

ASHA FOUNDATION BANGALORE



ANNUAL REPORT 2024-2025

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Executive Summary

This document presents an overview of ASHA Foundation’s activities from April 2024 to March 2025.

The year opened on a positive note with all projects of ASHA Foundation continuing to operate routinely. A new project was added on this year – the HPV Vaccination project, a project to vaccinate children living with HIV and their siblings between the ages of 9 to 26 years and women living with HIV for prevention against cancer of the cervix.

The six service projects of ASHA Foundation continued as described below:

The HIV Counseling and Testing Services

Since inception, there have been almost 36,396 telephone counseling calls, around 1211 email queries and almost 11,252 counseling sessions. The number of calls on the helpline has been reducing over the last two years.

The Adolescent Health Education Project

During this year two teachers training workshop were held. The first one was in Wardha, Maharashtra and the second was in Aalo, Arunachal Pradesh.

So far 73 Teachers Training Workshops have been held. Currently 818 institutions and 67418 students are doing the Anmol Ashayein program.

SI No	Region	Schools	Colleges	Others	Total Students doing the program
1	Karnataka	26	2	1	8,448
2	Salem (Tamil Nadu)	23			3,901
3	Pune	156	5		24,011
4	Mumbai	114			8,595
5	Vidarbha	325			15,957
6	Nagaland	54			3,297
7	Wardha	81			1,974
8	Arunachal Pradesh	31			1,235
		810	7	1	67,418

The Children at Risk Project

This project supports children and men and women living with HIV and their families. Free medical care and consultation is provided for all the HIV positive patients, including children. The services include routine medical care, treatment for opportunistic infections, counseling services, socio-economic assessments, free or subsidized Antiretroviral Treatment (ART), free or subsidized costs for investigations, empowerment of women through Self Help Groups, and educational and nutritional support for HIV infected and affected children. This year, 53 children received support for education and there were 1183 patient visits to the free HIV clinic. Differentiated Service Delivery (DSD) based on individual need was continued. So where patients are doing well, are stable and regular on treatment, they are seen only once in three months or six months, the others who require more counseling and medical care are seen more frequently. Twelve SHG meetings were held this year on the third Sunday of every month. This year a Sports Day was conducted on the 2nd of February 2025. This year there was also a picnic on the 2nd of March 2025.

The Prevention of Mother-to-Child Transmission (PMTCT) of HIV Project

HIV positive pregnant mothers are identified and treated so that their babies are born HIV negative. So far, more than 2,48,939 pregnant mothers have been tested for HIV under this project, of which 1164 were identified as HIV positive. The risk of transmission of HIV from mother to child has been reduced from 45 % to 1.65% in our cohort. This year:

- 7129 pregnant mothers were tested for HIV, of which 36 were identified as HIV positive and treated and monitored.
- Thirty babies were born during the specified time period, 30 were treated, 28 were tested at 6 weeks and one was detected HIV positive and 33 received testing at one year and all were HIV negative.
- There was one HIV positive child born this year.
- One hundred and forty one counseling sessions were conducted for pregnant HIV positive mothers this year.

Camp Rainbow Project

The year 2025 was the eleventh year of Camp Rainbow Bangalore and 9th season of residential camps, since camps were not conducted in 2020 and 2021, due to the pandemic of Covid. There were two residential camps for the 10 to 17 year age group, one in Dharwad and the other in Bengaluru. A total

of seventy children took part in these camps. Sixteen youth living with HIV took part in these camps as volunteers. For the LIT programs 276 youth in the age group of 18 to 24 years were empowered.

HPV Vaccination Project

The year 2025 saw the introduction of a new project called the HPV Vaccination Project. This project aims to provide free or subsidized HPV Vaccines for children living with HIV and their siblings between the age of 9 to 26 years and also free or subsidized HPV vaccines for women living with HIV.

The Miscellaneous Activities

During this financial year, Dr.Glory received two awards. The Lifetime Achievement Award, from the AIDS Society of India, was presented to her at the Annual Conference of the AIDS Society of India (ASICON) which was held from 21st Feb 2025 to 23rd Feb 2025 at Ahmedabad. She received the award from the Chief Minister of Gujarat, Shri Bhupendra Singh Patel. The second award was the Rotary Healthcare Excellence Award presented to her by Rotary District 3192 of Karnataka on 13th March 2025.

A team of eight from ASHA Foundation attended the world's biggest International AIDS Conference that was held in Munich, Germany from the 22nd of July 2024 to the 26th of July 2024. ASHA Foundation conducted a Satellite Symposium in conjunction with Serious Fun Children's Network. They also has a networking zone in the global village where they conducted several sessions – lectures, panel discussions, capacity building etc.

Two volunteers, MSW candidates from St.Claret's college, Jessica and Joselyn volunteered at ASHA Foundation this year. The Board of Trustees of ASHA Foundation had regular quarterly meetings.

ASHA Foundation would like to place on record their gratitude to the Board of Trustees, the Research Advisory Board, long-standing supporters Mr. Krishna Chivukula and Indo-MIM Ltd, the Serious Fun Network USA, Dr. Molly Kurian and Mr. Thampi Kurian of Kurian Foundation Trust, Stichting Kettingreactie, Lorna Murray and Mr. Kennedy of Good news Scotland Trust, Mr.S.D. Reuban of Scripture Gift Mission and all those individual donors who have contributed so generously. ASHA Foundation would also like to thank our new donors – Ms. Bhairavi Shibulal of Solis Health, Pharmed, Ashirvadam Trust and Wilde Ganzen Foundation, Ms. Vandana Bhalla of Rotary Delhi South, Rotary District, Schott Poonawalla, Mr. Jayaraman and Rotary District 3192. Finally, our gratitude to the staff and volunteers of ASHA Foundation for their incredible work that made a huge difference in so many lives.

ASHA Foundation

1. **Mailing Address:** No.42, 4th Main, SBM Colony,
Anand Nagar,
Bangalore –560024
Karnataka
2. **Telephone numbers:** 00 91 80 2333 2921 / 2354 5050
Fax: 00 91 80 2333 2921
3. **Email:** ashafblr@yahoo.co.in
4. **Website:** www.ashaf.org
5. **Contact person:** Dr. Glory Alexander

Statutory requirements and registrations:

- Registered on 07.03.1998 as a Charitable Trust in Shivaji Nagar, Registrar's office, Bangalore. Registration number- **849/97-98**
- Amended trust deed document No.- **899/04-05**
- Certificate under 12(A) of IT Act 1961 renewal approved for a period of five years from AY 2022-23 to 2026-27.
- Recognized U/S 80 G of IT Act 1961 latest recognition was approved for a period of five years from AY 2022-23 to AY 2026-27.
- PAN No. is available. TAN No. is available.
- Registered under FCRA. Received approval under FCRA from 1.4.2022 to 31.3.2027. FCRA bank account is opened in SBI Branch, New Delhi and is functional.
- Renewal of recognition granted as Scientific and Industrial Research Organization under DSIR, GoI from 01.04.2023 to 31.03.2026.
- Registered with Regional provident Fund Commissioner-**KN/41859**.
- Bankers Name- Punjab National Bank, Anand Nagar, Bangalore-560024.
- Registered under Ministry of Corporate Affairs for undertaking CSR activities and Registration No. is **CSR0000446**.

Vision:

Our vision is to prevent HIV infection in the community and to empower and uplift people infected and affected by HIV/AIDS and other vulnerable communities

Mission:

- ❖ To build the capacity of vulnerable communities and to advocate for them.
- ❖ To provide awareness, prevention, education, training and to network effectively with all stakeholders.
- ❖ To provide counseling, testing, treatment, support and rehabilitation to people infected and affected by HIV/AIDS and vulnerable communities.
- ❖ To conduct research in all aspects of our work.
- ❖ To empower the communities that we work with.

Aims:

1. To build awareness of HIV/AIDS infection in the community.
2. To provide HIV testing in a non-coercive and non-stigmatized environment both voluntary and anonymous.
3. To train counselors in HIV/AIDS.
4. To provide counseling to HIV patients, their families and the community.
5. To provide a character based comprehensive Adolescent Health Education curriculum in schools.
6. To provide personalized, quality, medical care and palliative care to patients with HIV/AIDS irrespective of their ability to afford treatment.
7. To interact with other institutions of learning and constantly update our knowledge of the illness and to incorporate new teachings into our treatment and care of patients.
8. To network with other voluntary, state, central and other institutions including Non-Governmental Organizations to provide wide ranging care effectively
9. To rehabilitate HIV / AIDS patients and families.
10. To conduct and help research in HIV / AIDS
11. To provide specialized training for Doctors, Nurses and allied Health professionals in the field of HIV / AIDS.
12. To make a difference in the lives of patients living and dying with AID

Board of Trustees of ASHA Foundation

Sl. No	Name	Qualification	Occupation	Address
1.	Mr. George Ninan Member	M.A	Consultant	1407, Hennur main Road Bangalore 560084
2.	Mr. Vijay Chandy Member	B. Sc, PGDIR&W(XLRI)	Management Consultant	No.218. 3 rd Main, Laughing Waters, Varathur Main Road, Ramagondanahalli, White Field, Bangalore -560006
3.	Dr.Paul Salins Member	MD, FDSRCS,PGD (pall.care)	Medical Director & Vice President Narayana Hrudalaya and mazundar Shaw Cancer Center	No. 258/A Bommasandra Industrial Area, Hosur Road Anekal Taluk Bangalore-560099
5.	Dr. Alexander Thomas Member	D.Orth, MS Orth, M.Phil (HHSM) PGDML&E	\Executive Director- AHPI Consultant, World Bank	AHPI Office No.27. First Floor GVR Plaza, Bellary Road Bangalore 560024
6.	Dr. Glory Alexander Member	MBBS,MD	Director, ASHA Foundation	No.42,4 th main SBM Colony Anand Nagar, Hebbal Bangalore-560024

None of the Board members of ASHA Foundation received any remuneration or reimbursement during the year. Dr. Glory Alexander in her capacity as Project Director of the PMTCT project, and HIV/AIDS physician received remuneration during the year.

The following projects were continued during the financial year:

1. The HIV/AIDS counseling services including the AIDS Helpline and Telephone Counseling service.
2. Adolescent Sexual Health Education Project named Anmol Ashayein.
3. The Children at risk project.
4. The Prevention of Mother to Child Transmission of HIV project.
5. Camp Rainbow Project.
6. HPV Vaccination Project
7. Research projects- Research is integrated into every project and maybe scientific, operational, or social sciences research.

1. The AIDS Helpline and Telephone Counseling service and integrated counseling and testing service:

ASHA Foundation's longstanding commitment to HIV/AIDS counseling and care shows how vital consistent, compassionate support is in tackling both stigma and treatment challenges.

For over two decades, ASHA Foundation has been a dedicated pillar of support in the fight against HIV/AIDS. Through its HIV/AIDS helpline service and Integrated Counseling and Testing project, the foundation offers compassionate and comprehensive care to individuals affected by HIV, as well as their families and communities. This long-standing initiative provides essential counseling services including pre- and post-test guidance, support during antiretroviral therapy (ART), family and adherence counseling, and regular follow ups to ensure no one faces HIV alone.

Counseling support is easily accessible via two direct helpline numbers: 080-23542222 and 080-23543333, available Monday through Friday, from 9:00 AM to 5:00 PM.

Goal:

- (i) To achieve significant adherence to ART medication by patients
- (ii) To provide personalized, quality, medical care to patients with HIV/AIDS irrespective of their ability to afford treatment
- (iii) To provide counseling to HIV patients, their families and the community
- (iv) To provide HIV testing in a non-stigmatized environment both voluntary and anonymous
- (v) To build awareness on HIV/AIDS infection in the community

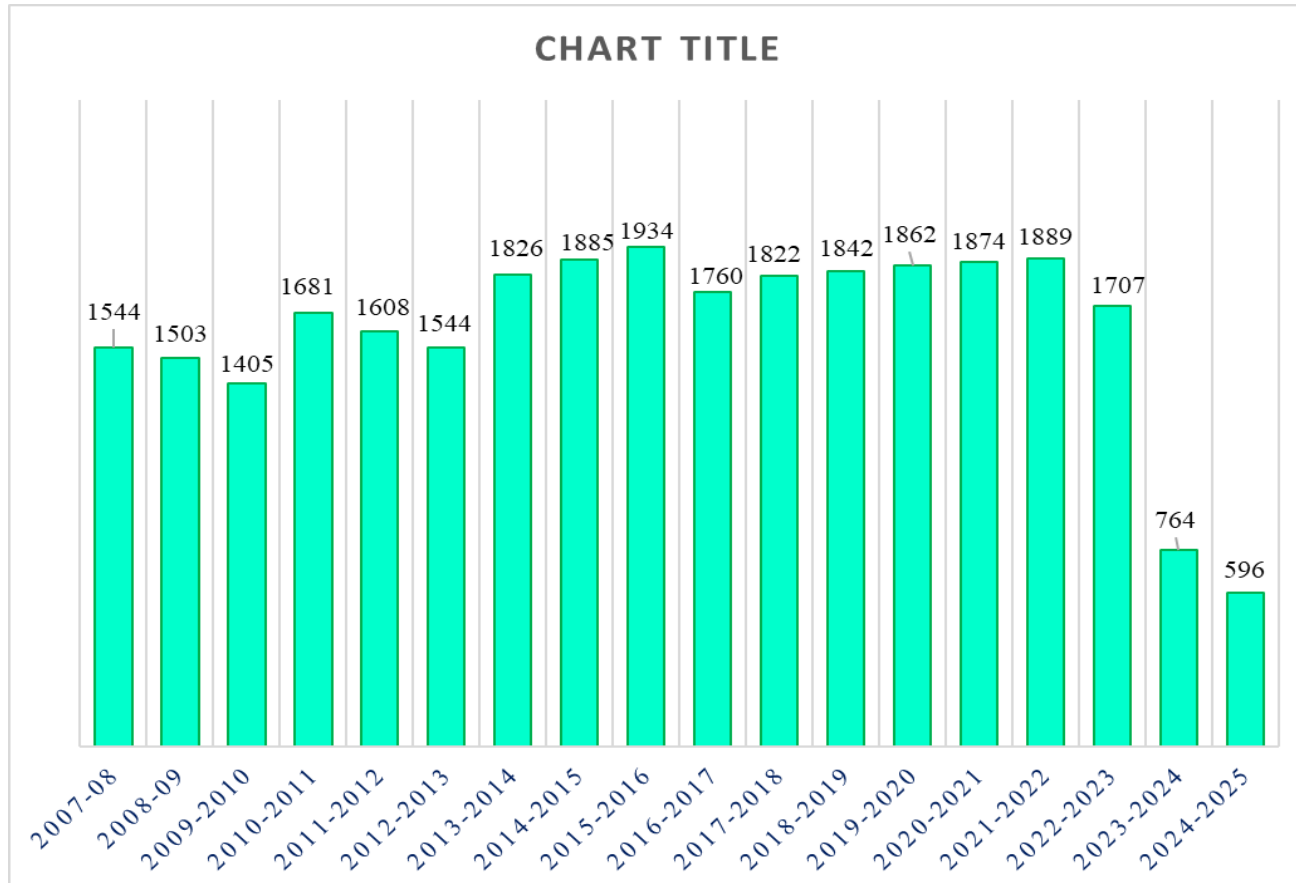
Components of the project:

1. Telephone counseling
2. Face to face counseling
3. E mail queries
4. Publicity
5. Awareness Program

Telephone Counseling

ITEM	No. of Calls
Number of calls received on 23542222 & 23543333 from April 2024-March 2025	596
Cumulative total since 2000	36396

Graphical representation of calls received on telephone helpline



E- Mail Queries

Year	Number of queries
April 2024-March 2025	34
Cumulative total since 2008	1211

Publicity

Type of publicity	April 2024-March 2025
Newspaper advertisement	13
Number of calls from Newspaper	10
Number of calls from Poster	00
Cumulative total of Newspaper advertisement (since March 2010)	848

Counseling Details

Type of counseling	April 2024-March 2025
Pretest counseling	36
Adherence counseling	35
Follow-up counseling	216
Family counseling	30
People referred. to other services	0
Total counseling sessions	317
No. of HIV tests done	28 (0) people not tested in wp
	(8) people came for information
No. of HIV tests Positive	11

No of HIV tests negative	17
Cumulative counseling sessions from 1998 to March 2025	11252

Awareness Programs Conducted by ASHA Foundation

	Date	Topic	For whom	Venue	No. of participants	Conducted by	Timings
1	04.03.2025	HIV/AIDS Awareness session	College Girls	Peniel Community College or Women, Bansawadi	45	Y.V Supriya, Silvia & Sahana	11.00 am to 12.45 pm

Interesting counselling cases:

1. In 2017, Kavya (name changed), a 33-year-old woman, married Ramesh (name changed), a 34-year-old painter. Their union began with hope, but just three months into their marriage, Ramesh experienced severe health issues, including persistent diarrhea. Medical investigations revealed a life-altering diagnosis—he was HIV positive. Ramesh later disclosed a premarital relationship from five years earlier, which may have been the source of his infection. He also used to consume alcohol regularly and was a smoker.

He came to ASHA Foundation in advanced AIDS in 2017. At ASHA he was started on ART after ruling out opportunistic infections. However, his adherence to the medication was inconsistent, and his fluctuating viral load posed a serious risk to Kavya's health and the couple wanted to start a family also.

At ASHA Foundation, with consistent counseling and medical guidance, Ramesh eventually achieved an undetectable viral load, significantly reducing the risk of transmission. Since they were keen to start a family in 2023, Kavya, whose HIV antibody test remained negative was started on PrEP in May 2023 a medicine to protect her from HIV and the couple were advised to have unprotected sexual intercourse during the most fertile period of her cycles. In March 2024, Kavya became pregnant. Her HIV test remained negative and the PrEP was stopped. During her pregnancy, she remained vigilant—not only about her own health but also about Ramesh's medication schedule

and well-being. Kavya was also found to be carrying twins. In her seventh month, Ramesh suffered a heart attack and was hospitalized, and but he recovered well.

On November 18th, 2024, Kavya gave birth to twin boys—both healthy and HIV-free. Despite the emotional and medical challenges, Kavya remained HIV-negative, a testament to her discipline, courage, and the power of modern HIV prevention.

This story is a powerful reminder that with awareness, medical support, and emotional strength, families can thrive even in the face of HIV and have healthy HIV negative children.

2. Sachin (name changed), a 30-year-old married man from North India, moved to South India seeking work opportunities in the construction sector. Living with his younger brother and a close friend, Sachin often found comfort in their companionship. Occasionally, they consumed alcohol together—but one night in October 2024, under its influence, Sachin was forcefully subjected to sexual contact by his friend. What began as a traumatic experience later evolved into consensual intimacy, leaving Sachin conflicted and emotionally torn.

Three months later, Sachin began to reflect on his actions. Back home, he had a wife, three children, and aging parents. The guilt weighed heavily on him. When he began experiencing health issues, he consulted a doctor and was shocked to learn he was HIV positive. Seeking clarity, he visited ASHA Foundation, as advised by his employer. The diagnosis left him devastated.

Sachin's immediate concern was for his wife, who was breastfeeding, their six-month-old baby. Just ten days prior, he had visited her and had unprotected contact. He feared he might have unknowingly put her and the child at risk. However, since she was still in the HIV testing window period, he was advised to wait before testing her. He also worried whether she should stop breastfeeding—but without supplementary nutrition, it was too early to wean the baby.

After the window period, Sachin encouraged his wife to get tested. Thankfully, her results came back negative. He was relieved to learn that HIV transmission to a newborn occurs only if the mother is HIV positive. This knowledge brought him some peace, knowing his family remained safe.

Though his family was spared, Sachin continues to grapple with guilt and sorrow. He acknowledges that alcohol and misplaced trust led him down a path that compromised his health and peace of mind. Today his viral load is undetectable and he is visiting his family in North India. His story serves as a powerful reminder of the importance of informed choices, safe practices, and the need for open conversations around sexual health and HIV prevention.

COUNSELLING SERVICES PROJECT-PHOTOS



Follow up counseling for teenager about ART treatment 17.09.2024 at AF premises



Awareness program conducted at Peniel Community College for girls Banaswadi, Bangalore on 04-03-2025 by ASHA Foundation



Icebreaker Activity conducted for Peniel Community College for girls on 04-03-2025



ASHA Foundation counsellor providing telephone counselling support

2. Adolescent Health Education:

The ASHA Foundation's Adolescent Health Education program, called *Anmol Ashayein*, aims to enhance the overall health and well-being of young individuals. This program adopts a holistic approach, addressing various dimensions of adolescent health, including emotional, mental, social, physical, and spiritual aspects. It adheres to the World Health Organization's comprehensive guidelines to ensure a balanced focus on all these vital areas.

A significant component of the program is **character education**, emphasizing that good character is an attribute that must be actively learned and nurtured. Adolescents are taught valuable life skills to foster harmony in their relationships with family, community, and society. By encouraging qualities such as responsibility, respect, and positive values, the program aims to provide participants with practical tools and a solid ethical foundation for making sound decisions and achieving personal growth.

