆ, ಹಾಗೂ ಪತ್ರಿಕೋದ್ಯಮದಲ್ಲಿ ಸಾಧನೆ ಮಾಡಿದ ಅನೇಕ ಮಹಿಳೆಯರಿಗೆ ಅಲಿಯನ್ಸ್ ಸ್ವದನ ಪ್ರಶಸ್ತಿ ನೀಡಿ ಅವರನ್ನು ಸನ್ಮಾನಿಸಿ ಗೌರವಿಸುತ್ತಿರುವುದು ಸಂತಸ ತಂದಿದೆ. ಗ್ರಾಮೀಣ ಭಾಗದ ಹಕ್ಕಿ ಪಕ್ಕಿ ಕಾಲೋನಿಯಲ್ಲಿ ಮಹಿಳೆಯರಿಗೆ ಅನೇಕ ಕಾರ್ಯಕ್ರಮ ರೂಪಿಸಿ ಸ್ವಯಂ ಉದ್ಯೋಗಕ್ಕೆ ಪ್ರೋತ್ಸಾಹ ನೀಡಲಾಗುತ್ತಿದೆ ಎಂದು ತಿಳಿಸಿದರು.

ಏಕಲವ್ಯ ಪ್ರಶಸ್ತಿ ಪುರಸ್ಕೃತೆ ಉಷಾ ಬಿ.ಎಸ್.ಮಾತನಾಡಿ, ಸಾಧನೆ ಗೆ ಹೆಣ್ಣು ಗಂಡು ಎಂದು ಭಾವಿಸದೆ ತಮ್ಮ ಕ್ಷೇತ್ರದಲ್ಲಿ ಪ್ರಮಾಣಿಕವಾಗಿ ಕೆಲಸ ಮಾಡಿದ್ದಾರೆ. ಏನು ಬೇಕಾದರೂ ಸಾಧಿಸಬಹುದು. ಈ ನಿಟ್ಟಿನಲ್ಲಿ ಕ್ರೀಡೆಯಲ್ಲಿ ಹೆಚ್ಚು ಕ್ರಮವಹಿಸಿ ಅಭ್ಯಾಸ



ಮಾಡಿದ ಸಲುವಾಗಿ ವೇಟ್ ಲಿಫ್ಟಿಂಗ್ ನಲ್ಲಿ ಸಾಧನೆ ಮಾಡಲು ಸಾಧ್ಯವಾಯಿತು. ಹಾಗಾಗಿ ಅವರವರ ಕ್ಷೇತ್ರದಲ್ಲಿ ಉತ್ತಮ ಕೆಲಸ ಮಾಡಬಹುದು ಎಂದು ತಿಳಿಸಿದರು.

ಮಹಿಳಾ ದಿನಾಚರಣೆ ಯಲ್ಲಿ ಅಲಿಯನ್ಸ್ ಸ್ವದನ ಪ್ರಶಸ್ತಿಗೆ ಬಾಜನರಾದ ಗಿರಿಜಾಲೋಕೇಶ್, ವೈಜಯಂತಿ, ಪ್ರತಿಮಾ ಭಟ್, ಆಶಾ ವಿಜಯ್, ಮಾನಸಿ ಸುಧೀರ್, ಅಕ್ಷತಾ ಪಾಂಡವಪುರ, ಶರ್ಮಿತ ಶೆಟ್ಟಿ, ಭಯಾ ನಂಜಪ್ಪ ಸೇರಿದಂತೆ ಅನೇಕರಿಗೆ ಪ್ರಶಸ್ತಿ ನೀಡಿ ಗೌರವಿಸಲಾಯಿತು. ಕಾರ್ಯಕ್ರಮದಲ್ಲಿ ಅಲಿಯನ್ಸ್ ವಿಶ್ವವಿದ್ಯಾಲಯದ ಆಡಳಿತ ಮಂಡಳಿ ಶೈಲಜಾ ಭಟ್ಟ, ವಿಶ್ವನಾಥಯ್ಯ, ಜನರಲ್ ರಿಜಿಸ್ಟ್ರಾರ್ ಸುರೇಖಶೆಟ್ಟಿ ಸೇರಿದಂತೆ ಹಲವರಿದ್ದರು.

'ಅಲಯನ್ಸ್ ವಿವಿರಿಂದ ಮಹಿಳಾ ಸಬಲೀಕರಣಕ್ಕೆ ಒತ್ತು'

■ ಉದಯನಾಥ ಸಮಾಚಾರ

ಅನೇಕರಿಗೆ ಮಹಿಳೆಯರು ಅನೇಕ ಸವಾಲುಗಳ ಮಧ್ಯೆ ಅವಕಾಶಗಳನ್ನು ಕಲ್ಪಿಸಿಕೊಂಡು ಎಲ್ಲಾ ಕ್ಷೇತ್ರಗಳಲ್ಲಿ ತೋಡುಗೊರೆ ಕೊಂಡು ಉನ್ನತವಾದ ಸಾಧನೆ ಮಾಡಿ ಸಮಾಜಕ್ಕೆ ತಮ್ಮದೇ ಯಾದ ಕೊಡುಗೆ ನೀಡಬೇಕು ಎಂದು ಇತ್ತೀಚೆಗೆ ವಿಜ್ಞಾನಿ ಶಿವಾನಿ ಕೊಣಂದೂರ್ ತಿಳಿಸಿದರು.

ಕಾರ್ಯಕ್ರಮದ ಹೆಸರು 'ಅಲಯನ್ಸ್ ವಿಶ್ವವಿದ್ಯಾಲಯದ ವತಿಯಿಂದ ಆಯೋಜಿಸಿದ ಮಹಿಳಾ ದಿನಾಚರಣೆ ಪ್ರಯುಕ್ತ ವಿವಿಧ ಕ್ಷೇತ್ರದಲ್ಲಿ ಸಾಧನೆಗೈದ ಮಹಿಳೆ ಯರಿಗೆ ಅಲಯನ್ಸ್ ಸಂದರ್ಶನ ಪ್ರಶಸ್ತಿ ನೀಡುವ ಮೂಲಕ ಅವರನ್ನು ಸನ್ಮಾನಿಸಿ ಮಾತನಾಡಿ, ಹೆಣ್ಣು ವಿಸುವ ಬೇಕಾದರೂ ಸಾಧನೆ ಮಾಡಬಹುದು ಅಂತಹ ಅವಕಾಶಗಳು ಇತ್ತೀಚೆಗೆ ಸಮಾಜದಲ್ಲಿ



ಸಾಧನೆಗೈದ ಮಹಿಳೆಯರಿಗೆ ಅಲಯನ್ಸ್ ಸಂದರ್ಶನ ಪ್ರಶಸ್ತಿ ನೀಡಿ ಗೌರವಿಸಲಾಯಿತು.

ನಿರ್ಮಾಣವಾಗುತ್ತಿದೆ. ಮಹಿಳೆ ಯರು ಭಯಪಡದೆ ಧೈರ್ಯವಾಗಿ ಮುಂದೆ ಬಂದು ಕಾರ್ಯ ನಿರ್ವಹಿಸಬೇಕಾಗುತ್ತದೆ ಜೊತೆಗೆ ಸಮಾಜದಲ್ಲಿ ಮಹಿಳೆಯರಿಗೆ ಎಲ್ಲಾ ಕ್ಷೇತ್ರಗಳಲ್ಲಿ ಹೆಚ್ಚು ಪ್ರೋತ್ಸಾಹ ನೀಡಬೇಕಾಗಿದೆ ಎಂದರು. 'ಅಲಯನ್ಸ್ ವಿಶ್ವವಿದ್ಯಾಲಯದ ಪ್ರೊ. ಚಾನ್ಸಲರ್ ಅಭಯ್ ಭಟ್ಟಿ ಮಾತನಾಡಿ,

ಮಹಿಳಾ ಸಬಲೀಕರಣ ಮಾಡುವ ಸಲುವಾಗಿ ಅಲಯನ್ಸ್ ವಿಶ್ವವಿದ್ಯಾಲಯದ ವತಿಯಿಂದ ಗ್ರಾಮೀಣ ಭಾಗದ ಹೆಚ್ಚಿನ ಕಾಲೇಜುಗಳಲ್ಲಿ ಮಹಿಳೆಯರಿಗೆ ಅನೇಕ ಕಾರ್ಯಕ್ರಮಗಳನ್ನು ರೂಪಿಸಿ ಸ್ವಯಂ ಉದ್ಯೋಗಕ್ಕೆ ಪ್ರೋತ್ಸಾಹ ನೀಡಲಾಗಿದೆ. ಮಹಿಳೆಯರು ಎಲ್ಲಾ ಭಾಗದಲ್ಲಿ ಸಾಧನೆ ಮಾಡಲು ನಿರಾಶ್ರುತವಾಗಿ ಕೆಲಸ

ಮಾಡುತ್ತಾರೆ ಎಂದು ತಿಳಿಸಿದರು.

ವಿಕಲವ್ಯಕ್ತ ಪ್ರಶಸ್ತಿ ಪುರಸ್ಕೃತೆ ಉಷಾ ಬಿ.ಎನ್. ಮಾತನಾಡಿ, ಸಾಧನೆಗೆ ಹೆಣ್ಣು ಗಂಡು ಎಂಬ ಬೇಧ ಭಾವವಿಲ್ಲ. ತಮ್ಮ ಕ್ಷೇತ್ರದಲ್ಲಿ ಪ್ರಮಾಣಿಕವಾಗಿ ಕೆಲಸ ಮಾಡಿದ್ದಾಗ ಪ್ರತಿಯೊಬ್ಬರು ವಿಸುವ ಬೇಕಾದರೂ ಸಾಧಿಸಬಹುದು ಎಂದರು. ಅಲಯನ್ಸ್ ಸಂದರ್ಶನ ಪ್ರಶಸ್ತಿ ಭಾಷಿಸರಾದ ಗಿರಿಜಾ ಬೋಸೇ, ವೈಜಯಂತಿ, ಪ್ರತಿಮಾ ಭಟ್, ಆಶಾ ವಿಜಯ್, ವಸಂತಿ ಸುದೀಪ್, ಅಕ್ಷತಾ ಪಾಂಡವಪುರ, ಶರ್ಮಿತ ಶೆಟ್ಟಿ, ಭಾಯಿ ನಂಜಪ್ಪ, ಸೇರಿದಂತೆ ಅನೇಕರಿಗೆ ಪ್ರಶಸ್ತಿ ನೀಡಿ ಗೌರವಿಸಿದರು. ಕಾರ್ಯಕ್ರಮದಲ್ಲಿ ಶೈಲಾ ಭಟ್ಟಿ, ರಿಜಿಸ್ಟರ್ ವಿಶ್ವಸಾಧಯ್ಯ, ರಿಜಿಸ್ಟರ್ ಜನರಲ್ ಸುರೇಖಾ ಶೆಟ್ಟಿ, ಸನತ್ ಕುಮಾರ್ ಹಾಜರಿವ್ದರು.

ಸಮಾಜದಲ್ಲಿ ಮಹಿಳೆಯರಿಗೆ ಹೆಚ್ಚುತ್ತಿರುವ ಅವಕಾಶಗಳನ್ನು ಸದುಪಯೋಗಿಸಿಕೊಳ್ಳಿ



• ಸುದ್ದಿಮೂಲ ವಾರ್ತೆ, ಆನೇಕಲ್, ಮಾ.15:
ಮಹಿಳೆಯರು ಆನೇಕ ಸವಾಲುಗಳ ಮಧ್ಯೆ
ಅವಕಾಶಗಳನ್ನು ಕಲ್ಪಿಸಿಕೊಂಡು ಎಲ್ಲಾ ಕ್ಷೇತ್ರಗಳಲ್ಲಿ
ತೊಡಗಿಸಿಕೊಂಡು ಉನ್ನತವಾದ ಸಾಧನೆ ಮಾಡಿ
ಸಮಾಜಕ್ಕೆ ತಮ್ಮದೇ ಯಾದ ಕೊಡುಗೆ ನೀಡಬೇಕು
ಎಂದು ಇಸ್ರೋ ವಿಜ್ಞಾನಿ ಶಿವಾನಿ ಕೊಣಂದೂರ್
ತಿಳಿಸಿದರು.

ತಾಲ್ಲೂಕಿನ ಕಾವಲಹೊಸಹಳ್ಳಿಯ
ಅಲಿಯನ್ಸ್ ವಿಶ್ವ ವಿದ್ಯಾಲಯದ ವತಿಯಿಂದ
ಆಯೋಜನೆ ಮಾಡಿದ ಮಹಿಳಾ ದಿನಾಚರಣೆ ಪ್ರಯುಕ್ತ
ವಿವಿಧ ಕ್ಷೇತ್ರದಲ್ಲಿ ಸಾಧನೆ ಗೈದ ಮಹಿಳೆಯರಿಗೆ
ಅಲಿಯನ್ಸ್ ಸ್ಪಂದನ ಪ್ರಶಸ್ತಿ ನೀಡುವ ಮೂಲಕ
ಅವರನ್ನು ಸನ್ಮಾನಿಸಿ ಮಾತನಾಡಿದರು. ಹೆಣ್ಣು
ಎನು ಬೇಕಾದರೂ ಸಾಧನೆ ಮಾಡಬಹುದು.
ಅಂತಹ ಅವಕಾಶಗಳು ಇತ್ತೀಚೆಗೆ ಸಮಾಜದಲ್ಲಿ
ನಿರ್ಮಾಣವಾಗುತ್ತಿದೆ. ಮಹಿಳೆಯರು ಭಯಪಡದೆ
ಧೈರ್ಯವಾಗಿ ಮುಂದೆ ಬಂದು ಕಾರ್ಯ
ನಿರ್ವಹಿಸಬೇಕಾಗುತ್ತದೆ ಜೊತೆಗೆ ಸಮಾಜದಲ್ಲಿ
ಮಹಿಳೆಯರಿಗೆ ಎಲ್ಲಾ ಕ್ಷೇತ್ರಗಳಲ್ಲಿ ಹೆಚ್ಚು ಪ್ರೋತ್ಸಾಹ
ನೀಡಬೇಕಾಗಿದೆ ಎಂದರು.

ಅಲಿಯನ್ಸ್ ವಿಶ್ವವಿದ್ಯಾಲಯದ ಪ್ರೊ.
ಅಭಯ್ ಭಟ್ಟಿ ಮಾತನಾಡಿ, ವಿಶ್ವ ಮಹಿಳಾ
ದಿನಾಚರಣೆಯಲ್ಲಿ ಆರೋಗ್ಯ, ಕೃಷಿ, ಸಿನಿಮಾ, ಕ್ರೀಡೆ,
ಹಾಗೂ ಪತ್ರಿಕೋದ್ಯಮದಲ್ಲಿ ಸಾಧನೆ ಮಾಡಿದ ಆನೇಕ
ಮಹಿಳೆಯರಿಗೆ ಅಲಿಯನ್ಸ್ ಸ್ಪಂದನ ಪ್ರಶಸ್ತಿ ನೀಡಿ
ಸನ್ಮಾನಿಸಿ ಗೌರವಿಸುವುದು ಬಹಳ ಮುಖ್ಯವಾಗಿದೆ.
ಇನ್ನು ಮಹಿಳಾ ಸಬಲೀಕರಣ ಮಾಡುವ ಸಲುವಾಗಿ

ಅಲಿಯನ್ಸ್ ವಿಶ್ವ ವಿದ್ಯಾಲಯದ ವತಿಯಿಂದ
ಗ್ರಾಮೀಣ ಭಾಗದ ಹಕ್ಕಿ ಪಿಕ್ಕಿ ಕಾಲೋನಿಯಲ್ಲಿ
ಮಹಿಳೆಯರಿಗೆ ಆನೇಕ ಕಾರ್ಯಕ್ರಮಗಳನ್ನು
ರೂಪಿಸಿ ಸ್ವಯಂ ಉದ್ಯೋಗಕ್ಕೆ ಪ್ರೋತ್ಸಾಹ
ನೀಡಲಾಗಿದೆ ಮತ್ತು ಸಿಎಸ್ ಆರ್ ಅನುದಾನದಲ್ಲಿ
ಆನೇಕ ಅಭಿವೃದ್ಧಿ ಕೆಲಸ ಕಾರ್ಯಗಳನ್ನು ಕೈಗೊಂಡು
ಗ್ರಾಮೀಣ ಜನರು ಆರ್ಥಿಕ ಮತ್ತು ಶೈಕ್ಷಣಿಕವಾಗಿ
ಸಬಲರಾಗುವಂತೆ ಮಾಡಲಾಗುತ್ತಿದೆ. ಮಹಿಳೆಯರು
ಎಲ್ಲಾ ಭಾಗದಲ್ಲಿ ಸಾಧನೆ ಮಾಡಲು ನಿಸ್ವಾರ್ಥವಾಗಿ
ಕೆಲಸ ಮಾಡುತ್ತಾರೆ ಎಂದು ತಿಳಿಸಿದರು.

ಏಕಲವ್ಯ ಪ್ರಶಸ್ತಿ ಪುರಸ್ಕೃತ ಉಷಾ ಬಿ.ಎನ್
ಮಾತನಾಡಿ ಸಾಧನೆಗೆ ಹೆಣ್ಣು ಗಂಡು ಎಂಬ ಬೇಧ
ಭಾವವಿಲ್ಲ. ತಮ್ಮ ಕ್ಷೇತ್ರದಲ್ಲಿ ಪ್ರಮಾಣಿಕವಾಗಿ ಕೆಲಸ
ಮಾಡಿದ್ದಾಗ ಪ್ರತಿಯೊಬ್ಬರು ಎನು ಬೇಕಾದರೂ
ಸಾಧಿಸಬಹುದು ಈ ನಿಟ್ಟಿನಲ್ಲಿ ಕ್ರೀಡೆಯಲ್ಲಿ ಹೆಚ್ಚು
ಶ್ರಮವಹಿಸಿ ಅಭ್ಯಾಸ ಮಾಡಿದ ಸಲುವಾಗಿ ವೇಟ್
ಲಿಫ್ಟಿಂಗ್‌ನಲ್ಲಿ ಸಾಧನೆ ಮಾಡಲು ಸಾಧ್ಯವಾಯಿತು
ಎಂದರು.

ಮಹಿಳಾ ದಿನಾಚರಣೆಯಲ್ಲಿ ಅಲಿಯನ್ಸ್
ಸ್ಪಂದನ ಪ್ರಶಸ್ತಿ ಭಾಜನರಾದ ಗಿರಿಜಾ ಲೋಕೇಶ್,
ವೈಜಯಂತಿ, ಪ್ರತಿಮಾ ಭಟ್, ಆಶಾ ವಿಜಯ್,
ಮಾನಸಿ ಸುದೀರ್ ಅಕ್ಷತಾ ಪಾಂಡವಪುರ, ಶರ್ಮಿತ
ಶೆಟ್ಟಿ, ಛಾಯ ನಂಜಪ್ಪ, ಸೇರಿದಂತೆ ಆನೇಕರಿಗೆ ಪ್ರಶಸ್ತಿ
ನೀಡಿ ಗೌರವಿಸಿದರು. ಕಾರ್ಯಕ್ರಮದಲ್ಲಿ ಶೈಲಾ
ಭಟ್ಟಿ, ರಿಜಿಸ್ಟರ್ ವಿಶ್ವನಾಥಯ್ಯ, ರಿಜಿಸ್ಟರ್ ಜನರಲ್
ಸುರೇಖಾಶೆಟ್ಟಿ, ಸನತ್ ಕುಮಾರ್ ಸೇರಿದಂತೆ
ಮುಂತಾದವರು ಭಾಗವಹಿಸಿದರು

ಎಲ್ಲ ಕ್ಷೇತ್ರದಲ್ಲೂ ಛಾಪು ಮೂಡಿಸಲಿ

ಆನೇಕಲ್: ಮಹಿಳೆಯರು ಆನೇಕ ಸವಾಲುಗಳ ಮಧ್ಯೆ ಅವಕಾಶ ಮಾಡಿಕೊಂಡು ಸಾಧನೆ ಮಾಡಿ ಸಮಾಜಕ್ಕೆ ಕೊಡುಗೆ ನೀಡಬೇಕು ಎಂದು ಇಸ್ರೋ ವಿಜ್ಞಾನಿ ಶಿವಾನಿ ಕೊಣಂದೂರ್ ಸಲಹೆ ನೀಡಿದರು.

ಮಹಿಳಾ ದಿನಾಚರಣೆ ಪ್ರಯುಕ್ತ ತಾಲೂಕಿನ ಕಾವಲಹೊಸಹಳ್ಳಿಯ ಅಲೆಯನ್ಸ್ ವಿಶ್ವ ವಿದ್ಯಾಲಯದಿಂದ ಆಯೋಜಿಸಿದ್ದ ವಿವಿಧ ಕ್ಷೇತ್ರದಲ್ಲಿ ಸಾಧನೆ ಗೈದ ಮಹಿಳೆಯರಿಗೆ ಅಲೆಯನ್ಸ್ ಸ್ಪಂದನ ಪ್ರಶಸ್ತಿ ಪ್ರದಾನ ಕಾರ್ಯಕ್ರಮದಲ್ಲಿ ಮಾತನಾಡಿದರು.

ಇತ್ತೀಚೆಗೆ ಸಮಾಜದಲ್ಲಿ ಹೆಣ್ಣು ಏನು ಬೇಕಾದರೂ ಸಾಧಿಸುವ ಅವಕಾಶ ಸಿಗುತ್ತಿದೆ. ಮಹಿಳೆಯರು ಭಯಪಡದೆ ಧೈರ್ಯವಾಗಿ ಮುಂದೆ ಬಂದು ಕಾರ್ಯ ಕ್ಷಮತೆ ತೋರಿಸಬೇಕು ಎಂದರು.

ಅಲೆಯನ್ಸ್ ವಿಶ್ವವಿದ್ಯಾಲಯದ ಪ್ರೊ. ಚಾನ್ಸೆಲರ್ ಆಭಯ್ ಭಟ್ಟಿ ಮಾತನಾಡಿ, ಮಹಿಳಾ ಸಬಲೀಕರಣದ ನಿಟ್ಟಿನಲ್ಲಿ ಅಲೆಯನ್ಸ್

ವಿಶ್ವ ವಿದ್ಯಾಲಯದಿಂದ ಗ್ರಾಮೀಣ ಹಕ್ಕಿ ಪಿಕ್ಕಿ ಕಾಲನಿಯಲ್ಲಿ ಮಹಿಳೆಯರಿಗೆ ಆನೇಕ ಕಾರ್ಯಕ್ರಮ ರೂಪಿಸಿ ಸ್ವಯಂ ಉದ್ಯೋಗಕ್ಕೆ ಪ್ರೋತ್ಸಾಹ ನೀಡಲಾಗಿದೆ ಎಂದರು.

ಸಿಎಸ್ಆರ್ ಅನುದಾನದಲ್ಲಿ ಅನೇಕ ಅಭಿವೃದ್ಧಿ ಕಾರ್ಯಗಳನ್ನು ಕೈಗೊಂಡು ಗ್ರಾಮೀಣ ಜನರು ಆರ್ಥಿಕ ಮತ್ತು ಶೈಕ್ಷಣಿಕವಾಗಿ ಸಬಲರಾಗುವಂತೆ ಮಾಡಲಾಗುತ್ತಿದೆ ಎಂದು ತಿಳಿಸಿದರು.

ಏಕಲವ್ಯ ಪ್ರಶಸ್ತಿ ಪುರಸ್ಕೃತೆ ಬಿ.ಎನ್. ಉಷಾ ಮಾತನಾಡಿ, ಸಾಧನೆಗೆ ಹೆಣ್ಣು -ಗಂಡು ಎಂಬ ಭೇದವಿಲ್ಲ. ತಮ್ಮ ಕ್ಷೇತ್ರದಲ್ಲಿ ಪ್ರಮಾಣಿಕವಾಗಿ ಕೆಲಸ ಮಾಡಿದಾಗ ಏನು ಬೇಕಾದರೂ ಸಾಧಿಸಬಹುದು ಎಂದರು. ಹಿರಿಯ ನಟಿ ಗಿರಿಜಾ ಲೋಕೇಶ್, ವೈ.ಜಯಂತಿ, ಪ್ರತಿಮಾ ಭಟ್, ಆಶಾ ವಿಜಯ್, ಮಾನಸಿ ಸುದೀರ್, ಅಕ್ಷತಾ ಪಾಂಡವಪುರ, ಶರ್ಮಿತಾ ಶೆಟ್ಟಿ, ಛಾಯಾ ನಂಜಪ್ಪ ಸೇರಿ ಆನೇಕರಿಗೆ ಅಲೆಯನ್ಸ್ ಸ್ಪಂದನ ಪ್ರಶಸ್ತಿ ನೀಡಿ ಗೌರವಿಸಲಾಯಿತು.



ಮಹಿಳೆಯರೊಡನೆ ಚಿತ್ರ

ಆನೇಕಲ್ ತಾಲೂಕಿನ ಕಾವಲಹೊಸಹಳ್ಳಿಯ ಅಲೆಯನ್ಸ್ ವಿಶ್ವ ವಿದ್ಯಾಲಯದಿಂದ ಆಯೋಜಿಸಿದ್ದ ಪ್ರಶಸ್ತಿ ಪ್ರದಾನ ಕಾರ್ಯಕ್ರಮದಲ್ಲಿ ವಿವಿಧ ಕ್ಷೇತ್ರದಲ್ಲಿ ಸಾಧನೆ ಗೈದ ಮಹಿಳೆಯರನ್ನು ಸನ್ಮಾನಿಸಲಾಯಿತು. ಶೈಲಾ ಭಟ್ಟಿ, ರಿಜಿಸ್ಟ್ರಾರ್ ವಿಶ್ವನಾಥಯ್ಯ, ರಿಜಿಸ್ಟ್ರಾರ್ ಜನರಲ್ ಸುರೇಖಾಶೆಟ್ಟಿ, ಸನತ್ ಕುಮಾರ್ ಇದ್ದರು.

ಪ್ರಜಾ ಪ್ರಗತಿ



ಮಹಿಳೆ ಸವಾಲುಗಳ ನಡುವೆ ಮುನ್ನಡೆಯಲಿ

● ಪ್ರಜಾಪ್ರಗತಿ. ಕಾಂ

ಆಸೀಸ್‌ಲಾ: ಮಹಿಳೆಯರು ಸವಾಲುಗಳ ಮಧ್ಯೆ ಅವಕಾಶಗಳನ್ನು ಕಲ್ಪಿಸಿಕೊಂಡು ಸಾಧನೆಯ ಹಾದಿಯಲ್ಲಿ ಮುನ್ನಡೆಯಬೇಕೆಂದು ಇಸ್ರೋ ವಿಜ್ಞಾನಿ ಡಾ.ಶಿವಾನಿ ಕೋನಂದೂರ್ ತಿಳಿಸಿದರು.

ತಾಲ್ಲೂಕಿನ ಕಾವಲಹೊಸಪಲ್ಲಿಯ ಅಲಿಯನ್ಸ್ ವಿಶ್ವ ವಿದ್ಯಾಲಯದಲ್ಲಿ ಆಯೋಜಿಸಿದ್ದ ಮಹಿಳಾ ದಿನಾಚರಣೆ ಕಾರ್ಯಕ್ರಮದಲ್ಲಿ ವಿವಿಧ ಕ್ಷೇತ್ರದಲ್ಲಿ ಸಾಧನೆ ಗೈದ ಮಹಿಳೆಯರಿಗೆ ಅಲಿಯನ್ಸ್ ಸ್ಪಂದನ ಪ್ರಶಸ್ತಿ ನೀಡಿ ಮಾತನಾಡಿದ ಅವರು, ಮಹಿಳೆಯರು ಯಾವುದಕ್ಕೂ ಹಿಂಜರಿಯದೆ ತಮ್ಮ ತಮ್ಮ ಕ್ಷೇತ್ರದಲ್ಲಿ ಅತ್ಯುತ್ತಮವಾದುದನ್ನು ಸಾಧಿಸಲು ಕಾರ್ಯೋತ್ಸಾಹ ಬರಲಾಗ ಬೇಕೆಂದು ತಿಳಿಸಿದರು.

ಅಲಿಯನ್ಸ್ ವಿಶ್ವ ವಿದ್ಯಾಲಯದ ಅಭಯ ಭಟ್ಟ ಮಾತನಾಡಿ, ವಿಶ್ವ ಮಹಿಳಾ ದಿನಾಚರಣೆಯ ಪ್ರಯುಕ್ತ ಆರೋಗ್ಯ, ಕೃಷಿ, ಸಿನಿಮಾ, ಕ್ರೀಡೆ, ಹಾಗೂ ಪತ್ರಿಕೋದ್ಯಮದಲ್ಲಿ ಸಾಧನೆ ಮಾಡಿದ ಆಸೀಸ್ ಮಹಿಳೆಯರಿಗೆ



ಅಲಿಯನ್ಸ್ ಸ್ಪಂದನ ಪ್ರಶಸ್ತಿ ನೀಡಿ ಅವರನ್ನು ಗೌರವಿಸುವುದು ಸಂತಸ ತಂದಿದೆ. ಮುಖ್ಯವಾಗಿ ಮಹಿಳಾ ಸುಲೀಕರಣ ಮಾಡುವ ಸಲುವಾಗಿ ಗ್ರಾಮೀಣ ಭಾಗದ ಹಕ್ಕು ಪಕ್ಕ ಕಾರ್ಯೋಪಯಲ್ಲಿ ಮಹಿಳೆಯರಿಗೆ ಆಸೀಸ್ ಕಾರ್ಯಕ್ರಮಗಳನ್ನು ರೂಪಿಸಿ ಸ್ವಯಂ ಉದ್ಯೋಗಕ್ಕೆ ಪ್ರೋತ್ಸಾಹ ನೀಡಲಾಗುತ್ತಿದೆ ಎಂದರು.

ವಿಶಲವ್ವ ಪ್ರಶಸ್ತಿ ಪುರಸ್ಕೃತೆ ಉಪಾ ಬಿ.ವಿನ್ ಮಾತನಾಡಿ, ಸಾಧನೆಗೆ ಹೆಣ್ಣು-ಗಂಡೆಂಬ ಭಾವಿಸದೆ ತಮ್ಮ ಕ್ಷೇತ್ರದಲ್ಲಿ ಪ್ರಮಾಣಿಕವಾಗಿ ಕೆಲಸ ಮಾಡಿದರೆ, ಉನ್ನತ ಪಂಚಕ್ಕೆ ತಲುಪುವುದು. ಹಾಗಾಗಿ ಮಹಿಳಾ ಸಮುದಾಯ ತಮಗೆ ಸಿಕ್ಕಿರುವ ಅವಕಾಶಗಳನ್ನು ಸದ್ವ್ಯಕ್ತಿ ಮಾಡಿ

ಕೊಂಡು ಮತ್ತೊಬ್ಬರಿಗೆ ಮಾದರಿ ಯಾಗುವಂತೆ ಬದುಕಬೇಕೆಂದು ತಿಳಿಸಿದರು.

ಮಹಿಳಾ ದಿನಾಚರಣೆ ಯಲ್ಲಿ ಅಲಿಯನ್ಸ್ ಸ್ಪಂದನ ಪ್ರಶಸ್ತಿಗೆ ಬಾಜನ್ ರಾದ ಗಿರಿಜಾ ಲೋಕೇಶ್, ವೈಜಯಂತಿ, ಪ್ರತಿಮಾ ಭಟ್, ಆಶಾ ವಿಜಯ್, ಮಾನವಿ ಸುದೀರ್ ಅಕ್ಷತಾ ಪಾಂಡವ ಪುರ, ಶರ್ಮಿತಾ ಶೆಟ್ಟಿ ಭಯ ನಂಜಪ್ಪ, ಸೀರಿದಂತೆ ಆಸೀಸ್‌ಗೆ ಪ್ರಶಸ್ತಿ ನೀಡಿ ಗೌರವಿಸಿದರು, ಕಾರ್ಯಕ್ರಮದಲ್ಲಿ ಅಲಿಯನ್ಸ್ ವಿಶ್ವ ವಿದ್ಯಾಲಯದ ಅಡಳಿತ ಮಂಡಳಿಯ ಶೈಲಜಾ ಭಟ್ಟ, ವಿಶ್ವ ನಾಥಯ್ಯ, ಜನರಲ್ ರಿಟಿರರ್ ಸುರೇಖ ಶೆಟ್ಟಿ ಸೀರಿದಂತೆ ಮುಂತಾದವರು ಭಾಗವಹಿಸಿದ್ದರು.