The **curriculum** of Anmol Ashayein covers six key topics:

- Self-awareness
- Friendship and relationships
- Infatuation and emotional health
- Medical knowledge
- Decision-making and life skills
- Mental health and community contribution.

Each topic is meticulously designed to equip teenagers with the skills and knowledge they need to make informed decisions and grow into well-rounded individuals.

To ensure that the program is delivered effectively, ASHA Foundation experts conduct **three-day workshops** to train teachers and volunteers. These trained facilitators then take the curriculum to schools and other institutions, where it is targeted at students in grades five through ten. The lessons are interactive and activity-based, making them engaging and suitable for regular class settings.

ASHA Foundation has conducted 74 teacher training workshops, training 3,974 teachers across various Indian cities, including Bangalore, Mysore, Mangalore (2 workshops), Belgaum, Kolar, Gulbarga, Hubli, Kollegal, Vishakhapatnam, Shimla, Kolkata, New Delhi, Pune (10 workshops), Mumbai (7 workshops), Amravati (3 workshops), Akola, Chikhaldara, Thane, Nagpur, Yawatmal, Washim, Buldhana, Chandpur, Salem in Tamil Nadu, Wardha, Dimapur, Wardh, and Aalo – Arunachal Pradesh and Shillong.

This structured, interactive program, with its far-reaching training initiatives, strives to empower adolescents to build a strong character, make wise choices, and contribute positively to society.

During 2024-2025, AHE conducted two workshops for teachers—one in Wardha (Maharashtra) and the other in Aalo (Arunachal Pradesh). Here is the detailed overview...

Transforming Education: The 72nd Teachers Training workshop in Wardha.

The Adolescent Health Education workshop in Wardha district, Maharashtra, was executed with detailed planning and organized teamwork. The process began when Mrs. Vrushali contacted Mr. Atul, a Zilla Parishad teacher, who expressed interest in the program. He advised her to seek approval from the Education Officer of Wardha, or, if necessary, the district CEO. Vrushali followed up promptly and met with Ms. Usha Talvekar, the Assistant Education Officer. On 21st August 2024, Ms. Talvekar approved the workshop, confirming the participation of 120 teachers from 60 schools. With this approval, Mrs. Vrushali scheduled the workshop for October 3rd to 5th, 2024, ensuring alignment with the availability of master trainers. Preparations advanced as Mr. Baiju inspected the venue on 24-10-2024. The training materials were dispatched to Wardha on September 26th.

The workshop itself was carried out successfully, featuring key highlights such as a spacious and clean venue, timely sessions, and well-prepared trainers. Materials were provided in Hindi and English, and the content was adapted for the Marathi-speaking audience. Topics like bullying, suicide, mental health, and pornography were discussed comprehensively. Participants appreciated the high-quality sound system, projectors, and food, along with the tokens of appreciation presented during the program.

The sessions were interactive and engaging, with activities effectively linked to the lessons. Group work and practicum sessions stood out, receiving positive feedback.

Overall, the workshop was a success, marked by its thorough planning, smooth execution, and positive reception from participants. The initiative demonstrated a commendable effort to address adolescent health education effectively.

Empowering Educators: The 73rd Teachers' Training Workshop in Arunachal Pradesh

Education is the backbone of society, shaping the next generation with knowledge, values, and life skills. However, ensuring effective teaching methods in remote regions poses unique challenges. Recognizing this need, the **ASHA Foundation**, in collaboration with **SFS College**, conducted the

73rd Teachers' Training Workshop in Aalo, Arunachal Pradesh—a significant milestone in strengthening education across the region.

Laying the Foundation: From Concept to Execution

Mr. Baiju, Pune Coordinator, attended the **Xavier Board General Body Meeting** in Jalandhar, Punjab, in September 2024. During discussions, **Father Jose, Principal of SDA College, Aalo**, expressed keen interest in organizing a **training workshop on adolescent health education, life skills, and character building** for teachers in the region.

To evaluate feasibility, Baiju visited **Aalo from October 28 to 31, 2024**, facing logistical hurdles such as **Inner Line Permit (ILP) requirements** for travel. His visit revealed not only the challenges of education in **hilly and remote areas** but also the **community's enthusiasm for improving learning opportunities**. Ultimately, **St. Francis School stepped in to offer the necessary facilities**, bringing the plan closer to reality.

Impact of the Workshop: Enhancing Teaching Approaches

Held from **January 27 to 29, 2025**, the workshop became a **pivotal event for teachers from six districts—Siang, West Siang, East Siang, Shi-Yomi, Upper Siang, and Leparada**. A total of **119 teachers from 41 schools**, both **private and government-run**, participated actively.

The program was inaugurated by **DGP Tumme Amo**, who underscored the **vital role of teachers in shaping young minds** and encouraged the adoption of **modern teaching techniques** to better address evolving student needs.

Throughout the three-day training, educators engaged in **interactive sessions focusing on life skills development, adolescent health education, and effective character-building methodologies**. The workshop provided actionable insights, equipping teachers with tools to **enhance student learning experiences**.

A Promising Future for Education in Arunachal Pradesh

The successful execution of this workshop in **West Siang district** marks an important step toward **educational empowerment** in Northeast India. The enthusiasm displayed by **local educators and institutions** reflects a **collective commitment to fostering a stronger, well-informed society**.

As these educators return to their classrooms, they carry not just knowledge but a **renewed sense of purpose**—ensuring that students receive guidance beyond academics, preparing them for life’s challenges.

Conclusion

This training workshop underscores the significance of **collaborative efforts in education**. By equipping teachers with the right skills, **schools can bridge learning gaps and provide students with holistic guidance**. Continued initiatives like these will undoubtedly shape the future of education, reinforcing the belief that **quality learning should be accessible to all, regardless of geographical constraints**.

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	Bangalore Urban	students doing the program
1	M.S.Convent	78
2	Noor Ahmed school Bangalore	335
3	Radha Krishna high school	120
4	Twinkle star School ,Bangalore	190
	Bangalore Rural	
5	Gnanabodhini Higher Primary School Kanada medium	450
6	Gnanabodhini Higher Primary School English medium	160
7	Gnanabodhini High School, English medium, Kengeri	40
8	Gnanabodhini High School, Kannada medium Kengeri	635
	Mysore Bogadi	
9	Maria Niketan Higher Primary School	156
10	Maria Niketan High School(English Medium)	229
11	Maria Niketan High School(Kannada Medium)	144
12	Angela Vidhyalaya Niketan, Bogadi Mysore Ursuline	160
	Mysore Urban	
13	De Paul School	370
	Hunsur Taluk	
14	St. Joseph's Higher Primary School (Kanna med.), Hunsur	230
15	St. Joseph's High School (English Medium), Hunsur	750
16	St. Joseph's PU College, Hunsur	410
17	St Joseph's Degree College, Hunsur	150
	H.D. Kote	
18	St. Mary's Higher Primary School (Eng med.)	267
19	St. Mary's High School (Eng med.)	134
	Chikkamagalore Dist	

20	St. Joseph's Eng Med Higher Primary School, Koppa	580
21	St. Joseph's Kannada Higher Primary School, Koppa	295
22	St. Joseph's High School, Koppa	440
23	Nirmala Convent Higher Primary Sc. Eng. Med. Balehennur, Chikm	275
24	Nirmala Convent High Sc, English Med. Balehonnur, Chikm	490
25	Nirmala Convent Higher primary Sc. Kannada med Balehennur .	330
26	Christa Prabha Convent Higher Primary School, Jayapura, Koppa	220
	Shimoga District	
27	St. Mary's High School, Tirthahalli	430
28	St. Mary's Eng Med Higher Primary School, Tirthahalli	250
	Others Institutions	
30	Concerns India	130
	Total	8448

	Annual Report Salem (Tamil Nadu)	students doing the program
1	Anderson High School.Salem Aided school tamil Medium	298
2	Anderson Matric Hr.Sec School	136
3	Bala Bharathi Matriculation Hr.Sec.School	295
4	Cluny Vidya Niketan High School.Salem	237
5	Emrald Valley Public School Yercaud foot hills salem	167
6	Glaze brook Matric School.Salem	278
7	Holy Angels Matric HR.Sec.School,Fair Lands Salem -	120
8	Holy Angels Public School MGRD slm	180
9	Holy Flower Mat.Hr.Sec School	132
10	LEF.Eden Garden Matriculation School	172
11	Mount Mary Matriculation Hr.Sec.School	98
12	SBIOA Public school,Udayapatti,Salem	73
13	Sr,vidya mandir CBSE School steel plant Salem -636030	184
14	St.Basil Matric School	148
15	St.Johns Nationa Academy Salem	205
16	St.Joseph Nursery and Primary school	90
17	St. John Matric Hr. Sec.School	88
18	St.Thomas Matriculation School,Salem	111
19	st.vincent palloti Matric Hr.Sec School Steel plant Road	65
20	Thangam Mount Letera Zee School ,Salem	87
21	The Indian Public School	280
22	YMCA -Salem	90
23	Yuva Bharathi Matric School,Salem	367
	Total	3901

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Sl No.	Name of the School	No. of students Doing the Program
1	Ajinkya Institute	52
2	Amanora High School	132
3	Ashram Shala Primary School	52
4	Anjali English Medium School	86
5	Baburaoji Gholap Vidyalaya, Sanghvi	212
6	BJS English School Wagholi	82
7	BJS Primary School wagholi	56
8	Blossom School Viishranwadi	62
9	City International School	142
10	Crescent English Medium School	135
11	Cyrus Poonawala School	82
12	Dastur Co Ed School Camp	126
13	Dnyandeep English Medium School	132
14	Don Bosco School and Junior College	201
15	Dr. Mrs Erin Nagarwala Day School	146
16	Dr. Mrs Erin Nagarwala Residential School	152
17	Enamdar English School	62
18	Eon Gyanankur English Medium School	184
19	Friend's English School, Poolgaon	82
20	GK Mandals Choksey High School	58
21	Holy Angels Convent High School	182
22	Indian Education Society, Vadgaonsheri	172
23	Indira Gandhi School	84
24	Jai Hind School Pimpri	216
25	Jai Hind Primary School	261
26	JD Academy School swargate	142
27	Jovan Vikas Mandir	58
28	JSPM English Medium School	126
29	J.S. Tyagi Memorial School	81
30	Jyotirmay International School	73
31	KVG BRD School, Chandan Nagar	241
32	KV Southern Command	143
33	Lexicon International School	165

34	Little Flower English School	71
35	Little Star School Kharadi	126
36	Londkar High School Mundwa	204
37	Lonkar Mahavidyalaya, Mundwa	236
38	Lonkar Vidyalaya	168
39	Mahatma Gandhi Vidyalaya, Khanur	142
40	Maher Education Society	62
41	Mar - Ivinous Convent School	81
42	Mother Theresa School, Vadgaonsheri	213
43	Mount St. Patrick	179
44	National Children's Academy	173
45	NCA School, Vishrantiwadi	174
46	New English Medium School, Chakan	136
47	New English Medium School, Hadapsar	148
48	New Life School, Swargate	82
49	Nirmala Convent School Kharadi	217
50	Orbi International School Mundhwa	157
51	Oscar High School	62
52	Pandit Nehru Vidya Mandir, Kamshet	142
53	Pawar International School Magarpatta	186
54	Pawar Public School Magarpatta	109
55	PDEA School Budruk	83
56	PDEA School, Ane	157
57	PDEA's School, Akruiti	186
58	PDEA School , Aund	138
59	PDEA School Daund	154
60	PDEA School Dehu Road	73
61	PDEA English Med. School Bori Bk	152
62	PDEA English Med. School Dalaj	69
63	PDEA English Med. School Inamgaon	142
64	PDEA School Kalas	158
65	PDEA School Khadki	238
66	PDEA School Kamshet	214
67	PDEA School Kati	142
68	PDEA School Kolvan	189
69	PDEA School Lohegoan	326
70	PDEA School Mandki	268
71	PDEA School Moshi	68
72	PDEA School Nangaon	158

73	PDEA School Nhavare	214
74	PDEA School Nhavi	168
75	PDEA School Nimkotakee	156
76	PDEA School Ozar	168
77	PDEA English Med. School Padvi	142
78	PDEA English Med. School Pargaon	265
79	PDEA School Pirunget	247
80	PDEA School Sangvi	168
81	PDEA School Savindane	253
82	PDEA School Shirol	147
83	PDEA School Shirol Bk	186
84	PDEA School Shivane	148
85	PDEA School Supe	132
86	PDEA School Umbraj,	168
87	PDEA School Uraigaon	165
88	PDEA School Velha	89
89	PDEA School Wanewadi	145
90	PDEA School Yenere	132
91	PDEA's English Medium Primary School	154
92	PDEA's English Medium School	128
93	PDEA's Institute of Diploma in Education	65
94	Phoenix School,	72
95	Phoenix English Medium School, Kharadi	58
96	Pirunget English School, Pirunget	73
97	Poona Women's School	154
98	Prodigy Public School	167
99	Raisoni English Medium School	153
100	Republic School Keshnand	148
101	S J Vidyalaya	154
102	Sadhana English Medium School	314
103	Sadhana Semi English Medium School,	268
104	Sangavi PDEA School	174
105	Sant Thukaram Madhyamik Vidyalaya	232
106	Sant Tukaram Vidyalaya, Lohegaon	253
107	Sant. Dnyaneshwar Kharadi	53
108	Sarathi Education Society	89
109	Sarathi English Medium School	124
110	Satav High School, Wagholi	265
111	Shivaji Vidyalaya, Dehurod	245

112	Shivraj School Vadgaonsheri	212
113	Shri Mallikarjun Vidyalaya Naware	182
114	Shri Manalsakant Vidyalaya, Akruti	142
115	Shri Nagheshwar Vidyalaya, Moshi	89
116	SMMV School Mulshi	217
117	SNBP School & Junior College	83
118	SSV School, Paud	78
119	St Anne's High School Pune Camp	138
120	St. Felix High School	165
121	St Joseph School, Viman nagar	234
122	St Ornella's High School, Camp	78
123	St. A V High School	72
124	St. Arnold School Vadgaonsheri	178
125	St. Francis School, Chandannagar	165
126	St. Joseph Convent School, Lohegaon	275
127	St. Joseph High School, Ghorpadi	187
128	St. Mary's School	124
129	Stella Maris School Vadigaonsher	165
130	Subhash English Medium School	72
131	Sunderbai School Chandan nagar	287
132	T D Pathare Vidyalaya, Khardi	227
133	Tukaram Pathare School, Kharadi	228
134	Tukaram Pathare English School	83
135	V S Satav High School	187
136	Vatsalya Public School, Ghorpadi	286
137	Vidyankur, Sainikwadi, Vadgaonsheri	218
138	Vikash Pratishtan English Med. School	78
139	Wageshwar English School	67
140	Yashwant Vidyalaya, Mandvi	154
141	Zensar English Medium School	178
142	Abhinav School Ambegaon State Board	82
143	A.E.S Horizon English Medium School, Narhe	132
144	Lotus English Medium School, Balaji Nagar	129
145	Abhinav school Narhe State Board	176
146	Abhinav C.B.S.E School,Narhe	167
147	Ajinkya Dedge Public School	138
148	Sathya Valley School, Wadwadi	163
149	Blossom English Medium School	138
150	Unique English Medium School,Kondwa	132

151	Utkarsh English Medium School	231
152	Pride English Medium School	182
153	Digvijay English School, Dhankawadi Pune - 43	172
154	Sharad School Katraj, Pune	56
155	Abhinav Education Society CBSE Ambegaon Pune - 46	256
156	Abhinav school Katruj	239
	Total	23841

	College – Pune	
1	Christ College	46
2	Marathawade Mitra Mandal	56
3	Maher Education Society	34
4	Abhinav D.Ed college	34
5	PDEA D. Ed college	Nil
		170

Annual Report 2024-2025 (Mumbai)		
Sl. No	Name of the School	No of students Doing the Program
1	Agrasen High School, Kamothe	92
2	APJ Public School, Kharghar sector 4	81
3	APJ Public School, Kharghar sector 6	52
4	APJ Public School, Kharghar Sector 10	42
5	Ashwini Classes	123
6	Bal Bharati Public School, Kharghar	82
7	B.D.D.V Primary School, Panvel Raigad	112
8	Bhagwan English Medium School	64
9	Bharati Vidyapeeth	124
10	Christ Academy CBSE Board	221
11	Christ Academy State Board	178
12	CKT school New Panvel	56
13	DAV International School	41
14	Diamond Jubilee High School, Byculla	48
15	Don Bosco High School	76

16	D Y Patil School	52
17	Dyandeep School	48
18	Dyan Pushpa Vidya Niketan, CBD	64
19	Emmanuel English Medium School	48
20	Ghokhale High School	31
21	Good Shepherd School, Nerul	148
22	Good Sheperd School, Belapur	68
23	Guru Gobind Academy	145
24	Harmani Public School	62
25	Harmony Public School (Karghar)	82
26	Huda English School	73
27	Jspm School, Kamothe	58
28	Jspm School, Panvel	138
29	Jspm School, Kharghar	82
30	Little Angel's English School	48
31	K.A. Bharthiya School	59
32	Kendriya Vidyalaya Koliwada	152
33	Kids Garden Public School, Sukapur	58
34	K.V. Kanij School	92
35	K.V. Kamy School Panvel	74
36	Late M.T.Thakur, Eng. Med. School, Parle	64
37	Little Bird School	73
38	Little Harmony School, Belapur	89
39	Mansarovar School Kamothe	92
40	Modern English School	63
41	Monami High School	68
42	Mspm School, Kharghar sector 17	72
43	Mspm School, Kharghar sector 4	68
44	New Model School	61
45	Navi Mumbai Mahanagar Palike, Nerul	69
46	Navi Mumbai Mahanagar Palike, Rahale	64
47	Navi Mumbai Mahanagar Palike,Kopperkhaiane	48
48	NIMHRC	69
49	Nivedita High School	182
50	PES Central School, Belapur	86
51	Podar High School	58
52	Presentation High School	146
53	RBT Vidyalaya	80
54	Redcliff School, Belapur	74

55	RTP School, Kharghar	82
56	Rajput School, Panvel	69
57	Sai Nath School	248
58	Sakharam Seth High School	86
59	Samayak Vidyalaya	69
60	SBOA Public School	64
61	Sree Ram English School	78
62	Sree Ram Vidyalaya	143
63	St. Mary's High School	78
64	Sainath School	72
65	St. Therese School	272
66	St Xavier's High School	58
67	St Xavier Public School, Kharghar	42
68	St. Xavier Public School, Panvel	48
69	Sree Narayana Guru School	52
70	Shree Suvidya School, Kamothe	113
71	Sri Ravi Shankar Vidya Mandir Kharghar	78
72	Sterling High School, Nerul	48
73	Sushma Patil Vidyalaya	62
74	Swami Brahmanand Prathishtan	43
75	Swami Vivekanand Vidya Mandir	56
76	Thakur English Medium School	92
77	The English High School	38
78	Tilak Public School, Nerul	56
79	Tilak Public School, Ghansoli	102
80	Tungreshwar High School, Panvel	56
81	Vasudev Balvanta Phalike	62
82	Veer Savarkhar School	57
83	Vibgyor International School vashi	106
84	Vibgyor International School Kharghar	113
85	Yakub Baig High School	35
86	Vidyabhavan High School Sec 9 CBD Belapur	82
87	P.E.S Central School Sec 1 CBSE CBD Belapur	142
88	New Horizen Public School Sec 19 Airoli	52
89	Goldstar High school Sec 28 Vashi	42
90	Datta Meghe World Academy Sec 16 Airoli	44
91	Bethany Convent kolkhe Panvel	89
92	Modern High school Sec 15 Vashi	46
93	Vibgyor High school Sec 15 Kharghar	62

94	Goldcrest High School Sec 29 Vashi	46
95	P.E.S High school (state board)1 CBD Belapur	102
96	D Y Patil School	45
97	Bharathi Vidyapeeth (CBD)	27
98	St. Xaviers School (Panvel)	59
99	Nutan Vidyalaya Nerul	24
100	Dyandeep Primary school	53
101	Adarsh Vidyalaya High school	31
102	Utkarsh High school	62
103	MES Vidya Mandir	45
104	Amruta Vidyalaya (Jui Nagar)	41
105	Narayan E Techno school	38
106	Mahima International school Koperkhairane	52
107	New Horisen school sector 13	31
108	Father Agnel school Vashi	83
109	Rainbow International school	31
110	Indian National school Nerul	36
111	chougale school Airoli	31
112	J C L High school Vashi	46
113	Gold star High school Vashi sector 28	34
114	Vibgyor High school Kharghar	41
	Total	8595

Annual Report 2024 - 2025(Vidarbha)		
Sl No	Name of the school	students doing the program
1	G.T.G. School Loni Takdi	62
2	Vinayaka Gurukul Amravati	123
3	I.D.M.S. School, Digaras	64
4	Police Public School, Amravati	57
5	Rashtra Sant Tukdoji Maharaj Vidyalaya, Malkhed	36
6	Sunrise English School, Tiwasa	56
7	St.Francis High School, Amravati	62
8	Saraswati Vidhyalaya, Amravati	61
9	Shiv English School, Amravati	73
10	Vikas Vidyalaya, Vilas Nagar, Amravati	56