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ಸಮಾಜದಲ್ಲಿ ಮಹಿಳೆಯರಿಗೆ ಹೆಚ್ಚುತ್ತಿರುವ ಅವಕಾಶಗಳನ್ನು ಸದುಪಯೋಗಿಸಿಕೊಳ್ಳಿ



• ಸುದ್ದಿಮೂಲ ವಾರ್ತೆ, ಆನೇಕಲ್, ಮಾರ್.15:

ಮಹಿಳೆಯರು ಆನೇಕ ಸಮಾಜಗಳ ಮಧ್ಯೆ ಅವಕಾಶಗಳನ್ನು ಕಲ್ಪಿಸಿಕೊಂಡು ಎಲ್ಲಾ ಕ್ಷೇತ್ರಗಳಲ್ಲಿ ಕೊಡಗೊಂಡು ಉನ್ನತವಾದ ಸಾಧನೆ ಮಾಡಿ ಸಮಾಜಕ್ಕೆ ತಮ್ಮ ದೇಯಾದ ಕೊಡುಗೆ ನೀಡಬೇಕು ಎಂದು ಇಸ್ರೋ ವಿಜ್ಞಾನಿ ಶಿವಾನಿ ಕೊಣಂದೂರ್ ತಿಳಿಸಿದರು.

ತಾಲ್ಲೂಕಿನ ಕಾವಲಹೊಸಹಳ್ಳಿಯ ಅಲಯನ್ಸ್ ವಿಶ್ವ ವಿದ್ಯಾಲಯದ ವತಿಯಿಂದ ಆಯೋಜನೆ ಮಾಡಿದ ಮಹಿಳಾ ದಿನಾಚರಣೆ ಪ್ರಯುಕ್ತ ವಿವಿಧ ಕ್ಷೇತ್ರದಲ್ಲಿ ಸಾಧನೆ ಗೈದ ಮಹಿಳೆಯರಿಗೆ ಅಲಯನ್ಸ್ ಸ್ವಂದನ ಪ್ರಶಸ್ತಿ ನೀಡುವ ಮೂಲಕ ಅವರನ್ನು ಸನ್ಮಾನಿಸಿ ಮಾತನಾಡಿದರು. ಹೆಣ್ಣು ಏನು ಬೇಕಾದರೂ ಸಾಧನೆ ಮಾಡಬಹುದು, ಅಂತಹ ಅವಕಾಶಗಳು ಇತ್ತೀಚೆಗೆ ಸಮಾಜದಲ್ಲಿ ನಿರ್ಮಾಣವಾಗುತ್ತಿದೆ, ಮಹಿಳೆಯರು ಭಯಪಡದೆ ಪ್ರಯತ್ನವಾಗಿ ಮುಂದೆ ಬಂದು ಕಾರ್ಯ ನಿರ್ವಹಿಸಬೇಕಾಗುತ್ತದೆ ಜೊತೆಗೆ ಸಮಾಜದಲ್ಲಿ ಮಹಿಳೆಯರಿಗೆ ಎಲ್ಲಾ ಕ್ಷೇತ್ರಗಳಲ್ಲಿ ಹೆಚ್ಚು ಪ್ರೋತ್ಸಾಹ ನೀಡಬೇಕಾಗಿದೆ ಎಂದರು.

ಅಲಯನ್ಸ್ ವಿಶ್ವವಿದ್ಯಾಲಯದ ಪ್ರೊ. ಆಭಯ್ ಭಟ್ಟ ಮಾತನಾಡಿ, ವಿಶ್ವ ಮಹಿಳಾ ದಿನಾಚರಣೆಯಲ್ಲಿ ಆರೋಗ್ಯ, ಕೃಷಿ, ಸಿನಿಮಾ, ಕ್ರೀಡೆ, ಹಾಗೂ ಪತ್ರಿಕೋದ್ಯಮದಲ್ಲಿ ಸಾಧನೆ ಮಾಡಿದ ಆನೇಕ ಮಹಿಳೆಯರಿಗೆ ಅಲಯನ್ಸ್ ಸ್ವಂದನ ಪ್ರಶಸ್ತಿ ನೀಡಿ ಸನ್ಮಾನಿಸಿ ಗೌರವಿಸುವುದು ಬಹಳ ಮುಖ್ಯವಾಗಿದೆ. ಇನ್ನು ಮಹಿಳಾ ಸಬಲೀಕರಣ ಮಾಡುವ ಸಲುವಾಗಿ

ಅಲಯನ್ಸ್ ವಿಶ್ವ ವಿದ್ಯಾಲಯದ ವತಿಯಿಂದ ಗ್ರಾಮೀಣ ಭಾಗದ ಹಕ್ಕಿ ಒಕ್ಕ ಕಾಲೋನಿಯಲ್ಲಿ

ಮಹಿಳೆಯರಿಗೆ ಆನೇಕ ಕಾರ್ಯಕ್ರಮಗಳನ್ನು ರೂಪಿಸಿ ಸ್ವಯಂ ಉದ್ಯೋಗಕ್ಕೆ ಪ್ರೋತ್ಸಾಹ ನೀಡಲಾಗಿದೆ ಮತ್ತು ಸಿಎಸ್ ಆರ್ ಅನುದಾನದಲ್ಲಿ ಆನೇಕ ಅಭಿವೃದ್ಧಿ ಕೆಲಸ ಕಾರ್ಯಗಳನ್ನು ಕೈಗೊಂಡು ಗ್ರಾಮೀಣ ಜನರು ಆರ್ಥಿಕ ಮತ್ತು ಶೈಕ್ಷಣಿಕವಾಗಿ ಸಬಲರಾಗುವಂತೆ ಮಾಡಲಾಗುತ್ತಿದೆ. ಮಹಿಳೆಯರು ಎಲ್ಲಾ ಭಾಗದಲ್ಲಿ ಸಾಧನೆ ಮಾಡಲು ನಿರ್ದೇಶನವಾಗಿ ಕೆಲಸ ಮಾಡುತ್ತಾರೆ ಎಂದು ತಿಳಿಸಿದರು.

ವಿಕಲವ್ಯ ಪ್ರಶಸ್ತಿ ಪುರಸ್ಕೃತೆ ಉಷಾ ಬಿ.ಎಸ್ ಮಾತನಾಡಿ ಸಾಧನೆಗೆ ಹೆಣ್ಣು ಗಂಡು ಎಂಬ ಬೇಧ ಭಾವವಿಲ್ಲ. ತಮ್ಮ ಕ್ಷೇತ್ರದಲ್ಲಿ ಪ್ರಮಾಣಿಕವಾಗಿ ಕೆಲಸ ಮಾಡಿದ್ದಾಗ ಪ್ರತಿಯೊಬ್ಬರು ಏನು ಬೇಕಾದರೂ ಸಾಧಿಸಬಹುದು ಈ ನಿಟ್ಟಿನಲ್ಲಿ ಕ್ರೀಡೆಯಲ್ಲಿ ಹೆಚ್ಚು ಪ್ರಮುಖವಾಗಿ ಅಭ್ಯಾಸ ಮಾಡಿದ ಸಲುವಾಗಿ ವೇಟ್ ಲಿಫ್ಟಿಂಗ್‌ನಲ್ಲಿ ಸಾಧನೆ ಮಾಡಲು ಸಾಧ್ಯವಾಯಿತು ಎಂದರು.

ಮಹಿಳಾ ದಿನಾಚರಣೆಯಲ್ಲಿ ಅಲಯನ್ಸ್ ಸ್ವಂದನ ಪ್ರಶಸ್ತಿ ಭಾಜನರಾದ ಗಿರಿಜಾ ಲೋಕೇಶ್, ವೈಜಯಂತಿ, ಪ್ರತಿಮಾ ಭಟ್, ಆಶಾ ಎಜಯ್, ಮಾನಸಿ ಸುದೀರ್ ಅಕ್ಷತಾ ಪಾಂಡವಪುರ, ಶರ್ಮಿಕ ಶೆಟ್ಟಿ, ಭಾಯಿ ನಂಜಪ್ಪ, ಸೇರಿದಂತೆ ಆನೇಕರಿಗೆ ಪ್ರಶಸ್ತಿ ನೀಡಿ ಗೌರವಿಸಿದರು. ಕಾರ್ಯಕ್ರಮದಲ್ಲಿ ಶೈಲಾ ಭಟ್ಟ, ರಿಜಿಸ್ಟರ್ ವಿಶ್ವನಾಥಯ್ಯ, ರಿಜಿಸ್ಟರ್ ಜನರಲ್ ಸುರೇಖಾಶೆಟ್ಟಿ, ಸನತ್ ಕುಮಾರ್ ಸೇರಿದಂತೆ ಮುಂತಾದವರು ಭಾಗವಹಿಸಿದರು.

Teachers' training workshop at Silapathar

GUWAHATI, Oct 15: The ASHA Foundation, Bangalore in collaboration with the Transaliam Association for Social Transformation (FAST) conducted its 75th teachers' training workshop at Don Bosco School, Silapathar recently, stated in a release.

The three-day workshop, which concluded on October 13, aimed to equip teachers with knowledge and skills needed to support adolescents effectively.

The workshop was attended by Fr Sunny Panthanazzyadakedil as chief guest. Fr (Dr) Jose Chettany, director, FAST welcomed the master trainers and the dignitaries.

Fr Augustine, principal, Don Bosco School, Silapathar, and Fr Lubin Augustine, associate director, FAST, were also present during the programme, among others.



The Sentinel
of this land, for its people

Teachers' training workshop conducted

GUWAHATI, Oct 13: The ASHA Foundation Bangalore, in collaboration with the Fransalian Association for Social Transformation (FAST), conducted its Workshop from October 11 to 13 at the Don Bosco School, Silapathar, Assam.

The workshop aimed to equip teachers with the knowledge and skills needed to support adolescents effectively.

Sessions cover topics such as Life skills, Character building, adolescent growth and development, emotional well-being, communication and counselling skills, peer pressure, self-esteem, decision-making, smoking, alcohol, mental health, gender sensitivity, and life skills education.

The collaboration with the Fransalian Association

for Social Transformation strengthened ASHA Foundations' shared goal of promoting holistic education and creating safe, supportive environments for adolescents. The sessions were packed with facts, practical sessions, interactive games, team-building activities, and most importantly, self-empowerment. The workshop was received with enthusiasm by all participants, stated a press release.

Guwahati English Edition
Oct 14, 2025 Page No. 3
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Peace Channel organises 101st ASPIRE workshop

Dimapur, May. 19 (EMN): The 101st ASPIRE teachers training workshop on "fostering life skills for professional and peaceful instruction with reflective education" commenced on Thursday at the Peace Centre, 7th Mile, Chumoukedima.

The three-day programme is being organised by Peace Channel, in collaboration with ASHA Foundation, CEDOK and the North East Institute of Social Sciences and Research (NEISSR), an update stated.

The workshop brought together 140 participants from 42 schools, with the aim of strengthening professional competencies and promoting reflective and peaceful education practices.

It focuses on enhancing communication, classroom management, self-awareness, and student engagement while fostering inclusive and value-based learning environments.

Delivering the welcome message, Rev. Anto, SSI Unit Principal and founder-director of Peace Channel, emphasised that education is a means of knowledge and transformation for

building a peaceful society.

Referring to Charles Duhigg's concept of "keystone habits," he stressed that the daily habits of teachers shape classroom culture.

Rev. Anto encouraged educators to move from reaction to reflection, noting that such a shift can create trust, respect, and a positive environment. He further invited teachers to rediscover the true purpose through the idea of Ikigai, where passion, skill, and societal need come together to give deeper meaning to the teaching profession.

Chief guest and District Education Officer of Chumoukedima, John Letha, in his address emphasised the importance of peace-building, leadership, and adaptability in today's educational landscape.

He called upon teachers to cultivate self-awareness, mutual respect, and a spirit of southliness, learning, describing them as the signature of the education system and key agents in shaping a responsible and harmonious session.

The programme also acknowledged the presence of Dr. Gieve Alexan-

Abraham.

The first day featured interactive sessions on self-awareness, communication skills, mindfulness, classroom management, and inclusive education.

The resource persons emphasised empathetic, active listening, and understanding diverse learning needs to create a sense of belonging among students.

Highlighting Peace Channel's renewed outreach, Rev. Anto announced an initiative to send trained educators to schools for 30 to 45 days to support teachers and strengthen school systems through life skills education, peace education, and career guidance.

He also noted that NEISSR, as a pioneering institution in the region, continues to contribute in professional education in

social work and journalism while developing innovative models for peace-building.

Peace Channel and NEISSR, together with ASHA Foundation, are also planning to host similar programmes in other districts, expanding the reach of reflective and peace-oriented education initiatives, he informed.

The workshop will con-

tinue over the next two days with sessions aimed at equipping teachers to become reflective practitioners and promoters of peace in education.

"The conclaves stands as a meaningful step towards empowering teachers to build not only better classrooms, but also a more peaceful and compassionate society." It stated.

EASTERN MIRROR | Dimapur, Friday, March 20, 2026

5

ASSPIRE Teachers' workshop on reflective, peaceful education begins in Nagaland



Officials along with the participants during the ASSPIRE Teachers' Training Workshop on "Advanced Skills for Professionals and Peaceful Classrooms with Reflective Education" held at the Peace Centre, 7th Mile, Chümoukedima.

NAGALAND | 10 March 2016

Chümoukedima, March 10 (MExN): The 10th ASSPIRE Teachers' Training Workshop on "Advanced Skills for Professionals and Peaceful Classrooms with Reflective Education" commenced at the Peace Centre, 7th Mile, Chümoukedima.

The three-day programme is being organized by Peace Channel in collaboration with ASHA Foundation, CECRK and the North East Institute of Social Sciences and Research (NEISSR).

A total of 140 participants from 42 schools are attending the workshop, which aims to strengthen professional competencies and promote reflective and peaceful education practices, focusing on communication, classroom management, self-awareness and student engagement.

Delivering the welcome address, Rev Dr C P Ashe, Founder-Principal of NEISSR and Founder-Director of Peace Channel, paid obeisance to and rated the transformation of knowledge but the transformation of lives, and emphasised the role of teachers in nurturing the potential of each child.

Referring to concepts such as "Aayatana-bahish" and "Raga", he urged teachers to adopt reflective practices and rediscover purpose in the teaching profession.

District Education Officer of Chümoukedima, John Lotha, who attended as chief guest, highlighted the importance of peacebuilding, leadership and adaptability, and described teachers as key agents in shaping a responsible and harmonious society.

The programme also acknowledged the presence of ASHA Foundation Founder and Director Dr Glory Alexander and Committee Member Rev Fr Didacus Thambathurai.

Sessions are being conducted by resource persons including Khet Laten Gaseng, Setishan Jacob, Prof Biju Sebastian, Maya Singh and Joan V Abraham. The event also marked the 17th training programme of ASHA Foundation.

The first day featured interactive sessions on self-awareness, communication skills, adolescence, classroom management and inclusive education, with emphasis on empathy and understanding diverse learning needs.

Rev Dr Ashe also announced an initiative to send trained educators to schools for 20 to 45 days to support teachers through life skills education, peace education and career guidance.

Organizers said similar programmes are planned in other districts to expand outreach, while the ongoing workshop will continue over the next two days, with sessions aimed at developing reflective practitioners and promoting peace in education.



ASSPIRE teachers workshop begins in Chumoukedima



Resource persons with NEISSR faculty and teachers from 42 schools.

DIMAPUR: The 101st ASSPIRE teachers training workshop on 'Advancing Skills for Professional and Peaceful Instruction with Reflective Education' commenced at the Peace Centre, 7th Mile, Chumoukedima on March 20. The three-day programme was organized by Peace Channel in collaboration with ASHA Foundation, CEDOK, and the North East Institute of Social Sciences and Research (NEISSR).

A press release by Peace channel and NEISSR Desk Chumoukedima, stated that the workshop brought together 140 participants from 42 schools, focusing on strengthening

professional competencies, fostering reflective practices, and promoting peaceful, inclusive learning environments. It focused on emphasized communication, classroom management, self-awareness, student engagement, and value-based education.

In his address, chief guest, district education officer of Chumoukedima, John Lotha, emphasized the importance of peace-building, leadership, and adaptability in today's educational landscape. He called upon teachers to cultivate self-awareness, mutual respect, and a spirit of continuous learning, describing them as the

backbone of the education system and key agents in shaping a responsible and harmonious society.

The programme also acknowledged the presence of founder and director of ASHA Foundation, Dr. Glory Alexander, and member of the governing board, Rev. Fr. Mathew Thuniambal.

Sessions are being facilitated by resource persons including Hazel Leena George, Bethesa Jacob, Prof. Biju Sebastian, Maya Singh, and Jose V Abraham. It was the 77th training programme for the ASHA.

Highlighting Peace Channel's renewed out-

reach, Rev. Dr. Anto announced an initiative to send trained educators to schools for 30 to 45 days to support teachers and strengthen school systems through life skills education, peace education, and career guidance.

He also noted that NEISSR, as a pioneering institution in the region, continues to contribute to professional education in social work and journalism while developing innovative models for peacebuilding.

Peace Channel and NEISSR, together with ASHA Foundation, are also planning to host similar programmes in other districts, expanding the reach of reflective and peace-oriented education initiatives.

The first day featured interactive sessions on self-awareness, communication skills, adolescence, classroom management, and inclusive education.

The welcome address was delivered by NEISSR founder-principal and founder-director of Peace Channel, Rev. Dr. C. P. Anto.

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Nagaland

ASSPIRE Teachers' workshop on reflective, peaceful education begins in Nagaland

CHUMOUKEDIMA, MARCH 19 (MEXN): The 101st ASSPIRE Teachers' Training Workshop on 'Advancing Skills for Professional and Peaceful Instruction with Reflective Education' commenced at the Peace Centre, 7th Mile, Chumoukedima.

The three-day programme is being organised by Peace Channel in collaboration with ASHA Foundation, CEDOK and the North East Institute of Social Sciences and Research (NEISSR).

A total of 140 participants from 42 schools are attending the workshop, which aims to strengthen professional competencies and promote reflective and peaceful education practices, focusing on communication, classroom management, self-awareness and student engagement.

Delivering the welcome address, Rev Dr C P Anto, Founder-Principal of NEISSR and Founder-Director of Peace Channel, said education is not merely the transmission of knowledge but the transformation of lives, and emphasised the role of teachers in nurturing the potential of each child.

Referring to concepts such as



Officials along with the participants during the ASSPIRE Teachers' Training Workshop on 'Advancing Skills for Professional and Peaceful Instruction with Reflective Education' held at the Peace Centre, 7th Mile, Chumoukedima.

urged teachers to adopt reflective practices and rediscover purpose in the teaching profession.

District Education Officer of Chumoukedima, John Lotha, who attended as chief guest, highlighted the importance of peacebuilding, leadership and adaptability, and described teachers as key agents in shaping a responsible and harmonious society.

The programme also acknowledged the presence of ASHA Foundation Founder and Director Dr Glory Alexander, who emphasised the need for compassionate and inclusive education to build a more peaceful tomorrow.

Board member Rev Fr Mathew Thuniambil, also present, stressed the need for educators to be resource persons, including Hazel Leena George, Bethesda Jacob, Prof Bija Sebastian, Maya Singh and Jose V Abraham. The event also marked the 77th training programme of ASHA Foundation.

The first day featured interactive sessions on self-awareness, communication skills, adolescence, classroom management and inclusive education, with emphasis

on verse learning needs.

Rev Dr Anto also announced an initiative to send trained educators to schools for 30 to 45 days to support teachers through life skills education, peace education and career guidance.

Organisers said similar programmes are planned in other districts to expand outreach, while the ongoing workshop will continue over the next two days with sessions aimed at developing reflective practitioners and promoting peace in education.

ASHA Foundation

1. **Mailing Address:** No.42, 4th Main, SBM Colony,
Anand Nagar,
Bangalore –560024
Karnataka
2. **Telephone numbers:** 00 91 80 2333 2921 / 2354 5050
Fax: 00 91 80 2333 2921
3. **Email:** ashafblr@yahoo.co.in
4. **Website:** www.ashaf.org
5. **Contact person:** Dr. Glory Alexander

Statutory requirements and registrations:

- Registered on 07.03.1998 as a Charitable Trust in Shivaji Nagar, Registrar's office, Bangalore. Registration number- **849/97-98**
- Amended trust deed document No.- **899/04-05**
- Certificate under 12(A) of IT Act 1961 renewal approved for a period of ten years from AY 2027-28 to 2036-37.
- Recognized U/S 80 G of IT Act 1961 latest recognition was approved for a period of ten years from AY 2027-28 to AY 2036-37.
- PAN No. is available. TAN No. is available.
- Registered under FCRA. Received approval under FCRA from 1.4.2022 to 31.3.2027. FCRA bank account is opened in SBI Branch, New Delhi and is functional.
- Renewal of recognition granted as Scientific and Industrial Research Organization under DSIR, GoI from 01.04.2026 to 31.03.2029.
- Registered with Regional provident Fund Commissioner-**KN/41859**.
- Bankers Name- Punjab National Bank, Anand Nagar, Bangalore-560024.
- Registered under Ministry of Corporate Affairs for undertaking CSR activities and Registration No. is **CSR0000446**.

Vision:

Our vision is to prevent HIV infection in the community and to empower and uplift people infected and affected by HIV/AIDS and other vulnerable communities.

Mission:

- ❖ To build the capacity of vulnerable communities and to advocate for them.
- ❖ To provide awareness, prevention, education, training and to network effectively with all stakeholders.
- ❖ To provide counseling, testing, treatment, support and rehabilitation to people infected and affected by HIV/AIDS and vulnerable communities.
- ❖ To conduct research in all aspects of our work.
- ❖ To empower the communities that we work with.

Aims:

1. To build awareness of HIV/AIDS infection in the community.
2. To provide HIV testing in a non-coercive and non-stigmatized environment both voluntary and anonymous.
3. To train counselors in HIV/AIDS.
4. To provide counseling to HIV patients, their families and the community.
5. To provide a character based comprehensive Adolescent Health Education curriculum in schools.
6. To provide personalized, quality, medical care and palliative care to patients with HIV/AIDS irrespective of their ability to afford treatment.
7. To interact with other institutions of learning and constantly update our knowledge of the illness and to incorporate new teachings into our treatment and care of patients.
8. To network with other voluntary, statue, central and other institutions including Non-Governmental Organizations to provide wide ranging care effectively.
9. To rehabilitate HIV / AIDS patients and families.
10. To conduct and help research in HIV / AIDS.
11. To provide specialized training for Doctors, Nurses and allied Health professionals in the field of HIV / AIDS.
12. To make a difference in the lives of patients living and dying with AIDS

Board of Trustees of ASHA Foundation

Sl. No	Name	Qualification	Occupation	Address
1.	Mr. George Ninan Member	M.A	Consultant	1407, Hennur main Road Bangalore 560084
2.	Mr. Vijay Chandy Member	B. Sc, PGDIR&W(XLRI)	Management Consultant	No.218. 3 rd Main, Laughing Waters, Varathur Main Road, Ramagondanahalli, White Field, Bangalore -560006
3.	Dr.Paul Salins Member	MD, FDSRCS,PGD (pall.care)	Medical Director & Vice President Narayana Hrudalaya and mazundar Shaw Cancer Center	No. 258/A Bommasandra Industrial Area, Hosur Road Anekal Taluk Bangalore-560099
5.	Dr. Alexander Thomas Member	D.Orth, MS Orth, M.Phil (HHSM) PGDML&E	\Executive Director- AHPI Consultant, World Bank	AHPI Office No.27. First Floor GVR Plaza, Bellary Road Bangalore 560024
6.	Dr. Glory Alexander Member	MBBS,MD	Director, ASHA Foundation	No.42,4 th main SBM Colony Anand Nagar, Hebbal Bangalore-560024

None of the Board members of ASHA Foundation received any remuneration or reimbursement during the year. Dr. Glory Alexander in her capacity as Project Director of the PMTCT project, and HIV/AIDS physician received remuneration during the year.

1. The HIV/AIDS counseling services including the AIDS Helpline and Telephone Counseling service.

ASHA Foundation's HIV/AIDS Helpline and Integrated Counseling and Testing project is a remarkable example of sustained community support. Running for 25 years, it has built a comprehensive framework to address not only medical needs but also the emotional and social dimensions of living with HIV.

Key Services Offered

- Pre- and post-test counseling: Preparing individuals for HIV testing and helping them understand results.
- Supportive counseling: Emotional and psychological support for those affected.
- Family counseling: Guidance for families to cope and support loved ones.
- ART counseling: Helping patients understand Antiretroviral Therapy and its importance.
- Adherence counseling: Encouraging consistent medication use to improve outcomes.
- Follow-up counseling: Ongoing support to ensure long-term care and stability.

Helpline Details

- Direct counseling numbers: 080-23542222 and 080-23543333
- Availability: Monday to Friday, 9:00 AM – 5:00 PM

The foundation's approach goes beyond individual care, it strengthens families and communities by reducing stigma, promoting awareness, and ensuring that people living with HIV are not isolated. This holistic model is what makes the project stand out even after more than two decades of service.

Goal:

- 1.To provide personalized, quality, medical care to patients with HIV/AIDS irrespective of their ability to afford treatment.
- 2.To provide counseling to HIV patients, their families and the community.
- 3.To build awareness on HIV/AIDS infection in the community.
- 4.To achieve 100% adherence to ART medication.
- 5.To provide HIV testing in a non-stigmatized environment both voluntary and anonymous.

Components of the project:

1. Telephone counseling
2. Face to face counseling
3. E mail queries
4. Publicity
5. Awareness Program
6. Research

Telephone Counseling

ITEM	No. of Calls
Number of calls received on 23542222 & 23543333 from April 2025-March 2026	599
Cumulative total since 2000	36995

Graphical representation of calls received on telephone helpline



Publicity

Type of publicity	April 2025-March 2026
Newspaper advertisement	10
Number of calls from Newspaper	14
Number of calls from Poster	00
Cumulative total of Newspaper advertisement (since March 2010)	872

Counseling Details

Type of counseling	April 2025-March 2026
Pretest counseling	53
Adherence counseling	24
Follow-up counseling	205
Family counseling	36
People referred. to other services	0
Total counseling sessions	318
No. of HIV tests done	40 (0) people not tested in wp
	(13) people came for information
No. of HIV tests Positive	5
No of HIV tests negative	35
Cumulative counseling sessions from 1998 to March 2026	11570

Awareness programs on HIV

#	Date	Topic	For whom	Venue	No. of participants	Conducted by
1	06.03.2026	HIV/AIDS Awareness session	Women Employees	ENNOVI Mobility Private Limited, Electronicity	70	Y.V Supriya, Silvia Prathiba Thomas
2	26.03.2026	HIV/AIDS Awareness session	1 st year BSW students from St. Joseph college	ASHA Foundation	34	Dr. Glory Alexander Y.V Supriya, Silvia Prathiba Thomas
3	21.08.2025	HIV/AIDS Awareness session	School Teachers	MOREAU Institute of Integral Training, Shillong, Meghalaya	106	Dr. Glory Alexander
4	12.10.2025	HIV/AIDS Awareness session	School Teachers	Don Bosco School Silapathar Assam	91	Dr. Glory Alexander
5	16.01.2026	HIV/AIDS Awareness session	School Teachers	Holy Cross High School Agartala Tripura	123	Dr. Glory Alexander
6	20.03.2026	HIV/AIDS Awareness session	School Teachers	Peace Centered CHUMUKEDIMA Dimapur Nagaland	143	Dr. Glory Alexander

Case study for the year April 2025 to March 2026

1. Mahesh (name changed) a 35-year-old male originally from Andhra Pradesh and now settled in Bangalore for work, married Manjula in 2021. The couple wished to start a family, but Manjula's PCOD made natural conception difficult, leading them to pursue IVF. Mahesh, a regular blood donor, consistently received HIV-negative reports until March 2024, when he again tested negative before beginning IVF. However, in April 2025, during another blood donation, his report came back HIV-positive, leaving him in shock. He initially kept this to himself, even from Manjula, and retreated to his native place for a week. Working in a hospital, he confided in a doctor who referred him to ASHA Foundation. Counseling sessions there helped him cope, though he delayed disclosing his status to Manjula, who was in Andhra preparing for government exams and recovering from a failed IVF attempt.

After a few months, Mahesh finally shared the truth with his wife during a visit to AF. Manjula was devastated but received counseling that reassured her about Mahesh's health and the effectiveness of ART. Meanwhile, her IVF process was postponed due to a minor cyst, treated with medication. Importantly, Manjula tested HIV-negative, and Mahesh began adhering strictly to ART, which stabilized his condition. Over time, Manjula accepted his diagnosis, understood the medical realities, and stood by him with strength. Today, Mahesh is doing well on ART, and Manjula is preparing to restart IVF. Together, they are steadily moving forward, ready to build the family they have long dreamed of, supported by medical care, counseling, and their unwavering bond.

2. Suresh (name changed) originally from Kerala, endured a deeply painful childhood marked by loss and hardship. His father passed away when Suresh was just three years old, leaving behind his younger sister, who was only one and a half, and his mother, who was five months pregnant at the time. With no proper facilities or affection during those formative years, life was already difficult. His mother's parents stepped in to care for the children in Delhi, but tragedy struck again when his mother gave birth to another baby girl. Sadly, she died in the labour ward, and the newborn survived only seven days. Later, Suresh's uncle brought him back to Kerala, while his sister remained with their grandparents. He was sent to a government school, unlike his uncle's children who attended private schools, and was burdened with household chores. Despite these challenges, he managed to complete his schooling. These early experiences of grief, instability, and lack of nurturing shaped Suresh's childhood, leaving him with memories of struggle and resilience rather than comfort and care.

From there, Suresh moved to his aunt's place in Tamil Nadu to pursue his PUC and graduation. Afterward, he went to Bangalore to stay with another aunt while searching for a job. Within just a few days, however, she threw him out on a rainy night because he hadn't yet found employment. With nowhere to go, he took shelter in an under-construction house, where a stranger offered him food. He recalls little after that night, except experiencing pain in his lower back for several days.

Recently, while volunteering to donate blood, Suresh discovered he was HIV positive and was referred to ASHA Foundation. He chose not to disclose this to his sister, who is now married with a family, and with no immediate family of his own, he confided in his guardian at church. The guardian and his wife, who have supported him like a son for the past eight years, stood by him even after his revelation. Suresh now considers AF as his extended family, where he receives counseling, medical care, and emotional support. He is adherent to ART, his reports are stable, and he continues regular follow-ups at the clinic.

His journey reflects immense resilience in the face of repeated loss, abandonment, and illness, yet it also highlights the transformative power of support systems and compassionate care.

Telephone Counseling Photos



ASHA Foundation counsellor providing Telephone counselling support



Awareness program conducted at ASHA Foundation for 1st year BSW students from St. Joseph's college, Bangalore on 26.03.2026



Pre ART Adherence counselling to patient on 10.06.2026



Awareness program conducted at ENNOVI Mobility for women at Electronic City, Bangalore on 06.03.2026

2. Adolescent Health Education:

Adolescence is a critical stage of life when young people begin to shape their values, decisions, and sense of identity. The Adolescent Health Education (AHE) program of the ASHA Foundation, supports adolescents aged 13–16 by equipping them with the knowledge, life skills, and values they need to grow into healthy and responsible adults. The program reaches students in schools as well as adolescents who are out of school and in colleges. It is called Anmol Ashayein.