11	Noble Kids School, Arvi	78
12	Jet Kids School Amravati	66
13	New Golden Public School	71
14	Rajeshwari High School, Badnera	56
15	Era Kids School, Amravati	61
16	Pu. Sant Gadgebaba Vidyalaya, Manjarkhed	78
17	Shir. Saibaba Vidhayala, Amravati	74
18	Kubetkar School, Amravati	77
19	Z.P.School Dabha, Nandgaon	71
20	Z.P.P. School Namdgao	68
21	Z.P.School Tongalabad	52
22	Z.P.School Amravati	58
23	Z.P.School, Jamgaon	68
24	Z.P.School Dadhi, Bhatkuli	72
25	Z.P.School, Bhankhed Khurde	59
26	Z.P.School, Waygaon	85
27	S.V.K. Vidhyalaya, Naigaon	87
28	Mother's Pride Convent School	68
29	Teny Blosem School	42
30	DIECPD, Amravati	114
31	Paradise E. School , Amravati	78
32	Shanti Vidya Mandir, Nagpur	67
33	Ramkrushna Kreedha Ashram Shala, Amravati	54
34	New High School Belpura, Amravati	56
35	Manibai Gujrati High School Amravati	35
36	Sharada Mahila School Nagpur	52
37	School Of Scholars Amravati	43
38	Shiv English School, Amravati	36
39	Dada Bhamodkar Krushi Vidyalaya saur Amt	44
40	Mannalal Gupta Vidyalaya Chandur Railway	55
41	Dada Saheb Boke Vidyalaya , Varkhed	46
42	Shivaji High school and Jr College , Shirajgaon Band	62
43	Shivaji High school Chikhaldara	45
44	Dr, Punjabrao Deshmukh Highschool , Papal	67
45	Chandur kanyasala jr College Chandur Railway	86
46	Sri, Chatrapati High school Dhamangoan Railway	145
47	Benboji Baba High school Ghuekhed	68
48	Sant Maniram Maharaj vidyalaya Baggi jawara	65
49	Shivaji high school Ganesh nagar Nagpur	56

50	shivaju high school Ner	51
51	Shivaji high school Darvha	43
52	Model High school wardha	67
53	kanyasala Aanji	54
54	Adarsh Vidyalaya Aanji	134
55	Shivaji High school Nandura	53
56	shivaji vidyalay chandol	58
57	shivaji High school Boregoan Bu.	65
58	Shivaji Vidyalaya Buldhana	47
59	Shivaji High school Nera Bu.	82
60	Tukaram Ingole vidyalaya kan shivani	68
61	shivaji High school Kinhola	64
62	shivaji Vidyalaya Deugoan -Mah .	59
63	shivaji Vidyalaya Akola	51
64	Shivaji High school Masrul	112
65	Shivaji High school Hatedi	89
66	shivaji Vidyalaya Main Branch akola	64
67	shivaji High school Kinhiraja	36
68	Shivaji Vidyalaya Kutasa	42
69	shivaji vidyalaya Vanoja	114
70	Shivaji High school Chikhali Buldhana	25
71	Shivaji Vidyalaya Aasegaon Bajar	46
72	shivaji Highschool Telhara	68
73	Shivaji High school Esoli	132
74	shivaji High school Ramjaba	64
75	Shivaji High school Aakot	145
76	shivaji vidyalaya Nimba	53
77	Kasturbha Kanya sala Amravati	26
78	shivaji Kanya sala Morshi	53
79	Janata Vidyalaya n Junior college nerpinglee	65
80	Jarud high school Jarud Amravati	55
81	B.D Jarudkar Kany asala Jarud Amravati	35
82	Shivaji multipurpose high school main branch	115
83	Sri shivaji Maratha high school n junior college,Amravati	65
84	Shri shivaji highschool khartelegaon	58
85	Nandgaon highschool n junior college, dist.,Amravati	56
86	New english high school n junior college,Varud,dist.Amravati	75
87	Rajura highschool n junior college,Rajura Bajar,dist.Amravati	48
88	Abhimaanji Kalmegh school,Nandgaon Peth,dist, Amravati	61

89	Aadarsh Highschool,daryapur,dist.Amravti	56
90	Ratnabai Rathi kanya shala,daryapur,dist.Amravati	48
91	kaushalyabai barbade vidyalaya,Chincholi,dist.Amravti	37
92	khallar highschool n junior college,Khallar,dist.Amravati	54
93	SRA English High school	27
94	Prabhat Kids School ,Washim Road ,Akola	46
95	Prabhat Kids School , City Branch	53
96	Kids Paradise school ,Patur	124
97	Khotari Convent	58
98	Jubilee English High School	143
99	RDG Public School	115
100	Vivekanand Primary Eng. School	56
101	M.B Convent School	216
102	Sanmitra Public School	114
103	Ekvira Brilliant Mind School	147
104	SOS, Hinga Road, Akola	56
105	The School Academy Akola	35
106	Deshbhakt Madhymik Vidyalaya	24
107	Mahatma Fule Vidyalaya, Chondhi Tq. Patur	52
108	Shankarlal Agrawal, English School, Akola	45
109	India Foundation School, Chinchala, Tq. Mangrulpur	119
110	Bhikamchand Khandelwar Vidyalaya, Akola	46
111	Mahadevrao Band Vidyalaya, Khanapur, Patur	32
112	Podar School, Akola	77
113	Jageshwar English School, Wadegaon (Mr. Manikrao Mankar)	68
114	SOS, Birla Colony, Akola	115
115	Blossom Kids, Balapur	68
116	Narayana's Kids, Washim	56
117	Gurukul English School Wadegaon	37
118	Khandelwal english School, Dabki Road, Akola	54
119	Khandelwal Dnyan Mandir, Akola	89
120	Vidyanchal School, Akot	112
121	Jagruti Vidyalaya, Akola	165
122	Vyankatesh Balaji English Primary School, Murtizapur	89
123	Moharidevi Khandelwal, Akola	62
124	Karmayogi Babasaheb Apotikar Vidyalaya, Apoti	16
125	Shri Sant Janardan Swami School Verul	58
126	S.Sarawati High school Takliwadi	53
127	Shri. Chh. Shivaji High school Takli	56

128	Padmaraje Vidyalay akola	45
129	B. Shahapure English medium School Mal aalas	37
130	Academic Heights Public School Akola	53
131	Dewale Public school Mothi Umari Akola	43
132	RamaKrishna School Belapur Akola	26
133	Dr. Aasrpatil Udgoan Technical High school Udgaon	26
134	Zilla Parishad school Kajaldoh	38
135	Zilla Parishad school Doma	54
136	Zilla Parishad school Bamadehi	54
137	Zilla Parishad school Koylari	34
138	Zilla Parishad school Pachdongari	56
139	Zilla Parishad school Toranwadi	68
140	Zilla Parishad school Katkumbh	86
141	Tanaji Malusare Vidyalay Koylari	54
142	Bajiprabhu Deshpande Vidyalay Kajal Doh	72
143	G.P. Zadkhande Vidyalay Bamadehi	67
144	Govt. Aashram Shala Doma	79
145	Zilla Parishad school Katkumbh	53
146	R.S. Gawai Vidyalay Tembrusonda	58
147	Adivasi Madyamik vidyalay Salona	62
148	Dnyan Deep Madyamik Vidyalay Hattighat	45
149	Zilla Parishad High school Gaurkheda Bazar	58
150	Zilla Parishad School Telakhar	62
151	Zilla Parishad School Somwarkheda	54
152	Zilla Parishad School Gaurkheda Bazar	48
153	Zilla Parishad School wastapur	52
154	Aashram Shala Nagapur Gaurkheda Bazar	48
155	Gurudev Telkhar school Gaurkheda Bazar	44
156	Lakhmabai Khadake school Wastapur	37
157	Mangalata High school Wastapur	26
158	Zilla Parishad Ucha Prathmik shala Baglinga	52
159	Zilla Parishad school Badanapur	47
160	Zilla Parishad school Badanapur	32
161	Zilla Parishad school Salona	21
162	Zilla Parishad school Bihali	28
163	Zilla Parishad school Bhulori	45
164	Zilla Parishad school Hattighat	52
165	Zilla Parishad school Kohana	35
166	Ashram shala School Salona	45

167	Ashram madyamik Vidyalay salona	35
168	Zilla Parishad school Hattighat	62
169	Zilla Parishad school Masodi	35
170	Zilla Parishad school Aadnad	67
171	Shri Gurudev Vidyalay Mandir Motha	62
172	Zilla Parishad Kanya Pradamik shala Motha	46
173	R.S. Gawai Vidyalay Aadnad	44
174	Govt. Aashram Shala Aadnad	36
175	R.S. Gawai Vidyalay Tembrusonda	53
176	Zilla Parishad Purva Madyamik Marathi Shala Khakali	22
177	Zilla Parishad School Borala	37
178	Zilla Parishad School khirpani	44
179	Zilla Parishad School Purva Madyamik Shala	36
180	Zilla Parishad School Aaki	48
181	Zilla Parishad School Bhorgad	42
182	Jay Bhavani High school Sawarpani	35
183	Zilla Parishad Higher Primary School Semadoh	44
184	Zilla Parishad School Makhala	38
185	Zilla Parishad School Pili	53
186	Zilla Parishad School Semadoh	51
187	Govt ShaskiyaAshram Shala Raipur	23
188	Zilla Parishad School Borala	48
189	Zilla Parishad School Vanawasi	44
190	Gajanan Vidyalay Garajdara	26
191	Zilla Parishad School Sonapur	42
192	Swami Samarth School Morgad	37
193	Zilla Parishad Ucha prathmik shala Bori	53
194	Zilla Parishad Ucha prathmik shala Amzari	22
195	Nagar Parishad Ucha Prathmik Urdu Chikhaldara	42
196	Crescent Urdu School Chikhaldara	36
197	Girijan Vidyalaya Chikhaldara	55
198	Holy Cross Convent school Chikhaldara	53
199	Andh Vidyalay Chikhaldara	42
200	Shivaji Vidyalay Chikhaldara	37
201	Sant Gadge Maharaj School Jamali(R)Chikhaldara	44
202	Shivaji High school Chikhaldara	37
203	Shivaji High school Bori	52
204	Zilla Parishad Ucha Prathmik shala Churani	37
205	Zilla Parishad Ucha Prathmik shala Kotmi	42

206	Zilla Parishad Ucha Prathmik shala Gangarkheda	26
207	Zilla Parishad Ucha Prathmik shala Dahendri	44
208	Zilla Parishad Ucha Prathmik shala Kalapandri	63
209	Sw.Ajabrao kale Vidyalay Churani	53
210	SW. Shri Krushnaji Yewale Dahendri	47
211	Anudanit Adiwasi Ashram shala Dahendri	44
212	Adivasi Ashram Shala Jamali (RA) Chikhaldara	62
213	MNP Hindi school No 11 Amravati	34
214	MNP urdu middle school.No1.	24
215	MNP urdu Girls school.No3. Badnera.amravati	36
216	MNP Pre School No 20. Nawathe	41
217	MNP Hindi High school No 11 Amravati	58
218	MNP Marathi School.No10.Pravavin Nagar	36
219	AMC School.No 19.Rukmini Nagar	42
220	AMC upper Primary Hindi Amravati	47
221	AMC Schoo.No.13.Chapardshipura	53
222	AMC upper Primary Marati school No.13 . Chapardshipura Amravati	51
223	AMC upper Primary Marati school No.17 . Vilas nagar Amravati	14
224	AMC hindi Boys High school.Talabpura	25
225	AMC Hindi school. Bhajibajar,Amravati	36
226	AMC Upper primary Hindi High School , No15. Krushna Nagar.Amravati	32
227	AMC urdu Middle School No 10 ,Badnera	35
228	MNP Marathi Girls High school,Brindhwarra Amravati	36
229	MNP Marathi Girls High school,Brindhwarra Amravati	42
230	MNP hindi School No7. Vilamnagar	35
231	MNP Hindi School No 12.Amravati	25
232	MNP Hindi Boys High school,Talab pura ,Amravati	36
233	AMC Hindi Upper primary school No11. Baji Bazar	32
234	AMC Urdu School No 4. Naalsaheb pura	52
235	AMC Upper primary Hindi School. No 15. Krushna Nagar	18
236	AMC Urdu SchoolNo 10. Badnera	23
237	AMC primary School No 21. Waderpura Amravati	46
238	AMC Urdu school No 4. Nalsahabpura	25
239	Municipal Marati Boys High school	32
240	AMC Marati Kanya School No6.. Finevampura	25
241	AMC Higher Primary SchoolNo 15.SRPF	33
242	AMC Higher Primary SchoolNo 15.SRPF	52
243	AMC Upper Primary School Gadgnenagar ,Amravti	26
244	AMC upper Primary school No.18.Pravin Nagar Amravati	31

245	AMC upper Primary school No.18.Pravin Nagar Amravati	25
246	MNP Hindi Girls High school Amravati	32
247	MNP School Waruda	35
248	MNP School ,No6. Khrkadipura	22
249	MPL Corp Hindi Boys High School Amravati	44
250	MNP Hindi SchoolNo7. Vilas Nagar Amravati	38
251	MNP Urdu School No8. Jamed colony	16
252	MNP Marathi School .No7. Badnera	32
253	MNP Marathi School No1. Bhajibazar	35
254	AMC Urdu School Camp	42
255	AMC Urdu school No5.Amravati	28
256	AMC Higher Primary School Shegaon	44
257	AMC urdu School No 10 ,Badnera	59
258	AMC Hindi School No8. Bajsang Plot	32
259	AMC Urdu School No11 Badnera	15
260	MNP Urdu Middle school No 12	62
261	MNP urdu school No 09 amravati	26
262	MNP Urdu school No 08.amravati	27
263	MNP urdu School No 2. Amravati	24
264	AMC Urdu Middle school No 9. Amravati	32
265	AMC Urdu Middle school No 9. Amravati	41
266	AMC Upper Primary School Rahatgaon	19
267	AMC Primary School Namuna Amravati	22
268	MNP Upper pri Hindi No 7. Vilas Nagar	27
269	MNP Hindi school No2. Masanganj	36
270	MNP Primary school No.23.Badnera	32
271	MNP Upper Primary School No 7.Badnera	26
272	MNP Primary school No 2.	36
273	MNP Urdu Primary Girls School No.3.Badnera	16
274	MNP Upper Primary school Budhawara	22
275	MNP Primary school No4. Amravati	24
276	MNP Hindi Girls High School Amravati	42
277	MNP Marathi Hgish school	32
278	MNP Hindi School No 6 Frezurpure	52
279	MNP urdu IM school Nagpuri Gate	23
280	AMC Urdu IM school Nagpurigak	24
281	AMC Pri and High school Jewad	32
282	MNP Marathi school No23.Badnera	31
283	MNP Surdu School No 6 Amravati	23

284	MNP Surdu School No 6 Amravati	34
285	AMC Marathi School No 2.Budhwara	26
286	AMC School Benada	13
287	MNP urdu Middle school No7.	52
288	AMC primary High school Jewad	36
289	AMC Upper Primary school Akoli	23
290	AMC Marathi Primary School No 8.Ramnagar Amravati	51
291	AMC Marathi Primary school No17	26
292	AMC Urdu Middle school No2.	36
293	AMC Upper primary Amravati	25
294	AMC Upper Primary Amravati	63
295	AMC Hindi School No 13. Dastu Nagar Amravati	14
296	AMC Urdu School No 07	12
297	AMC Marathi school No . 17.Vilas Nagar	14
298	AMC Marathi school No 14. wadali	17
299	AMC Marathi Girls High school Amravati	15
300	AMC Marathi Gadge Nagar	25
301	AMC School No 14.Wadali	22
302	AMC Upper primary School Budheara	24
303	AMC Upper primary school No14. wuddalti	31
304	AMC Marathi school No 24 Badnera	34
305	AMC Marathi school No 4 Badnera	17
306	AMC School No 13. Camp	22
307	AMC School No 13. Camp	14
308	AMC School No 17.Dikungar	22
309	AMC Urdu Middle school No 10 Badnera	32
310	MNP UrduMiddle school No 12 Lalkhadi	12
311	MNP upper primary school shegaon	33
312	MNP Primary Marathi school No 21 wadarpura	25
313	MNP high school Jewad	21
314	NNP Upper Primary school Mhadeokhori	34
315	MNP Hindi Primary school wagapuri gate no 12	16
316	AMC Urdu school No 3. Gauli pura	26
317	AMC Urdu school No 3. Gauli pura	16
318	AMC Upper primary girls high school Jewad	11
319	AMC Marathi Primary school Delpura	18
320	NP Belpura Amravati	8
321	AMC School Tapovan Amravati	11
322	AMC primary School No 11.Dasthi Nagar	14

323	AMC upper primary school No 14.Wadali	16
324	AMC school Nvasari	21
325	Municipal corporation urdu High school Jameel colony Amravati	24
		15957

Annual Report - 2024 -2025 Dimapur (Nagaland)

Sl No.	Name of the School	No of students Doing the program
1	St. Andrew School, Jotsoma	98
2	St. John Hr. Sec School, Tuensang	56
3	Carmel Hr. Sec School, Dimapur	243
4	St. Joseph Hr. Sec School, Chumoukedima	24
5	St. Joseph School, Niuland	47
6	St. Andrew School, Thenyizumi	64
7	Christ School, Ekhyo	24
8	St. Peter's School, Longsa	43
9	Don Bosco School, Riphyim	38
10	Holy Cross Hr. Sec School, Dimapur	214
11	Sacred Heart Hr. Sec School, Chizami	75
12	Assisi Hr. Sec School, Dimapur	84
13	St. Peter's School, Atoizu	56
14	Montfort School	36
15	St. Joseph School, Longleng	64
16	St. Joseph Hr. Sec School, Viswema	164
17	St. Mary's High School, Seyochung	54
18	St. Paul Hr. Sec School, Dimapur	143
19	St. Xavier School, Shamator	36
20	St. Anthony's School, Zunheboto	35
21	St. Clare School, Akuluto	53
22	Don Bosco School, Aghunato	88
23	Don Bosco School, Chiephobozou	56
24	St. Paul School, Sanis	64
25	Queen Mary Hr. Sec School, Mokokchung	47
26	Don Bosco School, Tseminyu	0
27	St. Anthony School, Tenyiphe	64
28	St. Xavier Hr. Sec. School, Meluri	243

29	Little Flower School, Pungro	24
30	St. Clare Hr. Sec School, Kacharigaon	43
31	Bishop Abraham Memorial School	35
32	St. Mary's School, Lozaphuhu	54
33	San Jose School, Sitimi	34
34	Assisi Hr. Sec School, (E), Dimapur	36
35	St. Thomas School, Tamlu	57
36	St. Mary's Hr. Sec School, Padumpukhri	54
37	Little Flower Hr. Sec School, Kohima	43
38	Christ King Hr. Sec School, Kohima	47
39	Holy Child School, Dimapur	43
40	Don Bosco School	26
41	St. Francis De Sales Hr. Sec School	54
42	St. Luke School, Longmatra	56
43	Loyola Hr. Sec School, Kiphire	75
44	St. Christopher School, Chessore	42
45	Don Bosco School, Tesophenyu	35
46	Don Bosco Hr. Sec School, Bhandari	34
47	Don Bosco Hr. Sec School, Bhandari	36
48	St. Francis De Sale School, Tening	34
49	Don Bosco Hr. Sec School, Zubza	25
50	Don Bosco High School, Lakhuti	42
51	All Saints Hr. Sec School, Peren	45
52	St. Xavier Hr. Sec School, Jalukie	23
53	Sacred Heart School, Toulazouma	34
54	St. Paul School, Phe sema	53
		3297

Annual Report - 2024 -2025 WARDHA

Sl. No.	Name of the School	Number of Students Doing the Program
1	Daulatzingh vidyalaya primari (Meghe)wardha	23
2	Vivek madhyamik vidhyalay mandwa wardha	31
3	Saksham school wardha	25
4	Saraswathi vidya mandir english med wardha	32
5	Ramabai Deshmukh Public school Lakshmi nagar Wardha	26
6	Model High school Salod Wardha	13
7	Madhamik vidyalaya Madani Wadha district	28
8	Kai.Anandrao Meghe Jr.college Borgaon Wardha	12
10	Wardha Kanya Vidyalaya Wardha	21
11	New English SchoolWardha	0
12	Late jijamata sabane Mid school	21
13	Babujirao Bangalole vidya Pawaor Wardha	23
14	Alphonsa Sr.Sec School sawargi ,Wardha	0
15	Bhavan's Lloyds vidya Niketan Sawangi	14
16	Upper primary school mandwa, Wardha	0
17	BLVN Bhugaon link road Wardha	24
18	Ramabai kanyavidplaya sindi(M), Wardha	13
19	Aragami high school Wardha	0
20	Model high school salod(Hi)	22
21	Sane guruji vidyalaya wawadad, Wardha	32
22	Adarsh vidya anji mothi, Wardha	25
23	Z.P.U.Pri. School Padhegaon, Wardha	3
24	Lok vidyalaya Juniour college wardha	28
25	Girls high school Aanji(Mothi), Wardha	14
26	Indira high school Bhmkheda, Wardha	25
27	Thakre (Anu) Aadiwasi Asram school waigaon .D.wardha	14
28	New english convent wardha mahadev pusa,Wardha	24
29	Panchayat samiti school wardha	16
30	Rashtriya samajik vidy pipri (Megle), Wardha	24
31	Sakaham school wardha	12
32	Daulalsingh vidhyalay pipani (Meghe), Wardha	53
33	P U P school Kurradi Wardha	36
34	Madhyamik vidhyalya rotha (dt wasdla)	23
35	Municipal kamla nehazu high school wardha	24
36	Yeshawanl high school, waigaon Wardha	31
37	Somalwar school, Wardha	37