Anmol Ashayein follows the World Health Organization's (WHO) holistic understanding of health, which includes emotional, mental, social, physical, and spiritual well-being. By addressing all these interconnected areas, the program responds to the real challenges adolescents face—emotional stress, peer pressure, confusion about relationships, and decision-making during a crucial phase of life.

At the heart of the program is **character building and life skills education**. Adolescents learn responsibility, respect, integrity, and positive values that guide their relationships with themselves, their families, peers, and communities. Life skills such as self-awareness, communication, decision-making, emotional regulation, and mental well-being enable young people to face everyday challenges with confidence and resilience.

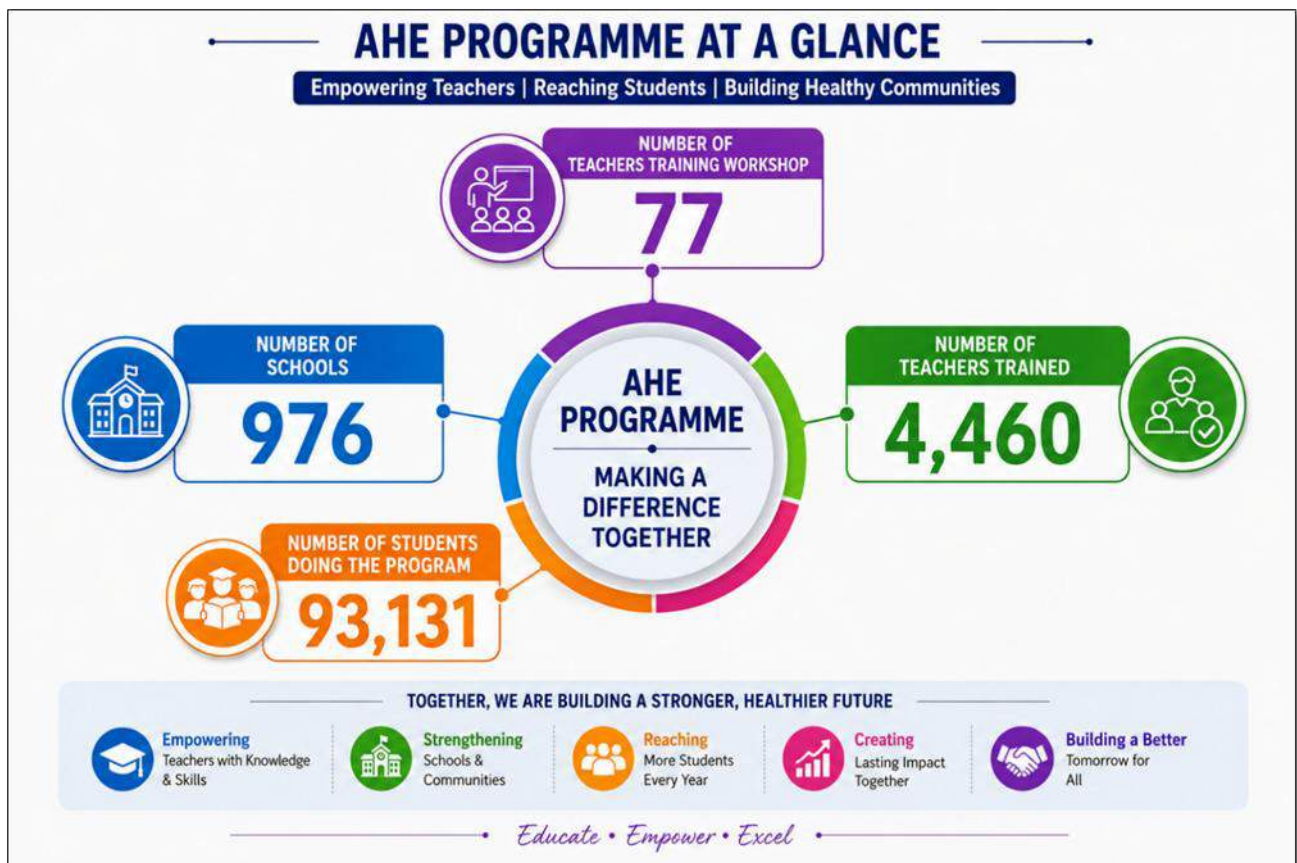
ASHA Foundation strengthens the program through **Teachers' Training Workshops**, preparing educators to serve as facilitators and mentors. Trained teachers deliver the curriculum through weekly sessions using 35 structured lessons, each designed to encourage reflection, discussion, and active participation. Sessions are interactive and age-appropriate, supported by student workbooks.

The curriculum addresses key adolescent concerns such as friendships, infatuation, health awareness, mental well-being, life skills, and community responsibility. It also focuses on important challenges faced by adolescents today, including emotional stress, mental health concerns, smoking, alcohol and drug abuse, child abuse, suicidal thoughts, and excessive mobile phone use. Through guided discussions and life skills education, adolescents are helped to make healthy choices and develop resilience during this critical stage of life.

ASHA Foundation has conducted **77 Teachers' Training Workshops**, training **4,460 teachers** across various locations in India. These workshops were held in cities and regions including Bangalore, Mysore, Mangalore (2 workshops), Belgaum, Kolar, Gulbarga, Hubli, Kollegal, Vishakhapatnam, Shimla, Kolkata, New Delhi, Pune (10 workshops), Mumbai (7 workshops), Amravati (3 workshops), Akola, Chikhaldara, Thane, Nagpur, Yavatmal, Washim, Buldhana,

Chandrapur, Wardha, Dimapur and Chümoukedima in Nagaland , Salem (Tamil Nadu), Arunachal Pradesh, Meghalaya, Assam, and Tripura. The program's presence across multiple regions underscores the Foundation's commitment to nurturing empowered and resilient adolescents.

During the 2025–2026 period, the **Adolescent Health Education (AHE) program** conducted **Four Teachers' Training Workshops** in **Shillong (Meghalaya), Silapathar (Assam), Agartala (Tripura)** and **Nagaland – Chümoukedima**



Transforming Education in the North-East-74th, 75th & 76th and 77th Teachers' Training Workshops (2025–2026)

Strengthening Educators in Meghalaya-74th Teachers' Training Workshop – Shillong, Meghalaya

As part of its continued commitment to adolescent well-being and holistic education, the ASHA Foundation conducted the **74th Teachers' Training Workshop** in Shillong, Meghalaya, under the *Anmol Ashayein* initiative. The workshop was the outcome of careful preparation and strong institutional collaboration.

In preparation for the program, **Mr. Biju Sebastian** undertook a detailed preparatory visit to **Shillong and Jowai from June 8–12, 2025**, to strengthen partnerships and finalize logistical arrangements. During this visit, he met with key stakeholders including **Sr. Treesa (St. Margaret’s School)**, **Fr. Joby**, **Archbishop Victor**, **Fr. Richard**, and **Fr. Gerald** in Shillong, and **Bishop Ferdinand** in Jowai. Site inspections were conducted at **Moreau Hall**, nearby school campuses, and potential accommodation facilities. Coordination meetings with **Mr. John Jarain** helped finalize travel, lodging, and training logistics.

As a joyful outcome of this groundwork, the workshop was successfully organized in collaboration with the **Directorate of Educational Research and Training (DERT)**, **Shillong**, and held from **August 20–22, 2025**, at the **Moreau Institute of Integral Training (MIIT)**. The three-day workshop aimed to equip teachers with tools for **character building, life skills education, and ethical development** among adolescents. A total of **112 teachers from 55 government and private schools** participated. The sessions were facilitated by experienced master trainers and emphasized **experiential learning**, reflective discussions, and activity-based methodologies. A highlight of the workshop was an engaging session led by **Dr. Glory Alexander**, who used a simple interactive activity to explain empathy, responsibility, and ethical decision-making. Teachers later conducted **practicum sessions** in nearby schools, applying life skills lessons with students from Classes 5 to 9, reinforcing classroom relevance.

The closing ceremony acknowledged the strong collaboration with **DERT** and local partners. The workshop was **informative and enthusiastically received**, strengthening educators’ confidence to address adolescent challenges with sensitivity and effectiveness.

A Milestone in Teacher Training -75th Teachers’ Training Workshop – Silapathar, Assam

The **75th Teachers’ Training Workshop** was conducted from **October 11–13, 2025**, at **Don Bosco School, Silapathar, Assam**, in collaboration with the **Fransalian Association for Social Transformation (FAST)**. The workshop emerged from relationships built during earlier programs, with **Fr. Jose** extending the invitation following his participation in the Aalo workshop.

The program was inaugurated in the presence of Church and institutional leaders, reflecting strong local support. The ASHA Foundation team, led by **Dr. Glory Alexander**, delivered sessions focusing on **adolescent health, self-awareness, emotional well-being, and life skills education**.

Despite challenges such as public holidays and limited local exposure to academic workshops of this nature, the sessions that were conducted were **highly interactive and meaningful**. Teachers actively participated in **role plays, group discussions, and reflective exercises**, demonstrating strong engagement.

A key feature was the **practicum session conducted within Don Bosco School**, where teachers implemented classroom-based life skills activities with students from Grades 8 to 10. The lesson “*Who Am I*” enabled students to reflect on identity and self-worth, while reinforcing teachers’ practical learning.

Although attendance was affected by unforeseen circumstances, **41 participants successfully completed the training and received certificates**. The workshop served as an important learning experience, highlighting the need for context-specific planning while reaffirming ASHA Foundation’s commitment to reaching underserved regions.

Building Strong Foundations in Tripura-76th Teachers’ Training Workshop – Agartala, Tripura

The **76th Teachers’ Training Workshop** was conducted from **January 15–17, 2026**, at **Holy Cross School, Agartala**, in collaboration with the **Holy Cross Educational Foundation**. The workshop marked the successful culmination of an extensive institutional visit carried out from **October 24–26, 2025**, by **Mr. Biju Sebastian, Pune Coordinator**, which laid a strong foundation for effective collaboration.

During the preparatory visit, meetings with the Holy Cross leadership, diocesan education authorities, and school principals resulted in firm commitments from multiple schools to participate in the program. The excellent infrastructure of Holy Cross School—including well-equipped auditoriums, training halls, accommodation facilities, and transportation support—made it an ideal venue for conducting a large-scale training program.

The three-day workshop focused on **character development, life skills, emotional health, and adolescent challenges**, including mental health, bullying, substance abuse, social media influence, and suicide prevention. Sessions were highly interactive, with teachers actively engaging in discussions, activities, and reflective exercises.

Due to school vacations, practicum sessions were conducted using a **role-exchange model**, where teachers alternated between the roles of teacher and student. This innovative approach ensured practical application of learning and was well appreciated by participants.

A total of **44 schools registered with 123 participants**, all of whom successfully completed the training and received certificates. Despite limited staffing, the workshop was **well-coordinated and enthusiastically received**, demonstrating strong teamwork and commitment.

The workshop reaffirmed the importance of strong institutional partnerships and thorough groundwork. It marked a significant step in expanding ASHA Foundation's presence in Tripura and strengthening teacher capacity to guide adolescents toward holistic growth and well-being.

Overall Impact (2025–2026)

Across **Meghalaya, Assam, and Tripura**, the three workshops collectively strengthened teacher capacity, deepened institutional partnerships, and expanded the reach of adolescent health education in the North-East. Each program reflected ASHA Foundation's commitment to **quality training, contextual sensitivity, and holistic education**, ensuring that educators are empowered to nurture resilient, ethical, and emotionally healthy young people.

Continuing ASHA's Commitment to Teacher Development Nagaland— Chümoukedima 77th Teachers' Training Workshop.

The 77th Teachers' Training Workshop was conducted from **March 19–21, 2026**, at the Peace Centre, 7th Mile, Chümoukedima, in collaboration with **Peace Channel** and the **North East Institute of Social Sciences & Research (NEISSR)**. The workshop was the outcome of a preparatory visit by Mr. Baiju Sebastian, Pune Coordinator, during which he met Fr. Anto, Principal of NEISSR and Founder Director of Peace Channel. Fr. Anto's leadership and coordination ensured smooth arrangements and strong institutional support.

The inauguration on March 19 was marked by an invocation from Rev. Dr. Fr. Mathew Thuniampral, a welcome address by Dr. Fr. C. P. Anto, and a vision presentation by Dr. Glory Alexander, Founder and Director of ASHA Foundation. Shri John Lotha, District Education Officer, served as Chief Guest, emphasizing innovative and peaceful approaches in education. The

program concluded with a vote of thanks by Mr. Jose V. Abraham, Coordinator and Trainer at Peace Channel.

Over three days, the workshop engaged teachers in **interactive and experiential sessions** including role plays, group discussions, and reflective activities. Core adolescent issues such as **mental health, bullying, substance abuse, child protection, and social media influence** were addressed. Teachers also received training in communication skills, classroom engagement strategies, and practical life skills activities such as the lesson “Who Am I,” which focused on self-awareness and identity.

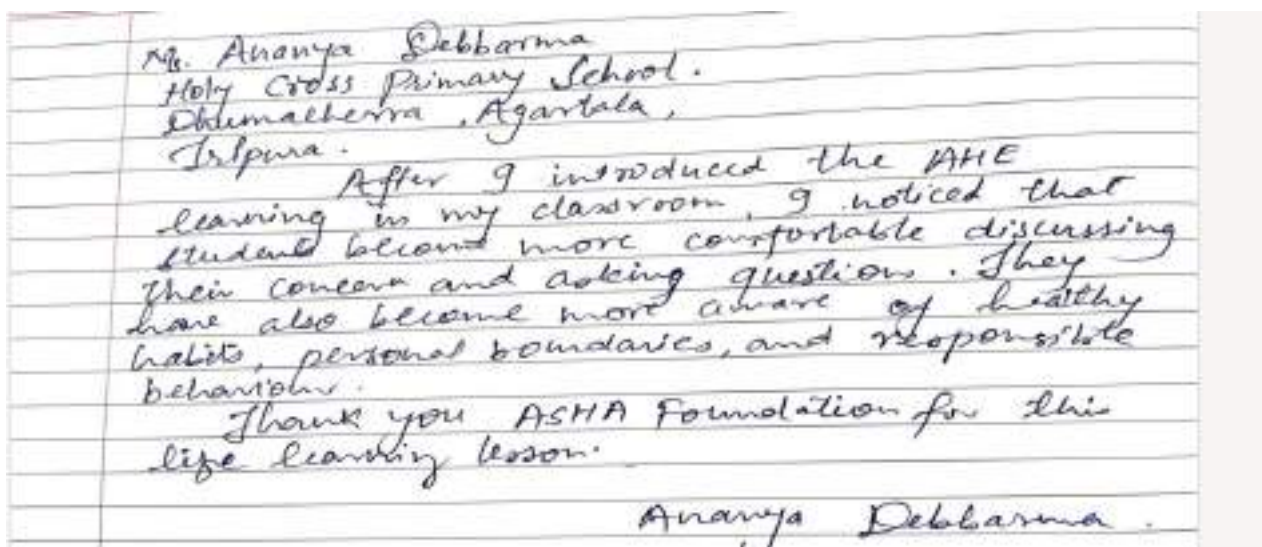
A total of **44 schools participated**, with **143 teachers attending all three days**. All participants successfully completed the program and received certificates. The sessions were widely appreciated for their **professional delivery, clarity, and activity-based learning**, which kept participants engaged and motivated.

Despite minor technical challenges with video playback, the workshop was executed with efficiency and professionalism.

Impact

The Nagaland workshop reaffirmed the importance of **institutional partnerships and structured facilitation**. It strengthened teacher capacity to guide adolescents with empathy, resilience, and innovative strategies. The program was enthusiastically received, with participants calling it one of the **best workshops they had attended**, and requesting more sessions on child psychology, classroom management, and phone addiction.

Teachers Feedback:



"The sessions conducted by ASHA Foundation were very practical and meaningful. Many students who were quiet and isolated have started making healthy friendships. The workshop helped me understand the emotions of teenagers better. I truly thank the team for this beautiful initiative."

Bharati Deshmukh
St. Francis School, Amravati

Ms. Rina Marak (Laitumkhrah
Assamese Secondary School, Shillong)

"I have been able to incorporate the AHE learning into my regular classroom interactions. Students have responded positively and I have noticed changes in their understanding of personal hygiene, emotional well-being, peer relationships and responsible choices."

Students Feedback:

" I learned that sharing feelings is not weakness. Earlier, I kept everything inside and felt stressed. Now I talk to my teachers and parents openly, this program helped me feel peaceful and understood.

Rahul Debnath
Don Bosco School, Agartala

"I always felt shy and lonely in school. After attending these sessions, I slowly started talking with others and making friends. Now school feels happier for me."

Ritesh sharma
Royal knight school

Details of Schools doing the program

	Karnataka 2025-2026	
	Bangalore Urban	No. Students doing the program
1	M.S.Convent	80
2	Noor Ahmed School Bangalore	120
3	Radha Krishna high School	115
4	Twinkle star School ,Bangalore	80
	Bangalore Rural	
5	Gnanabodhini Higher Primary School Kanada medium	480
6	Gnanabodhini Higher Primary School English medium	190
7	Gnanabodhini High School, English medium, Kengeri	60
8	Gnanabodhini High School, Kannada medium Kengeri	710
	Mysore Bogadi	
9	Maria Niketan Higher Primary School	170
10	Maria Niketan High School(English Medium)	220
11	Maria Niketan High School(Kannada Medium)	167
12	Angela Vidhyalaya Niketan, Bogadi Mysore Ursuline	140
	Mysore Urban	
13	De Paul School	380
	Hunsur Taluk	
14	St. Joseph's Higher Primary School (Kanna med.), Hunsur	240
15	St. Joseph's High School (English Medium), Hunsur	857
16	St. Joseph's PU College, Hunsur	475
17	St Joseph's Degree College, Hunsur	160
	H.D. Kote	
18	St. Mary's Higher Primary School (Eng med.)	200
19	St. Mary's High School (Eng med.)	68
	Chikkamagalore Dist	
20	St. Joseph's Eng Med Higher Primary School, Koppa	590
21	St. Joseph's Kannada Higher Primary School, Koppa	275
22	St. Joseph's High School, Koppa	470
23	Nirmala Convent Higher Primary Sc. Eng. Med. Balehennur, Chikm	280
24	Nirmala Convent High Sc, English Med. Balehonnur, Chikm	450
25	Nirmala Convent Higher primary Sc. Kannada med Balehennur .	340
26	Christa Prabha Convent Higher Primary School, Jayapura, Koppa	180
	Shimoga District	

27	St. Mary's High School, Tirthahalli	330
28	St. Mary's Eng Med Higher Primary School, Tirthahalli	320
	Others Institutions	
30	Concerns India	140
31	St. Charles Home	16
32	Blessing Home	19
33	IBS	35
	Total	8357
	Salem (Tamil Nadu)	No. Students doing the program
1	Anderson High School.Salem Aided School Tamil Medium	255
2	Anderson Matric Hr.Sec School	90
3	Bala Bharathi Matriculation Hr.Sec.School	260
4	Cluny Vidya Niketan High School.Salem	235
5	Emrald Valley Public School Yercaud foot hills salem	117
6	Glaze brook Matric School.Salem	285
7	Holy Angels Matric HR.Sec.School,Fair Lands Salem -	135
8	Holy Angels Public School MGRD slm	168
9	Holy Flower Mat.Hr.Sec School	110
10	LEF.Eden Garden Matriculation School	147
11	Mount Mary Matriculation Hr.Sec.School	75
12	SBIOA Public School,Udayapatti,Salem	80
13	Sr,vidya mandir CBSE School steel plant Salem -636030	157
14	St.Basil Matric School	130
15	St.Johns Nationa Academy Salem	195
16	St.Joseph Nursery and Primary School	110
17	St. John Matric Hr. Sec.School	97
18	St.Thomas Matriculation School,Salem	134
19	st.vincent palloti Matric Hr.Sec School Steel plant Road	67
20	Thangam Mount Letera Zee School ,Salem	94
21	The Indian Public School	315
22	YMCA -Salem	78
23	Yuva Bharathi Matric School,Salem	375
	Total	3709

Mumbai		
Sl. No	Name of the School	No. Students doing the program
1	Agrasen High School, Kamothe	142
2	APJ Public School, Kharghar sector 4	95
3	APJ Public School, Kharghar sector 6	83
4	APJ Public School, Kharghar Sector 10	105
5	Ashwini Classes	186
6	Bal Bharati Public School, Kharghar	156
7	B.D.D.V Primary School, Panvel Raigad	145
8	Bhagwan English Medium School	125
9	Bharati Vidyapeeth	149
10	Christ Academy CBSE Board	325
11	Christ Academy State Board	208
12	CKT School New Panvel	165
13	DAV International School	105
14	Diamond Jubilee High School, Byculla	108
15	Don Bosco High School	145
16	D Y Patil School	82
17	Dyandeep School	95
18	Dyan Pushpa Vidya Niketan, CBD	205
19	Emmanuel English Medium School	164
20	Ghokhale High School	123
21	Good Shepherd School, Nerul	196
22	Good Sheperd School, Belapur	200
23	Guru Gobind Academy	164
24	Harmani Public School	102
25	Harmony Public School (Karghar)	86
26	Huda English School	45
27	Jspm School, Kamothe	57
28	Jspm School, Panvel	208
29	Jspm School, Kharghar	164
30	Little Angel's English School	52
31	K.A. Bharthiya School	41
32	Kendriya Vidyalaya Koliwada	228
33	Kids Garden Public School, Sukapur	164
34	K.V. Kani School	153
35	K.V. Kamy School Panvel	95

36	Late M.T.Thakur, Eng. Med. School, Parle	175
37	Little Bird School	104
38	Little Harmony School, Belapur	153
39	Mansarovar School Kamothe	164
40	Modern English School	88
41	Monami High School	146
42	Mspm School, Kharghar sector 17	98
43	Mspm School, Kharghar sector 4	76
44	New Model School	145
45	Navi Mumbai Mahanagar Palike, Nerul	42
46	Navi Mumbai Mahanagar Palike, Rahale	185
47	Navi Mumbai Mahanagar Palike,Kopperkhaiane	46
48	NIMHRC	205
49	Nivedita High School	239
50	PES Central School, Belapur	165
51	Podar High School	114
52	Presentation High School	164
53	RBT Vidyalaya	185
54	Redcliff School, Belapur	135
55	RTP School, Kharghar	112
56	Rajput School, Panvel	185
57	Sai Nath School	326
58	Sakharam Seth High School	165
59	Samayak Vidyalaya	85
60	SBOA Public School	76
61	Sree Ram English School	145
62	Sree Ram Vidyalaya	208
63	St. Mary's High School	164
64	Sainath School	185
65	St. Therese School	223
66	St Xavier's High School	165
67	St Xavier Public School, Kharghar	75
68	St. Xavier Public School, Panvel	95
69	Sree Narayana Guru School	128
70	Shree Suvidya School, Kamothe	146
71	Sri Ravi Shankar Vidya Mandir Khaghar	168
72	Sterling High School, Nerul	117
73	Sushma Patil Vidyalaya	92
74	Swami Brahmanand Prathishtan	165
75	Swami Vivekanand Vidya Mandir	46

76	Thakur English Medium School	105
77	The English High School	125
78	Tilak Public School, Nerul	69
79	Tilak Public School, Ghansoli	156
80	Tungareshwar High School, Panvel	88
81	Vasudev Balvanta Phalike	108
82	Veer Savarkhar School	59
83	Vibgyor International School vashi	43
84	Vibgyor International School Kharghar	258
85	Yakub Baig High School	68
86	Vidyabhavan High School Sec 9 CBD Belapur	114
87	P.E.S Central School Sec 1 CBSE CBD Belapur	185
88	New Horizen Public School Sec 19 Airoli	129
89	Goldstar High School Sec 28 Vashi	104
90	Datta Meghe World Academy Sec 16 Airoli	98
91	Bethany Convent kolkhe Panvel	128
92	Modern High School Sec 15 Vashi	88
93	Vibgyor High School Sec 15 Kharghar	76
94	Goldcrest High School Sec 29 Vashi	58
95	P.E.S High School (state board)1 CBD Belapur	135
96	D Y Patil School	75
97	Bharathi Vidyapeeth (CBD)	76
98	St. Xaviers School (Panvel)	98
99	Nutan Vidyalaya Nerul	85
100	Dyandeep Primary School	93
101	Adarsh Vidyalaya High School	128
102	Utkarsh High School	39
103	MES Vidya Mandir	82
104	Amruta Vidyalaya (Jui Nagar)	113
105	Narayan E Techno School	94
106	Mahima International School Koperkhairane	93
107	New Horisen School sector 13	56
108	Father Agnel School Vashi	485
109	Rainbow International School	125
110	Indian National School Nerul	46
111	chougale School Airoli	165
112	J C L High School Vashi	102
113	Gold star High School Vashi sector 28	75
114	Vibgyor High School Kharghar	86
	Total number of students doing the program	14876

Pune		
Sl No.	Name of the School	No. Students doing the program
1	Ajinkya Institute	64
2	Amanora High School	142
3	Ashram Shala Primary School	62
4	Anjali English Medium School	75
5	Baburaoji Gholap Vidyalaya, Sanghvi	248
6	BJS English School Wagholi	92
7	BJS Primary School wagholi	124
8	Blossom School Viishranwadi	78
9	City International School	156
10	Crescent English Medium School	175
11	Cyrus Poonawala School	75
12	Dastur Co Ed School Camp	165
13	Dnyandeep English Medium School	145
14	Don Bosco School and Junior College	257
15	Dr. Mrs Erin Nagarwala Day School	185
16	Dr. Mrs Erin Nagarwala Residential School	164
17	Enamdar English School	79
18	Eon Gyanankur English Medium School	245
19	Friend's English School, Poolgaon	75
20	GK Mandals Choksey High School	106
21	Holy Angels Convent High School	189
22	Indian Education Society, Vadgaonsheri	204
23	Indira Gandhi School	75
24	Jai Hind School Pimpri	245
25	Jai Hind Primary School	285
26	JD Academy School swargate	164
27	Jovan Vikas Mandir	64
28	JSPM English Medium School	164
29	J.S. Tyagi Memorial School	123
30	Jyotirmay International School	76
31	KVG BRD School, Chandan Nagar	245
32	KV Southern Command	164
33	Lexicon International School	201
34	Little Flower English School	142
35	Little Star School Kharadi	142
36	Londkar High School Mundwa	264
37	Lonkar Mahavidyalaya, Mundwa	256
38	Lonkar Vidyalaya	195
39	Mahatma Gandhi Vidyalaya, Khanur	154

40	Maher Education Society	76
41	Mar - Ivinous Convent School	88
42	Mother Theresa School, Vadgaonsheri	245
43	Mount St. Patrick	204
44	National Children's Academy	152
45	NCA School, Vishrantiwadi	175
46	New English Medium School, Chakan	203
47	New English Medium School, Hadapsar	185
48	New Life School, Swargate	56
49	Nirmala Convent School Kharadi	254
50	Orbi International School Mundhwa	185
51	Oscar High School	64
52	Pandit Nehru Vidya Mandir, Kamshet	185
53	Pawar International School Magarpatta	204
54	Pawar Public School Magarpatta	146
55	PDEA School Budruk	85
56	PDEA School, Ane	164
57	PDEA's School, Akruti	208
58	PDEA School , Aund	194
59	PDEA School Daund	175
60	PDEA School Dehu Road	85
61	PDEA English Med. School Bori Bk	164
62	PDEA English Med. School Dalaj	76
63	PDEA English Med. School Inamgaon	154
64	PDEA School Kalas	203
65	PDEA School Khadki	254
66	PDEA School Kamshet	264
67	PDEA School Kati	175
68	PDEA School Kolvan	182
69	PDEA School Lohegoan	345
70	PDEA School Mandki	285
71	PDEA School Moshi	102
72	PDEA School Nangaon	185
73	PDEA School Nhavare	245
74	PDEA School Nhavi	175
75	PDEA School Nimkotakee	157
76	PDEA School Ozar	125
77	PDEA English Med. School Padvi	213
78	PDEA English Med. School Pargaon	240
79	PDEA School Pirunget	301
80	PDEA School Sangvi	176
81	PDEA School Savindane	275
82	PDEA School Shirol	204

83	PDEA School Shirol Bk	155
84	PDEA School Shivane	205
85	PDEA School Supe	164
86	PDEA School Umbraj,	203
87	PDEA School Uraigaon	182
88	PDEA School Velha	106
89	PDEA School Wanewadi	164
90	PDEA School Yenere	182
91	PDEA's English Medium Primary School	176
92	PDEA's English Medium School	134
93	PDEA's Institute of Diploma in Education	83
94	Phoenix School,	142
95	Phoenix English Medium School, Kharadi	89
96	Pirunget English School, Pirunget	64
97	POONA Women's council School	94
98	Prodigy Public School	190
99	Raisoni English Medium School	176
100	Republic School Keshnand	204
101	S J Vidyalaya	206
102	Sadhana English Medium School	320
103	Sadhana Semi English Medium School,	264
104	Sangavi PDEA School	208
105	Sant Thukaram Madhyamik Vidyalaya	245
106	Sant Tukaram Vidyalaya, Lohegaon	305
107	Sant. Dnyaneshwar Kharadi	105
108	Sarathi Education Society	105
109	Sarathi English Medium School	204
110	Satav High School, Wagholi	285
111	Shivaji Vidyalaya, Dehurod	305
112	Shivraj School Vadgaonsheri	245
113	Shri Mallikarjun Vidyalaya Naware	185
114	Shri Manalsakant Vidyalaya, Akruti	185
115	Shri Nagheshwar Vidyalaya, Moshi	97
116	SMMV School Mulshi	285
117	SNBP School & Junior College	76
118	SSV School, Paud	85
119	St Anne's High School Pune Camp	185
120	St. Felix High School	175
121	St Joseph School, Viman nagar	285
122	St Ornella's High School, Camp	86
123	St. A V High School	85
124	St. Arnold School Vadgaonsheri	204
125	St. Francis School, Chandannagar	186

126	St. Joseph Convent School, Lohegaon	302
127	St. Joseph High School, Ghorpadi	208
128	St. Mary's School	175
129	Stella Maris School Vadigaonsher	185
130	Subhash English Medium School	140
131	Sunderbai School Chandan nagar	276
132	T D Pathare Vidyalaya, Khardi	280
133	Tukaram Pathare School, Kharadi	218
134	Tukaram Pathare English School	145
135	V S Satav High School	208
136	Vatsalya Public School, Ghorpadi	344
137	Vidyankur, Sainikwadi, Vadgaonsheri	254
138	Vikash Pratishthan English Med. School	85
139	Wageshwar English School	76
140	Yashwant Vidyalaya, Mandvi	175
141	Zensar English Medium School	204
142	Abhinav School Ambegaon State Board	142
143	A.E.S Horizon English Medium School, Narhe	135
144	Lotus English Medium School, Balaji Nagar	175
145	Abhinav School Narhe State Board	164
146	Abhinav C.B.S.E School,Narhe	207
147	Ajinkya Dedge Public School	185
148	Sathya Valley School, Wadwadi	185
149	Blossom English Medium School	142
150	Unique English Medium School,Kondwa	175
151	Utkarsh English Medium School	245
152	Pride English Medium School	145
153	Digvijay English School, Dhankawadi Pune - 43	205
154	Sharad School Katraj, Pune	102
155	Abhinav Education Society CBSE Ambegaon Pune - 46	235
156	Abhinav School Katruj	245
1	Christ College	45
2	Martathawade – Mitra Mandal	57
3	Maher -Education Society	35
4	Abhinave Ded College	34
5	Poona Women's college	92
	Total	27751