38	Maulana Azad J R college, Wardha	41
39	Z P Upper primary school Belgaon, Wardha	16
40	School of Brilliants, Wardha	46
41	St. john vidyalaya boiraw Wardha	13
42	Yashedeep high school wardha Borgaon	23
43	Z P upper primary school karanji (B), Wardha	15
44	Nehru vidyalaya salod (HI), Wardha	0
45	Kai anandrao meqhe vidya borgaen, Wardha	24
46	Vivek madhyamik vidyalaya mandwa, Wardha	21
47	Thakare anu adiwasi ashram s waigaon (NI), Wardha	28
48	Indira high school bhankheda, Wardha	18
49	mpl kamala netra high school wardha	32
50	Spmalwar school wardha	42
51	Sushil himmat sing ku jr college wardha	25
52	Rathibai vidyalay wardha	0
53	Z.P Up pri school Dhotra (Ka), Wardha	25
54	Rastrasant tukdoji maharaj v wardha	34
55	Babueaji bangd vidyalaya pawna, Wardha	12
56	Sushil himmat singka jr.colege wardha	24
57	Nehru vidyalaya school (Hi) Wardha	32
58	Vinayak madhyamik vidhyalaya, Wardha	15
59	Kasturba vidya mandir, Sevagram	18
60	Katurba vidya mandir,Sevagram	15
61	Bharat Dnyan Mandiram, Wardha	32
62	Aragami high school wardha	12
63	Saraswathi vidya mandir m m vidyalay wardha	23
64	Shri sant kejaji maharaj vidyalay Taroda, Wardha	26
65	School of scholars Wardha	28
66	Shri sant kejaji maharaj vidyalay Taroda, Wardha	25
67	New english academy of yeinuy wardha	28
68	Rashtrabhsha m v wardha	15
69	School of scholars Wardha	25
70	Madhayamik vidhyalay mahakal	31
71	Rashtriya samajik vidyalaya pipri, Wardha	26
72	Ratnibai Vidhyalay Wardha	35
73	Sane guriyi jr college Wardha	21
74	Kesarimal girl's high school wardha	42
75	G S E school Anji (Mothi), Wardha	36
76	Sarswathi vidya mandir waigaon, Wardha	32
77	P V C Shaheed Abdul hameed wrdu h school wardha	37
78	Z P Upper primary bhivapur	31
79	Bajaj Science College Wardha	0

80	Dr Ambedkar vidyalaya Bhimnagar wardha	25
81	D V E Shaheed Abdul hameed high school wardha	0
82	Maulana Azad urdu high school wardha	26
83	St Amtomy mational School wardha	36
84	New english Academy of Genius wardha	42
85	Arragami convent school C B S E Wardha	26
86	Rashtrabhasha M V Wardha	15
87	Gandhi city public school Wardha	31
Total		1974

Annual Report 2024-2025- AALO (Arunachal Pradesh)

Sl No.	Name of the School	No of students Doing the program
1	St. Mary's School PUAKE GUMIN, Aalo	68
2	Govt. Town Middle School, Aalo	31
3	Govt. UPS. Guminagar, Aalo	25
4	St. Joseph School Kaying, aalo	84
5	SFS School Yingkiong	56
6	Govt. Sec. School, Komfo	14
7	Siyom Army Public School Aalo	54
8	Govt UPS Kabu	24
9	VPS Logum Jini, Aalo	45
10	P.I Secondary School ,Aalo	63
11	Siyom Valley School	25
12	Govt. SEC. School, PAKAM, Aalo	38
13	Govt. Upper Primary School, Town Aalo	32
14	St. Joseph School Kaying, Aalo	58
15	UPS Logun Jini, Aalo	64
16	Govt UPS, Doji, Aalo	28
17	S.F.S, Yeggo, Aalo	56
18	Govt. UPS, Panya	24
19	Govt. SS P.I Colony, Aalo	43
20	Govt HSS, KAMBA	38
21	Nehru Memorial Govt. School	24
22	Govt. UPS Kabu	26
23	SFS School Basar	68
24	GUPS. Doji Jelly	24
25	Govt. UPS. Bene	32

26	Govt. Ups Kabu	25
27	Govt. SS. New Marrkrt	24
28	Siyom Army Public School Aalo	36
29	GovtUPS App Complex, Aalo	22
30	Govt UPS Gumin Nagar	26
31	SFS School Pasighat	58
		1235

SI No	Region	Schools	Colleges	Others	Total Students doing the program
1	Karnataka	26	2	1	8,448
2	Salem (Tamil Nadu)	23			3,901
3	Pune	156	5		24,011
4	Mumbai	114			8,595
5	Vidarbha	325			15,957
6	Nagaland	54			3,297
7	Wardha	81			1,974
8	Arunachal Pradesh	31			1,235
		810	7	1	67,418

Teachers Feedback :

After I started teaching lessons on self-respect and the idea that each person is unique, I noticed a change in my student. They began to show me more respect and started attending my classes more regularly. It made me feel valued and motivated as a teacher.

Ajinkya Kadam from MNC School no 13 Amravati

This was my very first workshop of its kind. I have attended many SCERT - funded programs in the past but honestly, I was not very interested in most of them and participated only because I had no other choice.

The Aalo Workshop, however, was a truly unique experience. You taught us how to handle students in very practical and interesting ways. Something what I learned from you in my work, and it has been very rewarding.

Thank you for this wonderful opportunity and for making such meaningful impact.

Moji Riba:- Teacher : St. Francis School
Aalo

Date _____

Expt. No. _____ Page No. _____

Attending the Anmol Ashayein training has been a very enriching experience for me. It has given me the confidence to talk about sensitive issues with my students in a simple and effective way. The curriculum is very well designed, and the activities make learning interesting and interactive. I have noticed that my students are more open to share their doubts and concerns with me after these sessions. This program has helped me not only as a teacher but also as a mentor and guide for my students. I truly feel that Anmol Ashayein is making a positive difference in their lives as well as in mine.

A. Pavana Fatima.
Christybrooke Matric School
Salem.
Teacher's Signature

Dear Asha Team.

I am really happy to share my experience. I attended the Aalo Workshop in January 2025. To be very frank, I came to the Program without much interest as I had to travel nearly 12 km on my scooter, which I felt was a bit risky. My initial thought was to attend only the first day and then discontinue.

However, the very first day's sessions completely changed my mind. They inspired me so much that I decided to attend all three days of the Program. I truly gained the maximum out of it, and it turned out to be a wonderful experience for me.

I am now actively doing the Program, and I am grateful for this opportunity.

Warm regards,

Mrs. Priscilla Ete. Teacher: Nehru Memorial
Govt. School Aalo.

Feedback from Student :

My life was very difficult because I didn't take care of my relationships. Many times, I had bad experiences. I had many friends, but most of them used me for their own needs. After Priya ma'am's class, I understood what a real friend is. Now I have new friends - we support each other, share openly, and feel happy together."

Vaishnavi Bhosale Holy Angels
School Pune

Thank you, Rahi teachers - for the first time in my life someone told me that I am good and valuable. Your words gave me confidence and made me feel truly seen and respected.

Aditya Patil Pawar
Public School Pune

Last year, after the Diwali holidays, my class teacher started taking a different kind of class. It was not like our usual academic subjects. It was about life. At first, I was curious, but then I slowly started liking it because she taught us through many activities. The way she explained things was very simple and easy to understand. I really enjoyed those classes and learned a lot from them.

Shruthi Ingle STD IX B: Saraswati
vidya mandir English medium
School Wardha

AHE TRAININGS ATTENDED 2024-2025

Sl No	Date	Topic	Name	Venue	No. of Days	Conducted by
1	04-05-2025	Career Counselling	Vrushali Gawande	Virtual	2 hrs	national workshop conducted by department of Education officer NCERT , central Govt.
2	08-04-2024	Standard Operating Procedure (SOP)	Elizabeth, Maya, Shruthi, Supriya, Remya, Ramu, Ravikanth ,Rebecamma	ASHA premises	2 hrs	Dr.Glory Alexander
3	22-07-2024 26-07 -2024	International AIDS Society – Conference	Dr.Glory Maya ,Remya Rebecca, Shurthi, Baiju, Supriya	IAS - Munich, Germany	5days	International AIDS Society
4	25-07-2024	Nothing about us without us. Symposium -	Silvia Prathiba Dr.Glory Alexander	IAS – Munich, Germany	2 hrs	International AIDS Society
5	11-02-2023	Educational Conclave Sustaining purpose embracing change in Education	Mr.Baiju Sebastian	Guwahati Assam-Northeast	1 day	Assam catholic Educational Trust

AHE TRAINING PROGRAMS CONDUCTED 2024-25

Sl. No	Date	Topic	For whom	Venue	No. of participants	Conducted by
1	23-07-2024	Understanding Ourselves presentation + activity	IAS delegates	IAS - Munich, Germany-- Networking Zone	15	ASHA's Adolescent Health Education Baiju Sebastian, Maya Singh
2	25-07-2024	Communication Skills	IAS delegates	IAS – Munich, Germany- Networking Zone	17	ASHA's Adolescent Health Education Baiju Sebastian, Maya Singh
3	28-09-2024	Pre planning meeting for 72 nd Teachers Training workshop Wardha	Master Trainers	ASHA Premises	7	AHE- ASHA Foundation
4	03-10-2024 05-10-2024	72 nd Teachers Training workshop	Wardha school teachers	The Heritage Grande, Bachelor Road, Wardha	120	ASHA Foundation
5	15- 01-2025	Pre planning meeting for Aalo 73 rd Teachers Training workshop	Master Trainers	ASHA Premises	6	AHE- ASHA Foundation
6	27-01-2025 29-01-2025	73 rd Teachers Training workshop	Aalo - Arunachal Pradesh teachers	St. Francis College Aalo – Arunachal Pradesh	116	ASHA Foundation

**ADOLESCENT HEALTH EDUCATION- “ANMOL ASHAYEIN” PROJECT
PHOTOS**



Mrs. Vrushali of ASHA Foundation meeting with Ms. Usha Talvekar, Assistant Education Officer of Wardha district.on 21-08-2024



“Spending Your Life” game and the message about irreversible decisions – at Wardha Teachers training workshop 04.10.2024, by ASHA Foundation



Master Trainers of ASHA Foundation played “Hawk and the King” story as part of the training activity at Wardha Workshop on 04.10.2024.



Practicum session conducted at Lokvidyalaya School, Wardha on 05.10.2024.



Participants of the 72nd Teachers' Training Workshop held at Wardha from 03.10.2024 to 05.10.2024



Mr. Baiju Sebastian of ASHA Foundation doing a pre-workshop visit to Aalo at St. Francis College, discussions with Fr. Jose and Prof. Kenly for organizing a workshop on 28-10-2024



Pre-planning meeting for the Aalo workshop held at ASHA Foundation premises on 15.01.2025.



Dr. Glory, Founder Director, greeting the chief guest, DGP Tumme Amo during the inauguration of the Aalo workshop on 27.01.2025.



DGP Tumme Amo addressed teachers during the inauguration of the Aalo workshop on 27.01.2025



Teachers from SFS College sang the opening song during the inaugural function of the Aalo workshop on 27.01.2025



Students from SFS College performed a cultural dance during the inaugural function of the Aalo workshop on 27.01.2025



Registration in progress during the Aalo workshop held from 27-01-2025 to 29-01-2025



Banner displayed at SFS School during the Aalo workshop held from 27-01-2025 to 29-01-2025



Communication activity conducted during the Teachers' Training Workshop at Aalo on 27.01.2025



Dr. Glory led a “Safe Relationships and Health” activity during the Aalo workshop on 27.01.2025



“Understanding Ourselves” session conducted by Mr. Baiju Sebastian at Aalo on 27.01.2025



Practicum session at SFS School during the Teachers' Training Workshop at Aalo on 29-01-2025



Master Trainers Team from ASHA Foundation at the Aalo workshop held from 27-1-25 to 29-1-25



Participants at the 73rd Teachers' Training Workshop held at Aalo from 27-01-2025 to 29-01-2025



Dr. Glory facilitated a Standard Operating Procedure (SOP) session for ASHA Foundation staff on 08.04.2024

3.The Children-at-Risk Project: -

This project supports HIV infected and affected children and HIV positive men, women and families. Free medical care and consultation is provided for all the HIV positive patients, including children. The services include routine medical care, treatment for opportunistic infections, counselling services, socio-economic assessments, free or subsidized Antiretroviral Treatment (ART), free or subsidized costs for investigations, empowerment of women through Self Help Groups, and educational and nutritional support for HIV infected and affected children. This year, 53 children received support for education and there were 1183 patient visits to the free HIV clinic. The number of clinic visits is reduced because we have started Differentiated Service Delivery (DSD) based on individual need. So, where patients are doing well are stable and regular on treatment they are seen only once in three months or six months, the others who require more counselling and medical care are seen more frequently. Twelve SHG meetings were held this year on the third Sunday of every month. This year a Sports Day was conducted on the 2nd of February and Picnic to Mysore was organised on 2nd of March 2025. Games were organised to the children according to the age groups and lunch was provided after the event. Fifty-one children and 45 adults attended the Sports Day. The children all received an Umbrella each as a gift. Picnic was organised to the Mysore 46 children and 41 adults were enjoyed visiting Mysore Maharaja Palace, Zoo and Aqua water world

Targets for the year:

1. To provide educational support to at least a hundred HIV infected and affected children.
2. To conduct Sports Day and Picnic Day during the year.
3. To conduct 12 SHG meetings for our HIV infected and affected women per year.
4. To conduct all the other activities as usual.

The components of the children at risk project are: -

1. Medical, nutritional and educational support for children.
2. HIV/AIDS outpatients' clinic three times a week.
3. Empowerment of women through meetings and SHGs

Sl.no	Particulars -2024-2025	Reached
1	Education	
a	Number of children who received educational support	53
b	ELE (pre-school) (Boy1, Girls 3)	04
c	PE (Primary Education) (Boys 11, Girls 9)	20
d	SE (Secondary Education) (Boys 3, Girls 6)	9
e	IC (Intellectually Challenged)	-
f	HE (Higher Education)- pre university, college, vocational training, professional courses etc. (Boys 7 Girls 13)	20
	Total	53
2	HIV/AIDS Clinic	
a	Number of persons tested for HIV infection	65
b	Positive reported	19
c	Adults reported positive	17
d	Children reported positive	2 (PCR Negative)
e	Number of new patients registered	17
f	Number of clinic days	125
g	Number of adult patient visits to clinic	995
h	Number of children patients visits to clinic	188
i	Total Number of patients visits to clinic	1183
j	General Investigations for children	102
k	CD4 Investigations for Children	40

l	Viral Load tests for children	34
m	OI infections treated for Children	6
n	Children on ART	39
o	Children on 1 st Regimen	35
p	Children on 2 nd Regimen	3
q	Children on 3 rd Regimen	1
r	Number of Children Hospitalized	1
s	Number of Children Referred	1
t	Adults on ART	320
u	General Investigation for adults	816
v	CD4 investigation for adults	172
w	Viral Load tests for adults	115
x	OI infections treated for adults	10
y	PLHA TB treatment for adults	2
z	Pap smear tests	88
3	Socio Economic	18
a	Number of SHGs Existing	6
b	Number of SHG members	117
c	Number of children supported for Nutrition	44
d	Number of Nutritional Poustic (Sanskrit word that means nutritious) plus distributed	51
e	Dry ration support for Poor Families	Thirty families supported for twelve months.
f	SHG Internal Loans issued	09

g	<p>SHG Monthly topics</p> <ul style="list-style-type: none"> ❖ Opportunistic infection related to HIV ❖ Sarojini Damodaran foundation scholarship ❖ Free computer training – Canara Bank ❖ Information given about Dengue ❖ Nurturing Aspirations celebrating excellence 5100 Reliance Foundation Scholarship 2024-25 open for applications ❖ HPV vaccination ❖ Rajiv Gandhi Housing Board Scheme ❖ Informed about one day picnic to Mysore ❖ Free medical treatment for above 70 years of age under Ayushman Bharat from Central Government Scheme ❖ Free nursing Assistant Training by Nightingales Medical Trust ❖ Informed about Sports day 2nd Feb-25 ❖ HPV vaccination camp will be conducted at Sheshadripuram ground in Association with Rotary club and Karnataka Network for Positive for 1500 Children dated – 13/3/25 	12
h	BHAF Meetings attended	2
i	Referred to Government Scheme called UNNATI (Means Progress) for Free Training and employment for under privileged youth	-

j	Referred to Magic Bus Free Training course and employment placement Krishna Giri	1
k	Referred to the HIV Positive Marriage Bureau to Karnataka Network for Positive (KNP+)	4
4	Celebrations and Events	2
I	Sports day	1 (2/2/2025)
a	Children Participated	51
b	Adults Participated	45
c	Staff	9
d	Volunteers	2
II	Picnic	1 (3/2/2025)
a	Children Participated	46
b	Adults Participated	41
c	Staff	9
d	Volunteers	2

The CAR project supports the medical, nutritional and educational support for children infected and affected by HIV/AIDS.

The following activities were undertaken: - To improve the educational status of children infected and affected by HIV/AIDS:

As the part of the educational support, during the period, 53 children were supported for their education. Details as follows:

ELC (Early Learning Centre) Lkg and Ukg	04 (3 Girls & 1 Boy)
PE (Primary Education) 1 st std to 7 th Std	20 (09 Girls & 11 Boys)
SE (Secondary Education) 8 th std to 10 th std	09 (6 Girls & 3 Boys)
HE (Higher Education) 1 st PUC to Degree	20 (13 Girls & 7 Boys)
Total	53 (31 Girls & 22 Boys)

To improve the health status of the children infected and affected by HIV/AIDS and their families:

HIV Testing

During the period, totally 65 HIV tests have been done including testing on 36 children. Out of this 17 have been reported positive, of which adult males 7 and adult females 10.

HIV/AIDS Clinic

Children: -

ASHA Foundation conducts a HIV/AIDS clinic thrice a week on Mondays, Wednesdays & Fridays afternoon from 1.30 pm to 5.00 pm. Totally the clinic operates for 125 days. The medical team consists of Physician, Paediatrician, Counsellors, Nurse, Project Coordinator, Medical Social worker and clinic support staff. Free Medical care and consultation is provided for all the HIV Positive patients and all children infected by HIV/AIDS. The services include routine medical care, treatment for opportunistic infections, counselling services, socio-economic assessment and free or subsidized Antiretroviral Treatment (ART).

Presently 39 children are receiving ART treatment out of which 35 are on the first Regimen, 3 are on the 2nd Regimen and 1 child is on the 3rd Regimen. All these children have increased CD4 Counts and their quality of life is good. Totally 188 children visits occurred to the clinic. Forty times children received CD4 investigation support and 102 times children have received support for various investigations like CBC, ESR, Haemoglobin, Complete Blood Count, S Creatinine, SGOT and SGPT and Routine Urine analysis and 34 viral load tests have done.

Adults

Totally 320 adult patients are on ART. One hundred and seventy-two patients have undergone CD4 test and 816 general investigations were conducted. One hundred fifteen Viral load tests were done. Three patients have done Abacavir sensitivity tests.

To improve the Socio-economic status of the children and their parents infected or affected by HIV/AIDS

Self Help Groups: -

Six existing Self-Help Groups (117 members) are there which have been formed under the guidance of ASHA Foundation with an average of 18 to 24 members in each group. The six groups are Shrishti, Trupti, Preethi, Prakruthi, Nisarga and Nesara. Nine women have utilized the loan facility during the period and totally 183 times beneficiaries have taken loans amounting to Rs 7,57,500 (Seven lakhs fifty-seven-thousand five hundred only) Out of this amount, 140 loans were cleared and Rs. 1,00,650=00 is the outstanding loan amount still being paid by 43 loanees. The SHGs meet on the third Sunday of every month.

Sports Day

The sports day was held on Sunday, 2nd February - 2025, from 8:00 am to 4:30 pm at BBMP Ground, Ananda Nagar. The day began with preparations to set up the grounds for the various games and activities.