Vidarbha Region -Maharashtra

Amravati		
Sl No	Name of the School	No. Students doing the program
1	G.T.G. School Loni Takdi	75
2	Vinayaka Gurukul Amravati	165
3	I.D.M.S. School, Digaras	82
4	Police Public School,Amravati	63
5	Rashtra Sant Tukdoji Maharaj Vidyalaya, Malkhed	75
6	Sunrise English School, Tiwasa	58
7	St.Francis High School, Amravati	105
8	Saraswati Vidhyalaya, Amravati	72
9	Shiv English School, Amravati	79
10	Vikas Vidyalaya, Vilas Nagar, Amravati	102
11	Noble Kids School, Arvi	82
12	Jet Kids School Amravati	73
13	New Golden Public School	18
14	Rajeshwari High School, Badnera	68
15	Era Kids School, Amravati	81
16	Pu. Sant Gadgebaba Vidyalaya,Manjarkhed	76
17	Shir. Saibaba Vidhayala, Amravati	92
18	Kubetkar School, Amravati	82
19	Z.P.School Dabha,Nandgaon	75
20	Z.P.P. School Namdgao	46
21	Z.P.School Tongalabad	81
22	Z.P.School Amravati	75
23	Z.P.School,Jamgaon	56
24	Z.P.School Dadhi, Bhatkuli	81
25	Z.P.School, Bhankhed Khurde	46
26	Z.P.School, Waygaon	91
27	S.V.K.Vidhyalaya, Naigaon	63
28	Mother's Pride Convent School	38
29	Teny Blosem School	86
30	DIECPD, Amravati	152
31	Paradise E. School , Amravati	81
32	Shanti Vidya Mandir, Nagpur	106

33	Ramkrushna Kreeda Ashram Shala, Amravati	84
34	New High School Belpura, Amravati	73
35	Manibai Gujrati High School Amravati	68
36	Sharada Mahila School Nagpur	59
37	School Of Scholars Amravati	48
38	Shiv English School, Amravati	73
39	Dada Bhamodkar Krushi Vidyalaya saur Amt	81
40	Mannalal Gupta Vidyalaya chandur Railway	114
41	Dada Saheb Boke Vidyalaya , Varkhed	68
42	Shivaji High School and Jr College , Shirajgaon Band	75
43	Shivaji High School Chikhaldara	49
44	Dr, Punjabrao Deshmukh HighSchool , Papal	82
45	Chandur kanyasala jr College Chandur Railway	58
46	Sri, Chatrapati High School Dhamangoan Raiway	165
47	Benboji Baba High School Ghuekhed	42
48	Sant Maniram Maharaj vidyalaya Baggi jawara	128
49	Shivaji high School Ganesh nagar Nagpur	106
50	shivaju high School Ner	67
51	Shivaji high School Darvha	58
52	kanyasala Aanji	112
53	Adarsh Vidyalaya Aanji	156
54	Shivaji High School Nandura	25
55	shivaji vidyalay chandol	49
56	shivaji High School Boregoan Bu.	65
57	Shivaji Vidyalaya Buldhana	59
58	Shivaji High School Nera Bu.	28
59	Tukaram Ingole vidyalaya kan shivani	46
60	shivaji High School Kinhola	105
61	shivaji Vidyalaya Deugoan -Mah .	29
62	shivaji Vidyalaya Akola	62
63	Shivaji High School Masrul	225
64	Shivaji High School Hatedi	36
65	shivaji Vidyalaya Main Branch akola	165
66	shivaji High School Kinhiraja	116
67	Shivaji Vidyalaya Kutasa	85
68	shivaji vidyalaya Vanoja	113
69	Shivaji High School Chikhali Buldhana	46
70	Shivaji Vidyalaya Aasegaon Bajar	95
71	shivaji HighSchool Telhara	86
72	Shivaji High School Esoli	135

73	shivaji High school Ramjaba	64
74	Shivaji High School Aakot	152
75	shivaji vidyalaya Nimba	102
76	Kasturbha Kanya sala Amravati	38
77	shivaji Kanya sala Morshi	56
78	Janata Vidyalaya Jr.College	72
79	Jarud high School Jarud Amravati	66
80	B.D Jarudkar Kanya sala Jarud Amravati	43
81	Shivaji multipurpose high School main branch	118
82	Sri shivaji Maratha high School n junior college, Amravati	75
83	Shri shivaji highSchool khartelegaon	68
84	Nandgaon highSchool n junior college, dist.,Amravati	59
85	New english high School n junior college,Varud,dist.Amravati	88
86	Rajura highSchool n junior college,Rajura Bajar,dist.Amravati	26
87	Abhimaanji Kalmegh School,Nandgaon Peth,dist, Amravati	75
88	Aadarsh HighSchool,daryapur,dist.Amravati	65
89	Ratnabai Rathi kanya shala,daryapur,dist.Amravati	49
90	kaushalyabai barbade vidyalaya,Chincholi,dist.Amravati	56
91	khallar highSchool n junior college,Khallar,dist.Amravati	28
92	SRA English High School	56
93	Dr. Aasratil Udgaon Technical High School Udgaon	51
94	MNP Hindi School No 11 Amravati	34
95	MNP urdu middle School.No1.	24
96	MNP urdu Girls School.No3. Badnera.amravati	36
97	MNP Pre School No 20. Nawathe	41
98	MNP Hindi High School No 11 Amravati	58
99	MNP Marathi School.No10.Pravavin Nagar	36
100	AMC School.No 19.Rukmini Nagar	42
101	AMC upper Primary Hindi Amravati	47
102	AMC School.No.13.Chapardshipura	53
103	AMC upper Primary Marathi School No.13 . Chapardshipura Amravati	51
104	AMC upper Primary Marathi School No.17 . Vilas nagar Amravati	14
105	AMC hindi Boys High School.Talabpura	25
106	AMC Hindi School. Bhajibajar,Amravati	36
107	AMC Upper primary Hindi High School , No15. Krushna Nagar.Amravati	32
108	AMC urdu Middle School No 10 ,Badnera	35
109	MNP Marathi Girls High School,Brindhwara Amravati	36
110	MNP Marathi Girls High School,Brindhwara Amravati	42
111	MNP hindi School No7. Vilamnagar	35

112	MNP Hindi School No 12.Amravati	25
113	MNP Hindi Boys High School,Talabpura , Amravati	36
114	AMC Hindi Upper primary School No11. Baji Bazar	32
115	AMC Urdu School No 4. Naalsaheb pura	52
116	AMC Upper primary Hindi School. No 15. Krushna Nagar	18
117	AMC Urdu SchoolNo 10. Badnera	23
118	AMC primary School No 21. Waderpura Amravati	46
119	AMC Urdu School No 4. Nalsahabpura	25
120	Municipal Marati Boys High School	32
121	AMC Marati Kanya School No6.. Finevampura	25
122	AMC Higher Primary SchoolNo 15.SRPF	33
123	AMC Higher Primary SchoolNo 15.SRPF	52
124	AMC Upper Primary School Gadgnenagar ,Amravti	26
125	AMC upper Primary School No.18.Pravin Nagar Amravati	31
126	AMC upper Primary School No.18.Pravin Nagar Amravati	25
127	MNP Hindi Girls High School Amravati	32
128	MNP School Waruda	35
129	MNP School ,No6. Khrkadipura	22
130	MPL Corp Hindi Boys High School Amravati	44
131	MNP Hindi SchoolNo7. Vilas Nagar Amravati	38
132	MNP Urdu School No8. Jamed colony	16
133	MNP Marathi School .No7. Badnera	32
134	MNP Marathi School No1. Bhajibazar	35
135	AMC Urdu School Camp	42
136	AMC Urdu School No5.Amravati	28
137	AMC Higher Primary School Shegaon	44
138	AMC urdu School No 10 ,Badnera	59
139	AMC Hindi School No8. Bajsang Plot	32
140	AMC Urdu School No11 Badnera	15
141	MNP Urdu Middle School No 12	62
142	MNP urdu School No 09 amravati	26
143	MNP Urdu School No 08.amravati	27
144	MNP urdu School No 2. Amravati	24
145	AMC Urdu Middle School No 9. Amravati	32
146	AMC Urdu Middle School No 9. Amravati	41
147	AMC Upper Primary School Rahatgaon	19
148	AMC Primary School Namuna Amravati	22
149	MNP Upper pri Hindi No 7. Vilas Nagar	27
150	MNP Hindi School No2. Masanganj	36
151	MNP Primary School No.23.Badnera	32

152	MNP Upper Primary School No 7.Badnera	26
153	MNP Primary School No 2.	36
154	MNP Urdu Primary Girls School No.3.Badnera	16
155	MNP Upper Primary School Budhawara	22
156	MNP Primary School No4. Amravati	24
157	MNP Hindi Girls High School Amravati	42
158	MNP Marathi Hgish School	32
159	MNP Hindi School No 6 Frezulpure	52
160	MNP urdu IM School Nagpuri Gate	23
161	AMC Urdu IM School Nagpurigak	24
162	AMC Pri and High School Jewad	32
163	MNP Marathi School No23.Badnera	31
164	MNP Surdu School No 6 Amravati	23
165	MNP Surdu School No 6 Amravati	34
166	AMC Marathi School No 2.Budhwara	26
167	AMC School Benada	13
168	MNP urdu Middle School No7.	52
169	AMC primary High School Jewad	36
170	AMC Upper Primary School Akoli	23
171	AMC Marathi Primary School No 8.Ramnagar Amravati	51
172	AMC Marathi Primary School No17	26
173	AMC Urdu Middle School No2.	36
174	AMC Upper primary Amravati	25
175	AMC Upper Primary Amravati	63
176	AMC Hindi School No 13. Dastu Nagar Amravati	14
177	AMC Urdu School No 07	12
178	AMC Marathi School No . 17.Vilas Nagar	14
179	AMC Marathi School No 14. wadali	17
180	AMC Marathi Girls High School Amravati	15
181	AMC Marathi Gadge Nagar	25
182	AMC School No 14.Wadali	22
183	AMC Upper primary School Budheara	24
184	AMC Upper primary School No14. wuddalti	31
185	AMC Marathi School No 24 Badnera	34
186	AMC Marathi School No 4 Badnera	17
187	AMC School No 13. Camp	22
188	AMC School No 13. Camp	14
189	AMC School No 17.Dikungar	22
190	AMC Urdu Middle School No 10 Badnera	32
191	MNP UrduMiddle School No 12 Lalkhadi	12

192	MNP upper primary School shegaon	33
193	MNP Primary Marathi School No 21 wadarpura	25
194	MNP high School Jewad	21
195	NNP Upper Primary School Mhadeokhori	34
196	MNP Hindi Primary School wagapuri gate no 12	16
197	AMC Urdu School No 3. Gauli pura	26
198	AMC Urdu School No 3. Gauli pura	16
199	AMC Upper primary girls high School Jewad	11
200	AMC Marathi Primary School Delpura	18
201	NP Belpura Amravati	8
202	AMC School Tapovan Amravati	11
203	AMC primary School No 11.Dasthi Nagar	14
204	AMC upper primary School No 14.Wadali	16
205	AMC School Nvasari	21
206	Municipal corporation urdu High School Jameel colony Amravati	24
	Total	10637

Akola		
No	Name of the School	No. Students doing the program
1	Prabhat Kids School, Washim Road, Akola	82
2	Prabhat Kids School, City Branch, Akola	109
3	Kids Paradise English School, Patur, Akola	154
4	Kothari Convent School, Akola	108
5	Jubilee English High School, Akola	165
6	RDG Public School, Akola	145
7	Vivekanand English Primary School, Akola	102
8	M. B. Convent School, Akola	245
9	Sanmitra Public School, Akola	165
10	Ekvira Brilliant Mind School, Akola	128
11	School of Scholars (SOS), Hingna Road, Akola	102
12	The School Academy, Akola	73
13	Deshbhakt Madhyamik Vidyalaya, Akola	45
14	Mahatma Phule Vidyalaya, Chondhi, Taluka Patur, Akola	123
15	Shankarlal Agrawal English School, Akola	95
16	India Foundation School, Chinchala, Taluka Mangrulpur	28
17	Bhikamchand Khandelwal Vidyalaya, Akola	46

18	Mahadevrao Band Vidyalaya, Khanapur, Taluka Patur, Akola	35
19	Podar International School, Akola	81
20	Jageshwar English School, Wadegaon, Akola	67
21	School of Scholars (SOS), Birla Colony, Akola	165
22	Blossom Kids School, Balapur, Akola	75
23	Narayana's Kids School, Washim	85
24	Gurukul English School, Wadegaon, Akola	64
25	Khandelwal English School, Dabki Road, Akola	59
26	Khandelwal Dnyan Mandir, Akola	102
27	Vidyanchal School, Akot, Akola	113
28	Jagruti Vidyalaya, Akola	164
29	Vyankatesh Balaji English Primary School, Murtizapur, Akola	185
30	Moharidevi Khandelwal School, Akola	75
31	Karmayogi Babasaheb Apotikar Vidyalaya, Apoti, Akola	29
32	Shri Sant Janardan Swami School, Verul	56
33	Shri Saraswati High School, Takliwadi, Akola	145
34	Shri Chhatrapati Shivaji High School, Takli, Akola	28
35	Padmaraje Vidyalaya, Akola	95
36	B. Shahapure English Medium School, Mal Alas, Akola	75
37	Academic Heights Public School, Akola	102
38	Dewale Public School, Mothi Umari, Akola	46
39	Ramakrishna School, Belapur, Akola	53
40	Holy Cross Convent High School, Akola	51
41	The Noel English High School, Akola	29
42	Suffah English High School & Junior College, Akola	58
43	Mount Carmel School, Akola	45
44	Emerald Heights School, Akola	73
45	Hindu Dnyanpeeth School, Akola	86
46	St. Joseph's Convent School, Akola	72
47	New English High School, Akola	45
48	Adarsh English School, Akola	105
49	SRA English School, Akola	91
	Total	4469

Chikhaldara		
	School Name	No. Students doing the program
1	Shivaji High School Chikhaldara	49
2	Zilla Parishad School Kajaldoh	29
3	Zilla Parishad School Doma	58
4	Zilla Parishad School Bamadehi	45
5	Zilla Parishad School Koylari	73
6	Zilla Parishad School Pachdongari	86
7	Zilla Parishad School Toranwadi	72
8	Zilla Parishad School Katkumbh	45
9	Tanaji Malusare Vidyalay Koylari	105
10	Bajiprabhu Deshpande Vidyalay Kajal Doh	91
11	G.P. Zadkhande Vidyalay Bamadehi	98
12	Govt. Aashram Shala Doma	58
13	Zilla Parishad School Katkumbh	76
14	R.S. Gawai Vidyalay Tembrusonda	64
15	Adivasi Madyamik Vidyalay Salona	29
16	Dnyan Deep Madyamik Vidyalay Hattighat	95
17	Zilla Parishad School Salona	43
18	Zilla Parishad School Hattighat	36
19	Ashram Shala School Salona	86
20	Ashram Madyamik Vidyalay Salona	64
21	Zilla Parishad School Hattighat	56
22	Zilla Parishad School Aadnad	68
23	R.S. Gawai Vidyalay Aadnad	55
24	Govt. Aashram Shala Aadnad	71
25	R.S. Gawai Vidyalay Tembrusonda	58
26	Zilla Parishad School Borala	71
27	Zilla Parishad School khirpani	46
28	Zilla Parishad School Aaki	42
29	Zilla Parishad School Bhorgad	28
30	Jay Bhavani High School Sawarpani	75
31	Zilla Parishad Higher Primary School Semadoh	84
32	Zilla Parishad School Makhala	46
33	Zilla Parishad School Pili	52
34	Zilla Parishad School Semadoh	102

35	Govt Shaskiya Ashram Shala Raipur	48
36	Zilla Parishad School Borala	52
37	Zilla Parishad School Vanawasi	47
38	Gajanan Vidyalay Garajdara	52
39	Zilla Parishad School Sonapur	86
40	Swami Samarth School Morgad	72
41	Zilla Parishad Ucha Prathmik Shala Bori	49
42	Zilla Parishad Ucha Prathmik Shala Amzari	48
43	Nagar Parishad Ucha Prathmik Urdu Chikhaldara	52
44	Crescent Urdu School Chikhaldara	61
45	Girijan Vidyalaya Chikhaldara	53
46	Holy Cross Convent School Chikhaldara	45
47	Andh Vidyalay Chikhaldara	28
48	Shivaji Vidyalay Chikhaldara	46
49	Sant Gadge Maharaj School Jamali (R) Chikhaldara	51
50	Shivaji High School Chikhaldara	28
51	Shivaji High School Bori	46
52	Zilla Parishad Ucha Prathmik Shala Churani	54
53	Zilla Parishad Ucha Prathmik Shala Kotmi	43
54	Zilla Parishad Ucha Prathmik Shala Gangarkheda	72
55	Zilla Parishad Ucha Prathmik Shala Dahendri	85
56	Zilla Parishad Ucha Prathmik Shala Kalapandri	49
57	Sw. Ajabrao Kale Vidyalay Churani	65
58	SW. Shri Krushnaji Yewale Dahendri	56
59	Anudanit Adiwasi Ashram Shala Dahendri	46
60	Adivasi Ashram Shala Jamali (RA) Chikhaldara	77
	Total	3567

Wardha		
No	Name of the School	No. Students doing the program
1	New English Academy Junior College, Wardha	23
2	Param Vir Shahid Abdul Hamid Urdu High School, Wardha	45
3	Saraswati English Medium School, Wardha	25
4	Sushil Himmatsingka Vidyalaya, Wardha	62
5	New English Convent School, Wardha	29
6	Madhyamik Vidyalaya Mahakal, Wardha	56
7	Rashtrasant Tukdoji Vidyalaya, Wardha	24
8	Anandrao Meghe Vidyalaya, Wardha	62
9	Madhyamik Vidyalaya Madani, Wardha	35
10	Dr. Babasaheb Ambedkar Vidyalaya, Wardha	28
11	Yashwant Mahavidyalaya & Junior College, Wardha	54
12	Kesarimal Kanya Vidyalaya, Wardha	32
13	Yashwant Vidyalaya, Wardha	28
14	Kasturba Vidyamandir, Wardha	64
15	Rashtrabhasha Madhyamik Vidyalaya, Wardha	23
16	Daulatsingka Vidyalaya, Wardha	34
17	Model School, Wardha	28
18	Ramabai Deshmukh Public School, Wardha	57
19	Alphonsa High School, Wardha	48
20	Savitribai Jijamata Madhyamik Vidyalaya, Wardha	22
21	Saksham School, Wardha	52
22	Aragami Convent School, Wardha	46
23	Gandhi City Public School, Wardha	35
24	School of Scholars, Wardha	56
25	Jawahar Navodaya Vidyalaya, Wardha	29
26	Kendriya Vidyalaya, Wardha	56
27	St. John's High School, Wardha	34
28	Bharatiya Vidya Bhavan's Lloyds Vidya Niketan, Wardha	38
29	Mount Carmel Convent School, Wardha	56
30	Swami Vivekanand International School, Wardha	85
31	Podar International School, Wardha	125
32	Innovative Minds School of Excellence, Wardha	128
33	ARC Public School, Wardha	35
34	Sant Chavara School, Wardha	56
35	Tapasya Public School, Wardha	45
36	Kinkar International School, Seloo, Wardha	38

37	Channawar's E-Vidyamandir, Wardha	56
38	New English Academy of Genius, Wardha	46
39	Anand Niketan School, Wardha	82
40	Baburao Bangade Vidyalaya, Paunar, Wardha	35
41	Jamnalal Bajaj Primary School, Wardha	46
42	Chittaranjan Das School, Wardha	62
43	Mahatma Gandhi School, Wardha	36
44	Vinoba Bhave Vidyalaya, Wardha	27
45	Sevagram Vidyalaya, Wardha	23
46	Sharda Vidyalaya, Wardha	36
47	Pragati Vidyalaya, Wardha	28
48	Nutan Vidyalaya, Wardha	49
49	Lokmanya Tilak Vidyalaya, Wardha	52
50	Mahatma Phule Vidyalaya, Wardha	45
51	Rajiv Gandhi Vidyalaya, Wardha	75
52	Indira Gandhi Vidyalaya, Wardha	25
53	Sant Gadge Baba Vidyalaya, Wardha	58
54	Sant Tukaram Vidyalaya, Wardha	59
55	Jijamata Vidyalaya, Wardha	92
56	Shivaji Vidyalaya, Wardha	102
57	Netaji Subhash Chandra Bose Vidyalaya, Wardha	204
58	Lal Bahadur Shastri Vidyalaya, Wardha	106
59	Bal Bharati School, Wardha	23
60	Saraswati Vidyalaya, Wardha	28
61	Vivekanand Vidyalaya, Wardha	48
62	Vidya Niketan High School, Wardha	85
63	Gyan Deep Vidyalaya, Wardha	56
64	Adarsh Vidyalaya, Wardha	57
65	Shantiniketan School, Wardha	28
66	National High School, Wardha	85
67	Gurukul School, Wardha	46
68	Dnyaneshwar Vidyalaya, Wardha	65
69	Krantijyoti Savitribai Phule Vidyalaya, Wardha	86
70	Bharat Vidyalaya, Wardha	109
71	Modern School, Wardha	87
72	Oxford English School, Wardha	48
73	Green Valley School, Wardha	59
74	Little Flower School, Wardha	56
52	Model High School wardha	25
	Total	4028

(Dimapur) Nagaland (1)		
No	Name of the School	No. Students doing the program
1	St. Andrew School, Jotsoma	35
2	St. John Hr. Sec School, Tuensang	52
3	Carmel Hr. Sec School, Dimapur	247
4	St. Joseph Hr. Sec School, Chumoukedima	43
5	St. Joseph School, Niuland	58
6	St. Andrew School, Thenyizumi	73
7	Christ School, Ekhyo	38
8	St. Peter's School, Longsa	56
9	Don Bosco School, Riphyim	52
10	Holy Cross Hr. Sec School, Dimapur	185
11	Sacred Heart Hr. Sec School, Chizami	28
12	Assisi Hr. Sec School, Dimapur	96
13	St. Peter's School, Atoizu	82
14	Montfort School	64
15	St. Joseph School, Longleng	59
16	St. Joseph Hr. Sec School, Viswema	145
17	St. Mary's High School, Seyochung	68
18	St. Paul Hr. Sec School, Dimapur	185
19	St. Xavier School, Shamator	54
20	St. Anthony's School, Zunheboto	49
21	St. Clare School, Akuluto	58
22	Don Bosco School, Aghunato	97
23	Don Bosco School, Chiephobozou	64
24	St. Paul School, Sanis	28
25	Queen Mary Hr. Sec School, Mokokchung	58
26	Don Bosco School, Tseminyu	69
27	St. Anthony School, Tenyiphe	86
28	St. Xavier Hr. Sec. School, Meluri	265
29	Little Flower School, Pungro	56
30	St. Clare Hr. Sec School, Kacharigaon	67
31	Bishop Abraham Memorial School	46
32	St. Mary's School, Lozaphuhu	59
33	San Jose School, Sitimi	46
34	Assisi Hr. Sec School, (E), Dimapur	35
35	St. Thomas School, Tamlu	59
36	St. Mary's Hr. Sec School, Padumpukhri	57

37	Little Flower Hr. Sec School, Kohima	48
38	Christ King Hr. Sec School, Kohima	65
39	Holy Child School, Dimapur	82
40	Don Bosco School	42
41	St. Francis De Sales Hr. Sec School	105
42	St. Luke School, Longmatra	62
43	Loyola Hr. Sec School, Kiphire	28
44	St. Christopher School, Chessore	64
45	Don Bosco School, Tesophenyu	73
46	Don Bosco Hr. Sec School, Bhandari	28
47	Don Bosco Hr. Sec School, Bhandari	76
48	St. Francis De Sale School, Tening	72
49	Don Bosco Hr. Sec School, Zubza	56
50	Don Bosco High School, Lakhuti	48
51	All Saints Hr. Sec School, Peren	82
52	St. Xavier Hr. Sec School, Jalukie	59
53	Sacred Heart School, Toulazouma	67
54	St. Paul School, Phesema	58
	Total	3934

Aalo - Arunachal Pradesh		
Sl.No	Name of the School	No. Students doing the program
1	Government Higher Secondary School (GHSS), Aalo, West Siang, Arunachal Pradesh	56
2	Government Higher Secondary School (GHSS), Bagra, West Siang, Arunachal Pradesh	48
3	Government Higher Secondary School (GHSS), Kamba, West Siang, Arunachal Pradesh	35
4	Government Higher Secondary School (GHSS), Nikte, West Siang, Arunachal Pradesh	28
5	Government Higher Secondary School (GHSS), Pesang, West Siang, Arunachal Pradesh	26
6	Nehru Memorial Government School, Aalo, West Siang, Arunachal Pradesh	42
7	Government Secondary School, Pakam, Aalo, West Siang, Arunachal Pradesh	52
8	Government Secondary School, Kombo, West Siang, Arunachal Pradesh	39
9	Government Secondary School, Darka (TTC), West Siang, Arunachal Pradesh	18

10	Government Secondary School, Dego, West Siang, Arunachal Pradesh	25
11	Government Secondary School, Jirdin (TTC), West Siang, Arunachal Pradesh	23
12	Government Secondary School, New Market, Aalo, West Siang, Arunachal Pradesh	17
13	Government Secondary School, PI Line, Aalo, West Siang, Arunachal Pradesh	42
14	Government Secondary School, Paya, West Siang, Arunachal Pradesh	26
15	Government Secondary School, Darak, West Siang, Arunachal Pradesh	35
16	Government Secondary School, Nikte, West Siang, Arunachal Pradesh	37
17	Government Upper Primary School, Aalo Town, West Siang, Arunachal Pradesh	24
18	Government Upper Primary School, Gumin Nagar, Aalo, West Siang, Arunachal Pradesh	15
19	Government Upper Primary School, Kabu, Aalo, West Siang, Arunachal Pradesh	35
20	Government Upper Primary School, Logum Jini, Aalo, West Siang, Arunachal Pradesh	32
21	Government Upper Primary School, Panya, Aalo, West Siang, Arunachal Pradesh	36
22	Government Upper Primary School, Doji Jelly, Aalo, West Siang, Arunachal Pradesh	28
23	Government Upper Primary School, Bene, Aalo, West Siang, Arunachal Pradesh	45
24	Government Upper Primary School, App Complex, Aalo, West Siang, Arunachal Pradesh	52
25	Government Town Middle School, Aalo, West Siang, Arunachal Pradesh	28
26	Government NMH School, Aalo, West Siang, Arunachal Pradesh	24
27	Government School, PI Colony, Aalo, West Siang, Arunachal Pradesh	24
28	Government School, New Market, Aalo, West Siang, Arunachal Pradesh	18
29	Government Secondary School, Komfo, West Siang, Arunachal Pradesh	12
30	St. Mary's School, Aalo, West Siang, Arunachal Pradesh	24
31	St. Joseph School, Kaying, West Siang, Arunachal Pradesh	23
32	SFS School, Pasighat, East Siang, Arunachal Pradesh	28
33	SFS School, Basar, Leparada, Arunachal Pradesh	19
34	SFS School, Tato, Shi-Yomi, Arunachal Pradesh	20
35	SFS School, Yeggo, Aalo, West Siang, Arunachal Pradesh	24
36	SFS School, Yingkiong, Upper Siang, Arunachal Pradesh	34
37	Marjum Memorial School (SFS), Aalo, West Siang, Arunachal Pradesh	31

38	SFS College, Aalo, West Siang, Arunachal Pradesh	32
39	P.I. Secondary School, Aalo, West Siang, Arunachal Pradesh	15
40	Siyom Army Public School, Aalo, West Siang, Arunachal Pradesh	23
41	Siyom Valley School, Aalo, West Siang, Arunachal Pradesh	43
42	VPS Logum Jini, Aalo, West Siang, Arunachal Pradesh	17
43	UPS Logum Jini, Aalo, West Siang, Arunachal Pradesh	33
44	Government Upper Primary School, Town Aalo, West Siang, Arunachal Pradesh	49
45	Government Upper Primary School, Guminagar, Aalo, West Siang, Arunachal Pradesh	25
46	Government Upper Primary School, Panya, West Siang, Arunachal Pradesh	27
47	Government Upper Primary School, Kabu, West Siang, Arunachal Pradesh	14
48	Government Upper Primary School, Doji, Aalo, West Siang, Arunachal Pradesh	31
	Total Number of students doing the program	1434

Shillong - Meghalaya		
SlNo	Name of the School	No. Students doing the program
1	Little Flower Secondary School, Malki, Shillong	45
2	Malki Presbyterian Secondary School, Malki, Shillong	95
3	Govt. Boys' Higher Secondary School, Shillong	45
4	Little Angel Secondary School, Lapalang	92
5	Oscar M. Memorial Secondary School	105
6	Sarojini Naidu Girls' Secondary School, Shillong	245
7	Gandhi Buniyadi Secondary School	125
8	Seng Khasi Higher Secondary School, Shillong	165
9	Shillong Academy Secondary School, Laitumkhrah, Shillong	85
10	Seven Set Higher Secondary School, Shillong	67
11	Pine View Academy Secondary School	49
12	Smit Higher Secondary School, Smit	53
13	St. Peter's Secondary School, Madanrtng	28
14	Nongkwar Secondary School, Mawlai	105
15	Pomlum Higher Secondary School, Upper Shillong	265
16	Dr. Radhakrishnan Boys' Secondary School, Shillong	14
17	Stephen Memorial Secondary School, Mawlai, Shillong	75
18	St. Francis D'Assisi Hr. Sec. School, Mawlai, Shillong	88
19	St. Margaret's Hr. Sec. School, Shillong	69
20	Buddha Vidya Niketan Secondary School, Shillong	91

21	St. Dominic Savio's Hr. Sec. School, Mawkhar, Shillong	106
22	Bhanu Bhakta Nepali Secondary School	156
23	Laitumkhrah Assamese Secondary School	142
24	Phudmuri Presbyterian Hr. Sec. School, Shillong	128
25	Hill Crest Hr. Sec. School, Rynjah, Shillong	145
26	R.B. Anupchand Hindi Sec. School, Shillong	58
27	Vilco Secondary School, Shillong	52
28	Pynthorumkhrah Golflinks Hr. Sec. School, Shillong	46
29	Laitkroh Presbyterian Secondary School, Laitkroh	56
30	O.M. Roy Memorial H S School, Mawlai, Shillong	64
31	Synod Higher Secondary School, Shillong	29
32	D.N.S. Wahlang Memorial Hr. Sec. School, Shillong	108
33	S.K.C. Higher Secondary School, Mawlai, Shillong	114
34	Lawsotun Presbyterian Secondary School, Shillong	85
35	Garo Union Secondary School, Shillong	97
36	Rilbong P.N. Chaudhuri Higher Secondary School, Shillong	83
37	Laitkor Presbyterian Secondary School, Laitkor	82
38	St. Joseph Higher Secondary School, Shillong	55
39	Laban Bengalee Boys' Higher Secondary School, Shillong	118
40	Umshing Presbyterian H S School, Mawlai, Shillong	52
41	Sunnydale Secondary School, Shillong	46
42	Government Girl's Higher Secondary School, Shillong	75
43	H.L. Mizo Secondary School, Shillong	58
44	Mawprem Modern Higher Secondary School, Shillong	64
45	Meghalaya Hindu Mission Secondary School, Shillong	49
46	Pomlum Higher Secondary School, Upper Shillong	55
	Total	4029

	Silapathar - Assam	
Sl. No	Name of the School	No. of Students
1	Christ King Higher Secondary School,	34
2	Mother Pride School,Dhemaji	42
3	SFS School,Dhemaji	25
4	SFS School,Silapathar	64
5	SFS Senior Secondary School,Silapathar	18
6	Fransalian High School,Jonai	38
7	Bijoypur Francilian School,Jonai	52
8	St. Peter English School,Dhemaji	67
9	St. Joseph Residential High School,Maduripathar	59
10	Don Bosco Higher Secondary School,Silapathar	82

11	Don Bosco Society School,"Dimow, Dhemaji"	28
12	Trinity Academy Society,Silapathar	57
13	Silapathar Residential English Higher Secondary School	42
14	Silapathar Town Middle English School,Silapathar	19
15	Blooming Bud School,Silapathar	68
16	Lord Macaulay High School,Silapathar	63
17	Poi Vidya Niketan School,"Likabali, Arunachal Pradesh"	84
18	Threejey High School,Jonai	25
19	Kulamua High School,	57
20	Gomukh Higher Secondary School,	56
21	Sitaram Taye Town High School,	46
22	St. Francis High School,Jonai	43
23	Sun Valley Academy,Silapathar	38
	Total Number	1107

Agartala - Tripura		
No	Name of the School	No. Students doing the program
1	Montfort School Ranir Khamar, Agartala, West Tripura	45
2	Montfort Hr. Sec. School, Champaknagar, West Tripura	18
3	Don Bosco School, Baijalbari	26
4	Don Bosco Hr. Sec School, Herma	58
5	Don Bosco Hr. Sec. School Kairat, Mandwt	82
6	Don Bosco School, Pitra	45
7	Don Bosco School, Pitra, Udaipur	24
8	Don Bosco School, Nanda Nagar, Agartala	59
9	Olive Hill Holy Cross School, Tura	85
10	Olive Hill Holy Cross, Twithampui	92
11	Holy Cross Primary School, Dhumacherra	49
12	Holy Cross High School, Chailengta	71
13	Holy Cross Hr. Sec. School, Karbook	57
14	Holy Cross School, Kumarghat, Unakoti, Tripura	61
15	Holy Cross Higher Secondary School, Kathalchhara	38
16	Holy Cross High School, Laxmihara	59
17	Holy Cross School Twikarmaw, Santir Bazar, South Tripura	54
18	Holy Cross School, Bagassa	58
19	Holy Cross South English Medium Hr. Sec. School, Tuikarman	35
20	Holy Cross South English Medium Hr. Sec. School, Kathalcherra	23
21	Holy Cross School, Teliamura	71

22	Holy Cross School, Kumarghat	58
23	Holy Cross School, Twichakma	82
24	Holy Cross High School, Lukhu, Laxmichara	42
25	Holy Cross H.R. Secondary School, Kathalchhara	38
26	Holy Cross School, Durjoynagar, Agartala	64
27	Holy Cross School, Dhumacherra	47
28	Holy Cross High School, Panisagar	62
29	Holy Cross School, Chailengta	29
30	Holy Cross School, Tulashimukh	58
31	Umakanta English Medium School, Agartala	57
32	Umakanta Academy English Medium School, Agartala	29
33	Umakanta Academy, English Medium, West Tripura	37
34	Bhagat Singh English Medium School, Gurkhabosti, Agartala	82
35	Bhagat Singh English Medium Hr Sec School, West Tripura	68
36	Bhagat Singh Hr Sec School, Agartala	50
37	Saint Arnold's School, Ganganagar, Dhalai	48
38	Saint Arnold's School, Kamrang	28
39	Saint Arnold Hr. Sec. School, Gandachara	67
40	Saint Arnold's School, Ambassa	53
41	Saint Arnold's School, Ganganagar	92
42	Saint Joseph School, Gokulnagar	51
43	Fathima Convent Hr. Sec. Damdamia, West Tripura	52
44	Fathima Convent Hr. Sec. School, Agartala, Tripura	26
45	Henry Derozio Academy, Agartala	37
46	Henry Derozio Academy	19
47	Saint Andre School, Bodhjungnagar, Tripura West	25
48	Our Lady of Holy Cross School, Barjala	54
49	St. Francis De Sales School, South Harina	59
50	Auxilium Girls School, Nandan Nagar	38
51	St. Xavier's H.S. School, Pathaliaghat	28
52	ASSISI English Medium School, Gachirampara	57
53	Notre Dame Holy Cross H.S. School, Mohorpara	43
54	Kshudiram Basu English Medium School, Agartala	28
55	Bethany School, Old Agartala, Bypass Road	24
56	Saint Francis Residential School, East Harina, Sabroom, South Tripura	39
	Total Number of students doing the program	2781

Nagaland II- Chumoukedima		
No	Name of the School	No. Students doing the program
No	Name of the School	Students
1	Godwin Hr. Sec. School – Sabalie Colony, Chumoukedima Town	36
2	Godwin Hr. Sec. School – Tenyiphe 1, E Khel	59
3	Royal Knight School – Landmark Colony, Dimapur	73
4	Great Commission Hr. Sec. School – United Village, Niuland	46
5	Shepherd School – Niuland	28
6	St. Clare Hr. Sec. School – Phvima, Kacharigaon, Dimapur	16
7	St. Clare Hr. Sec. School – Indisen Village, Dimapur	86
8	MGM Hr. Sec. School – PWD Rental Complex, Dimapur	57
9	MGM Hr. Sec. School – Walford, Dimapur	42
10	St. Joseph Hr. Sec. School – Peren District	19
11	St. Xavier School – Jalukie Town	82
12	St. Xavier School – Meluri	56
13	St. Xavier School – Shamator	54
14	Trinity School – Phesabasa Colony, Kohima	23
15	Christian Hr. Sec. School – Nyamo Lotha Road, Dimapur	29
16	Little Flower High School – Chumoukedima	56
17	Assisi Hr. Sec. School – Lake View Colony, Dimapur	48
18	St. John School – 5th Mile, Diphupar	57
19	St. Savio Hr. Sec. School – Chumoukedima	25
20	Northtown Hr. Sec. School – Chumoukedima	56
21	Zakiesato Hr. Sec. School – Dimapur	46
22	St. Paul Hr. Sec. School – Dimapur	39
23	Brothers & Sisters School – Chumoukedima	58
24	Evershine School – River Belt Colony, Dimapur	80
25	St. Gabriel School – Chumoukedima	46
26	Cosmopolitan School – Chumoukedima	52
27	St. Joseph School – Pipariya	62
28	St. Mary Hr. Sec. School – Padumpukheri	128
29	NEISSR – 7th Mile, Chumoukedima	152
30	Mount Herman School – Middle A.G Colony, Kohima	85
31	Pine Mount School – Dimapur	25
32	River Belt School – Dimapur	58
33	Charity School – Kohima	46
34	Holy Child Hr. Sec. School – Dimapur	116

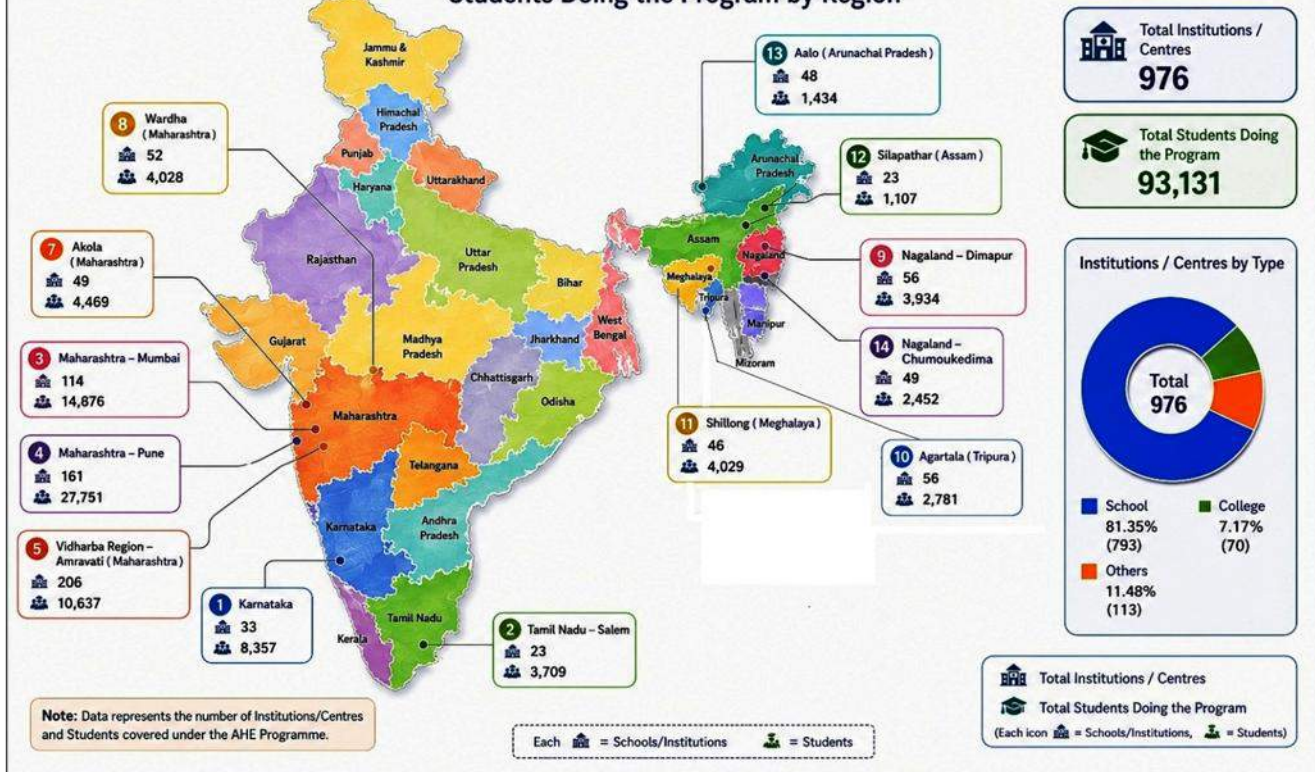
35	Holy Cross School – Dimapur	27
36	St. Mary High School – Singrijan	58
37	Govt. Middle School – New Showuba	46
38	Immanuel School – Chumoukedima	48
39	Govt. Hr. Sec. School – Singrijan	51
40	Shekinah School – Chumoukedima	25
41	Peace Channel – Chumoukedima	256
	Total Number of students doing the program	2452

Final count for the year 2025-26

No	Region	School	College	others	Total	Total Students doing the Program
1	Karnataka	27	2	4	33	8357
2	Tamil Nadu - Salem	22	0	1	23	3709
3	Maharashtra- Mumbai	114			114	14876
4	Maharashtra- Pune	156	3	2	161	27751
5	Vidarbha Region- Amravati	206			206	10637
6	Chikhaldara	60			60	3567
7	Akola	49			49	4469
8	Wardha	52			52	4028
9	Nagaland- Dimapur	54	1	1	56	3934
10	Tripura - Agartala	56			56	2781
11	Meghalaya - Shillong	46			46	4029
12	Assam - Silapathar	23			23	1107
13	Arunachal Pradesh - Aalo	48			48	1434
14	Nagaland- Chumoukedima	44	2	3	49	2452
		Total			976	93131

AHE PROGRAMME IN SCHOOLS ACROSS INDIA

Students Doing the Program by Region



Students Doing the Program by Region



TRAININGS ATTENDED 2025-2026

Sl No	Date	Topic	Name of participants	Venue	No. of Days	Conducted by
1	12.09.2025	Observance Of World Suicide Prevention Day 2025. 'The Untold Story- From Silence to Speaking Out	Mrs. Hazel Leena George	St. Mark's Cathedral, Bangalore.	1/2 day	Medico-Pastoral Association- Centre for Mental Health Care
2	12-11-2025	Cancer research and integrative medicine (ICCRIM)	Mrs. Hazel Leena George	Garden City University	1 day	Dept. Of Life Science Garden City University and Karnataka state council for Science and Technology (KSCST)
3	18/10/2025 21/10/2025	Empowering Minds , Embracing Change: Reimagining Catholic Higher Education for a Global Tomorrow	Mr. Biju Sebastian	St. Aloysius (Deemed to be University) Mangalore, Karnataka	4	Xavier Board of Higher Education in India
4	24/01/2026	One Day National Level Conference on NAAC reforms and skilling in emerging Technologies	Mr. Biju Sebastian	Christ Deemed to be University , Bangalore , Karnataka	1	Xavier Board of Higher Education in India

TRAINING PROGRAMS CONDUCTED 2025-2026

Sl. No	Date	Topic	For whom	Venue	No. of participants	Conducted by
	12-08-2025	Master Trainers' Annual Meeting and Pre-Planning Meeting, Shillong."	Master trainers	ASHA Foundation	8	ASHA Foundation
1	20-08-2025 22-08-2025	74 th Teachers Training workshop	Directorate of Educational Research and Training (DERT), Shillong, and Shillong Teachers	Moreau Institute of Integral Training (MIIT), Shillong	55 schools with 112 teachers attended	ASHA Foundation
2	03-10-2025	Preplanning meeting 75 th Teachers' Training Workshop	Master trainers	ASHA Foundation	5	ASHA Foundation
3	11-10-2025 13-10-2025	75 th Teachers' Training Workshop	Teachers from Silapathar, Assam	Don Bosco School, Silapathar, Assam	13 schools with 41 Teachers	ASHA Foundation
4	10-01-2026	Preplanning meeting for 76 Teachers Training Workshop Agarthala West Tripura	Master trainers	ASHA Foundation	4	ASHA Foundation
5	15-01-2026 17-01-2026	76 th Teachers' Training Workshop Agarthala West Tripura	Teachers from Agarthala West Tripura	Holy Cross School, Agartala, West Tripura	44 schools with 123 Teachers	ASHA Foundation
6	19-03-2026 21-03-2026	77 th - Teachers Training Workshop Nagaland, Chumukedima – Dimapur	Teachers from Nagaland, Chumukedima – Dimapur	Peace Centre, Chumukedima Dimapur – Nagaland	44 schools with 143 Teachers	ASHA Foundation

ADOLESCENT HEALTH EDUCATION PROJECT PHOTOS



Preplanning meeting held for 74th Teachers' Training Workshop in Shillong,
on 12-08- 2025 at ASHA Foundation Premises



Dr.Glory Alexander doing the session on Mental health at 74th Teachers' Training Workshop in
Shillong, Meghalaya, held from 20-08-2025 to 22-08-2025



The ASHA Team with Dr. Carelene Y. Kharmalki, Nodal Officer, DERT Shillong, and Mrs. Syrpailang Hynniewta, Associate Professor, DERT, during the 74th Teachers' Training Workshop in Shillong, Meghalaya, held from 20-08-2025 to 22-08-2025



75th Teachers' Training Workshop: Practicum session held at Don Bosco School, Silapathar, on 12-10-2025



Mr. Baiju Sebastian Master Trainers doing the session on Understanding ourself session during the 75th Teachers' Training Workshop at Silapathar from 11-10-2025 to 13-10-2025



76th Teachers Training workshop held at Agarthala Tripura from 15-01-2026 to 17-01-2026



Participants at the 76th Teachers' Training Workshop in Agartala, Tripura



Group Discussion about Mental Health session at the 76 Teachers Training workshop held at Agarthala Tripura from 15-01-2026 to 17-01-2026



Participants enjoying the Understanding ourself group activity at the 76 Teachers Training workshop held at Agartala Tripura from 15-01-2026 to 17-01-2026



Participants enjoying at the 76 Teachers Training workshop held at Agartala Tripura 15-01-2026 to 17-01-2026

3. The Children-at-Risk Project: -

This project supports HIV infected and affected children and HIV positive men, women and families. Free medical care and consultation is provided for all the HIV positive patients, including children. The services include routine medical care, treatment for opportunistic infections, counselling services, socio-economic assessments, free or subsidized Antiretroviral Treatment (ART), free or subsidized costs for investigations, empowerment of women through Self Help Groups, and educational and nutritional support for HIV infected and affected children. This year, 51 children received support for education and there were 1243 patient visits to the free HIV clinic. The number of clinic visits is reduced because we have started Differentiated Service Delivery (DSD) based on individual need. So, where patients are doing well are stable and regular on treatment, they are seen only once in three months or six months, the others who require more counselling and medical care are seen more frequently. Twelve SHG meetings were held this year on the third Sunday of every month. This year a Sports Day was conducted on the 25th of January - 2026. Games were organised to the children according to the age groups and lunch was provided after the event. Fifty children and 40 adults attended the Sports Day. The children all received a Lunch Box each as a gift.

Children at Risk Project (CAR Project):

Targets for the year:

1. To provide educational support to at least a hundred HIV infected and affected children.
2. To conduct Sports Day or Picnic Day during the year.
3. To conduct 12 SHG meetings for our HIV infected and affected women per year.
4. To conduct all the other activities as usual.

The components of the children at risk project are: -

1. Medical, nutritional and educational support for children.
2. HIV/AIDS outpatient's clinic three times a week.
3. Empowerment of women through meetings and SHGs

Sl.no	Particulars -2025-2026	Reached
1	Education	
1	Number of children who received educational support	51
2	ELE (pre-school) (Girl 01)	01
3	PE (Primary Education) (Boys 11, Girls 10)	21
4	SE (Secondary Education) (Boys 04, Girls 05)	09
5	IC (Intellectually Challenged)	-
6	HE (Higher Education) - pre university, college, vocational training, professional courses etc. (Boys 08, Girls 12)	20
	Total	51
2	HIV/AIDS Clinic	
1	Number of persons tested for HIV infection	73
2	Positive reported	08(Old patient repeat test 04)
3	Adults reported positive	08
4	Children reported positive	-
5	Number of new patients registered	08 (02 old pt 1 HPV vaccination 1 PMTCT)
6	Number of clinic days	140
7	Number of adult patient visits to clinic	1078
8	Number of Children patient visits to clinic	165
9	Total Number of patient visits to clinic	1243
10	General Investigations for children	124
11	CD4 Investigations for Children	47
12	Viral Load tests for children	33
13	OI infections treated for Children	2
14	Children on ART	40

15	Children on 1 st Regimen	38
16	Children on 2 nd Regimen	1
17	Children on 3 rd Regimen	1
18	Number of Children Hospitalized	1
19	Number of Children Referred	-
20	Adults on ART	249
21	General Investigation for adults	1138
22	CD4 investigation for adults	206
23	Viral Load tests for adults	122
24	OI infections treated for adults	17
25	PLHA TB treatment for adults	2
26	Pap smear tests done	99
27	HPV DNA tests done	61
28	Abacavir Hypersensitivity test - HLAB 5701 done	05
3	Socio Economic	
1	Number of SHGs Existing	06
2	Number of SHG members	118
3	Number of children supported for Nutrition	-
4	Number of Nutritional Poustic (Sanskrit word that means nutritious) plus distributed	-
5	Dry ration support for Poor Families	30 Families
6	SHG Internal Loans issued	14

7	SHG Monthly topics • Recap of the previous year topics and government schemes • Risk factors related to HIV • Job opportunities Right track corporate services hiring multiskilling technicians • HPV vaccination PPT presentation • Information given about the importance of the HPV vaccination • Job openings in Gallagher Company in Bangalore for B.com completed students. • Importance of viral load test to be undetectable. • Information given about viral load • Free legal advice and services • Information given about Deepika higher education scholarship department of higher education and Azim Premji foundation. • Information given about HPV Vaccination and Research study for women above 27 years to 45 years • Information given about pap smear and HPV-DNA for women 27 years to 45 years Information given about HPV vaccination for negative and positive children and women	12
8	BHAF Meetings attended	-

9	Referred to Government Scheme called UNNATI (Means Progress) for Free Training and employment for under privileged youth	-
10	Referred to the HIV Positive Marriage Bureau to Karnataka Network for Positive (KNP+)	02
4	Celebrations and Events	
1	Sports day	25-01-2026
2	Children Participated	50
3	Adults Participated	40
4	Staff	11
5	Volunteers-	-

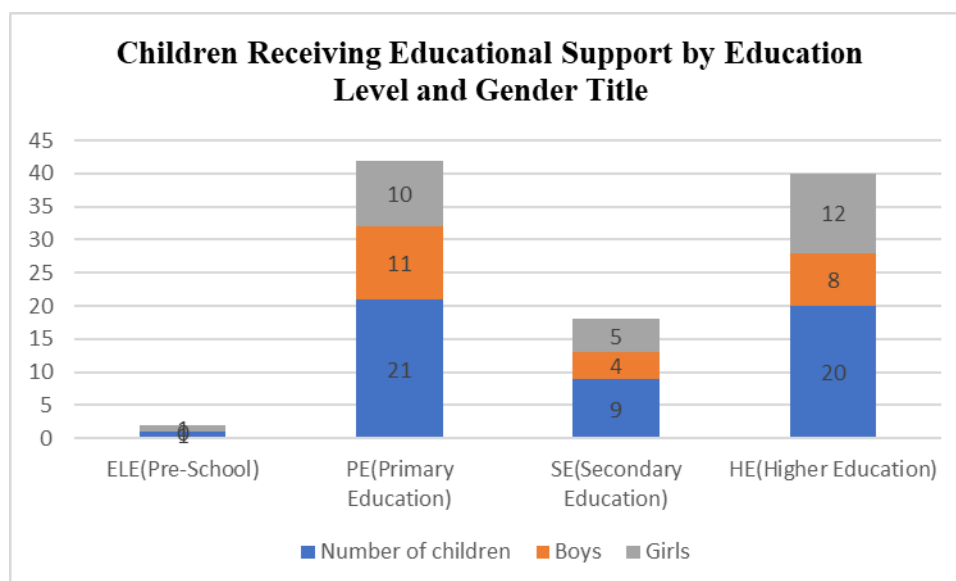
The CAR project supports the medical, nutritional and educational support for children infected and affected by HIV/AIDS.

The following activities were undertaken: -

To improve the educational status of children infected and affected by HIV/AIDS:

As the part of the educational support, during the period, 51 children were supported for their education. Details as follows,

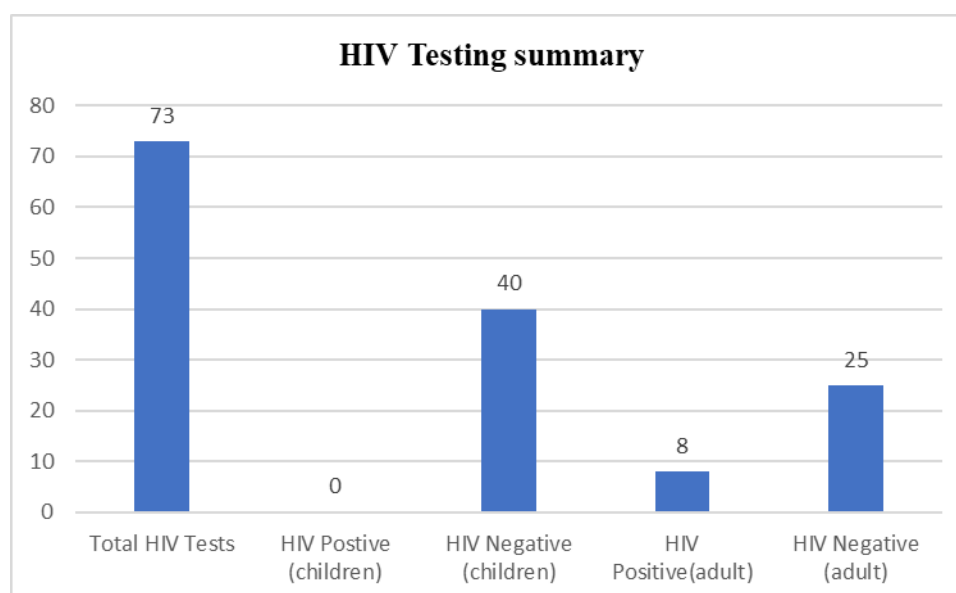
ELC (Early Learning Centre) Lkg and Ukg	01 (01 Girl)
PE (Primary Education) 1 st std to 7 th Std	21 (10 Girls and 11 Boys)
SE (Secondary Education) 8 th std to 10 th std	09 (05 Girls and 04 Boys)
HE (Higher Education) 1 st PUC to Degree	20 (12 Girls and 08 Boys)
Total	51 (28 Girls and 23 Boys)



To improve the health status of the children infected and affected by HIV/AIDS and their families:

HIV Testing

During the period, totally 73 HIV tests have been done including testing on 40 children. Out of this 08 have been reported positive, of which adult males 04 and adult females 04.



HIV/AIDS Clinic

Children: -

ASHA Foundation conducts a HIV/AIDS clinic thrice a week on Mondays, Wednesdays and Friday's afternoon from 1.30 pm to 5.00 pm. Totally the clinic operates for 140 days. The medical team consists of Physician, Paediatrician, Counsellors, Nurse, Project Coordinator, Medical Social worker and Clinic Support Staff. Free Medical care and consultation is provided for all the HIV Positive patients and all children infected by HIV/AIDS. The services include routine medical care, treatment for opportunistic infections, counselling services, socio-economic assessment and free or subsidized Antiretroviral Treatment (ART).

Presently 40 children are receiving ART treatment out of which 38 are on the first Regimen, one is on the 2nd Regimen and 1 child is on the 3rd Regimen. All these children have increased CD4 Counts and their quality of life is good. Totally 165 children visit occurred to the clinic. Forty-seven times children received CD4 investigation support and 124 times children have received support for various investigations like CBC, ESR, Haemoglobin, Complete Blood Count, S Creatinine, SGOT and SGPT and Routine Urine analysis and 33 viral load tests have done.

Adults

Totally 249 adult patients are on ART. Two hundred and six patients have undergone CD4 test and 1138 general investigations were conducted. One hundred twenty-two Viral load tests were done. Five patients have done Abacavir sensitivity tests. Ninety-nine pap smear tests and 61 HPV DNA tests were done.

To improve the Socio-economic status of the children and their parents infected or affected by HIV/AIDS

Self Help Groups: -

Six existing Self-Help Groups (118 members) are there which have been formed under the guidance of ASHA Foundation with an average of 18 to 24 members in each group. The six groups are Shrishti, Trupti, Preethi, Prakruthi, Nisarga and Nesara. Fourteen women have utilized the loan facility during the period and totally 197 times beneficiaries have taken loans amounting to Rs 8,07,500 (Eight lakhs seven thousand five hundred only) Out of this amount, 154 loans were cleared and Rs. 87840=00 is the outstanding loan amount still being paid by 44 loanees. The SHGs meet on the third Sunday of every month.

Sports Day

The Sports Day was held on Sunday, 25th January 2026, from 7:30 am to 4:00 pm at the BBMP Ground, Anand Nagar.

The day began with preparations for setting up the grounds for various games and activities. A shamiyana was erected and beautifully decorated with balloons to create a festive atmosphere. Participants, including women and children, started arriving around 9:30am. The children were excited and came with great enthusiasm and happiness.

Ms. Shruthi, Medical Social Worker, warmly welcomed the gathering, setting a graceful and cheerful tone for the day's events. A variety of games were organized for both boys and girls, categorized according to different age groups. A total of 10 games were conducted for the children and 2 games for the women. Most of the games were introduced for the first time, and both the children and women thoroughly enjoyed participating in them. All participants took part enthusiastically and displayed excellent sportsmanship throughout the event.

The children had a wonderful time, and the women also actively participated in the activities. The atmosphere was filled with joy, excitement, and laughter, making the event enjoyable for everyone.

At the end of the competitions, every child received a tiffin box as a gift, along with the prizes they had won during the games. The day concluded with a hearty lunch, giving everyone an opportunity to relax, interact, and celebrate their achievements.

In total, 50 children and 40 parents actively participated in Sports Day 2026, making it a memorable, successful, and enjoyable event for all.

Feed back

- ❖ “It was a wonderful event, and we got to play many exciting games. The food was delicious, and I had a great time. I also received a nice tiffin box as a gift, which was wonderful.”
- ❖ “I really enjoyed the event and had a lot of fun. I also made some new friends. All the games were enjoyable, and the food was very tasty.”

Dry Ration Support: -

Thirty families with children were supported with dry ration for twelve months. Each package of dry rations consists of 5 kgs rice, 2 kgs Atta, half a kg green gram, 1 kg oil, half a kg Channa dhal,

Toor dal 1kg, Sugar 1 kg, Jaggery half a kg, Ragi powder 3kgs, Tea powder 100gms, Chili powder 100gms, Haldi powder 100gms, 5 pieces of Wheel soap and 5 pieces of bathing soap.

Case stories

1. Bindu (Name changed) is an 18-year-old young girl who recently completed her Pre-University Education in the Science Stream with an impressive score of 90%. As one of the top performers in her class, she aspires to become an engineer and is known for her hard work, determination, and positive attitude.

Bindu first came to ASHA Foundation in 2009 when she was just one and a half years old and diagnosed with HIV. She is the only daughter of Rathna (Name change) and Suresh (Name changed), who are also taking treatment with ASHA Foundation. At the time of her enrollment, she frequently suffered from cold, fever and cough, and her hemoglobin level was critically low at 4.6 g/dL. She was admitted to Hospital, where she received a blood transfusion and appropriate medical care. Following treatment, her health improved significantly, and her CD4 count increased to 818 cells/mm³.

Bindu was initiated on Anti retro viral Therapy (ART) on 23 December 2010 and has maintained excellent treatment adherence ever since. At the age of 14, she learned about her HIV status through a structured disclosure process. Initially, she felt shocked, confused, and heartbroken, and her mother also found the situation emotionally challenging.

ASHA Foundation provided continuous counselling, emotional support, and quality healthcare, helping Bindu understand her condition and regain confidence. Today, she is emotionally strong, committed to her treatment, and focused on achieving her academic and career goals.

Bindu and her family are grateful to ASHA Foundation for its ongoing support through free treatment, counselling services, and ART medication. The Foundation's care and guidance have played an important role in helping her grow into a confident and determined young woman.

This case highlights the importance of emotional support and counselling for adolescents living with HIV. With timely guidance and compassionate care, young people can overcome challenges, build resilience, and pursue their dreams successful.

2.Nandini (Name changed) a 33-year-old widow, first came to ASHA Foundation in 2015. She was diagnosed as HIV positive in April 2014 during her antenatal (ANC) check-up at Nursing Home. At that time, one of our outreach workers informed her about the services available at ASHA Foundation and encouraged her to seek support.

When Nandini first visited our clinic, she was three months pregnant. Her CD4 count was only 256 cells/mm³, indicating that her immunity was very weak. Our doctor immediately started her on Antiretroviral Therapy and referred her to a partner hospital for regular ANC care. Nandini already had an elder daughter, who was tested for HIV and was found to be HIV negative. In October 2015, Nandini safely delivered healthy twin boys. With proper medical care, timely ART treatment, and Prevention of mother-to-Child Transmission services, both babies were born HIV negative. Nandini continued to attend her follow-up appointments regularly. However, during one visit she arrived 19 days late and informed the doctor that she had become pregnant again. Unfortunately, after taking medication to terminate the pregnancy, she experienced an incomplete abortion and underwent a Dilatation and Curettage procedure.

In June 2017, Nandini faced another serious health crisis. Her haemoglobin level dropped low, a life-threatening condition. She was immediately admitted to the hospital, where she received urgent blood transfusions and appropriate treatment. With timely medical intervention, her condition gradually improved.

Nandini's personal life was filled with immense hardship. Her husband was also HIV positive but was not on ART. He was addicted to alcohol and smoking, which made family life extremely difficult. Nandini faced continuous emotional, physical, and mental stress due to her husband's behaviour and the lack of support from his family. Despite caring for three young children, she carried the burden of the entire household almost alone.

The situation became even more difficult after her husband's death. Instead of receiving support, she faced harassment and conflict from her husband's family. Left with no choice, Nandini moved out with her three children. She was struggling financially, emotionally, and mentally, with no stable source of income and an uncertain future.