Participants, including women and children, started arriving around 9:00 AM, where they registered their names and received ID cards. Shruthi, a medical social worker, warmly welcomed everyone, setting a cheerful tone for the day.

A variety of games were organized for boys and girls, categorized by age groups. Many of these games were introduced for the first time, which added a fresh sense of excitement and enjoyment. For the women participants, two races were held, bringing a fun competitive spirit to the event. The ring game marked the grand finale, wrapping up the competitions on a high note.

After the events, every child received an umbrella as a gift, along with the many prizes they had earned during their games. The day concluded with a hearty lunch, giving everyone the chance to relax, bond, and celebrate their achievements.

In total, 51 children and 45 mothers actively took part in sports day 2025, making it a memorable and successful event for all involved

Feedback

- I really enjoyed that day. I made some new friends also and all games were very nice. The food was also very tasty. Individual gift was good too.
- It was a wonderful event and we got to play lots of games. The food was incredible, also received a umbrella as a gift.

- Sports day was wonderful program for us. I completely enjoyed all those games. The lunch was very delicious.

Picnic

The annual Picnic for ASHA Foundation was held on the 2nd of March 2025. The venue was chosen to be Mysore. About 41 caregivers, 46 children , 9 staff and 2 volunteers from ASHA Foundation were present.

The picnic day started with registration and distributed snacks at ASHA Foundation around 7AM most of the beneficiaries were assemble exact 7AM rest of the beneficiaries were slowly started to assemble by 8:00 most of them had gathered they were then divided into 2 groups one group is bus number 1 and 2nd group is for bus number 2. Our journey started at 8:10Am around 9:30am in Bidadi all are had breakfast again started our journey at 10:15am after that around 11:15 we are reached our destination was the Mysore palace it was very beautiful historical place children were enjoyed to seen the palace after that we were went for lunch at 1:30Pm everyone had a good meal together and enjoying. Post lunch we visited the Mysore Zoo home to a diverse range of wild life species. This visit was particularly engaging for beneficiaries as they had the opportunity to see various animals up close and learn about conservation efforts. In the evening our final stop was the Loka Ranjan Aquarium, when participants were fascinated by the wide variety fishes. The visit sparked curiosity and enthuses, especially among the beneficiaries, who enjoyed discovering different aquatic creatures and their habitats.

Overall, it was a remarkable experience that successfully combined education, recreation and social inclusion. It provided a platform for individual from diverse background.

After that we start journey from Mysore at 11:00 pm we reached Bangalore and everyone as their own way to go home.

Feedback: -

- Volunteers and ASHA Foundation staff took care of well.
- Picnic went on well, place was good.
- Travel arrangements were good

Dry Ration Support: -

Thirty families with children were supported with dry ration for twelve months. Each package of dry rations consists of 5 kgs rice, 2 kgs Atta, half a kg green gram, 1 kg oil, half a kg Channa dhal, Toor dal 1kg, Sugar 1 kg, Jaggery half a kg, Ragi powder 3kgs, Tea

powder 100gms, Chili powder 100gms, Haldi powder 100gms, Wheel soap 5pcs and Bathing soap 5 pcs.

Case study-1: -

Ashwini (name changed) is a bright and determined 14-year-old girl who is currently in her first year of Pre-University studies, pursuing Science. With an impressive score of 89% in her SSLC exams, she is among the top performers in her class. Her ambition is clear — she dreams of becoming a doctor one day, a goal she works toward with unwavering focus and commitment.

Ashwini is the eldest daughter of Ravi (name changed), who first came to ASHA Foundation in February 2017. Ravi is a patient referred from the another NGO. When he arrived at ASHA Foundation, his health was in a critical condition, with a CD4 count of just 259. The doctors immediately started him on Septran DS (Antibiotics) and antiretroviral therapy (ART) to stabilize his condition and begin his journey toward recovery.

Ravi works as an office assistant and earns a very modest income. He has a wife who is HIV-negative and two young daughters, both of whom are in school. Despite his best efforts, the financial strain of supporting his family, managing his health, and ensuring his children receive a good education was overwhelming.

It was during this time of hardship that ASHA Foundation stepped in, offering vital support to Ravi and his family. The ASHA foundation not only provided Ravi with life-saving treatment and medication, but also extended a helping hand to ensure his daughters could continue their education without interruption. Ashwini, in particular, benefited from this support, as it allowed her to stay focused on her academic goals and nurtured her dream of becoming a doctor.

Today, Ravi's health is stable, and he continues to take his medication regularly. His family is doing well, and his daughters are thriving in their studies. Ashwini remains a shining example of resilience, intelligence, and hope. She is deeply grateful for the opportunities made possible by ASHA Foundation and is committed to making the most of them.

This case highlights the compassionate and comprehensive approach of ASHA Foundation in supporting not only the health of patients but also the future of their families. Through educational

assistance and consistent medical care, ASHA Foundation has been a pillar of strength for Ravi and his daughters — proving that with the right support.

Case study -2: -

Vinutha (Name changed), a 34-year-old widow, she came first to ASHA Foundation at the age of 27yrs. She was married at the age of 17 years and she got HIV from her husband; He subsequently passed away from the disease. Vinutha has a 15-year-old son who tested negative for HIV. During her second pregnancy, she discovered she was HIV positive, and tragically, her child did not survive.

Following these hardships, Vinutha start treatment at an NGO initially but did not continue there. In 2017, her health deteriorated significantly, leading to admission at a hospital. At that time, her CD4 count was critically low at 23 cells/cu.mm. Accompanied by symptoms such as breathlessness, cough with expectoration, and low-grade fever. After receiving treatment at the Hospital, she was referred to ASHA Foundation. She was started on ART (Anti retro viral therapy), Her CD4 count had improved to 259, although she struggled with depression during this period.

ASHA Foundation has been instrumental in supporting Vinutha by providing free ART medications, supporting her son's education, offering moral support and counselling, and providing dry ration assistance. With their support, Vinutha has been able to rebuild her life; she now works as a computer operator at a school, and her son has successfully completed 10th standard with good marks and now he is doing his 2nd year Diploma in Electrical and Electronic Engineering. Their positive outcomes illustrate the transformative impact of ASHA Foundation's support on their lives.

This case highlights the vital role that ASHA Foundation plays in supporting both mother and child affected by HIV/AIDS, ensuring they lead fulfilling lives despite the challenges they have faced.

Details of the Children who have completed their Education, Supported by ASHA Foundation					
Sl.no	Name	Education	Age	Designation	Salary/month
1	T	Mcom	29	works in agriculture department as casual finance officer	18000
2	S	Diploma	26	Gym Instructor	25000
3	M	BCom	22	Works in a private firm	18000
4	S	2nd PUC	20	Zepto Office in charge -Jayanagar	18000
5	L	2nd PUC	22	Works in BPO - Tele caller	25000
6	R	10th Std	26	Runs a Military Hotel	12000
7	M	9th Std	20	Runs a Military Hotel	12000
8	W	MCA	25	Works in Starter company	25000
9	S	BCom	22	works in Eco space customer support	18000
10	C	9th std	24	Due to health condition education stopped	-
11	S	Diploma	27	Fixed agent in Delivery.com	19000
12	A	BCom	29	Tax Analyst in EY	24000
13	R	9th Std	24	Ola auto driver	15000
14	P	BCom	26	Data Entry operator in CDPO office Bangalore rural	15000
15	V	BCom	24	Riddhi finance company	15000
16	D	ITI	23	Works in a press	15000
17	S	JOC	26	Works in one MG	12000
18	M	BCom	25	Works in BPO	20000
19	S	Diploma	26	Works in IT company	22000
20	H	BCom	23	Accountant in a private firm	18000
21	M	Mcom	30	Lecturer	24000
22	J	BE	26	Decision Scientist in Mu sigma ITPL	22000
23	R	BE	24	Ethnus consultancy services pvt. Ltd	15000
24	T	Job Oriented course	26	Ac mechanic - works as casual labour in Lakshmi Enterprises	12000
25	S	BCom	26	Married House wife	-
26	K	Diploma	24	Diploma in Office management - Doing tally	16000
27	Y	2nd PUC	21	Married - House wife	-
28	N	ITI	20	Works in Suprajith Factory	12000
29	M	BCOM	25	works in Marviric technologies pvt.ltd	17000
30	S	2nd PUC	23	Works in Electrical shop	8000
31	R	BCom	23	Delivery boy in courier office	18000
32	B	BCom	25	Operational Analyst	15000
33	S	Diploma	24	Works in Garments	12000
34	A	2nd PUC	24	Works in Jio	14000

35	A	2nd PUC	27	Works in Swiggy	15000
36	L	BE	26	works in IT company	25000
37	R	BCom	24	Running a cyber centre and Mobile Repair shop	12000
38	S	10th Std	25	Works in Ematrix solutions	15500
39	M	1st PUC	27	Works in BPO	15000
40	M	BSC - Computer applications	25	Works as a Ultrasound typist in Arthi scans	13000
41	M	BCA	29	Loan recovery officer - Cholamandalam finance	20000
42	M	BCom	25	Married - House wife	-
43	V	BE	24	Working as a Technical trainee in FAI company	56000
44	P	BCom	23	BAYERS Account payable Associate	25000
45	Y	BE	23	Site engineer in construction company	22000
46	S	BCom	25	Works in Ujjivan as tele caller	15000
47	P	ITI	22	Works in PU board D group	12000
48	K	BCom	27	Marketing in M fitness gym	22000
49	H	BBA	28	Works in HMT	25000
50	D	Masters in Tourism	30	Works in Tourism office	23000
51	M	M com	28	Accountant in Reddy college	20000
52	G	2nd PUC	26	works in Event management	22000
53	H	BE	28	works in private company	45000
54	A	BCom	28	Computer operator in PUB	15000
55	H	ITI	27	Electrician	18000
56	R	BCom	28	Receptionist in OMEGA	10000
57	C	BE	28	Assistant Technical Engineer in IBM	25000
58	S	ITI	29	works in Hayagreeva Temple	20000
59	Y	Diploma	29	works in Toyota	25000
60	R	BCom	30	works as a tele caller	16000
61	N	ITI	28	Electrician	22000
62	S	MA	29	English teacher in PVT school	21000
63	S	11th std	24	works in jewellery shop	12000
64	S	BE	29	Implementation and QA engineer in Empire software solutions	45000
65	A	BCom - CA	20	Works in Auditor office	22000
66	S	12th Std	20	Married - House wife	-
67	H	BE- computer science	25	completed in May-2024 searching for Job	-
68	G	MCA	23	Works in private firm	20000

69	S	Job oriented course - Computer	21	Married - House wife	-
70	G	2nd PUC	21	Operation executive TYLT	12000
71	V	BCom	27	Married - House wife	
72	A	BCom	28	App developer	15000
73	A	Nursing	30	Male Nurse	25000
74	H	NTT (Diploma)	27	Works as a Teacher (Kennet George school)	8000
75	U	BCom	29	Works in cement factory	12000
76	S	BCom	30	Digital relationship manager Axis bank	18000
77	R	BCom	29	Works in Amazon	17000
78	S	B pharma	26	works in Med plus	15000
79	P	BCom	26	Accountant	18000
80	V	MCA	35	Great learning part time job	15000
81	U	BCom	33	Sales officer	24000
82	S	BBM	30	Working in a PVT company in jiggani industrial area	15000
83	S	BCom	28	Accountant	16000
84	M	Medical records division	30	Works in MRD section in Bangalore Baptist Hospital	15000
85	N	BCom	22	Process Associate	25000
86	H	BE	25	Working as a Executive Technical support in Startek company	20000
87	Y	BCom (MBA)	23	Photo designer own business	20000
88	R	BCA	23	Works in BPO	22000
89	V	BA	34	Tele caller in SBI bank	15000
90	V	Mcom	23	Accountant in Insurance company	25000
91	S	BCom	24	Works in Ujjivan as tele caller	15000
92	K	Diploma in civil engineer	24	Site engineer in construction company	20000
93	G	BE	23	BE in computer science -works in Asbeen	56000
94	H	BE	24	BE in computer science- Executive technical support in STARTEK company	22000
95	A	2nd puc	22	Works in Dunzo	14000
96	S	2nd puc	20	Works in private firm	12000
97	J	B Tec -CS	28	Works in DXC technologies	30000
98	N	B com	24	Works in Kempe Gowda International Airport under contract	18000
99	K	BBA	22	Married -House wife	-
100	S	TCH	33	Teacher in a private school	28000

101	R	10 th Std	26	Car driver	20000
102	P	BBA	21	Civil Engineer	25000
103	M	BBA	25	HR in Toyota Factory	28000
104	B	BBA	24	Business Developer in Talent Track services	15000
105	SL	BCOM	20	Works in ITC Infotech as Jr. Executive -T	19000
106	SK	12 th std	25	Caretaker in a senior citizens home	17,000
107	DK	2 nd PUC	19	Sales person in a steel traders shop	10,000

In the above table, 53 children are females and 54 children are males and 25 of the 107 children are living with HIV.

CHILDREN AT RISK PROJECT PHOTOS



A patient receiving dry rations from ASHA Foundation as part of its nutritional support initiative on 17.11.2024



Blood sample collected for viral load testing on 14.08.2024



Sister Rebecca provided information on “Opportunistic infections related to HIV” during the SHG meeting held on 21-04-24



Group photo of ASHA Foundation beneficiaries at Mysore Palace – 02.03.2025



The children enjoyed participating in a ring game on Sports Day, 02.02.2025



Children enjoyed the water balloon catching game on 02.02.2025



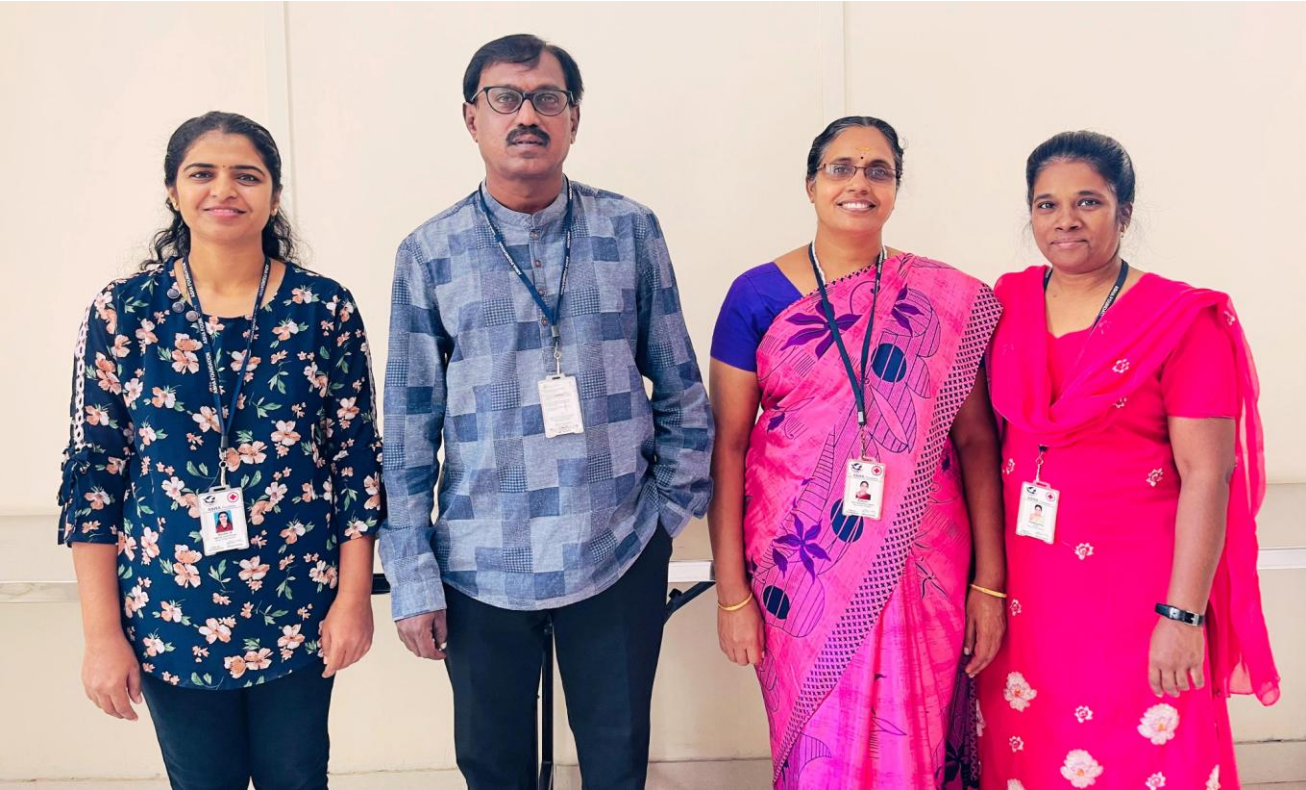
Women showcased their artistic talent in the Mehndi competition held on Sports Day, 02.02.2025



Children curiously observing animals during a picnic to Mysore Zoo on 02.03.2025.



Children enjoying the fish aquarium at Lokaranjan Aqua World on 02.03.2025.



ASHA Foundation's Children at Risk Project team

4. Camp Rainbow:

Introduction: Camp Rainbow is a psycho-social program designed to support children and youth living with HIV, by offering educational and recreational experiences through residential camps. The primary goal is to improve children's adherence to HIV treatment and enhance their overall quality of life—while ensuring they also have *serious fun*.

Camp Rainbow operates in collaboration with the SeriousFun Children's Network (USA), initiated by actor Paul Newman. This global initiative has expanded from its roots in the U.S. and Europe to serve children across Africa, Asia, and South America.

2024 Overview: The year 2024 marked the 11th year of Camp Rainbow Bangalore and the 9th season of residential camps (excluding 2020 and 2021 due to the COVID-19 pandemic). Two camp sessions were held during the year.

Session 1: Dharwad

- Date: 8th-11th May, 2024
- Location: Sevalaya, Dharwad
- Supported by: Dharwad Network for People Living with HIV, Nandana Makkala dhama-Belgaum, Nippani-Belgaum
- Participants: ~50 children

Session 2: Bangalore

- Date: 14th – 16th October, 2024
- Location: Infant Jesus Children's Home, Bangalore
- Participants: 20 children

Volunteers' participation: A notable highlight of the 2024 camps was the involvement of youth living with HIV as volunteers. Some of these young individuals had previously participated in the leaders in training (LIT) program and also have been previous years' campers

- Total volunteers: 19
- Volunteers living with HIV: 16

This peer-led involvement helps foster a strong sense of community and inspires younger participants.

Leaders in Training (LIT) Program: The LIT Program is a life-skills initiative for youth living with HIV, aged 18 to 24yrs. The sessions are conducted as either:

- A 1.5-day residential program or
- A 1-day non-residential program

Key Topics Covered: Some of the key topics covered are decision-making, managing negative peer pressure, managing emotions, understanding relationships (true love vs. infatuation), time-management, marriage and future planning etc..

Participation in 2024-25: Total LIT Participants= 276 youth living with HIV

Conclusion: Camp Rainbow Bangalore continues to be a vital psycho-social intervention for children and youth living with HIV, offering them joy, hope, and practical life skills. The 2024 programs not only brought smiles to the faces of campers and LIT participants, but has also empowered a new generation of leaders from within the community.