During this darkest phase of her life, ASHA Foundation stood beside Nandini. We provided continuous counselling and emotional support to help her regain confidence and hope. She received free medical treatment, free ART medicines, dry ration support, and educational support for all

three of her children. More importantly, she found a place where she felt accepted, respected, and cared for. Today, Nandini works as a housemaid and is able to support her family with dignity. She is adherent to her ART treatment, her health has improved significantly, and she continues to care for her children with strength and determination. Her children are growing well and continuing their education. Nandini's story demonstrates that HIV is not the end of life. With timely treatment, compassionate counselling, and continuous support, even individuals facing overwhelming challenges can rebuild their lives. ASHA Foundation played a vital role not only in improving Nandini's health but also in restoring her confidence, empowering her to become independent, and giving her family a renewed sense of hope for the future

Details of the Children who have completed their Education, Supported by ASHA Foundation					
Sl.no	Name	Education	Age	Designation	Salary/month
1	T	M.com	30	works in agriculture department as casual finance officer	18000
2	S	Diploma	27	Gym Instructor	25000
3	M	B.com	23	Works in a private firm	18000
4	S	II PUC	21	Zepto Office in charge -Jayanagar	18000
5	L	II PUC	23	Works in BPO - Tele caller	25000
6	R	10th Std	27	Runs a Military Hotel	12000
7	M	9th Std	21	Runs a Military Hotel	12000
8	W	MCA	26	Works in Starter company	25000
9	S	B.com	23	works in Eco space customer support	18000
10	C	9th std	25	Due to health condition education stopped	-
11	S	Diploma	28	Fixed agent in Delivery.com	19000
12	A	B.com	30	Tax Analyst in EY	24000
13	R	9th Std	25	Ola auto driver	15000
14	P	B.com	27	Data Entry operator in CDPO office Bangalore rural	15000
15	V	B.com	25	Riddhi finance company	15000
16	D	ITI	24	Works in a press	15000
17	S	JOC	27	Works in one MG	12000
18	M	B.com	26	Works in BPO	20000
19	S	Diploma	27	Works in IT company	22000
20	H	B.com	24	Accountant in a private firm	18000
21	M	M.com	31	Lecturer	24000
22	J	BE	27	Decision Scientist in Mu sigma ITPL	22000
23	R	BE	25	Ethnus consultancy services pvt. Ltd	15000
24	T	Job Oriented course	27	Ac mechanic - works as casual labour in Lakshmi Enterprises	12000
25	S	B.com	27	Married House wife	-
26	K	Diploma	25	Diploma in Office management - Doing tally	16000
27	Y	II PUC	22	Married - House wife	-
28	N	ITI	21	Works in Suprajith Factory	12000

29	M	B.com	26	works in Marviric technologies pvt.ltd	17000
30	S	II PUC	24	Works in Electrical shop	8000
31	R	B.com	24	Delivery boy in courier office	18000
32	B	B.com	26	Operational Analyst	15000
33	S	Diploma	25	Works in Garments	12000
34	A	II PUC	25	Works in Jio	14000
35	A	II PUC	28	Works in Swiggy	15000
36	L	BE	27	works in IT company	25000
37	R	B.com	25	Running a cyber centre and Mobile Repair shop	12000
38	S	10th Std	26	Works in Ematrix solutions	15500
39	M	1st PUC	28	Works in BPO	15000
40	M	BSC - Computer applications	26	Works as a Ultrasound typist in Arthi scans	13000
41	M	BCA	30	Loan recovery officer - Choramandalam finance	20000
42	M	B.com	26	Married - House wife	-
43	V	BE	25	Working as a Technical trainee in FAI company	56000
44	P	B.com	24	BAYERS Account payable Associate	25000
45	Y	BE	24	Site engineer in construction company	22000
46	S	B.com	26	Works in Ujjivan as tele caller	15000
47	P	ITI	23	Works in PU board D group	12000
48	K	B.com	28	Marketing in M fitness gym	22000
49	H	BBA	29	Works in HMT	25000
50	D	Masters in Tourism	31	Works in Tourism office	23000
51	M	M com	29	Accountant in Reddy college	20000
52	G	II PUC	27	works in Event management	22000
53	H	BE	29	works in private company	45000
54	A	B.com	29	Computer operator in PUB	15000
55	H	ITI	28	Electrician	18000
56	R	B.com	29	Receptionist in OMEGA	10000
57	C	BE	29	Assistant Technical Engineer in IBM	25000
58	S	ITI	30	works in Hayagreeva Temple	20000
59	Y	Diploma	30	works in Toyota	25000
60	R	B.com	31	works as a tele caller	16000
61	N	ITI	29	Electrician	22000
62	S	MA	30	English teacher in PVT school	21000
63	S	11th std	25	works in jewellery shop	12000
64	S	BE	30	Implementation and QA engineer in Empire software solutions	45000
65	A	B.com - CA	21	Works in Auditor office	22000
66	S	12th Std	21	Married - House wife	-
67	H	BE- computer science	26	searching for Job	-
68	G	MCA	24	Works in private firm	20000

69	S	Job oriented course - Computer	22	Married - House wife	-
70	G	II PUC	22	Operation executive TYLT	12000
71	V	B.com	28	Married - House wife	
72	A	B.com	29	App developer	15000
73	A	Nursing	31	Male Nurse	25000
74	H	NTT (Diploma)	28	Works as a Teacher (Kennet George school)	8000
75	U	B.com	30	Works in cement factory	12000
76	S	B.com	31	Digital relationship manager Axis bank	18000
77	R	B.com	30	Works in Amazon	17000
78	S	B pharma	27	works in Med plus	15000
79	P	B.com	27	Accountant	18000
80	V	MCA	36	Great learning part-time job	15000
81	U	B.com	34	Sales officer	24000
82	S	BBM	31	Working in a PVT company in jiggani industrial area	15000
83	S	B.com	29	Accountant	16000
84	M	Medical records division	31	Works in MRD section in Bangalore Baptist Hospital	15000
85	N	B.com	23	Process Associate	25000
86	H	BE	26	Working as a Executive Technical support in Startek company	20000
87	Y	B.com (MBA)	24	Photo designer own business	20000
88	R	BCA	24	Works in BPO	22000
89	V	BA	35	Tele caller in SBI bank	15000
90	V	M.com	24	Accountant in Insurance company	25000
91	S	B.com	25	Works in Ujjivan as tele caller	15000
92	K	Diploma in civil Engineer	25	Site engineer in construction company	20000
93	G	BE	24	BE in computer science -works in Asbeen	56000
94	H	BE	25	BE in computer science- Executive technical support in STARTEK company	22000
95	A	II PUC	23	Works in Dunzo	14000
96	S	II PUC	21	Works in private firm	12000
97	J	B Tec -CS	29	Works in DXC technologies	30000
98	N	B.com	25	Works in Kempe Gowda International Airport under contract	18000
99	K	BBA	23	Married -House wife	-
100	S	TCH	34	Teacher in a private school	28000
101	R	10 th Std	27	Car driver	20000
102	P	BBA	22	Civil Engineer	25000
103	M	BBA	26	HR in Toyota Factory	20000
104	B	BBA	25	Business Developer in Talent Track services	15000

105	SL	B.com	21	Works in ITC Infotech as Jr. Executive-IT	19000
106	SK	12 th Std	26	Care Taker	17000
107	D	II PUC	20	Sales man in Vardhaman Steel Traders	10000
108	D	II PUC	21	Sales Executive in Twin Bird	13000
109	S	BE	25	Proposal writer in Seventh sense people development solutions private limited	15000
110	S	BCA	21	Process associate in cooper	20000
111	R	MA	21	Supervisor in café	17000
112	L	BE	23	Software engineer in Texas Instruments	35200
113	S	MBA	28	HR officer in Accenture	40000
114	CN	B.com	24	Data entry operator in Landmark properties	15000
115	R	B.com	25	Works in CA office	10000
116	AK	BCA	24	He runs his own PG	50000
117	R	II PUC	22	Auto driver	20000
118	J	10 th Std	25	Auto driver	15000
119	R	10th Std	18	Receptionist and child care taker	11000
120	N	10th Std	18	Receptionist in hospital	15000
121	S	MSC	26	Executive in Biologics Limited	25000
122	MK	II PUC	25	Field work officer in Work India	20000
123	H	M.com	26	Digital chat advisor in (24)7.AI	16300
124	R	BA	24	Loan recovery in Money view	13000
125	PT	1 st PUC	22	Car Driver	20000
126	M	10 th STD	18	Works in Saloon	8000
127	M	BE	24	Software Engineer in Value Momentum	30000
128	V	BE	26	Works in TCSL centre as Associate Trainee in Database domain	30000
129	K	B.com, CA	24	Trainee in Audit Pharma	10000
130	M	B.com	26	Sales Executive in Andro Finance LMT	16000
131	S	B.com, CA	25	Accountant in Private Company	20000

CHILDREN AT RISK PROJECT PHOTOS



Patient being examined by Dr. Glory Alexander at the HIV/AIDS clinic on 15-09-2025



ART medication was issued to the beneficiary on 23-01-2026.



Assessment was conducted to monitor the children's overall development and educational progress on 25-02-2026



Dry ration was distributed to the beneficiaries on 18-01-26



Sister Rebecca was provided with information about the importance of maintaining an undetectable viral load On 21-09-26



A fun and engaging Sort the pins challenge game enjoyed by the Women's on 25-01-26



Bringing smiles to children through individual gift distribution on 25-01-26



Children enjoying a fun-filled game of Flip Cups and Catch the Ball during Sports Day conducted on 25-01-2026.

4. Camp Rainbow:

Introduction:

Camp Rainbow is a psychosocial support programme for children and young people living with HIV. Through residential camps that combine educational activities, life-skills learning, and recreation, the programme aims to strengthen treatment adherence, promote emotional well-being, and improve participants' personal growth, while creating a fun and supportive environment.

The programme is conducted in partnership with the SeriousFun Children's Network, a global initiative founded by the late actor Paul Newman. What began in the United States and Europe has grown into an international movement, reaching children and youth across Africa, Asia, and South America.

Residential Camp 2025:

The year 2025 marked the 10th season of residential camps, excluding the years 2020 and 2021 when camps could not be conducted due to the COVID-19 pandemic. One residential camp session, was organized during the year.

The residential camp was held from 4th to 8th May 2025 at Wings Elims Campsite Centre, Whitefield, Bangalore. About 63 children participated in the camp, supported by positive networks from Bangalore, Chikmagalur, Hassan, Tumkur, Kolar, Bangalore, and Chikkaballapur, as well as institutions including St. John's Hospital and Freedom Foundation.

Volunteer Engagement: One of the most encouraging aspects of the 2025 camp was the active participation of youth living with HIV as volunteers. Many of these young volunteers were former campers and participants of the Leaders in training (LIT) programme, reflecting the programme's success in nurturing leadership within the community.

A total of 26 volunteers supported the camps, including 24 young people living with HIV. Their involvement helped foster a strong peer-support system, strengthened community bonds, and inspired younger participants by demonstrating positive examples of resilience, confidence, and leadership.

Leaders in Training (LIT) Programme:

The Leaders in training (LIT) Programme is a life-skills development initiative for young people living with HIV between the ages of 18 and 24 years. The programme is delivered through either a one-and-a-half-day residential workshop or a one-day non-residential programme.

The sessions focus on building essential life skills and cover topics such as decision-making, coping with peer pressure, healthy relationships, understanding the difference between love and infatuation, decision making , HIV and marriage etc..

During 2025–26, a total of 181 young people living with HIV participated in the LIT Programme.

Conclusion:

Camp Rainbow Bangalore continues to play an important role in supporting the psycho-social well-being of children and youth living with HIV. By providing opportunities for learning, recreation, peer interaction, and leadership development, the programme creates a positive and empowering space for participants. The 2025 programmes not only enriched the lives of children and young people but also strengthened a growing network of young leaders who are helping to inspire and support others within their community.

Through engaging activities, and shared experiences, participants developed greater self-confidence, resilience, and a stronger sense of belonging. The programmes encouraged meaningful friendships and peer support, helping children and youth realize that they are not alone in their journey. As Camp Rainbow Bangalore continues to evolve, it remains committed to nurturing hope, fostering inclusion, and creating opportunities for young people to thrive and reach their full potential.

FEEDBACK:

“I enjoyed camp, made new friends. Akkas and annas were so kind to us. I learnt many new things”- Camper

“I participated in many fun activities. The games and team activities were my favorite parts, and I learned how to work together with others, I learnt how to make best out of waste"- Camper

“ I was a camper. Now I am a volunteer. When children came I was taken back to the time when I came to camp as a camper. I was thinking about my camp experience, how I enjoyed, what all I did. .It was so nice to be with children and give a good experience to them”- Volunteer

“ It was a wonderful experience with children. I had an opportunity to conduct activities. I learnt patience while being with children. Overall it was an unforgettable experience with children and other volunteers”- Volunteer

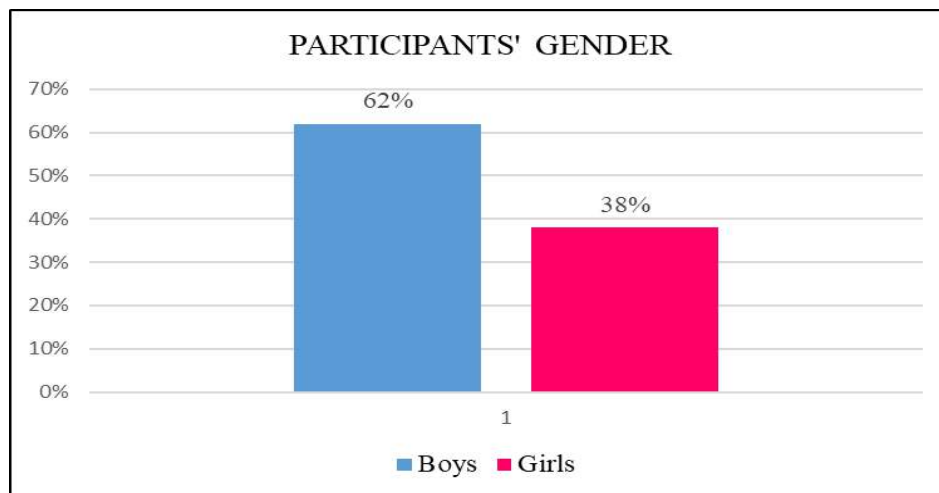
“ When madam from network called me to tell about the programme I was hesitant. After coming here I realized that if I had not come I would have missed a nice programme. I learnt so many new things, I made new friends and also I enjoyed a lot.”- LIT participant

“ I don’t know how 1.5 day passed away so fast. I learnt many things that I did not know before. I learnt about decision making, difference between love and attraction. Most importantly I learnt about marriage and pre-marital counselling.” -LIT participant

TOTAL NUMBER OF CHILDREN IN THE AGE GROUP OF 11-17YRS, SERVED THROUGH RESIDENTIAL CAMP IN THE YEAR 2025-26 - 63

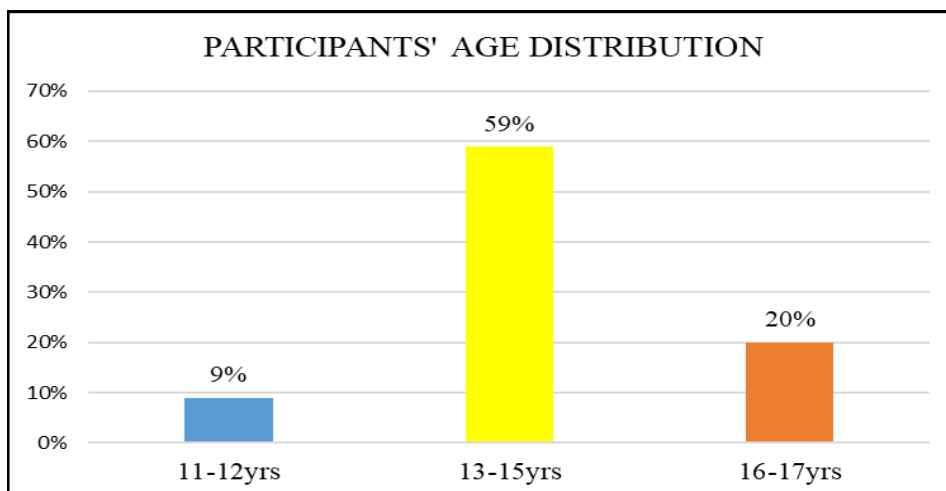
CAMPERS’ DEMOGRAPHIC DETAILS

1.Gender details



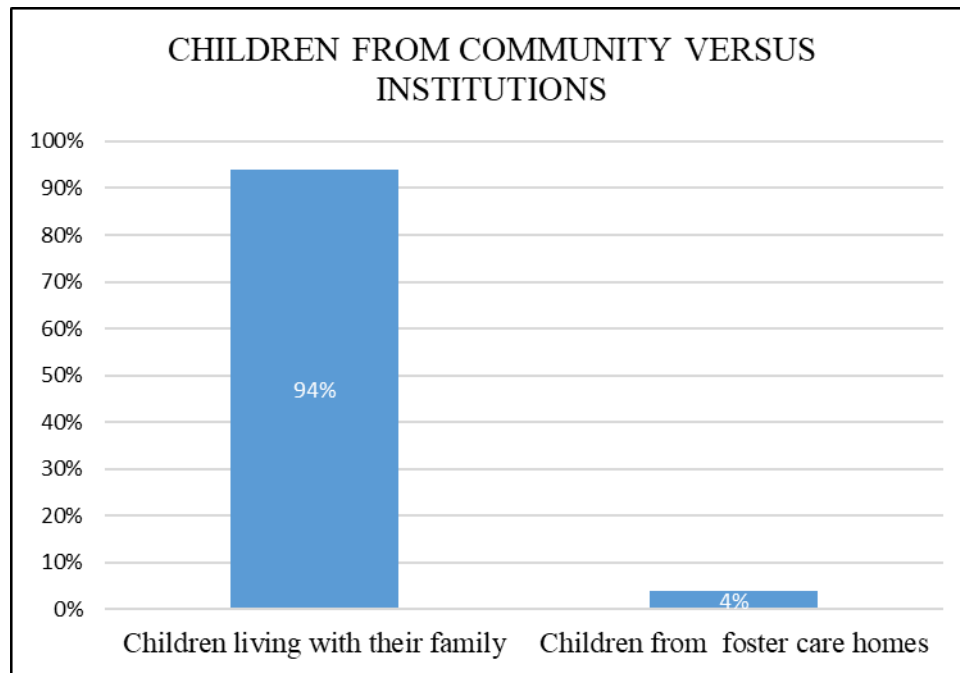
Of the 63 children who participated in the camp conducted in Bangalore, 39 were boys (62%) and 24 were girls (38%).

2. Age distribution of participants:



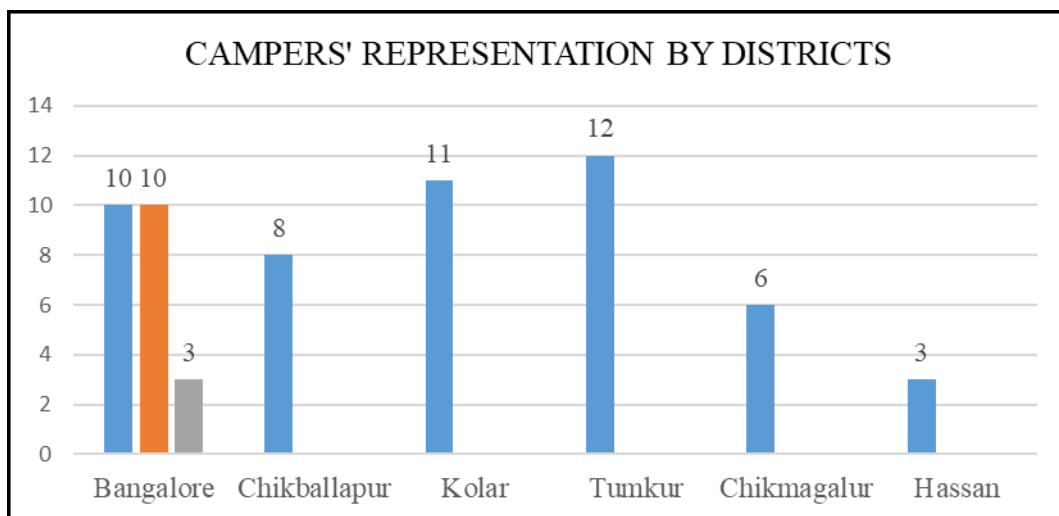
The chart shows the age distribution of the 63 children who participated in the Residential Camp 2025. Most participants were aged **13–15 years (37)**, followed by **16–17 years (20)**, while **11–12 years (6)** formed the smallest group. This indicates strong participation from adolescents in the 13–15 years age group.

3.Children living with families/extended families versus those from foster care homes(Institutions)



Of the 63 children who participated in the camp, 94% were living with their parents or extended family members, while 6% were residing in foster care home

4.District wise participation of campers



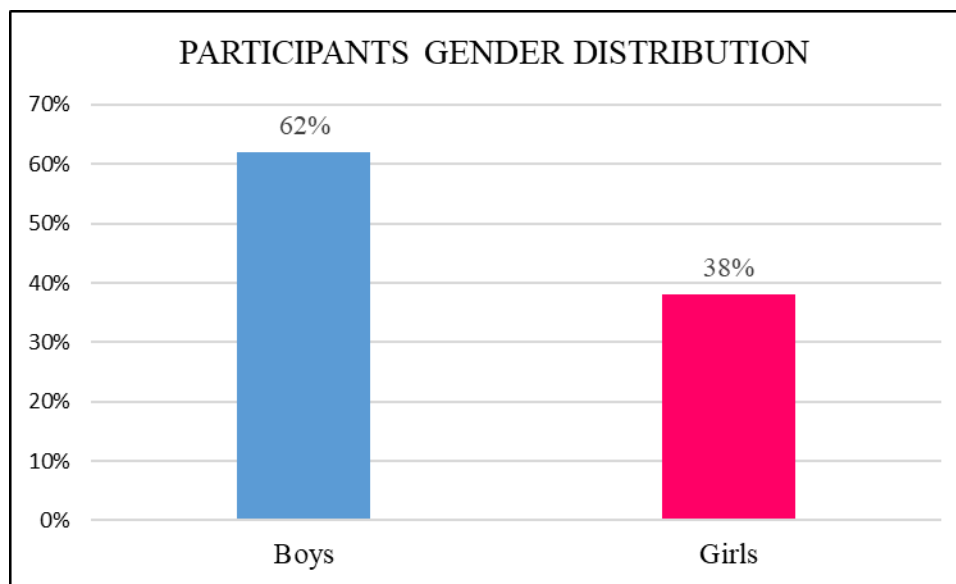
The chart shows the district-wise distribution of 63 participants across six districts. Bangalore had the highest representation with 23 participants (37%), followed by Tumkur with 12 participants (19%) and Kolar with 11 participants (17%). Chikkaballapur accounted for 8 participants (13%), while Chikmagalur and Hassan contributed 6 (10%) and 3 (5%) participants respectively.

Of the 23 participants from Bangalore, 10 were mobilized through the local network, 10 through two different institutions(hostels) and 3 through St. John’s Hospital. In contrast, participants from the other districts were mobilized through a single district network. This suggests that reaching participants in Bangalore required collaboration with multiple organizations and a broader outreach effort.

TOTAL NO.. OF YOUTH PARTICIPATED IN LIT PROGRAMMES IN 2025-26: 181

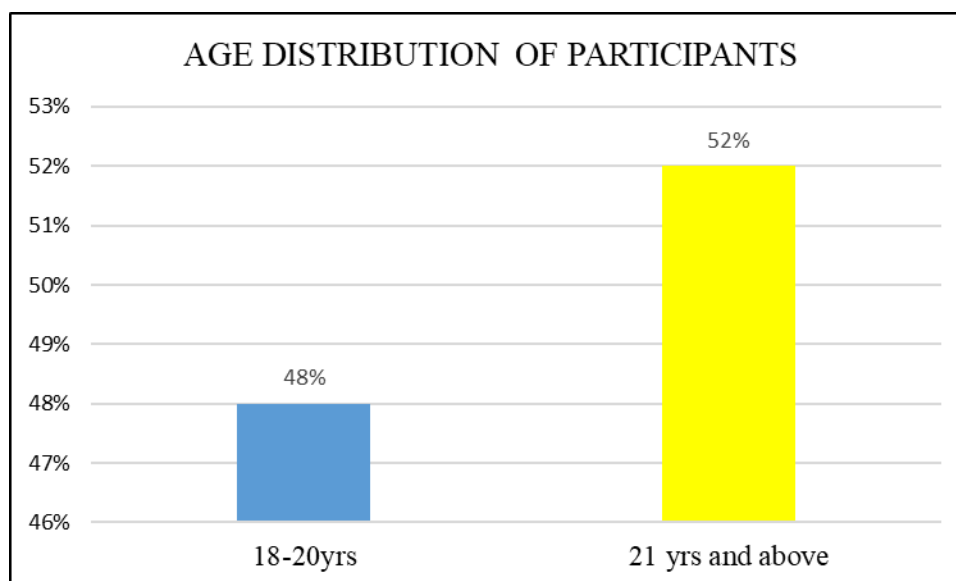
LIT PARTICIPANTS’ DEMOGRAPHIC DETAILS

1.Gender details:



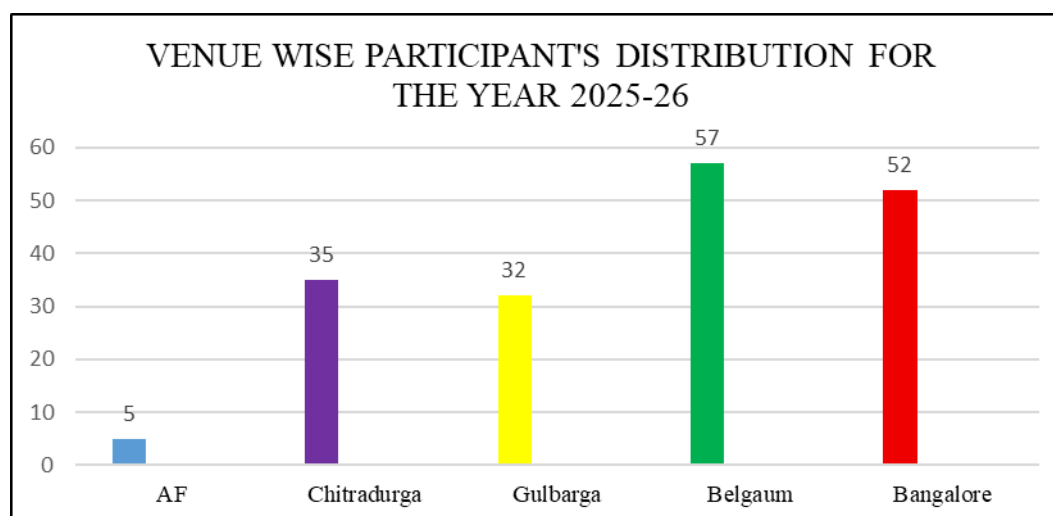
Among the 181 youth who attended the LIT Programme in 2025-26, boys accounted for 62% (113 participants), while girls represented 38% (68 participants).

2.Age due distribution of participants



The age distribution of LIT participants was fairly balanced, with **51.4% (94 participants)** aged **21 years and above** and **48.6% (87 participants)** aged **18–20 years**

3.Venue-wise participant breakdown – 2025–26

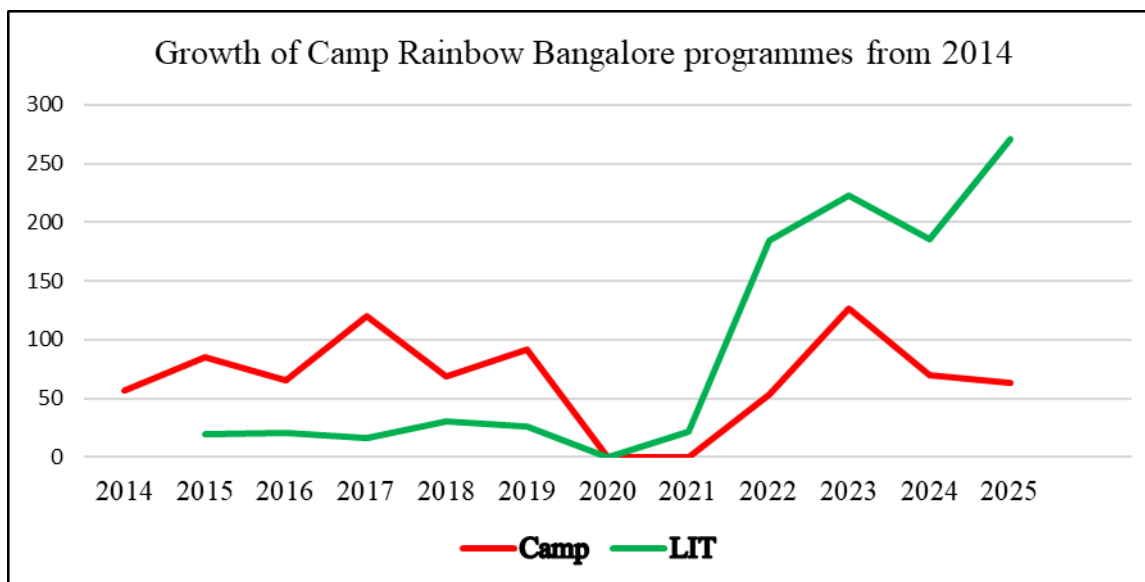


The graph shows participation by programme venue, not by participants' home districts. Attendees at each venue may have come from multiple districts.

The highest participation was recorded at Belgaum, with 57 participants from the districts of Belgaum, Bagalkot, and Bijapur. This was followed by Bangalore, which had 52 participants from Bangalore, Kolar, Tumkur, and Chikkaballapur districts. Chitradurga recorded 35 participants from Bellary, Davangere, Hospete, and Chitradurga districts, while Gulbarga had 32 participants from Gulbarga, Yadgir, and Bijapur districts.

The LIT programme conducted at Asha Foundation for Telugu-speaking individuals recorded the lowest participation, with 5 participants

GRAPHICAL REPRESENTATION OF THE GROWTH OF CAMP RAINBOW PROGRAMMES FROM 2014



- The **horizontal line** shows time progression (years)
- The **vertical line** shows growth or decline in programme numbers

The graph shows that residential camp programme numbers fluctuate over the years, with a sharp decline in 2020–2021 and only a slight recovery afterward. This indicates that its growth has not been stable. In contrast, LIT remains low in the early years but shows a strong and continuous increase after 2021, growing rapidly up to 2025. This indicates that LIT programme has emerged as the key contributor to programme growth in recent years

CAMP RAINBOW – TOTAL SESSIONS AND NO.OF PEOPLE SERVED FROM THE YEAR 2014 till 2025- 2026

Year		Total
Residential Camps	Total camp sessions conducted	22
	Total volunteers /Camp staff trained	358
	Total children participated in Residential camp programme	843
LIT(Leaders' in Training Programme)	Total no. of LIT sessions conducted	44
	No. of adolescents & youth participated in LIT	1050

OVERALL CHILDREN AND YOUTH LIVING WITH HIV SERVED THROUGH
RESIDENTIAL CAMPS AND LITS: **1893(843+1050)**

TOTAL CHILDREN (CAMPERS/ NON-CAMPERS) AND YOUTH SERVED THROUGH
RESIDENTIAL CAMPS, OUTREACH (FOLLOW-UPS, RE-UNIONS) AND LITS:
3769(843+1050+1230+646)

TOTAL CAMP STAFF/VOLUNTEER/LT TRAINED: **358**

CAREGIVERS SERVED: **104**

CAMP RAINBOW PROJECT PHOTOS



Fun ice breaker during volunteers training in Bangalore, from 27.05.2025 to 01.05.2025



Fireless cooking demo activity for volunteers during training in Bangalore, from 27.05.2025 to 01.05.2025



Water games conducted at Camp in Bangalore, conducted from 05.05.2025 to 09.05.2025



Life skills session conducted at Camp in Bangalore, conducted from 05.05.2025 to 09.05.2025



Group photo of residential camp, conducted in Bangalore from 05.05.2025 to 09.05.2025



Session on 'dealing with stress' during 'Leaders' in training LIT programme at ASHA Foundation on 18.06.2025



Group photo taken during 'leaders' in training (LIT) programme in Chitra Durga, conducted from 18.07.2025 to 19.07.2025



Group photo taken during 'leaders' in training(LIT) programme in Belgaum, conducted from 05.09.2025 to 07.09.2025



Group sharing during LIT (Leaders in training) programme at Gulbarga, conducted on 27.09.2025 to 28.09.2025



Group photo during LIT (Leaders in training) programme in Bangalore on 01.11.2025 and 02.11.2025

5. PMTCT Project-Prevention of Mother to child Transmission of HIV Project

Introduction

The national PMTCT program is aligned with global commitments to eliminate vertical transmission of HIV and end AIDS as a public health threat by 2030. Advances in treatment have demonstrated that when pregnant women living with HIV receive timely ART and remain adherent throughout pregnancy and breastfeeding, the risk of transmission can be reduced to very low levels.

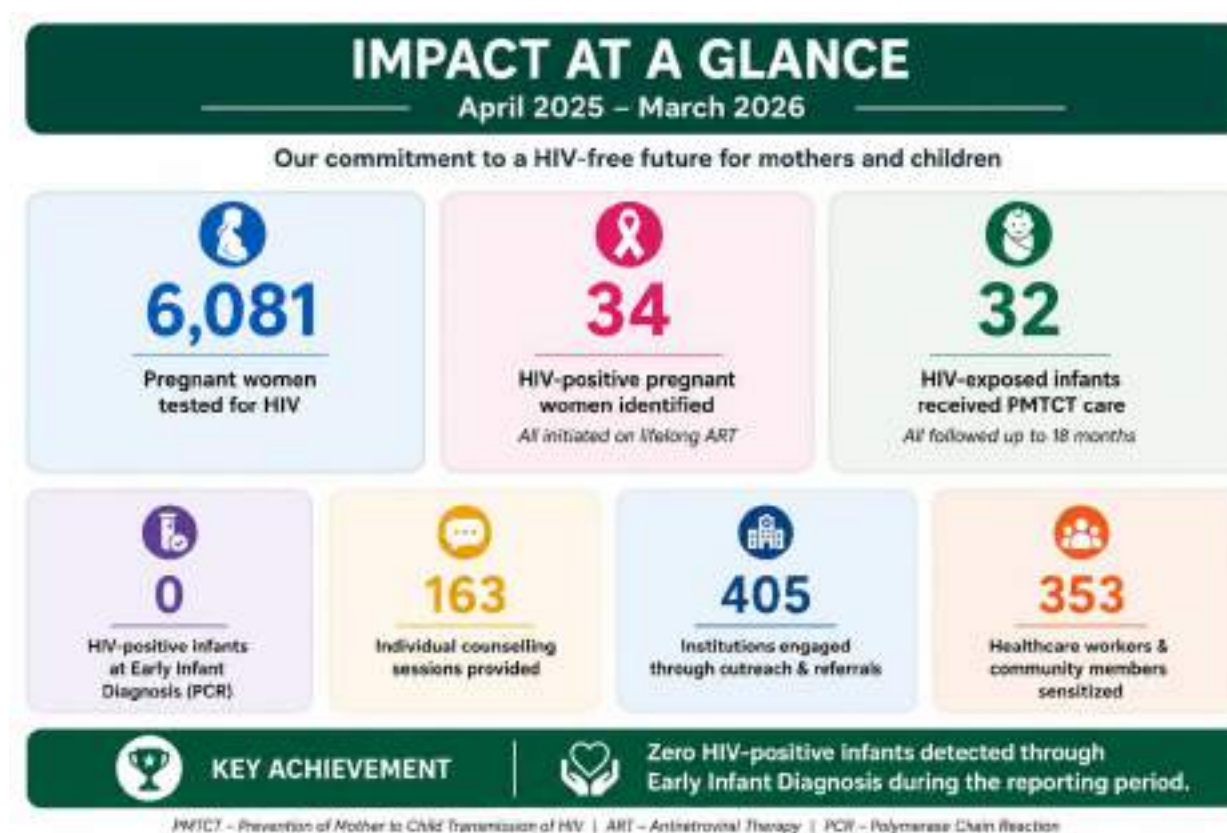
Despite these achievements, challenges remain. Late diagnosis during pregnancy, stigma, treatment interruptions, migration, socioeconomic vulnerabilities, and limited access to specialized care continue to place mothers and infants at risk. Addressing these gaps requires sustained collaboration between healthcare institutions, communities, civil society organizations, and government programs.

Against this backdrop, ASHA Foundation continues to strengthen PMTCT services through comprehensive case management, counseling, treatment support, community outreach, capacity building, and partnerships with healthcare institutions to ensure that every mother receives timely care and every child has the opportunity to be born HIV-free.

ASHA Foundation's PMTCT Project

The ASHA Foundation's Prevention of Mother-to-Child Transmission (PMTCT) Project is dedicated to preventing HIV transmission during pregnancy, childbirth, and breastfeeding while improving the health and quality of life of women living with HIV. During April 2025–March 2026, the project supported HIV-positive pregnant women and their families across multiple states through early HIV diagnosis, lifelong antiretroviral therapy (ART), counselling, infant follow-up, community outreach, and strong partnerships with healthcare institutions. The achievements presented in this report reflect the collective efforts of mothers, healthcare providers, partner hospitals, community networks, and ASHA Foundation staff working together towards the shared vision of an HIV-free generation.

IMPACT AT A GLANCE



Together, these achievements demonstrate the continued effectiveness of ASHA Foundation's PMTCT program in protecting mothers, safeguarding children, and advancing the vision of an HIV-free generation.

Key Highlights and Achievements

1. Early Detection and Treatment Linkage

Early HIV diagnosis during pregnancy remains the cornerstone of preventing mother-to-child transmission of HIV. During the reporting period, 6,081 women underwent HIV testing through partner hospitals and outreach initiatives. Of these, 34 pregnant women were identified as HIV-positive and were promptly linked to lifelong antiretroviral therapy (ART).

Timely identification and treatment initiation ensured that mothers received comprehensive care throughout pregnancy, delivery, and the postnatal period. These interventions significantly reduced the risk of HIV transmission to infants and improved maternal health outcomes.

2. Maternal and Infant Health Outcomes

The project continued to provide comprehensive care and follow-up services for HIV-positive mothers and their infants. During the year, 32 HIV-exposed infants were born and received appropriate prophylaxis and follow-up care according to national PMTCT guidelines.

Key infant outcomes included:

- 30 infants underwent HIV DNA PCR testing at six weeks of age, and all tested HIV-negative.
- 29 infants completed six-month follow-up testing.
- 27 infants completed twelve-month follow-up testing, with all results remaining HIV-negative.

These outcomes highlight the effectiveness of sustained maternal ART adherence, safe delivery practices, infant prophylaxis, and ongoing follow-up services. The results reinforce the project's contribution toward achieving the elimination of vertical transmission of HIV.

3.Strengthening Community-Based Identification and Referral

Community engagement remained a critical strategy for reaching vulnerable women and strengthening access to PMTCT services.

During the reporting period, the Outreach Worker engaged with 405 institutions, including HIV networks, community organizations, healthcare facilities, and support groups. These efforts resulted in the identification and linkage of 27 HIV-positive pregnant women to PMTCT services.

The outreach component continues to serve as an essential bridge between communities and healthcare systems, ensuring that women receive timely diagnosis, treatment, and support regardless of geographic or socioeconomic barriers.

4.Counseling and Psychosocial Support

Comprehensive counseling services remained central to the PMTCT program. A total of 163 counseling sessions were conducted, covering antenatal support, HIV testing, ART adherence, infant feeding guidance, and follow-up care.

Counseling provided mothers and families with accurate information, emotional support, and practical guidance, empowering them to make informed decisions regarding treatment and childcare. These services contributed significantly to treatment adherence, retention in care, and improved health outcomes.

5. Building Strong Partnerships for Sustainable Impact

The success of the PMTCT project is built on strong partnerships with hospitals and healthcare providers committed to delivering quality HIV services.

Partner hospitals integrated PMTCT services into routine maternal healthcare and continued to provide clinical care, counseling, and follow-up support. Through technical guidance, counselor training, and provision of Information, Education, and Communication (IEC) materials, ASHA Foundation strengthened the capacity of partner institutions to deliver comprehensive and sustainable PMTCT services.

These collaborations continue to enhance service quality, improve patient outcomes, and strengthen the long-term sustainability of the program.

6. Professional Development and Collaborative Engagement

Continuous learning and collaboration remain important components of program quality improvement.

During the reporting period:

- The Senior Program Officer successfully completed Good Clinical Practice (GCP) Certification.
- ASHA Foundation actively participated in State HIV conclave meeting, promoting knowledge exchange and collaboration with civil society organizations and healthcare professionals.
- In collaboration with KNP+, the Foundation supported HPV vaccination awareness activities aimed at preventing cervical cancer and promoting preventive healthcare among vulnerable communities.

These initiatives strengthened technical capacity, fostered partnerships, and ensured that program implementation remains aligned with current evidence and best practices.



The table below provides cumulative statistics for the year April 2025-March 2026 and the period from January 2003 to March 2026

Particulars	ASHA PMTCT April'25-March'26	ASHA PMTCT Cumulative Jan '03 – March '26
Total no. of deliveries	5157	2,40,168
Total no. of ANC women registered	5833	2,38,511
Total no. of women counseled	4955	2,29,669
Total no. of women tested	6081	2,54,981
Total no. of antenatal women identified HIV positive	34	1198
No. of live born	32	1030

Total no. of women awaiting delivery	8	8
Eligible women treated	34	1000
No. of babies treated	32	977
PCRs or ELISAs done	30	878
Positive PCR	0	14
Negative PCR/ELISA	30	864
Babies had final 3 antibody test under EBF at 15 months	26	282
Babies had final 3 antibody test under ERF at 15 months	0	25
Transmission rate		1.59%

The table below presents the counseling sessions conducted during the specified period April 2025 to March 2026 by ASHA PMTCT counselor



Type of counseling	April 2025-March 2026
ANC counseling (Supportive counseling,Pregnancy and drugs ,Delivery, Infant feeding options)	39
Pre & post test counseling(Infant testing)	34
Pre-ART and Adherence counseling	23
Follow-up counseling	67
Total counseling sessions	163

The project successfully linked all identified HIV-positive pregnant women to treatment services and maintained continuous follow-up throughout pregnancy and delivery.

Awareness and Sensitization

Sensitization Initiatives Led by Trained Healthcare Professionals in Hospitals

Throughout the period from April 2025 to March 2026, our partner hospitals have undertaken substantial efforts to sensitize individuals, spearheaded by trained doctors and counselors. These initiatives have been pivotal in enhancing awareness and advocating for well-being both within hospital settings and across the broader community. We extend our heartfelt appreciation to the committed doctors, nurses, nursing students, ward aides, paramedics, community workers, and community members who actively engaged in these endeavors. Together, we remain steadfast in our commitment to prioritize education and empowerment, fostering a healthier and more enlightened society.

The following is a cumulative summary of the sensitization efforts conducted within this timeframe:

People Sensitized	By Trained Doctors/Counselors in their Hospitals April 25-March 26	Cumulative Total
Doctors	11	564
Staff Nurses	46	3069
Nursing Students	158	4847
Ward Aides	14	1724
Para medicals and Community Workers	19	905
Community	105	10722
Total	353	21831

Partner Hospitals

The following hospitals have shown exceptional dedication in sustaining the project independently, while also receiving technical assistance and financial support as required for the care of HIV-positive individuals within their facilities. Additionally, they have benefited from Information, Education, and Communication (IEC) materials and counselor training:

1. St Joseph's General Hospital, Guntur , Andhra Pradesh
2. Women's Hospital, Ambajipeta, Andhra Pradesh
3. The Bangalore Baptist Hospital, Karnataka
4. Church of South India Hospital, Bangalore, Karnataka
5. Seventh Day Adventist Hospital, Bangalore, Karnataka
6. Rural Health Training Centre, Kazhakuttom, Kerala
7. Dr Somervell Memorial CSI Hospital, Karakonam, Kerala.
8. LMS Boy's Brigade Hospital, Kundara, Kollam, Kerala
9. Christian Fellowship Hospital, Oddanchatram, Tamil Nadu

These hospitals have demonstrated outstanding commitment to the sustainability of the project and have played a crucial role in delivering quality care to HIV-positive patients. The collaboration

between ASHA Foundation and these hospitals has led to the successful implementation of PMTCT services, resulting in improved health outcomes for the individuals served.

Professional Engagement and Representation

S l No	Date	Topic	Name	Venue	Duration	Conducted by
1	19-9-2025	Institutional Ethics Committee (IEC) Meeting	Remya Alan Thomas	Asha Foundation	55 3 hrs	ASHA foundation
2	21-1-2026	State HIV conclave	Shivamma	St Joseph's Boy's High school	4hrs	Karnataka Network for People Living with HIV/AIDS

FUTURE PRIORITIES (2026–2027)

The project will continue to strengthen services through:

1. Expanding referral networks.
2. Enhancing early HIV testing during pregnancy.
3. Strengthening follow-up of HIV-exposed infants.
4. Increasing community awareness and stigma reduction efforts.
5. Supporting elimination of vertical transmission goals.
6. Building capacity of healthcare professionals and community workers.
7. Strengthening partnerships with public and private healthcare institutions.
8. Strengthen safer conception services for HIV-serodiscordant couples by providing comprehensive counselling, PrEP (pre-exposure prophylaxis), and clinical support to protect HIV-negative partners and support the safe conception and birth of HIV-free children

CONCLUSION

The achievements of 2025–2026 demonstrate that comprehensive PMTCT services can successfully eliminate mother-to-child transmission of HIV when women receive timely diagnosis, lifelong treatment, continuous counseling, and compassionate support..

Through strong partnerships with healthcare institutions, government programmes, community organisations, and dedicated healthcare professionals, ASHA Foundation continues to strengthen maternal and child health while advancing India's goal of eliminating vertical transmission of HIV.

We extend our sincere gratitude to our partner hospitals, healthcare workers, donors, government stakeholders, community networks, and, above all, the courageous mothers and families who have placed their trust in us.

Together, we remain committed to ensuring that every mother receives quality care with dignity and that every child has the opportunity to be born HIV-free.

Case Study 1:

Beena (name changed) first came to ASHA Foundation in 2013 at the age of 27, during her first pregnancy. As part of routine antenatal care (ANC), she was diagnosed with HIV, while her husband tested HIV-negative. She was immediately enrolled in ASHA Foundation's Prevention of Mother-to-Child Transmission (PMTCT) program and initiated on Antiretroviral Therapy (ART). At the time of diagnosis, her CD4 count was 138 cells/mm³.

Over the next 13 years, Beena remained fully adherent to ART, achieving and maintaining an undetectable viral load. Throughout this period, her husband consistently tested HIV-negative, and the couple remained committed to regular follow-up and medical care.

After more than a decade of successful treatment, the couple expressed their desire to have a second child. Following comprehensive counselling, Beena's husband was started on Pre-Exposure Prophylaxis (PrEP) in June 2023 to further reduce the risk of HIV transmission during conception. Demonstrating his commitment to protecting his health while supporting their dream of expanding their family, he willingly continued PrEP until Beena conceived. The couple was advised to have unprotected sexual intercourse only during the most fertile period of her menstrual cycle.

In August 2025, Beena conceived naturally. Her husband's HIV test remained negative, and PrEP was discontinued on 21 August 2025. Throughout her pregnancy, Beena remained fully adherent to ART, and her viral load stayed undetectable, ensuring an extremely low risk of HIV transmission to her baby.

On 4 April 2026, at the age of 40, Beena safely delivered a healthy baby girl. Both mother and baby were in good health. Her husband remained HIV-negative, and the baby's 6-week HIV PCR test was negative, confirming that the infant was HIV-free.

Beena's journey is a powerful testament to the impact of early diagnosis, lifelong treatment adherence, and comprehensive HIV care. It demonstrates that with sustained viral suppression, appropriate use of PrEP for the HIV-negative partner, careful pregnancy planning, regular monitoring, and continuous medical and psychosocial support, serodiscordant couples can safely conceive, maintain the HIV-negative status of the uninfected partner, and give birth to healthy HIV-free children.

Beena's journey demonstrates the life-changing impact of early diagnosis, lifelong ART adherence, safer conception counselling, appropriate use of PrEP, and continuous medical and psychosocial support. It also highlights the importance of shared responsibility, as both partners remained committed to treatment, prevention, and regular follow-up. Their partnership with the healthcare team made it possible to achieve their dream of welcoming a healthy HIV-free baby while protecting the HIV-negative partner.

Case Study 2:

Lakshmi (name changed), a 21-year-old woman, came to ASHA Foundation after the birth of her first child. Her education was interrupted when her mother was diagnosed with cancer, and her family arranged her marriage before she could complete her studies. She was married in December 2023 and became pregnant in 2024. During her routine antenatal care (ANC) at three months of pregnancy, she tested HIV-negative.

However, at eight months of pregnancy, Lakshmi developed severe abdominal pain and was admitted to the hospital. During further investigations, she was diagnosed with HIV and was immediately started on Antiretroviral Therapy (ART) in September 2024.

In October 2024, Lakshmi delivered a healthy baby girl. As per the national PMTCT guidelines, her baby received Nevirapine (NVP) and Zidovudine (ZDV) prophylaxis after birth. The child was closely followed up through the PMTCT program, and HIV tests at 6 weeks, 6 months, 12 months, and the final confirmatory test were all negative, confirming that the child remained HIV-free.

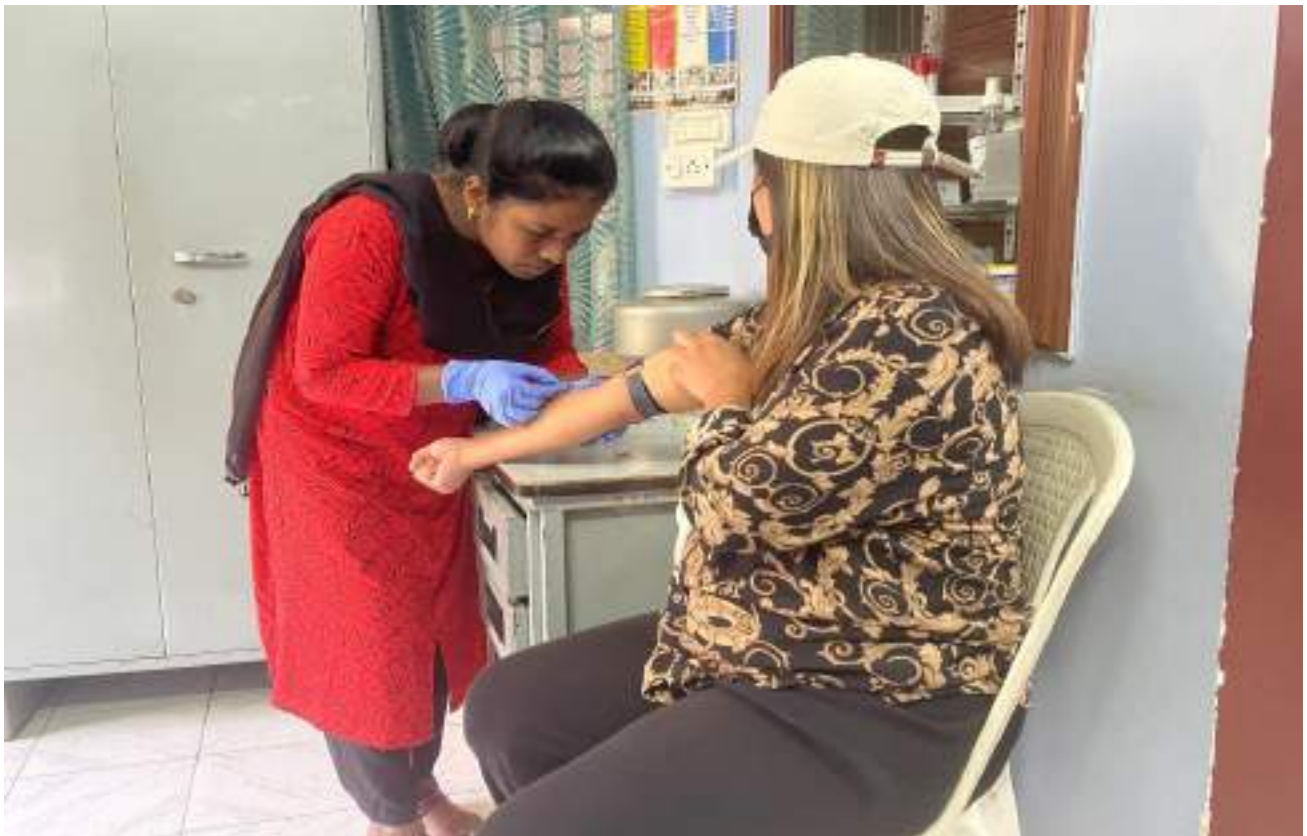
While the medical outcome was encouraging, Lakshmi faced significant emotional and social challenges. Her husband initially tested HIV-positive but did not return for follow-up care and repeatedly declined to start ART. Following Lakshmi's diagnosis, she experienced blame, stigma, and conflict within her marital family. Her husband and mother-in-law held her responsible for the HIV diagnosis and frequently threatened divorce.

The ongoing emotional distress eventually led to a mental health crisis, during which Lakshmi intentionally took an overdose of her ART medication. She was immediately taken to the hospital, where she received emergency medical treatment and recovered. Recognizing that her needs extended beyond HIV treatment, ASHA Foundation provided comprehensive psychosocial support, including crisis intervention, individual and marital counseling, and referral for psychiatric care. With continued counseling and follow-up, Lakshmi's emotional well-being improved, and she is now continuing her HIV treatment while living with her husband.

Lakshmi now hopes to become financially independent, but because she could not complete her education, she has limited employment opportunities. Her story illustrates how interrupted education and financial dependence can make young women more vulnerable during times of crisis.

This case highlights that successful PMTCT is about much more than preventing HIV transmission to the baby. It demonstrates the importance of timely diagnosis, lifelong ART, mental health care, family counseling, and compassionate psychosocial support. It also reminds us that social factors such as interrupted education, financial dependence, stigma, and lack of family support can make young women more vulnerable during times of crisis. By addressing both medical and psychosocial needs, PMTCT programs can help mothers not only give birth to HIV-free children but also rebuild their lives with dignity, confidence, and hope.

PREVENTION OF MOTHER TO CHILD PROJECT PHOTOS



HIV viral load test being done at ASHA Foundation Premises on 19.05.2025



PMTCT Program Officer providing Adherence counselling to mother on 05.11.2025



PMTCT Program Officer Giving HIV negative final report of baby (at 15 Months) to parents on 19.12.25



World AIDS Day celebration at PMTCT Kerala Partner Hospital on 01.12.2025



HIV awareness session at PMTCT partner hospital on 06.12.2025



PMTCT Out Reach worker attended Jeevotsava 2026 state HIV conclave programme conducted on 21.01.2026

6. HPV Vaccination Project:

The HPV Vaccination Project is a new project that was initiated in March 2025.

In India, Cancer of the cervix is the second leading cause of death in women. Ninety nine percent of cancers of the cervix are caused by a virus called the Human Papilloma Virus or HPV. Women living with HIV have a sixfold increased chance of acquiring Cancer Cervix. In 2023, the Serum Institute of India developed an indigenous vaccine for HPV which is much cheaper than the imported vaccine. The SII vaccine is effective against the four commonest strains of the HPV. This vaccine ideally should be given at young ages from age of nine years upto 26 years. In children and women living with HIV, three doses need to be given at day 0, two months and six months. Because of the increased risk of development of cancer cervix in people living with HIV, ASHA Foundation started the project of providing the vaccine to children and adults living with HIV. The project started off with a bang by ASHA Foundation, in collaboration with Karnataka Network of Positive people and the Rotary clubs of South Delhi and Bengaluru. At this camp , 1022 children living with HIV and affected by HIV received free vaccination. During the year 2025-2026, 360 children living with HIV received vaccination. Of these 33 received the first dose , 318 received the second dose and 9 received the third dose. Three hundred and fifteen negative children also received two doses each of HPV vaccination.

Sixteen awareness programs were conducted on HPV Vaccination and its importance over the last year. Six awareness sessions were given during the LIT programs of Camp Rainbow, five awareness sessions during the SHG meetings of the Children at Risk project, and five awareness programs during the Teachers Training Workshops of the Adolescent Health Education Program.

One hundred and thirty one women received testing for Pap smear and HPV DNA . One hundred and ten were women living with HIV and twenty one were women without HIV. Of the 110 women living with HIV , eight women had positive HPV DNA. They were no positive HPV DNA in the negative group.

Awareness programs on Ca Cervix and HPV DNA

Sl. No.	Date	Topic	For whom	Venue	No. of participants	Conducted by
1	27.04.2025	HPV Awareness Programme	Camp Rainbow Volunteers Training	Wings Elims Campsite, Bangalore	26	Sr. Rebeccamma
2	18.06.2025	HPV Awareness Programme	Leader's in Training Programme (LIT)	ASHA Foundation, Bangalore	5	Sr. Rebeccamma
3	20.07.2025	HPV Awareness Programme	Leaders' in Training Programme (LIT)	Hotel Naveen Aishwarya, Chitradurga	35	Sr. Rebeccamma
4	20.07.2025	Awareness Programme	Beneficiaries	ASHA Foundation premises	40	Mr. Rambabu
5	17.08.2025	Awareness Programme	Beneficiaries	ASHA Foundation premises	34	Sr. Rebeccamma
6	21.08.2025	Awareness Programme	74th Teachers Training Workshop	MOREAU Institute of Integral Training, Shillong, Meghalaya	106	Dr. Glory Alexander
7	07.09.2025	HPV Awareness Programme	Leaders' in Training Programme (LIT)	Hotel Uday Bhavan, Belgaum	58	Sr. Rebeccamma
8	28.09.2025	HPV Awareness Programme	Leaders' in Training Programme (LIT)	Kripalaya, Gulbarga	32	Sr. Rebeccamma
9	12.10.2025	Awareness Programme	75th Teachers Training Workshop	Don Bosco School, Silapathar, Assam	91	Dr. Glory Alexander
10	02.11.2025	HPV Awareness Programme	Leaders' in Training Programme (LIT)	SCMI House, Bangalore	52	Sr. Rebeccamma
11	16.01.2026	Awareness Programme	76th Teachers Training Workshop	Holy Cross High School, Agartala, Tripura	123	Dr. Glory Alexander
12	22.02.2026	Awareness Programme	Beneficiaries	ASHA Foundation	35	Ms. Shruthi
13	15.03.2026	Awareness Programme	Beneficiaries	ASHA Foundation premises	35	Sr. Rebeccamma
14	20.03.2026	Awareness Programme	77th Teachers Training Workshop	Chumoukedim, Dimapur, Nagaland	143	Dr. Glory Alexander
15	26.03.2026	Awareness Programme	BSW students from St. Josephs college Bangalore	ASHA Foundation premises	34	Dr. Glory Alexander

HUMAN PAPILLOMAVIRUS VACCINE PROJECT - PHOTOS



HPV vaccine was given to a child at the ASHA premises on 12.02.2026.



An HPV awareness programme was conducted at the ASHA premises for Self-Help Group women on 15.02.2026.



HPV awareness programme conducted in Belgaum as part of the Leaders in Training Programme from 06.10.2025



Awareness program conducted at ASHA Foundation for 1st year BSW students from St. Joseph's college, Bangalore on 26.03.2026

Research: ASHA Foundation is registered as a Scientific and Industrial Research Organisation(SIRO) since 2009. The current recognition is valid from 1.4.2026 to 31.3.2029.

The primary areas of Research are:

- Clinical research in Prevention of mother to child transmission of HIV infection
- Clinical research in Adults with HIV
- Clinical research in children with HIV
- Adolescent Health Education
- Counseling in HIV
- Socio economic aspects of HIV
- HPV Vaccination

ASHA Foundation has constituted an Institutional Ethics Committee as per ICMR Guidelines

The following members constitute the Committee. The IEC met on 16.9.2025.

Sl#	Name	Qualification with Specialization	Current Organization	Designation/ role of member in Ethics Committee	Affiliation of member with institute that has constituted the Ethics Committee
1	Dr. Ranga Udayakumar	BSc (MSc, PhD)	Jawaharlal Nehru Centre For Advanced Scientific Research	Chair Person	No
2	Ms. Remya Alan Thomas	BCA (MSW)	ASHA Foundation	Member Secretary	Yes
3	Dr. Manjula Das	Other (PhD)	Mazumdar Shaw Medical Foundation	Basic Medical Scientist	No
4	Dr. T.S. Girish	MBBS (MD - Medicine)	Bangalore Baptist Hospital	Clinician	No
5	Ms. Silvia Prathiba	BSc (MSW)	ASHA Foundation	Social Scientist	Yes
6	Ms. Rekha A Shetty	LLB (Master of Laws (LL.M.))	Garuda Group	Legal Expert	No
7	Ms. Bethesa S Jacob	BSc (MSc)	United International School	Lay Person	No
8	Ms. Hazel Leena George	BSc (MSc)	ASHA Foundation	Member - Alt Member Secretary (Dual	Yes
9	Dr. Sujana K Dhar	BSc (MSc, PhD)	Mazumdar Shaw Medical Foundation	Member	No

Current research Projects at ASHA Foundation:

1. Evaluation of Vaccine Efficacy post HPV Vaccination in HIV Infected Children.

The collaborative study between ASHA Foundation and CPDTRI was presented by Dr. Manjula Das.

The study aimed at determining the optimal dosage and frequency of HPV vaccination in children living with HIV, ensuring improved immunity and protection.

2. Evaluation of Vaccine Efficacy post HPV Vaccination in Adult Women A study similar to the one above but targeting adult women to assess vaccination outcomes and optimize dosage schedules.

3. Comparison of Efficacy of COVID-19 Vaccine in Immuno-Compromised and Competent Individuals

The study is of retrospective and comparative nature on vaccine response across different immune status groups to inform treatment protocols. The study was approved in May 2021 by the stand-alone IEC of Catalyst Foundation. Samples collected during the period of 2021-2022 have been analysed during 2023-2024. The investigators of the project were Prof Uday Ranga of JNCASR, Dr Sujan Dhar from MSMF (Statistician), Dr Manjula Das (Basic scientist), Dr Rammohan Bhat (Nephrologist, MSMF), Dr Ramakrishna (Infectious Disease Specialist, PCMH – the IEC approval was in his name and most patients were from him). Immune response was tested on 120 patients out of which 30 were immunocompromised with HIV (20) and Lupus (10). Dr Glory Alexander of ASHA foundation would join the team as an HIV- expert for interpreting the findings and reporting it in a peer reviewed scientific journal.

4. Current Trends in Stigma and Discrimination Among People Living with HIV

The study aims to assess the current patterns of stigma and discrimination faced by people living with HIV (PLHIV) in Bangalore. Despite decades of HIV interventions, stigma remains a major barrier, affecting mental health, treatment adherence, and social well-being. The cross-sectional, quantitative study will involve 425 adult participants registered at ASHA Foundation, using the Berger HIV Stigma Scale to measure stigma and its subcomponents. Participants must be on ART for at least six months and willing to provide informed consent.

5. Breaking the Chain – Preventing Intergenerational Transmission of HIV

Aims to assess and improve the prevention of mother-to-child HIV transmission among perinatally infected women over a ten-year period (Feb 2018 – Jan 2028). It combines retrospective (2018–2025) and prospective (2025–2028) data collection involving mother–child pairs, with follow-up until the child’s final HIV test at 15–18 months. The study investigates maternal factors (ART initiation, viral load, delivery mode) and infant factors (feeding practices, prophylaxis, HIV testing) to identify determinants influencing transmission outcomes.

6. From Survival to Thriving – Impact of Life Skills Education on Youth Living with HIV

This prospective cross-sectional study, conducted by Camp Rainbow of ASHA Foundation (Sept 2026 – 2028), aims to assess how life skills education affects the knowledge, skills, and attitudes of youth living with HIV (aged 18–25) across various districts of Karnataka. Sessions spanning 1.5 days focus on WHO-aligned topics. The study targets approximately 750 participants over three years and uses structured questionnaires administered before and after the sessions.

This prospective cross-sectional study, conducted by Camp Rainbow of ASHA Foundation (Sept 2026 – 2028), aims to assess how life skills education affects the knowledge, skills, and attitudes of youth living with HIV (aged 18–25) across various districts of Karnataka. Sessions spanning 1.5 days focus on WHO-aligned topics. The study targets approximately 750 participants over three years and uses structured questionnaires administered before and after the sessions.

7. Empowering Teachers for Ethical Engagement in Adolescent Health Education

This three-year workshop-based study, led by Mrs. Hazel George and Dr. Glory Alexander of ASHA Foundation, aims to enhance teachers' capacity for ethical and sensitive engagement in adolescent health education. The study involves training secondary school teachers from government, private, and aided schools across urban and rural settings. Through structured pre- and post-test assessments, the study evaluates improvements in teachers' ethical literacy, psychosocial sensitivity, and facilitation skills. A total of 900 teachers from 450 schools will be trained across 9 workshops over 3 years.