TABLES:

TABLE 1: TOTAL NO.. OF CHILDREN PARTICIPATED IN RESIDENTIAL CAMP	
Session 1-Sevalaya, Dharwad	50
Session 2-Infant Jesus children’s home, Bangalore	20
Total	70

TABLE 2: CAMPERS’ DETAILS	
Boys	28
Girls	22
Total	50

TABLE 3: CAMPERS' DETAILS	
Children from institutions	28
Children from community	22
Total	50

TABLE 4: TOTAL NO.. OF YOUTH PARTICIPATED IN LIT PROGRAMME	
ASHA Foundation, Blr	4
ASHA Foundation, Blr	13
Dharwad Network	46
Mysore	41
Infant Jesus children's home, Kothanur	34
Chikmagalur	44
Raichur	52
Mangalore	42
Total	276

**CAMP RAINBOW – TOTAL SESSIONS AND NO.OF PEOPLE SERVED FROM THE YEAR 2014
TILL MARCH 31st 2025**

Year		2014	2015	2016	2017	2018	2019	2020	2021	2022	2023	2024	2025	Total
Residential Camps	Total camp sessions	2	2	2	3	2	2	0	0	1	4	2	0	19
	Total volunteers /Camp staff trained	19	31	28	48	32	35	0	0	8	34	19	0	254
	LT served	5	7	6	7	6	7	0	0	3	3	4	0	48
	Total children participated in Residential camp programme	57	85	65	120	69	92	0	0	53	127	70	0	738
Outreach Programmes (Follow-ups/CBP day camps and Re-unions)	Total no. of sessions	3	5	8	13	15	16	0	0	0	2	0	0	62
	No. of campers participated in outreach	65	171	218	328	199	224	0	0	0	25	0	0	1230
	No. of non-campers participated in outreach	4	42	91	99	112	294	0	0	0	4	0	0	646
	No. of caregivers participated in outreach	30	70	83	75	57	69	0	0	0	0	0	0	384
	No. of trained staff/LT participated in outreach	44	102	130	90	99	67	0	0	0	0	0	0	532
	No. of volunteers participated in outreach	10	24	29	38	11	0	0	0	0	0	6	0	0

LIT(Leaders' in Training Programme)	Total no. of sessions	0	2	2	2	2	2	0	2	9	8	7	0	39
	No. of adolescents & youth participated in LIT	0	20	21	16	30	26	0	22	184	223	182	94	818
	No. of trained staff /LT participated in LIT	0	8	14	11	12	12	0	7	3	3	4	3	77
Capacity building programmes	Total no. of sessions	1	0	0	1	1	1	0	0	0	1	0	0	5
	No. of organization staff/participants	19	0	0	15	16	32	0	0	0	22	0	0	104
	No. of trained staff /LT participated	5	0	0	6	4	4	0	0	0	3	0	0	22

FEEDBACK:

"I enjoyed camp very much. Next time have it for more number of days"- Camper

"Thanks for calling us to attend camp. We enjoyed so much at camp. I got new friends and learnt new things"-Camper

"When I came on day one, I was very silent. When children came , I became very happy. I got attached to children. It was a very good experience with children"- Volunteer

"In this camp, I learnt about HIV and also about managing children. It was a wonderful experience with children. It was very special children used to call volunteers akka and anna like our own siblings"-Volunteer

"In this programme, I learnt about marriage related to HIV positive individuals. I had so many questions, now I got some clarity"- LIT participant

"The 2 days were so much fun. We got to learn about taking decisions and about Infatuation. Please call us again for future programme"-- LIT participant

"Thank you for doing such a programme for youth in our district. I am sure the sessions you have done are very useful for them. Requesting you to reach out to other places also. These are very important information"- Network staff

CAMP RAINBOW PROJECT PHOTOS



Residential camp conducted in Dharwad from 13-05-2024 to 17-05-2024



Fireless cooking activity during camp at Dharwad, on 13 -05-2024



Energizer during LIT programme ASHA Foundation, Bangalore on 25-08-2024



Warm-up meditation activity during LIT programme in Dharwad, conducted on 28-09-2024 and 29-09-2024



Participants of LIT programme in Dharwad, conducted on 28-09-2024 and 29-09-2024



Arts and crafts activity during camp at Infant Jesus Children's home, from 14-10-24 to 16-10-2024



Fun ice-breaker during LIT programme at Chikmagalur, on 07-12-2024



Bracelet making-An activity on Self worth conducted during LIT programme in Raichur, conducted from January 28-01-2025 to 29-01-2025



Participants of the LIT Program conducted at Mysore on 14-09-2024 and 15-09-2024



Group discussion during LIT programme in Mangalore, conducted from 08-02-2025 to 09-02-2025

5. PMTCT Project (Prevention of Mother To Child Transmission of HIV)

Introduction: The ASHA Foundation’s Prevention of Mother-to-Child Transmission (PMTCT) project continues its mission of preventing HIV transmission during pregnancy, childbirth, and breastfeeding, while improving the quality of life of HIV-positive mothers. This report summarizes our efforts and accomplishments between April 2024 and March 2025, showcasing how early diagnosis, timely treatment, awareness, and strong partnerships continue to drive progress toward an HIV-free generation.

Key Highlights and Achievements

1. Antenatal HIV Testing and Diagnosis

During the reporting period, 7,124 pregnant women underwent routine HIV screening at our partner hospitals. Of these, 36 women were diagnosed as HIV-positive and were promptly initiated on antiretroviral treatment (ART).

This early identification and swift treatment initiation underscore the critical role of antenatal HIV testing in preventing vertical transmission. By integrating routine testing into antenatal care services, the project has ensured that women receive the necessary interventions at the earliest stage possible—substantially reducing the risk of transmission to their infants.

2. Maternal and Infant Care

Throughout the year, 30 HIV-positive mothers delivered 30 live infants, all of whom were promptly provided with appropriate prophylactic and therapeutic interventions.

- At 6 weeks of age, 28 infants were tested using HIV DNA PCR: 27 tested negative, while 1 tested positive.
- 25 infants underwent a 6-month antibody test, and 30 infants were tested again at 12 months. All of these tests returned HIV-negative results.

These results reflect the successful implementation of WHO-recommended PMTCT protocols, including maternal ART adherence, safe delivery practices, infant prophylaxis, and timely follow-up testing. The outcomes affirm the efficacy of the comprehensive care model in safeguarding infant health and reducing HIV transmission risk.

3. Community Outreach

Our outreach worker played a vital role in expanding program reach and access by engaging with 559 institutions, including 49 HIV networks across multiple regions. This resulted in 28 new HIV-positive pregnant women being identified and registered into the PMTCT program.

This proactive outreach approach has proven instrumental in early detection, case linkage, and service integration, particularly for women in remote or underserved areas who may not otherwise access healthcare services. Strengthening this engagement remains a key strategy in our effort to reach every mother in need.

4. Counseling Services

A total of 141 personalized counseling sessions were conducted by our trained program officer. These sessions covered:

- Antenatal support counseling (addressing pregnancy, medication adherence, delivery preparedness, and infant feeding options)
- Pre- and post-HIV test counseling
- Pre-ART initiation counseling and adherence support
- Routine follow-up consultations

These counseling services provided emotional support, education, and empowerment to women navigating their HIV diagnosis and treatment, reinforcing informed decision-making and long-term adherence to care plans.

5. Collaboration with Partner Hospitals

The project's success is built on strong partnerships with several dedicated healthcare institutions. Our partner hospitals not only provided high-quality clinical care but also integrated PMTCT protocols into their routine maternal health services.

Their sustained collaboration—supported through technical assistance, counselor training, and IEC materials—has been crucial in delivering consistent, evidence-based care to HIV-positive mothers and their infants. This network of support has enhanced both treatment outcomes and program sustainability.

6. Representation at Key Forums

Our team contributed to national and international knowledge exchange platforms:

- **International Engagement:** The Senior Program Officer represented the ASHA Foundation at the International AIDS Conference 2024 in Munich, Germany, engaging with global experts and bringing back best practices for local implementation.
- **Local Collaboration:** The Outreach Worker actively participated in two Bangalore HIV and AIDS Forum (BHAF) meetings, fostering dialogue and collaboration with local NGOs, community stakeholders, and healthcare professionals.
- **Community Health Initiative:** ASHA Foundation, in collaboration with KNP+, successfully conducted an HPV vaccination camp on 13 March 2025, aimed at preventing cervical cancer and promoting health awareness among the community. The PMTCT Program Officer and Outreach Worker actively participated in organizing the camp, during which approximately more than 1,000 individuals received the HPV vaccination.

These opportunities for engagement enabled us to refine program strategies, stay aligned with global standards, and strengthen multi-stakeholder partnerships essential for long-term impact.

The table below provides cumulative statistics for the year April 2024-March 2025 and the period from January 2003 to March 2025

Particulars	ASHA PMTCT April'24-March'25	ASHA PMTCT Cumulative Jan '03 – Mar2025
Total no. of deliveries	5930	2,35,090
Total no. of ANC women registered	6209	2,32,117
Total no. of women counseled	5580	2,24,714
Total no. of women tested	7129	2,48,939
Total no. of antenatal women identified HIV positive	36	1164
No. of live born	30	998
Total no. of women awaiting delivery		
Eligible women treated	30	966
No. of babies treated	30	977
PCRs or ELISAs done	28	848
Positive PCR	1	14
Negative PCR/ELISA	27	834
Babies had final 3 antibody test under EBF at 15 months	32	256
Babies had final 3 antibody test under ERF at 15 months	1	25
Transmission rate		1.65%

The table below presents the counseling sessions conducted during the specified period April 2024 to March 2025 by ASHA PMTCT counselor

Type of counseling	April2024-March 2025
ANC counseling((Supportive counseling(Pregnancy and drugs ,Delivery, Infant feeding options)	25
Pre &post test counseling(Infant testing)	35
Pre-ART and Adherence counseling	12
Follow-up counseling	69
Total counseling sessions	141

Awareness:

Sensitization Initiatives Led by Trained Healthcare Professionals in Hospitals

Throughout the period from April 2024 to March 2025, our partner hospitals have undertaken substantial efforts to sensitize individuals, spearheaded by trained doctors and counselors. These initiatives have been pivotal in enhancing awareness and advocating for well-being both within hospital settings and across the broader community. We extend our heartfelt appreciation to the committed doctors, nurses, nursing students, ward aides, paramedics, community workers, and community members who actively engaged in these endeavors. Together, we remain steadfast in our commitment to prioritize education and empowerment, fostering a healthier and more enlightened society

The following is a cumulative summary of the sensitization efforts conducted within this timeframe:

People Sensitized	By Trained Doctors/Counselors in their Hospitals April24-March25	Cumulative Total
Doctors	26	553
Staff Nurses	64	3023
Nursing Students	154	4689
Ward Aides	25	1710
Para medicals and Community Workers	86	886
Community	130	10617
Total	510	21478

The following hospitals have shown exceptional dedication in sustaining the project independently, while also receiving technological assistance and financial support as required for the care of HIV-positive individuals within their facilities. Additionally, they have benefited from Information, Education, and Communication (IEC) materials and counselor training:

1. St Joseph's General Hospital, Guntur.
2. Women's Hospital, Ambajipeta.
3. The Bangalore Baptist Hospital, Karnataka
4. Church of South India Hospital, Bangalore, Karnataka
5. Seventh Day Adventist Hospital, Bangalore, Karnataka
6. Rural Health Training Centre, Kazhakuttom.
7. Dr Somervell Memorial CSI Hospital, Karakonam, Kerala.
8. LMS Boy's Brigade Hospital, Kundara, Kollam Dt, Kerala
9. Christian Fellowship Hospital, Oddanchatram, Tamil Nadu

These hospitals have demonstrated outstanding commitment to the sustainability of the project and have played a crucial role in delivering quality care to HIV-positive patients. The collaboration between ASHA Foundation and these hospitals has led to the successful implementation of PMTCT services, resulting in improved health outcomes for the individuals serve.

Project staff's representations of target group's network

SI No	Date	Topic	Name	Venue	No. of Days	Conducted by
1	22-07-2024 – 26-07-2024	International AIDS Conference, Munich	Remya Alan Thomas	Messe München, ICM – International Congress Center Messe München	5	International AIDS Society
2	20-9-2024	BHAF meeting	Shivamma	Milana Office Austin Town	3hrs	Bangalore HIV and AIDS Forum
3	22-11-2024	BHAF meeting	Shivamma	Solidarity Foundation, Nagashettyhalli	3hrs	Bangalore HIV and AIDS Forum
4	11-2-2025	Preparatory Meeting for HPV Vaccination with KNP+	Remya Alan Thomas and shivamma	Asha Foundation	1	ASHA foundation

Conclusion: In summary, the ASHA Foundation PMTCT project has achieved remarkable progress in its goal to prevent mother-to-child transmission of HIV. Through innovative strategies, strong collaborations, and steadfast dedication, we have positively impacted the lives of numerous mothers and children, enabling them to live healthier, HIV-free lives. Moving forward, we are resolute in our commitment to sustaining this crucial initiative, ensuring that every child has the chance to thrive, irrespective of their HIV status.

Case Study 1:

Meenakshi, a 26-year-old, married woman, was referred to ASHA Foundation at 9 weeks of pregnancy following an HIV-positive report from a private hospital where she underwent routine antenatal investigations. Baseline investigations showed significant HIV-1 RNA viral load and CD4

count was normal.. She had a complex psychosocial background—her parents were separated, and her brother had died by suicide. Prior to marriage, she had a history of multiple sexual contacts, including a manipulative and abusive relationship involving drug use and high-risk encounters. After marriage, she reported being faithful to her husband; however, when her past relationship came to light, her marital relationship was strained, and her husband’s family initially pressured her to discontinue the pregnancy.

Despite these challenges, she was keen on continuing the pregnancy and both she and her husband were counseled. She was initiated on lifelong ART through ASHA Foundation in early pregnancy and registered for delivery at our partner hospital. She maintained adherence to treatment, and by 32 weeks of gestation, her viral load became undetectable. She delivered a male baby weighing 2.4 kg via normal vaginal delivery. The infant received antiretroviral prophylaxis and was enrolled in the PMTCT follow-up program. Early infant diagnosis at 6 weeks and repeat testing at 6 months both confirmed the baby’s HIV-negative status.

Following delivery, Meenakshi and her husband legally separated, with a monthly maintenance for the child provided by the husband. The mother is working too and earning enough to support herself and the child. Meenakshi’s mother looks after the child while Meenakshi is working and this arrangement works well for them. This case highlights the effectiveness of early ART initiation, strict adherence, and comprehensive PMTCT services in ensuring an HIV-free survival for the infant, despite significant psychosocial and familial challenges.

Case Study 2:

Naveena, a 24-year-old unbooked antenatal case, presented directly to our partner hospital for delivery with no prior antenatal care at our center. During her first trimester, she underwent routine antenatal investigations at a government healthcare facility, where her HIV test was reported as negative. At 7 months of gestation, she developed severe anemia and received a blood transfusion. In May 2024, at the time of labor, she was admitted to a private hospital, where she tested HIV positive. The private hospital declined to manage her delivery due to her HIV-positive status and referred her to our partner hospital. At the Government ICTC center, two HIV test results were reported positive and one HIV test was reported negative ,and she was reported as indeterminate and hence ART (Antiretroviral Therapy) was not initiated. Upon admission to our partner hospital, repeat HIV testing confirmed her positive status. Baseline investigations showed significant HIV-1 RNA viral load, CD4 count showed her to be in Advanced AIDS. Naveena delivered a female child weighing

2.7 kg via normal vaginal delivery. The baby was started on Zidovudine (ZDV) and Nevirapine (NVP) syrup. Exclusive formula feeding was initiated to eliminate the risk of postnatal transmission via breastfeeding. Naveena was initiated on ART only post-delivery, due to delays in confirmation of diagnosis and ART procurement. At 6 weeks of age, the infant underwent HIV DNA PCR testing, which returned positive. A repeat DBS sample confirmed the diagnosis. The infant has been linked to the Government ART center and is currently receiving pediatric ART. This case underscores the critical gaps and missed opportunities in the PMTCT (Prevention of Mother-to-Child Transmission) cascade, particularly in unbooked antenatal cases. Although the mother tested HIV-negative in early pregnancy, a late diagnosis—likely related to a blood transfusion at seven months of gestation—combined with indeterminate ICTC results and delays in initiating ART, significantly increased the risk of vertical transmission. This case highlights the urgent need for repeat HIV testing in late pregnancy, timely confirmation of diagnosis, and prompt initiation of ART to prevent such preventable transmissions.

Case Study 3:

Fatima, aged 26 years, entered her first marriage in 2018. The marriage was initially marked by a lack of physical intimacy, followed by the discovery of her husband's bisexual orientation. The marriage subsequently broke down and was legally dissolved.

In 2021, Fatima remarried. Soon after her second marriage, she became pregnant. During routine antenatal investigations in her first pregnancy, she tested HIV-positive. She was started on ART at our partner hospital and was later referred to ASHA Foundation for further management.

Her first child was regularly tested for HIV up to 18 months of age and was found to be HIV-negative. When her first son was 1½ years old, Fatima conceived again. She delivered her second child, and all HIV tests conducted at 6 weeks, 6 months, 1 year, and 15 months were negative.

Her present husband has consistently tested HIV-negative.

This case highlights the effectiveness of routine antenatal HIV screening, timely initiation of ART, and strict adherence to PMTCT protocols. It also underscores the importance of continuous counseling, partner testing, and regular follow-up, which together ensured a healthy outcome for both the mother and her children.

PREVENTION OF MOTHER TO CHILD PROJECT PHOTOS



PMTCT Program Officer giving Adherence counselling and 6 weeks PCR report of baby to parent on 7-10-2024



Blood being drawn from baby for final HIV antibody test at ASHA premises on 08-10-24



PMTCT Program officer during counseling session with mother and baby on 20-02-2025



PMTCT Outreach worker attending BHAF meeting On 20-9-2024 at Milana Office



World AIDS Day at PMTCT partner Hospital of ASHA Foundation on 01-12-2024



World AIDS Day HIV awareness session at PMTCT partner hospital on 01-12-2024



World AIDs Day being celebrated at PMTCT Kerala Partner hospital on 01-12-2024



PMTCT Outreach worker attended BHAf meeting at Solidarity Foundation, Nagashettyhalli on 22-11-2024

6. HPV Vaccination Project:

The HPV Vaccination Project is a new project that was initiated in March 2025.

In India, Cancer of the cervix is the second leading cause of death in women. Ninety nine percent of cancers of the cervix are caused by a virus called the Human Papilloma Virus or HPV. Women living with HIV have a sixfold increased chance of acquiring Cancer Cervix. In 2023, the Serum Institute of India developed an indigenous vaccine for HPV which is much cheaper than the imported vaccine. The SII vaccine is effective against the four commonest strains of the HPV . This vaccine ideally should be given at young ages from age of nine years upto 26 years. In children and women living with HIV, three doses need to be given at day 0, two months and six months. Because of the increased risk of development of cancer cervix in people living with HIV, ASHA Foundation started the project of providing the vaccine to children and adults living with HIV. The project started off with a bang by ASHA Foundation, in collaboration with Karnataka Network of Positive people and the Rotary clubs of South Delhi and Bengaluru. A n HPV Vaccination camp was organized at the Late Shri.R.Gundu Rao Sports Complex, Sheshadripuram, Bengaluru 560020. We are very grateful to Ms. Vandana Bhalla, the driving force behind the camp who organized free vaccines to be given at the camp to 1002 children infected and affected children. We are grateful to Schott Poonawalla who provided the vaccines. The Rotary clubs involved in this endeavor were Rotary District 3011, Rotary Club Delhi South, Rotary Club Faridabad NIT, Rotary Club Delhi South east, Rotary district 3192, Rotary Club Vidyaranyapura, Rotary Club Bangalore Ulsoor, Rotary Club Platinum City and Rotary Club Northwest. We thank Mr. Jayaraman of Rotary cub in Bengaluru for his support too. We would like to also place on record our gratitude to Ms. Bharavi Shibulal and her organization Solis Health for their financial contribution to the HPV Vaccination Project.