List of publications :

1. Dr. Glory Alexander- Original author of Unit **HIV/AIDS and Women** under Block 1- HIV and vulnerable populations for Certificate course(CAFÉ) and Diploma in HIV and Family Education (DAFE) for the Elective on HIV/AIDS BFEE-101 conducted by **IGNOU university** and member of the original expert committee that formulated these courses.
2. Dr. Glory Alexander original author of unit - **HIV/AIDS and its implication for infected person, family and community** under Block 2 HIV/AIDS Education and care for Certificate course(CAFÉ) and Diploma in HIV and Family Education (DAFE) for the Elective on HIV/AIDS BFEE-101 conducted by **IGNOU university** and member of the original expert committee that formulated these courses.

3. Joyce Davis, Dr.Glory Alexander, Chitra Lancelot, Dr.PSS Sundar Rao **Assessment of workshop-based training of teachers for imparting value based education to high school students.**-Journal of Educational Research and Extension; volume 43,Oct-Dec 2006.pages 10-17.

4. Avina Sarna, Jaleel Ahmed, Glory Alexander, Vaishali Mahendra et al.
Exploring the barriers to accessing care and treatment for HIV infected children in India-A diagnostic study- Research update –April 2007.

5. G. Alexander, B.G.Sunitha, K.L.Chitra **Counseling Needs Of Persons Exposed To Human Immuno-Deficiency Virus**-Indian Journal of medical research 126,August 2007,pp152-155.

6. Joyce Davis, Glory Alexander, PSS Sundar Rao –**Value education for children- whose responsibility ?** New Frontiers in Education, Vol-40, No-3, July-Sept 2007 pp246-250.

7. Joyce Davis, Glory Alexander **Mapping the future-Students response to Adolescent Health Education** booklet June 2009

8. Joyce Davis, Glory Alexander, PSS Rao **Response of Indian School Students to Adolescent Health Education**-New Frontiers in Education, Vol.43, No.4,October -December 2010 pp 494-499.

9. Joyce Chitra Davis, Glory Alexander, Divya Alexander, Pearly Benjamin **Character building and Life Skills Education – Teachers Resource Manual – Volume -1 (Understanding myself and Friendships)**

10. Joyce Chitra Davis, Glory Alexander, Divya Alexander, Pearly Benjamin **Character building and Life Skills Education – Teachers Resource Manual – Volume - 2(Marriage, a lasting friendship and Managing Emotions)**

11. Joyce Chitra Davis, Glory Alexander, Divya Alexander, Pearly Benjamin

**Character building and Life Skills Education – Teachers Resource Manual – Volume -3
(Practicing good character and Courage to turn around)**

12. Karthikeyan Vijaya, Alexander Glory, Solomon Eileen, Rao Sarita, Rao PSS Sunder-
Prevention of mother to Child transmission of HIV- Our experience in South India- Journal of
Obstetrics and Gynaecology of India, Jan/Feb 2011, Pg.62-66
13. Alexander.G, Kanth.C, Thomas.R.- **A descriptive study on the users and utility of
HIV/AIDS Helpline in Karnataka , India-** Indian J Community Med 2011; 36:17-20
14. E. Solomon, F. Visnegarawla, P. Philip, G. Alexander- **Demographic Predictors of HIV
positivity among Women presenting for Obstetric care in South India- a case control study-**
AIDS care journal . Vol-23, No.10, October 2011 pp-1336-1343.
15. Visnegarwala, F., Nalli, A., Babu, R., Satish, S., Pradeep, L., & Alexander, G **Impact of
antiretroviral therapy (ART) on socio-economic status and productivity of HIV-positive
individuals/households in a private setting in India.**Journal of the International Aids Society -
Vol. 15, (Suppl 3) October 2012 pp. 257-258 J Int AIDS Soc. 2012; 15(Suppl 3):
doi: [10.7448/IAS.15.5.18443](https://doi.org/10.7448/IAS.15.5.18443)-40
16. -Solomon E, ; Visnegarwala F; Philip P; Pappachen JS, ; Alexander .G **Description of
Comprehensive PPTCT Counsellors' Training:The Backbone of PPTCT Services in India-**
Journal of Health Management. Vol 14,No.3,Sept.2012 pp 369-374
17. Glory Alexander, Chitra L.Kanth, Priyanka Manoharan, Merlin Maria, Diptty Joseph. **The
HIV/AIDS Helpline is an effective tool of communication** – World Journal of AIDS Vol 4, Aug
2014, pp 305-310.
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capacity building strategy for mainstreaming HIV/AIDS prevention education among
adolescents.** New Frontiers in Education,Vol 47, No.4. Oct-Dec 2014 pp 54-66.
19. Gadavalli Vera Venkata Satyakiran, Radhika Manoj Bavle, Glory Alexander, Saritha Rao,
Reshma Venugopal, Sreelatha S Hosthor **A relationship between CD4 count and oral**

- manifestations of human immunodeficiency virus-infected patients on highly active antiretroviral therapy in urban population.** J Oral Maxillofac Pathol. 2016 Sep-Dec; 20(3): 419–426. doi: 10.4103/0973-029X.190934.
20. - Glory Alexander, Sarita Rao, Saranya Satish, Ram Babu **Growth and Development of children living with Human Immunodeficiency virus in South India –A comparative study-** Glory–Indian Journal of Child Health- Vol 4, Issue 2, Apr-June 2017 PP 162-169.
21. Visnegarwala, F., Alexander, G. and Babu, R. **Improvement in Socio-Economic Productivity of HIV Positive Individuals on Anti Retroviral Treatment in a Private Setting in South India.** World Journal of AIDS, 9, 23-32. <https://doi.org/10.4236/wja.2019.91003>
22. **Covid 19 and HIV -a Tale of two pandemics** published in New Indian Express on 10.4.2020 under the column Expert Opinion by Glory Alexander.
23. Glory Alexander and Dr. Nandimath, **Confidentiality and Medical Treatment** , Chapter written in the book titled **Health Law and Ethics published in 2021.**
24. **Guidelines for reopening of schools** – member of expert committee and contributor to this document published as document in June 2021.
25. Alexander, G. and Thomas, R. (2022) **Health-Related Quality of Life in HIV-positive Women on Long-Term Antiretroviral Therapy—A Study from Bangalore, South India.** *World Journal of AIDS*, **12**, 97-110. doi: [10.4236/wja.2022.122008](https://doi.org/10.4236/wja.2022.122008)
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27. Divya Alexander, Glory Alexander, contributed a chapter titled- **Setting the Stage-The Role of Communication in Healthcare** in the book **-Communicate.Care.Cure. A Guide to Healthcare Communication** , Fourth Edition 2025 , pages 1 to 6 .
28. **HIV has Changed. Now our attitudes must** – Glory Alexander . An opinion piece on HIV published in the Deccan Herald on 1.12.2025.

CONSOLIDATED LIST OF TRAININGS ATTENDED 2025-2026

Sl No	Date	Topic	Name of participants	Venue	No. of Days	Conducted by
1	12.09.2025	Observance Of World Suicide Prevention Day 2025. 'The Untold Story-From Silence to Speaking Out	Mrs. Hazel Leena George	St. Mark's Cathedral, Bangalore.	1/2 day	Medico-Pastoral Association- Centre for Mental Health Care
2	19.09.2025	Institutional Ethics Committee	ASHA Foundation	ASHA Foundation Conference Hall	3 hrs	ASHA Foundation
3	19.09.2025	Institutional Ethics Committee (IEC) Meeting	Remya Alan Thomas	ASHA Foundation	3 hrs	ASHA foundation
4	18.10.2025 - 21.10.2025	Empowering Minds , Embracing Change: Reimagining Catholic Higher Education for a Global Tomorrow	Mr. Biju Sebastian	St. Aloysius (Deemed to be University) Mangalore, Karnataka	4 hrs	Xavier Board of Higher Education in India
5	12.11.2025	Cancer research and integrative medicine (ICCRIM)	Mrs. Hazel Leena George	Garden City University	1 day	Dept. Of Life Science Garden City University and Karnataka state council for Science and Technology (KSCST)
6	21.01.2026	State HIV conclave	Shivamma	St Joseph's Boy's High school	4 hrs	Karnataka Network for People Living with HIV/AIDS
7	21.01.2026	JEEVOTSAVA-State HIV Conclave	5 ASHA staff	St. Joseph's European high school, Bangalore	1/2 day	KNP+(Karnataka Network of positives)
8	24.01.2026	One Day National Level Conference on NAAC reforms and skilling in emerging Technologies	Mr. Biju Sebastian	Christ Deemed to be University , Bangalore , Karnataka	1 day	Xavier Board of Higher Education in India
9	25.01.2026	Sports day	9 ASHA staff	BBMP grounds, Anandanagar	1 day	ASHA Foundation
10	06.03.2026	HIV/AIDS awareness programme	2 ASHA staff	ENNOVI Solution, Electronic City	1/2 day	ASHA Foundation

CONSOLIDATED LIST OF TRAINING PROGRAMS CONDUCTED 2025-2026

Sl. No	Date	Topic	For whom	Venue	No. of participants	Conducted by
1	13.04.2025	Talk by Dr. Glory on HIV - A Global Ethical Conundrum - Ethical concerns in PMTCT	ESCMID Global Conference participants	Vienna, Austria	200	ESCMID
2	27.04.2025 - 01.05.2025	Volunteers training	Camp Volunteers	Bangalore	26	Camp Rainbow Bangalore LT
3	12.08.2025	Master Trainers' Annual Meeting and Pre-Planning Meeting, Shillong."	Master trainers	ASHA Foundation	8	ASHA Foundation
4	04.05.2025 - 09.05.2025	Residential Camp	Children living with HIV	Dharwad	63	Camp Rainbow Bangalore LT and Volunteers
5	07.06.2025	Talk by Dr. Glory on Ethical Conundrum in PMTCT	HIVE Mysore participants	Hotel Ibis Styles, Mysore	100	Asha Kirana Hospital
6	18.06.2025	Leaders' in training programme(LIT)	Youth living with HIV	ASHA FOUNDATION	5	Camp Rainbow Bangalore LT
7	19.07.2025 - 20.07.2025	Leaders' in training programme(LIT)	Youth living with HIV	Chitradurga	35	Camp Rainbow Bangalore LT
8	05.08.2025 - 07.08.2025	Leaders' in training programme(LIT)	Youth living with HIV	Belgaum	62	Camp Rainbow Bangalore LT
9	19.08.2025	Presentation about CRB-LIT programme	Network staff	Online-Zoom	4	Camp Rainbow Bangalore LT
10	20.08.2025 - 22.08.2025	74 th Teachers Training workshop	Directorate of Educational Research and Training (DERT), Shillong, and Shillong Teachers	Moreau Institute of Integral Training (MIIT), Shillong	55 schools with 112 teachers attended	ASHA Foundation

11	23.08.2025	Talk by Dr. Glory on PrEP in HIV	CME doctors	Tezpur, Assam	100	CME – ASI (AIDS Society of India)
12	24.08.2025	Talk by Dr. Glory on PrEP in HIV	CME doctors	Guwahati, Assam	100	CME – ASI (AIDS Society of India)
13	27.09.2025-28.09.2025	Leaders' in training programme(LIT)	Youth living with HIV	Gulbarga	32	Camp Rainbow Bangalore LT
14	03.10.2025	Preplanning meeting 75 th Teachers' Training Workshop	Master trainers	ASHA Foundation	5	ASHA Foundation
14	11.10.2025 - 13.10.2025	75 th Teachers' Training Workshop	Teachers from Silapathar ,Assam	Don Bosco School, Silapathar, Assam	13 schools with 41Teachers	ASHA Foundation
15	01.11.2025 - 02.11.2025	Leaders' in training programme(LIT)	Youth living with HIV	Bangalore	52	Camp Rainbow Bangalore LT
16	29.11.2025	Talk by Dr. Glory on PrEP and PEP	CME doctors	Mangalore	200	Manipal - ASI-CME
17	01.12.2025	Talk by Dr. Glory on HIV/AIDS	Students	Jyothi Nivas College, Bangalore	500	Alliance University / Jyothi Nivas College
18	10.01.2026	Preplaaning meeting for 76 Teachers Training Workshop Agarthala West Tripura	Master trainers	ASHA Foundation	4	ASHA Foundation
19	15.01.2026 - 17.01.2026	76 th Teachers' Training Workshop Agarthala West Tripura	Teachers from Agarthala West Tripura	Holy Cross School, Agartala, West Tripura	44 schools with 123 Teachers	ASHA Foundation
20	31.01.2026	Volunteers' presentation	College students and Professors	Gadag	75	Camp Rainbow Bangalore LT

21	19.03.2026 - 21.03.2026	77 th - Teachers Training Workshop Nagaland, Chumukedima – Dimapur	Teachers from Nagaland, Chumukedima – Dimapur	Peace Centre, Chumukedima Dimapur – Nagaland	44 schools with 143 Teachers	ASHA Foundation
22	07.03.2026	Talk by Dr. Glory on ASICON 2026	Doctors	JW Marriott Hotel, Bangalore	250	ASI
23	8.03.2026	Talk by Dr. Glory on International Women's Day	ASICON Seminar participants	Mumbai	100	Seminar ASICON with Mumbai Society
24	14.03.2026	Seminar on HIV/AIDS	Alliance University Students	Alliance University	200	Alliance University
25	26.03.2026	Orientation on the ASHA Foundation and HIV awareness session	First year students of BSW from St. Joseph's College	ASHA FOUNDATION	34	Asha Foundation staff
26	29.03.2026	Presentation about Residential camp Programme	Volunteers	Online-Zoom	15	Camp Rainbow Bangalore LT

Other Matters:

Resignation and new staff:

During the year, one new member, Mrs. Hazel Leena George, joined as a Project Coordinator, under AHE Project of ASHA Foundation.

International Travel during the year: The Director attended the annual congress ESCMID (European Society of Clinical Microbiology and Infectious Diseases) Global 2025 Conference that was held in Vienna, Austria from 11th to 15th April 2025. The cost was taken care of by ESCMID.

Information on distribution of staff by gender and Salary:

Slab of gross monthly Salary(in Rs) plus benefits paid to staff	Male staff	Female staff	Total staff
<15000	-	-	-
<30000	1	2	3
<50000	1	9	10
>50000	3	2	5

Disclosure of salary and benefits of head, highest paid staff member and Lowest paid staff member of organization:

1. Head – Rs.87,479/- per month
2. Highest paid - Project Coordinator-AHE
Salary+ Provident fund + Accident insurance+ Health insurance + Gratuity
= Rs.70,168/-per month
3. Lowest paid – Office Boy
Salary + Provident fund+ Accident insurance + Health care + Gratuity
= Rs.25,745/- per month.

Our heartfelt gratitude to the following for the year April 2025 to March 2026

1. Members of the Governing Board of ASHA Foundation for their input and guidance.
2. Members of IEC of ASHA Foundation
3. Mr. Krishna Chivukula and INDO-MIM-Tech Pvt. Ltd for their unending generosity in supporting ASHA Foundation since 2004.

4. Dr. Molly Kurian, Mr. Thampi Kurian and Kurian Foundation Trust for their donation to ASHA Foundation.
5. Serious Fun Network, USA for their partnership and support in Camp Rainbow.
6. Ms. Angela and Hans Roojimans, Ms. Sytze Huizinga and Stichting Kettingreactie, Netherlands for their contribution to ASHA Foundation.
7. Liav Shamriz and Overseas Women's Club for financial support to projects at ASHA Foundation.
8. To the Wilde Ganzen Foundation in the Netherlands for support to the PMTCT Project.
9. To Ms. Bhairavi Shibulal and Solis Health for their support to the HPV Vaccination Project.
10. To Pharmed for their donation to ASHA Foundation.
11. To Asirvadam Trust for their donation to ASHA Foundation.
12. Mrs. Sheila Isaac, for her regular contribution to ASHA Foundation.
13. Mr. Prabindh Sundareson for his generous contribution to ASHA Foundation and Online Giving Foundation for their generous donations to ASHA Foundation.
14. Mr. Mattam Basavaraj, Mr. Yarava Ramesh, Mr. Madhu, Mr. Subramani, for their regular contribution to ASHA Foundation.
15. Mr. Vikram Bhagat, Mr. Akshay Chandra, Mr. Vivek, Mr. Satish and Anshu Bhatt for their generous contributions to ASHA Foundation.
16. Mrs. Monika Naidu and Accenture for their generous contributions to ASHA Foundation.
17. All our other regular donors, volunteers and well wishers who have always supported ASHA Foundation.

PHOTOGRAPHS



Dr. Glory Alexander lights the lamp at the inauguration of ASICON 2026, the 17th National Conference of the AIDS Society of India, held on 6 –7 March 2026.



Dr. Glory Alexander, Dr. Ishwar Gilada, Dr. N. Kumarasamy, Dr. Amar Pazare, Dr. Naval Chandra, and Dr. Trupti Gilada as members of the ASI Executive Committee



Dr. Glory Alexander, Chief Guest, addressing the awareness programme at Jyothi Nivas College.



Dr. Glory Alexander being honoured as the Chief Guest at an awareness programme held at Jyothi Nivas College, Bengaluru.



Dr. Glory Alexander speaking at the HIVE Mysore Conference on 07.06.2025



Dr. Glory Alexander with dignitaries, including Chief Guest Dr. C.N. Ashwath Narayan, at the lamp-lighting inauguration ceremony of the HIVE Mysuru 2025 Conference on HIV/AIDS, Tuberculosis & other infectious diseases —07.06.2025 at Hotel IBIS



Dr. Glory Alexander speaking on PrEP and PEP at SEPSIMED 2025, held at Kasturba Medical College, Mangaluru, on 29.11.2025



Dr. Glory Alexander Speaking at ASI CME at Tezpur , Assam on 23.8.2025



Dr. Glory Alexander speaking at ESCMID Global 2025, held in Vienna, Austria, from 11–15 April 2025.



Speakers on the session “HIV- A Global Ethical Conundrum” at ESCMID Global 2025, held in Vienna, Austria, from 11–15 April 2025.



Dr. Glory Alexander at ESCMID Global 2026, held in Vienna. 11–15 April 2025, Vienna, Austria.



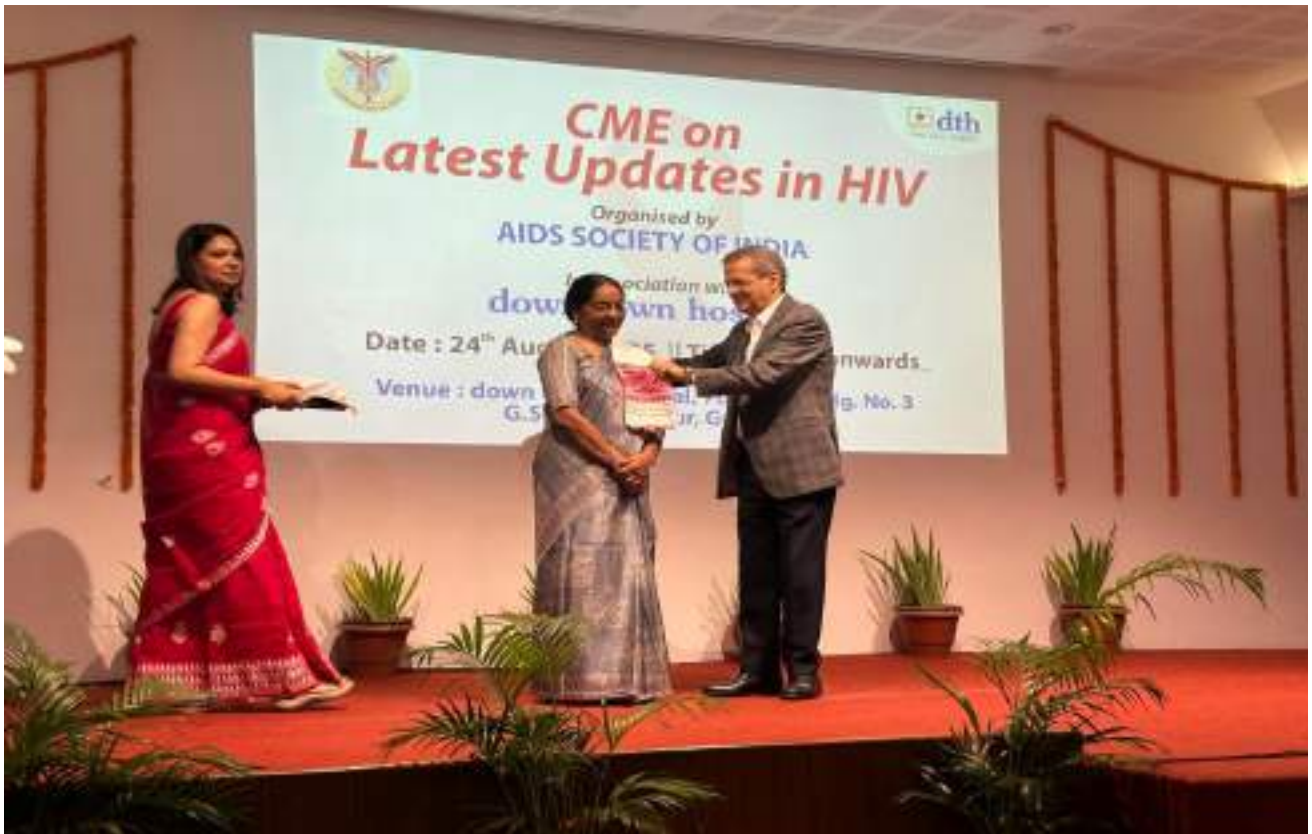
Dr. Glory Alexander conducted an awareness session on 16.01.2026 at Holy Cross School, Agartala, West Tripura, as part of the 76th Teachers' Training Workshop.



Alliance University honoured Dr. Glory Alexander with the Mahila Spandana Award on 14.03.2026



Dr. Glory Alexander speaking at the Alliance Centre for Women Empowerment.



Dr. Glory Alexander at the CME on “Latest Updates in HIV,” organized by the AIDS Society of India, held on 24.08.2025



Dr. Glory Alexander presenting a memento and shawl to Mr. Prabind Sunderesan in recognition of his valuable contributions over the past few years.



Dr. Glory Alexander, President of the AIDS Society of India, at the Curtain-Raiser Press Conference of India's Largest AIDS Conference Streamed live on March 04.03.2026



ASHA Foundation staff members enjoyed a festive Christmas lunch filled with joy, warmth, and togetherness on 19.12.2025



Front row: L-R: Ms.Bethesa Jacob, Dr.Alexander Thomas,Dr.Glory Alexander,Mr.Vijay Chandy.
Middle row L-R: Maya Singh, Malliga, Rukmini, Remya Alan, Hazel Leena George, Shruthi, Supriya, Silvia Thomas, Elizabeth, Shivamma, Theertha, Rebeccamma.
Thirld row, standing L-R: Sarosh Rathod,Charles Calvin,Ravi Kanth, Rambabu, and Ramu, Charles, Ravikanth and Baiju Sebastian

Asha Foundation
[#42, 4th Main SBM Colony, Anand Nagar, Bangalore - 560024]

Consolidated Balance Sheet as on 31 March 2026

(Amount in Rs.)

Particulars	Schedule	31-Mar-26	31-Mar-25
I. Liabilities:			
1. Local Funds	2	1,65,95,403	1,51,04,584
2. Foreign Funds	3	1,03,32,988	98,94,311
3. Provisions & Current Liabilities	4	72,032	1,35,986
Total		2,70,00,423	2,51,34,880
II. Assets:			
1. Fixed Assets	5	10,55,158	10,20,135
Less: Depreciation		1,82,609	1,73,923
Net Block		8,72,549	8,46,211
2. Current Assets:			
Cash & Bank Balances	6	2,56,15,735	2,21,17,220
Other Current Assets	7	5,12,139	21,71,448
		2,61,27,874	2,42,88,668
Summary of Significant accounting policies	1		
Total		2,70,00,423	2,51,34,880

for ASHA Foundation



Dr. Glory Alexander
Trustee

Dr. Alexander Thomas
Trustee



for Singhvi Dev & Unni LLP
Chartered Accountants
FRN : S200358


Shashi Kumar HD
Partner
M No : 235431
UDIN : 26235431MZNLOW8928


Place: Bangalore
Date: 22 September 2026

Place: Bangalore
Date: 22 September 2026

Asha Foundation [#42, 4th Main SBM Colony, Anand Nagar, Bangalore - 560024] Consolidated Income And Expenditure Account for the year ending 31 March 2026 (Amount in Rs.)			
Particulars	Schedule	31-Mar-26	31-Mar-25
I. Income:			
1. Receipts During the Year			
Foreign Contributions Received		1,21,16,109	96,22,574
Local Contributions Received		74,81,099	93,95,858
		1,95,97,208	1,90,18,432
2. Other Income			
Savings Bank Interest		1,32,125	85,292
Fixed Deposit Interest		13,54,532	13,12,823
Interest on Income tax		56,851	5,114
Miscellaneous Income		-	582
Other Income		15,36,252	6,04,738
		30,79,760	20,08,549
Total Income		2,26,76,968	2,10,26,981
II. Expenditure:			
1. Local Project Expenses			
<u>I. Research Project Expenses - Recognised As SIRO-DSIR, Dept Of DST, Govt Of India:</u>			
a) Research Project Expenses - PMTCT	8	13,31,573	14,99,017
b) Research Project Expenses - TC	9	8,52,649	6,87,449
c) Research Project HPV	10	2,48,927	-
<u>Other Health Project:</u>			
d) CAR Project Expenses	11	34,28,972	38,79,232
e) CAR - Wipro Cares	12	-	2,64,481
f) General Local Expenses	13	1,20,947	2,74,151
g) Krishna Medicine Expenses	14	4,53,250	3,83,532
h) OWC Project Expenses	15	-	1,39,496
i) CAR/Project_Pharmad Limited	16	6,18,000	-
j) Consultation with medicines		13,12,920	-
k) IEC Meeting Expenses		14,801	-
l) Loss on sale of assets		24,166	-
		84,06,205	71,27,357
2. FC Project Expenses			
<u>II. Research Project Expenses - Recognised As SIRO-DSIR, Dept Of DST, Govt Of India:</u>			
a) PMTCT Research Project Expenses	17	19,47,539	14,38,972
b) Research Project Expenses - AHE	18	46,86,785	27,72,229
<u>Other Health Project:</u>			
c) General Project Expenses	19	44,62,303	57,78,412
d) CAR Project Expenses	20	10,60,739	11,59,839
		1,21,57,366	1,11,49,452
Depreciation	5	1,82,609	1,73,923
Total Expenditure		2,07,46,181	1,84,50,733
Excess of Income/(Expenditure) transferred to Balance Sheet		19,30,787	25,76,249
for ASHA Foundation  Dr. Glory Alexander Trustee Dr. Alexander Thomas Trustee  for Singhvi Dev & Unni LLP Chartered Accountants FRN: S200358  Shashi Kumar HD Partner M No : 235431 UDIN : 26235431MZNIOWB928  Place: Bangalore Date: 22 September 2026 Place: Bangalore Date: 22 September 2026			

Asha Foundation
[#42, 4th Main SBM Colony, Anand Nagar, Bangalore - 560024]

Consolidated Receipts And Payments Account for the period from 01.04.2025 To 31.03.2026

(Amount in Rs.)

Particulars	Schedule	LC	FC	31-Mar-26	31-Mar-25
1. Receipts:					
1. Opening Balances					
Cash and Bank Balances		18,78,248	19,87,385	38,65,633	18,81,441
Fixed Deposits		1,23,31,853	59,19,734	1,82,51,587	1,89,34,277
TDS Receivable		1,84,350	2,85,744	4,70,094	5,31,894
Asha Local receivable		-	27,841	27,841	-
PNB Fastag		445	-	445	5,132
Deposits		600	3,07,500	3,08,100	3,08,100
Advances		1,62,240	-	1,62,240	-
		1,45,57,736	85,28,204	2,30,85,940	2,16,60,444
2. Receipts During the Year					
Donation - Indo US MIM TEC (P) LTD		60,00,000	-	60,00,000	60,00,000
Grant received from Wipro Cares		-	-	-	2,61,000
Serious Fun Network		-	-	-	29,49,227
Donation & Contribution Others		14,81,099	1,08,853	15,89,952	28,82,704
Overseas Women Foundation		-	-	-	2,52,154
Grant from International AIDS Society		-	-	-	8,82,063
Grant from Molly Kurian Foundation		-	76,15,698	76,15,698	55,74,927
Grant from Online Global		-	-	-	24,357
Grant from Goodnews Trust - Scotland		-	3,25,770	3,25,770	-
Stichting Kettingreactie		-	1,66,500	1,66,500	1,92,000
ESCMID Global		-	1,15,992	1,15,992	-
Wilde Ganzen Foundation(Donor)		-	11,72,027	11,72,027	-
Serious Fun Network Inc		-	26,11,269	26,11,269	-
		74,81,099	1,21,16,109	1,95,97,208	1,90,18,432
3. Other Income					
Savings Bank Interest		62,172	69,953	1,32,125	1,13,133
Fixed Deposit Interest		8,84,822	4,58,646	13,43,468	13,12,823
Interest on Income Tax Refund		56,851	-	56,851	5,114
Other income		15,36,252	-	15,36,252	-
Miscellaneous Income		-	-	-	582
Sale of Assets		12,802	-	12,802	-
		25,52,900	5,28,599	30,81,499	20,36,380
Total Receipts		2,45,91,734	2,11,72,912	4,57,64,647	4,27,15,256



Asha Foundation [#42, 4th Main SBM Colony, Anand Nagar, Bangalore - 560024] Consolidated Income And Expenditure Account for the year ending 31 March 2026 (Amount in Rs.)			
Particulars	Schedule	31-Mar-26	31-Mar-25
I. Income:			
1. Receipts During the Year			
Foreign Contributions Received		1,21,16,109	96,22,574
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h) OWC Project Expenses	15	-	1,39,496
i) CAR/Project_Pharmad Limited	16	6,18,000	-
j) Consultation with medicines		13,12,920	-
k) IEC Meeting Expenses		14,801	-
l) Loss on sale of assets		24,166	-
		84,06,205	71,27,357
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for ASHA Foundation  Dr. Glory Alexander Trustee Dr. Alexander Thomas Trustee  for Singhvi Dev & Unni LLP Chartered Accountants FRN: S200358  Shashi Kumar HD Partner M No : 235431 UDIN : 26235431MZNIOWB928 Place: Bangalore Date: 22 September 2026 Place: Bangalore Date: 22 September 2026			

OFFICE ADDRESS:

ASHA FOUNDATION NO.42, 4TH MAIN, S.B.M COLONY,
ANANDANAGAR,
BANGALORE- 560024

PHONE: (080)-2333 2921/2354 5050

COUNSELLING NO: (080)-2354 2222/2354 3333

EMAIL: ASHAFBLR@YAHOO.CO.IN

WEBSITE: WWW.ASHAF.ORG

PLEASE NOTE: ALL DONATIONS TO ASHA FOUNDATION ARE TAX-EXEMPT
UNDER SECTION 80G OF THE INCOME TAX ACT, 1961, VIDE UNIQUE
REGISTRATION NUMBER (URN) AAATA3883D25BL02, VALID FOR ASSESSMENT
YEARS 2027-28 TO 2036-37 (EXTENDING PREVIOUS APPROVAL UNDER AY
2022-23 TO 2026-27)

DONATIONS TO ASHA FOUNDATION CAN BE MADE BY
USING THE ONLINE PAYMENT PORTAL AT ASHA
FOUNDATION WEBSITE: **WWW.ASHAF.ORG**

DONATIONS CAN ALSO BE MADE THROUGH **CHEQUE**
OR **DD** IN FAVOUR OF ASHA FOUNDATION AND SENT
TO THE ABOVE MENTIONED ADDRESS