HPV Vaccination Project



Dr. Glory Alexander and Dr. Alexander Thomas discussing the HPV Vaccination Camp with Karnataka Health Minister Mr. Dinesh Gundu Rao



Rotary Club president greeting Ms. Vandana Balla at HPV Vaccination Camp on 13.03.2025



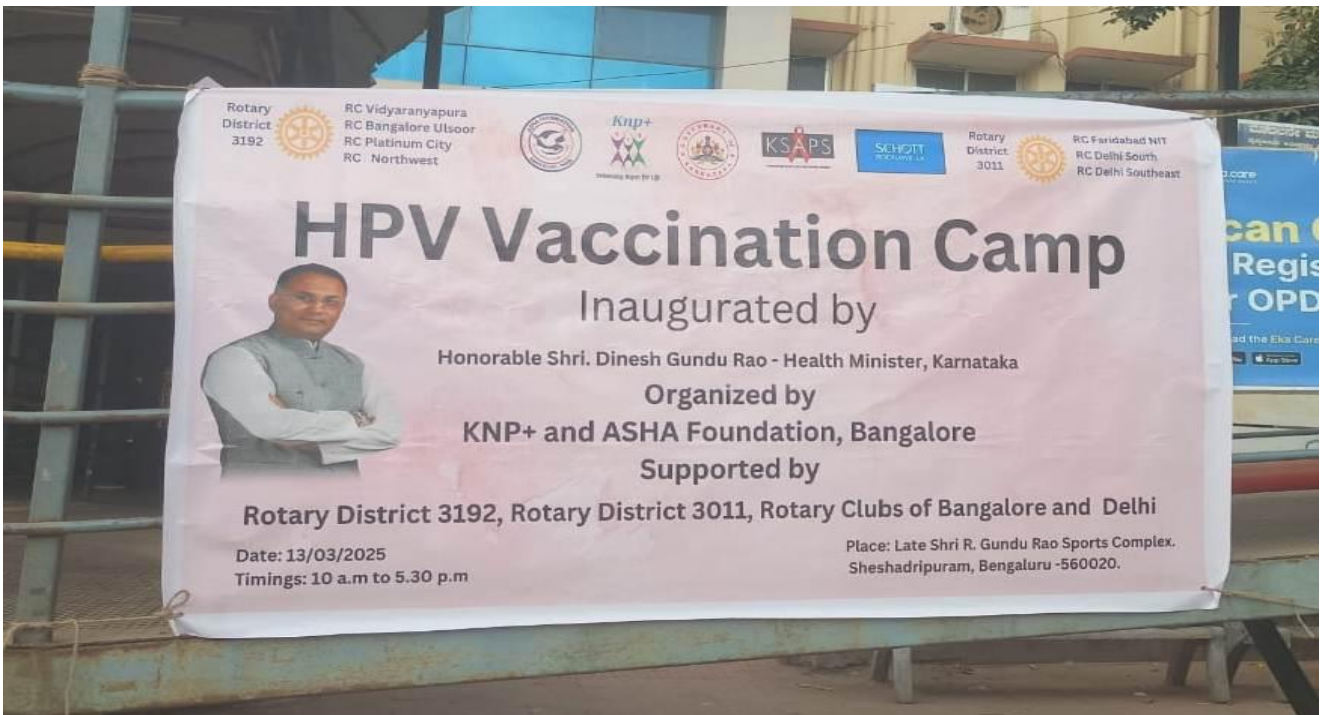
Dr. Glory Alexander and Dr. Alexander Thomas with Rotary Club leaders and partner organizations at the inaugural function of the HPV Vaccination Camp on 13.03.2025



HPV Vaccination Camp held at Late Shri R. Gundu Rao Sports Complex, Sirur Park Playground, Seshadripuram, Bangalore on 13.03.2025



ASHA Foundation team and paramedical nurses at the HPV Vaccination Camp on 13.03.2025



Banner displayed at the Late. Shri R. Gundu Rao Sports Complex, Sirur Park Playground Seshadripuram, Bangalore on 13.03.2025



Vaccine being given to the children at the HPV Vaccination Camp on 13.03.2025



Vaccine being given to the student at HPV Vaccination Camp on 13.03.2025



KNP Plus Network staff meeting with ASHA Foundation on September 11-09-2024



ASHA Foundation staff and Karnataka positive network people at HPV Vaccination Camp on 13.03.2025

Research:

The primary areas of Research are:

- Clinical research in Prevention of mother to child transmission of HIV infection
- Clinical research in Adults with HIV
- Clinical research in children with HIV
- Adolescent Health Education
- Counseling in HIV
- Socio economic aspects of HIV

List of publications :

1. Dr. Glory Alexander- Original author of Unit **HIV/AIDS and Women** under Block 1- HIV and vulnerable populations for Certificate course(CAFÉ) and Diploma in HIV and Family Education (DAFE) for the Elective on HIV/AIDS BFEE-101 conducted by **IGNOU university** and member of the original expert committee that formulated these courses.
2. Dr.Glory Alexander original author of unit - **HIV/AIDS and its implication for infected person, family and community** under Block 2 HIV/AIDS Education and care for Certificate course(CAFÉ) and Diploma in HIV and Family Education (DAFE) for the Elective on HIV/AIDS BFEE-101 conducted by **IGNOU university** and member of the original expert committee that formulated these courses.
3. Joyce Davis, Dr.Glory Alexander, Chitra Lancelot, Dr.PSS Sundar Rao **Assessment of workshop-based training of teachers for imparting value based education to high school students.**-Journal of Educational Research and Extension; volume 43,Oct-Dec 2006.pages 10-17.
4. Avina Sarna, Jaleel Ahmed, Glory Alexander, Vaishali Mahendra et al.
Exploring the barriers to accessing care and treatment for HIV infected children in India-A diagnostic study- Research update –April 2007.
5. G. Alexander, B.G.Sunitha, K.L.Chitra **Counseling Needs Of Persons Exposed To Human Immuno-Deficiency Virus**-Indian Journal of medical research 126, August 2007,pp152-155.

6. Joyce Davis, Glory Alexander, PSS Sundar Rao –**Value education for children- whose responsibility ?** New Frontiers in Education, Vol-40, No-3, July-Sept 2007 pp246-250.
7. Joyce Davis, Glory Alexander **Mapping the future-Students response to Adolescent Health Education** booklet June 2009
8. Joyce Davis, Glory Alexander, PSS Rao **Response of Indian School Students to Adolescent Health Education**-New Frontiers in Education, Vol.43, No.4,October -December 2010 pp 494-499.
9. Joyce Chitra Davis, Glory Alexander, Divya Alexander, Pearly Benjamin **Character building and Life Skills Education – Teachers Resource Manual – Volume -1 (Understanding myself and Friendships)**
10. Joyce Chitra Davis, Glory Alexander, Divya Alexander, Pearly Benjamin **Character building and Life Skills Education – Teachers Resource Manual – Volume - 2(Marriage, a lasting friendship and Managing Emotions)**
11. Joyce Chitra Davis, Glory Alexander, Divya Alexander, Pearly Benjamin **Character building and Life Skills Education – Teachers Resource Manual – Volume -3 (Praticing good character and Courage to turn around)**
12. Karthikeyan Vijaya, Alexander Glory, Solomon Eileen, Rao Sarita, Rao PSS Sunder- **Prevention of mother to Child transmission of HIV- Our experience in South India-** Journal of Obstetrics and Gynaecology of India, Jan/Feb 2011, Pg.62-66
13. Alexander.G, Kanth.C, Thomas.R.- **A descriptive study on the users and utility of HIV/AIDS Helpline in Karnataka , India-** Indian J Community Med 2011; 36:17-20
14. E. Solomon, F. Visnegarawla, P. Philip, G. Alexander- **Demographic Predictors of HIV positivity among Women presenting for Obstetric care in South India- a case control study-** AIDS care journal . Vol-23, No.10, October 2011 pp-1336-1343.

15. Visnegarwala, F., Nalli, A., Babu, R., Satish, S., Pradeep, L., & Alexander, G **Impact of antiretroviral therapy (ART) on socio-economic status and productivity of HIV-positive individuals/households in a private setting in India.**Journal of the International Aids Society - Vol. 15, (Suppl 3) October 2012 pp. 257-258 J Int AIDS Soc. 2012; 15(Suppl 3): doi: [10.7448/IAS.15.5.18443](https://doi.org/10.7448/IAS.15.5.18443)-40
16. -Solomon E, ; Visnegarwala F; Philip P; Pappachen JS, ; Alexander .G **Description of Comprehensive PPTCT Counsellors' Training:The Backbone of PPTCT Services in India-**Journal of Health Management. Vol 14,No.3,Sept.2012 pp 369-374
17. Glory Alexander, Chitra L.Kanth, Priyanka Manoharan, Merlin Maria, Diptty Joseph. **The HIV/AIDS Helpline is an effective tool of communication** – World Journal of AIDS Vol 4, Aug 2014, pp 305-310.
- 18 Davis, Joyce Chitra; Sebastian, Biju; Alexander, Glory,.**Teachers training workshops: a capacity building strategy for mainstreaming HIV/AIDS prevention education among adolescents.** New Frontiers in Education,Vol 47, No.4. Oct-Dec 2014 pp 54-66.
19. Gadavalli Vera Venkata Satyakiran, Radhika Manoj Bavle, Glory Alexander, Saritha Rao, Reshma Venugopal, Sreelatha S Hosthor **A relationship between CD4 count and oral manifestations of human immunodeficiency virus-infected patients on highly active antiretroviral therapy in urban population.** J Oral Maxillofac Pathol. 2016 Sep-Dec; 20(3): 419–426. doi: 10.4103/0973-029X.190934.
20. - Glory Alexander, Sarita Rao, Saranya Satish, Ram Babu **Growth and Development of children living with Human Immunodeficiency virus in South India –A comparative study-**Glory–Indian Journal of Child Health- Vol 4, Issue 2, Apr-June 2017 PP 162-169.
21. Visnegarwala, F., Alexander, G. and Babu, R. **Improvement in Socio-Economic Productivity of HIV Positive Individuals on Anti Retroviral Treatment in a Private Setting in South India.** World Journal of AIDS, 9, 23-32. <https://doi.org/10.4236/wja.2019.91003>
22. **Covid 19 and HIV -a Tale of two pandemics** published in New Indian Express on 10.4.2020 under the column Expert Opinion by Glory Alexander.

23. Glory Alexander and Dr. Nandimath, **Confidentiality and Medical Treatment** , Chapter written in the book titled **Health Law and Ethics published in 2021.**

24. **Guidelines for reopening of schools** – member of expert committee and contributor to this document published as document in June 2021.

25. Alexander, G. and Thomas, R. (2022) **Health-Related Quality of Life in HIV-positive Women on Long-Term Antiretroviral Therapy—A Study from Bangalore, South India.** *World Journal of AIDS*, 12, 97-110. doi: [10.4236/wja.2022.122008](https://doi.org/10.4236/wja.2022.122008)

This year as per ICMR guidelines, a new Institutional Ethics Committee was constituted at ASHA Foundation. The following are the members:

Sl#	Name	Qualification with Specialization	Current Organization	Designation/ role of member in Ethics Committee	Affiliation of member with institute that has constituted the Ethics Committee
1	Dr. Ranga Udayakumar	BSc (MSc, PhD)	Jawaharlal Nehru Centre For Advanced Scientific Research	Chair Person	No
2	Ms. Remya Alan Thomas	BCA (MSW)	ASHA Foundation	Member Secretary	Yes
3	Dr. Manjula Das	Other (PhD)	Mazumdar Shaw Medical Foundation	Basic Medical Scientist	No
4	Dr. T.S. Girish	MBBS (MD - Medicine)	Bangalore Baptist Hospital	Clinician	No
5	Ms. Silvia Prathiba	BSc (MSW)	ASHA Foundation	Social Scientist	Yes
6	Ms. Rekha A Shetty	LLB (Master of Laws (LL.M.))	Garuda Group	Legal Expert	No
7	Ms. Bethesa S Jacob	BSc (MSc)	United International School	Lay Person	No
8	Ms. Hazel Leena George	BSc (MSc)	ASHA Foundation	Member - Alt Member Secretary (Dual	Yes
9	Dr. Sujan K Dhar	BSc (MSc, PhD)	Mazumdar Shaw Medical Foundation	Member	No

TRAININGS ATTENDED 2024-2025

Sl#	Date	Topic	No. of participants	Venue	No. of Days	Conducted by
1	30.04.2024	Inauguration of KNP+ Office	3 from ASHA Foundation	Yeshwanthpur	2 hrs	Karnataka Network for Positives
2	04-05-2025	Career Counselling	Vrushali Gawande	Virtual	2 hrs	National workshop conducted by department of Education officer NCERT , central Govt.
3	08.04.2024	Standard Operating Procedure (SOP)	Staff of ASHA Foundatiion	ASHA premises	2 hrs	Dr.Glory Alexander
4	03.07.2024 - 07.07.2024	Family Weekend camp and training	21 Families	Sneha Care home, Sarjapur road	5	Camp Rainbow Chennai, YRG Care
5	22.07.2024 - 26.07.2024	International AIDS Society Conference 2024	7 from ASHA Foundation	Munich, Germany	5	International AIDS Society
6	25.07.2024	Nothing about us without us. Symposium -	Silvia Prathiba Dr.Glory Alexander	Munich, Germany	2 hrs	International AIDS Society
7	07.11.2024	Body Politics	2 from ASHA Foundation	Vishranthi Nilaya, Infantry Road	Half a day	Solidarity Foundation
8	20.09.2024	BHAF meeting	Shivamma	Milana Office Austin Town	3hrs	Bangalore HIV and AIDS Forum
9	22.11.2024	BHAF meeting	Shivamma	Solidarity Foundation, Nagashetty Halli	3hrs	Bangalore HIV and AIDS Forum
10	11.02.2025	Educational Conclave Sustaining purpose embracing change in Education	Mr.Baiju Sebastian	Guwahati Assam-Northeast	1 day	Assam catholic Educational Trust

11	15.02.2025	Discuss plan of action for 13 th March	5 from ASHA Foundation	ASHA Foundation	2 hrs	ASHA Foundation
12	27.02.2025	HPV vaccine programme meeting	6 from ASHA Foundation	Online-Zoom	1 hr	ASHA Foundation
13	03.03.2025	HPV vaccine programme meeting	6 from ASHA Foundation	Online-Zoom	1 hr	ASHA Foundation
14	04.03.2025	HIV/AIDS awareness programme	2 from ASHA Foundation	Penial Community college, Banaswadi	Half a day	ASHA Foundation
15	05.03.2025	HPV vaccine programme meeting	6 from ASHA Foundation	Online-Zoom	1 hr	ASHA Foundation
16	10.03.2025	HPV vaccine programme meeting	6 from ASHA Foundation	Shri Dinesh Gundurao grounds, Sheshadri-puram	3 hrs	ASHA Foundation

TRAININGS CONDUCTED 2024-25

Sl. No	Date	Topic	For whom	Venue	No. of Participants	Conducted by
1	13.04.2024	Site Visit	Camp Rainbow Bangalore team	Dharwad	2	Camp Rainbow Bangalore LT
2	08.05.2024 - 12-05.2024	Volunteers training	Camp Volunteers	Dharwad	19	Camp Rainbow Bangalore LT
3	13.05.2024 - 17.05.2024	Residential Camp	Children living with HIV	Dharwad	50	Camp Rainbow Bangalore LT and Volunteers
4	22.06.2024	Leaders' in training programme(LIT)	Youth living with HIV	Infant Jesus Children's home, Bangalore	34	Camp Rainbow Bangalore LT
5	28.06.2024	Leaders' in training programme(LIT)	Youth living with HIV	ASHA Foundation	5	Camp Rainbow Bangalore LT
6	23.07.2024	Practice Panel - International AIDS Conference	Delegates	Munich, Germany	5	Dr. Glory Alexander
7	23.07.2024	What children/youth want to know	Caregivers	Munich, Germany	20	Ms. Rebekha Ms. Silvia
8	23.07.2024	Understanding Ourselves presentation + activity, from ASHA's Adolescent Health Education	Delegates	Munich, Germany	20	Mr. Baiju Sebastian Ms. Maya Singh
9	23.07.2024	HIV K-W-L methodology	Delegates	Munich, Germany	20	Ms. Rebekha Ms. Silvia
10	23.07.2024	Communication Skills, from ASHA's Adolescent Health Education	Delegates	Munich, Germany	20	Mr. Baiju Sebastian Ms. Maya Singh

11	25.08.2024	Leaders' in training programme(LIT)	Youth living with HIV	ASHA Foundation	13	Camp Rainbow Bangalore LT
12	11.09.2024	Meeting with Network staff	KNP+ staff	ASHA Foundation	14	ASHA Foundation
13	14.09.2024 - 15.09.2024	Leaders' in training programme(LIT)	Youth living with HIV	Hotel Kalyani, Mysore	41	Camp Rainbow Bangalore LT
14	28.09.2024	Pre planning meeting for 72 nd Teachers Training workshop Wardha	Master Trainers	ASHA Premises	7	AHE- ASHA Foundation
15	28.09.2024 - 29.09.2024	Leaders' in training programme(LIT)	Youth living with HIV	Sevalaya, Dharwad	46	Camp Rainbow Bangalore LT
16	03.10.2024 - 05.10.2024	72 nd Teachers Training workshop	Wardha school teachers	The Heritage Grande, Bachelor Road, Wardha	120	ASHA Foundation
17	14.10.2024 - 16.10.2024	Residential Camp	Children living with HIV	Infant Jesus Children's home, Bangalore	21	Camp Rainbow Bangalore LT and Volunteers
18	15.10.2025	Chaired session on Mental Health & Spirituality	For participants at Conference on National Health Conclave on lifestyle as medicine	CMC, Vellore	400	Dr. Glory Alexander
19	29.10.2024	ASHA Foundation Presentation	1 st Semester MSW students, St.Claret College	ASHA Foundation	15	Supriya and Silvia
20.	21.11.2024	Site Visit	Camp Rainbow Bangalore - Camp 2025	Vishranthi Nilaya, Infantry road	Children attending camp in 2025	Camp Rainbow Bangalore LT

21	06.08.2025 - 08.08.2025	Leaders' in training programme(LIT)	Youth living with HIV	R.C.Comforts Chikmagalur	44	Camp Rainbow Bangalore LT
22	13.12.2024	Leaders' in training programme(LIT)	Youth living with HIV	ASHA Foundation	4	Camp Rainbow Bangalore LT
23	07.01.2025	Site Visit	Camp Rainbow Bangalore - Camp 2025	Visthar, Campus Crusade, SAIACS	3	Camp Rainbow Bangalore LT
24	09.01.2025	Meeting at KNP+ office	Camp Rainbow Bangalore - Camp 2025	KNP+, Yeshwantpur	3	Camp Rainbow Bangalore LT
25	12.01.2025	Camper Recruitment	Children living with HIV	KNP+, Yeshwantpur	15	Camp Rainbow Bangalore LT
26	15.01.2025	Pre planning meeting for Aalo 73 rd Teachers Training workshop	Master Trainers	ASHA Premises	6	AHE- ASHA Foundation
27	17.01.2025	Camper Recruitment	Children living with HIV	KNP+, Yeshwantpur	20	Camp Rainbow Bangalore LT
28	19.01.2025	Camper Recruitment	Children living with HIV	KNP+, Yeshwantpur	20	Camp Rainbow Bangalore LT
29	20.02.2025	Injectable ART for adolescents	ASICON 2025 participants	Ahmedabad, Gujarat	300	Dr. Glory Alexander
30	21.02.2025	Chaired session: Debate on self testing for HIV in India – for and against	ASICON 2025 participants	Ahmedabad, Gujarat	300	Dr. Glory Alexander
31	25.01.2025	Leaders' in training programme(LIT)	Youth living with HIV	Hotel Royal Fort, Raichur	52	Camp Rainbow Bangalore LT

32	27.01.2025 - 29.01.2025	73 rd Teachers Training workshop	Aalo - Arunachal Pradesh teachers	St. Francis College Aalo – Arunachal Pradesh	116	ASHA Foundation
33	28.01.2025	Site Visit	Camp Rainbow Bangalore - Camp 2025	ISI, UTC, Campus Crusade, CCCYC	Children attending camp in 2025	Camp Rainbow Bangalore LT
34	04.02.2025	Site Visit	Camp Rainbow Bangalore - Camp 2025	Hasiru Mane, Yelahanka	2	Camp Rainbow Bangalore LT
35	07.02.2025 - 09.02.2025	Leaders' in training programme(LIT)	Youth living with HIV	Hotel Maya, Mangalore	42	Camp Rainbow Bangalore LT
36	13.02.2025	Site Visit	Camp Rainbow Bangalore - Camp 2025	Wings Elims Campsite	3	Camp Rainbow Bangalore LT
37	15.02.2025	Camper recruitment	Children living with HIV	St.John's ART Centre	8	Camp Rainbow Bangalore LT
38	23.02.2025	Camper recruitment	Children living with HIV	Chirajeevana Network, Tumkur	19	Camp Rainbow Bangalore LT
39	27.03.2025	Site Visit	Camp Rainbow Bangalore - Camp 2025	Wings Elims Campsite	3	Camp Rainbow Bangalore LT

Other Matters:**Resignation and new staff:**

During the year, there was no staff turnover in ASHA Foundation. No new members joined or resigned from the organization.

International Travel during the year: The Director and seven staff from ASHA Foundation attended the International AIDS Conference that was held in Munich, Germany from 22nd to 26th July 2025. The cost was taken care of by International AIDS Society and ASHA Foundation.

Information on distribution of staff by gender and Salary:

Slab of gross monthly Salary(in Rs) plus benefits paid to staff	Male staff	Female staff	Total staff
<15000	-	-	-
<30000	2	5	7
<50000	1	6	7
>50000	2	1	3

Disclosure of salary and benefits of head, highest paid staff member and Lowest paid staff member of organization:

1. Head – Rs.82,430/- per month
2. Highest paid - Project Coordinator-CAR
Salary+ Provident fund + Accident insurance+ Health insurance + Gratuity
= Rs.50,853/-per month
3. Lowest paid – Office Boy
Salary + Provident fund+ Accident insurance + Health care + Gratuity
= Rs.20,789/- per month.

Our heartfelt gratitude to the following for the year April 2024 to March 2025

1. Members of the Governing Board of ASHA Foundation for their input and guidance.
2. Mr. Krishna Chivukula and INDO-MIM-Tech Pvt. Ltd for their unending generosity in supporting ASHA Foundation since 2004.
3. Dr. Molly Kurian, Mr. Thampi Kurian and Kurian Foundation Trust for their donation to ASHA Foundation.

4. Serious Fun Network, USA for their partnership and support in Camp Rainbow.
5. Mr.S.D. Reuban and Scripture Gift Mission for their generous donation to ASHA Foundation.
6. Ms. Angela and Hans Roojimans, Ms. Sytze Huizinga and Stichting Kettingreactie, Netherlands for their contribution to ASHA Foundation.
7. Ms. Lorna Murray and Mr. Kennedy of Good news Scotland Trust for their contribution to ASHA Foundation.
8. Overseas Women's Club for financial support to projects at ASHA Foundation.
9. To the Wilde Ganzen Foundation in the Netherlands for support to the PMTCT Project.
10. To Ms. Bhairavi Shibulal and Solis Health for their support to the HPV Vaccination Project.
11. To Ms. Vandana Bhalla and Schott Poonawalla for vaccine support to ASHA Foundation.
12. To Mr. Jayaraman Volunteer Rotary Club Bangalore.
13. To all the Rotary Clubs in Faridabad NIT, Delhi South, Delhi Southeast, Bangalore -Vidyarayanpura, Platinum city, Bangalore Ulsoor,Bangalore Northwest.
14. To Rotary Districts 3011 and 3192.
15. To Mr. Thiagaraj Secretary KNP+ and the KNP.
16. To Pharmed for their donation to ASHA Foundation.
17. To Asirvadam Trust for their donation to ASHA Foundation.
18. Mr. Madhu, for his regular contribution to ASHA Foundation.
19. Mrs. Sheila Isaac, for her regular contribution to ASHA Foundation.
20. Mr. Prabindh Sundareson for his generous contribution to ASHA Foundation and Online Giving Foundation for their generous donations to ASHA Foundation.
21. Mr. Mattam Basavaraj for his regular contribution to ASHA Foundation.
22. Mr. Yarava Ramesh for his regular contribution to ASHA Foundation.
23. Dr. Ravi, Mr. Yogesh Sewak, Mr. Subramani and Mr. Vikram Bhagat, for their generous contributions to ASHA Foundation.
24. All our other regular donors, volunteers and well wishers who have always supported ASHA Foundation.

PHOTOGRAPHS

International AIDS Conference Munich, Germany



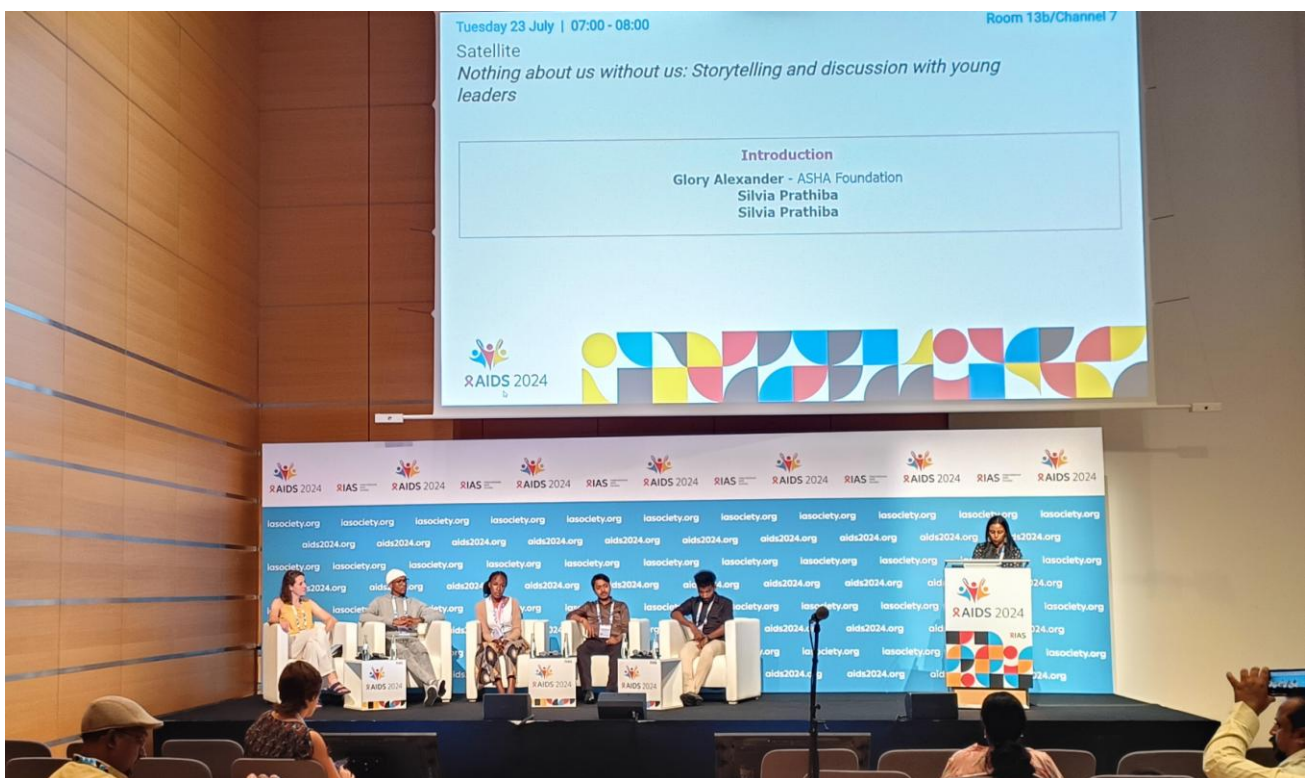
ASHA Foundation banner displayed at the booth during IAS Global Village, Munich, Germany



ASHA Foundation Team with IAS President Mr. Sharon Lewin



Dr. Glory Alexander – “Nothing about Us Without Us” topic of Symposium - at IAS International Conference, Munich, Germany on 25.07.2024



Ms. Silvia Thomas delivering the welcome speech at the “Nothing About Us Without Us” Symposium during the IAS Satellite Symposium in Munich, Germany on 25.07.2024



Dr. Glory Alexander presenting an introduction to ASHA Foundation at the IAS Global Village, Munich, Germany



Communication skills session by Mr. Baiju Sebastian on 21-07-2025 at Global village, IAS Munich, Germany



ASHA Foundation at IAS Global Village, Munich, Germany 21-07-2024 to 25-07-2024



Rotary Club President presenting the Rotary Award to Dr. Glory Alexander in recognition of her outstanding contributions



Dr. Glory Alexander receiving the Life time Achievement Award from the Chief Minister of Gujarat at ASICON 2025, the 16th National Conference of the AIDS Society of India in Ahmedabad 21.2.25



Dr. Glory Alexander presenting memento to the Mayor of Ahmedabad at 16th National Conference of the AIDS Society of India in Ahmedabad 21-02-2025



Dr. Glory Alexander at the 16th ASICON National Conference held in Ahmedabad from 21- 02-2025 to 23-02-2025



Board meeting held at ASHA Foundation on 25-09-2024



Front row: L-R: Dr. Alexander Thomas, Mr. Vijay Chandy, Mr. George Ninan, Dr. Glory Alexander, Mrs. Bharath Moses, Ms. Bethesa Jacob, Mrs. Tarini Wilson.
 Middle row: L-R: Maya Singh, Malliga, Elizabeth, Rebecamma, Shruthi, Mercy, Silvia, Supriya, Remya Alan, Shivamma.
 Third row Standing L-R: Baiju Sebastian, Daniel, Charles Calvin, Ravi Kanth and Ramu.

PRESS CUTTINGS

[राष्ट्रीय राज्य ओपिनियन मनोरंजन खेल वेब स्टोरीज वीडियो तस्वीरें/विश्व बिजनेस लाइफस्टाइल स्वास्थ्य](#)
[Champions Trophy 2025 महाकुंभ 2025 शिक्षा दिल्ली चुनाव 2025 पत्रिका रक्षा कवच IPL 2025 धर्म/ज्योतिष](#)
[बॉलीवुड अहमदाबाद](#)

गुजरात में 2047 तक औसत आयु 84 वर्ष तक पहुंचाने का लक्ष्य: सीएम

देश में एड्स निर्मूलन के प्रयास में गुजरात देश में अक्वल, सोसाइटी ऑफ इंडिया के सम्मेलन के उद्घाटन में बोले
मुख्यमंत्री **अहमदाबाद**•Feb 21, 2025 / 11:08 pm• [Omprakash Sharma](#)



AIDS Society of India (ASICON)

गुजरात में वर्ष 2047 औसत आयु को 70 वर्ष से बढ़ाकर 84 वर्ष तक पहुंचाने का विकसित गुजरात के रोडमैप का लक्ष्य है। एड्स जैसे संक्रमण को उन्मूलन में जो प्रयास देश में हो रहे हैं उनमें गुजरात के प्रयास अक्वल दर्जे के हैं। शुक्रवार को एचआईवी चिकित्सा विशेषज्ञों के राष्ट्रीय सम्मेलन एड्स सोसाइटी ऑफ इंडिया (एएसआईकॉन) 2025 के तीन दिवसीय सम्मेलन के उद्घाटन के अवसर पर मुख्यमंत्री ने यह कहा। गुजरात में पहली बार आयोजित हो रहे इस सम्मेलन के उद्घाटन समारोह को संबोधित करते हुए उन्होंने कहा कि गुजरात के बजट में स्वास्थ्य क्षेत्र के आवंटन को लेकर कहा कि स्वास्थ्य सुख-सुविधा सुनिश्चित करने के ध्येय को पूरा करने के लिए स्वास्थ्य बजट में 16 प्रतिशत की वृद्धि की गई है। देशभर में पिछले कई वर्षों से एचआईवी एड्स निर्मूलन एवं जागृति के प्रति किए जा रहे उल्लेखनीय कार्यों के कारण आज समाज में मानसिकता बदली है। एएसआईकॉन सम्मेलन में देशभर से कई एचआईवी क्लिनिकल केयर विशेषज्ञ तथा शोधकर्ताओं ने भाग लिया। इनमें दक्षिण अफ्रीका, इंग्लैंड, इटली, जर्मनी, केन्या कई देश शामिल हैं। इस सम्मेलन में एचआईवी से संबंधी विषयों पर चिकित्सा व्याख्यान एवं सत्र आयोजित किए जाएंगे।

24 Feb 2025 2:39 PM

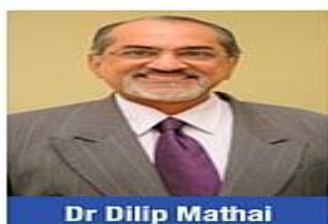


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Urgent and accelerated HIV service delivery with equity and rights is critical to end AIDS

Equity and Rights in HIV Service Delivery: Key to Preventing New Infections and Deaths in India despite the progress made in the past.

Urgent and accelerated HIV service delivery with equity and rights is critical to end AIDS



Dr Dilip Mathai



Dr Glory Alexander



Dr Ishwar Gilada



Dr N Kumarasamy



Dr Harsh Toshniwal



#endTB

#endAIDS

#endViralHepatitis

#SDGs

#HealthForAll

A poster of the National Conference of AIDS Society of India. Photo/CNS [Bobby Ramakant](#)

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No one needs to get newly infected with HIV or die of AIDS-related illnesses because we have scientific evidence-based tools and proven approaches to prevent any further spread of infection or avert any untimely death due to AIDS. But despite this, over 1.3 million new people were diagnosed with HIV and 630,000 died of AIDS-related illnesses in 2023 globally.

“Despite commendable progress in India’s AIDS response, almost 200 new people got diagnosed with HIV every day and almost 100 died of AIDS-related illnesses every day in 2023. If HIV is a chronic manageable disease, then why 169,000 people living with HIV were lost to follow up by March 2024 (as per government’s

latest 6th Sankalak Report),” said Dr Dilip Mathai, President of AIDS Society of India (ASI), a pan India network of HIV medical experts and researchers.



The Seoul Times

Wednesday, September 10, 2025

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Urgent and Accelerated HIV Service Delivery with Equity and Rights Is Critical to End AIDS

By Bobby Ramakant
Asia Correspondent



Dr Dilip Mathai



Dr Glory Alexander



Dr Ishwar Gilada



Dr N Kumarasamy



Dr Harsh Toshniwal



Urgent and accelerated HIV service delivery with equity and rights is critical to end AIDS.

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“Despite commendable progress in India’s AIDS response, almost 200 new people got diagnosed with HIV every day and almost 100 died of AIDS-related illnesses every day in 2023. If HIV is a chronic manageable disease, then why 169,000 people living with HIV were lost to follow up by March 2024 (as per government’s latest 6th Sankalak Report),” said Dr Dilip Mathai, President of AIDS Society of India (ASI), a pan India network of HIV medical experts and researchers. Dr Mathai is a distinguished medical expert and researcher, former Professor and Head of Medicine Department, CMC Vellore, and former Dean of Apollo Institute of Medical Sciences and Research.

“HIV is now becoming a concern for primary healthcare workers, which implies that we have to ensure that the people who get educated and trained to serve at the primary healthcare level, must get adequately trained to help provide HIV care services. People who train them also need to be optimally trained on HIV care. If we do not address these issues, we will not be able to end AIDS,” said Dr Mathai in lead up to largest conference of HIV medical experts that would be held later this week in Ahmedabad, Gujarat state of India (16th National Conference of AIDS Society of India or ASICON 2025). Gujarat Chief Minister Bhupendra Patel would inaugurate the scientific meet which will be held in Gujarat for the first time.

Only 70 months left to keep the promise of #endAIDS by 2030

“All governments have promised to end AIDS by 2030. But we have the evidence-based tools to do so now! We can prevent all transmission of HIV, diagnose all those with HIV, provide lifesaving antiretroviral therapy and keep them virally suppressed — so that all those with HIV can lead healthy and fulfilling lives and no one gets newly infected with HIV. The World Health Organization (WHO) evidence strongly shows that if people living with HIV are virally suppressed then there is zero risk of any further HIV transmission from them. We need to do better to prevent HIV as well as care for those living with HIV,” said Dr Ishwar Gilada, President Emeritus of AIDS Society of India (ASI) and Governing Council member of International AIDS Society (IAS) and its regional Chair for Asia and the Pacific. He is the first medical doctor to begin HIV care in India when first case was diagnosed in 1986 and credited to establish country’s first HIV clinic in government’s JJ Hospital, Mumbai.

“Preventing HIV transmission means that we do 100% in ensuring access of everyone (especially those who are more at risk) to the full range of HIV combination prevention options. For example, India needs to rollout PrEP options in its public programmes without any further delay (PrEP was first approved by US FDA in 2012 and is only available in private sector in India. Pre-Exposure Prophylaxis is a medicine for people who are HIV negative to protect them from HIV acquisition). We need to do a lot more to find all those with HIV so rolling out proven approaches such as HIV self-testing is important. Regular treatment monitoring to ensure adherence and prevent advanced HIV disease, HIV related co-infections and co-morbidities, and address ageing related issues like non-communicable diseases, is also important,” added Dr Gilada.

Agrees Dr N Kumarasamy, Chief and Director of VHS Infectious Diseases Medical Centre, Chennai and Co-Chairperson of ASICON 2025: "HIV treatment is also prevention — when we treat people living with HIV their virus level comes down and they become less infectious to others. When people with HIV stay virally suppressed then the risk of HIV transmission is zero as per the WHO. Also, when it comes to HIV prevention, we need to ensure that all HIV combination prevention options are available and accessible to everyone, especially to the key populations (among which HIV risk and rate is very high). PrEP should become a part of our national program."

Where are we on 95-95-95 targets for 2025?

The 95-95-95 targets to be achieved by 2025 mean that 95% of all people living with HIV should know their status, 95% of those who know their status should receive lifesaving antiretroviral therapy, and 95% of those on the treatment should be virally suppressed.

In India, as of March 2024 (according to government's 6th Sankalak Report 2024), 81% of people living with HIV in India knew their HIV status. Out of these, 88% were receiving antiretroviral therapy, and out of those receiving the treatment, 97% were virally suppressed. Globally, 86% people living with HIV knew their status, 89% were on antiretroviral therapy, and 93% of those on antiretroviral therapy were virally suppressed.

"We need to ensure 100% of those who know their HIV positive status must be on antiretroviral therapy and virally suppressed," said Dr Mathai.

Out of those who were newly diagnosed with HIV in India, around 93% were initiated on lifesaving antiretroviral therapy. But in several states, the number of those on free treatment was lower (such as, Assam, Chandigarh, Delhi, Himachal Pradesh, Puducherry, and Sikkim). For example, initiation of antiretroviral therapy among newly diagnosed people, ranged between around 47% in Puducherry and 76% in Assam.

How HIV impacts women

"It is important to understand how HIV impacts women in order to tailor our HIV responses in a gender-sensitive manner. There is a difference in frequency of cardiovascular and cerebrovascular diseases among women living with HIV. The way HIV impacts their bone density or issues related to HIV and menopause also need to be taken into account," said Dr Glory Alexander, Scientific Committee Co-Chairperson of ASICON 2025 and Founder-Director of ASHA Foundation Bengaluru. She is also among the recipients of the prestigious Dr BC Roy National Award. Dr Cristina Mussini from Italy said that risk of cardiovascular diseases is double and risk of stroke is two-three times among women with HIV.

"Women living with HIV have a six-fold greater risk of developing cancer of cervix (cervical cancer) compared to women who are not positive in general population. About 85% of all cervical cancers are caused by human papilloma virus (HPV). There are vaccines to prevent it but India till recently was dependent on imported vaccines which were very expensive. Now, Pune-based Serum Institute of India is making the vaccine (Cervavac) since 2023. So now our goal is to provide this vaccine to eligible women living with HIV so that they can protect themselves from acquiring cancer of the cervix. Our government too is considering it seriously to include vaccination in the national public programme. I am part of "Cancer Cervix Elimination Consortium India" which is complementing the work of the government. In the private sector, many organisations are already providing the vaccine," said Dr Glory Alexander.

Antimicrobial resistance and HIV

When HIV virus becomes resistant to lifesaving antiretroviral medicines, then the person with HIV needs to be treated with a different set of medicines - and treatment options get limited. Antimicrobial resistance, which is fuelled by misuse and overuse of medicines, is among the top 10 global health threats today. Dr Kumarasamy said: "We have the latest antiretroviral regimen in our national programme as recommended by the WHO but antiviral resistance is also on an alarming rise. Drug resistance is also reported now against some of the newer antiretroviral medicines."

Progress made but challenges remain to end AIDS in India

New HIV infections surged by over 400% during 2010-2023 in few Indian states like Tripura and Arunachal Pradesh and doubled in Punjab and Meghalaya. Despite a lower national prevalence (0.20%), HIV rates in Mizoram (2.73%), Nagaland (1.37%), and Manipur (0.87%) significantly exceed the national average. In

2023-2024, injecting drug use was the main transmission route in some states (Assam, Arunachal Pradesh, Punjab, and Tripura) accounting for 61-77% of newly diagnosed people with HIV.

HIV prevalence remains very high among key populations such as migrants, truckers, female sex workers, prison inmates, men who have sex with men, transgender people and people who inject drugs. These groups experience HIV rates 9-43 times higher than the general adult population. According to a 2021 report by the National Centre for Disease Control (Directorate General of Health Services) based on HIV sentinel surveillance, Hepatitis B Virus (HBV) seroprevalence ranges from 0.95% in female sex workers to 3.09% in people who inject drugs, whereas Hepatitis C Virus (HCV) seroprevalence varies from 0.67% in migrants to 33.41% in people who inject drugs. HCV rates among people who inject drugs and are HIV positive is very high at 82.23%.

Co-infections management is a critical need to reduce morbidities and mortalities among people with HIV. The population is aging with around 37% of total people with HIV in India estimated to be aged 50 years or more. Around 4% of people with HIV were screened as those with presumptive TB, out of which 4-6% were diagnosed with active TB disease (and over 99% of them started TB treatment).

India has made significant stride towards the goal of eliminating vertical transmission of HIV and syphilis. In 2023-2024, about 19,100 HIV-positive pregnant women were identified, 63% increase from 2020-2021. The resultant increase in treatment coverage reduced the vertical transmission rate from over 25% in 2020 to around 11.75% in 2023. Additionally, treatment coverage for syphilis-infected pregnant women increased from 78% in 2021-2022 to around 90% in 2023-2024.

When compared to 2010, HIV rates have almost halved in India by 2023 (44.23% decline, which is more than the global decline in the same period 39%) and AIDS-related deaths have declined by 79.26% in India by 2023 (which is more than the global decline in the same period 51%). Compared to 2010, by 2023, decline of HIV incidence in Gujarat (state which is hosting ASICON 2025) was 56.86% (which is more than the national average decline of 44.23%), said ASICON 2025 Co-Chair Dr Harsh Toshniwal, President of Infectious Diseases Society of Gujarat.

Scientific partners of ASICON 2025 include the National AIDS Control Organisation (NACO) and National TB Elimination Programme of Ministry of Health and Family Welfare, Government of India; Gujarat Medical Council; Infectious Diseases Society of Gujarat; UNAIDS; CAPRISA (Centre for the AIDS Programme of Research in South Africa); among others.

વેસ્ટર્ન ટાઇમ્સ

ગુજરાતમાં પ્રથમ વખત યોજાઈ રહ્યું છે ASICON 2025નું રાષ્ટ્રીય સંમેલન

21/02/2025 [Deepak WT](#)



એઈડ્સ સોસાયટી ઓફ ઈન્ડિયા (ASI) દ્વારા અમદાવાદમાં આયોજિત ત્રિ-દિવસીય રાષ્ટ્રીય સંમેલન

મુખ્યમંત્રી શ્રી ભૂપેન્દ્ર પટેલે અમદાવાદમાં એચઆઈવી (HIV) તબીબી નિષ્ણાતોના રાષ્ટ્રીય સંમેલન – ASICON 2025નો પ્રારંભ કરાવ્યો હતો.

ગુજરાતમાં પ્રથમ વખત યોજાઈ રહેલા આ સંમેલનના ઉદ્ઘાટન પ્રસંગે મુખ્યમંત્રી શ્રી ભૂપેન્દ્ર પટેલે સૌને માતૃભાષા દિવસની શુભકામનાઓ પાઠવી હતી. એઈડ્સ નાબૂદીના પ્રયાસો અને ASICON સંમેલન વિશે વાત કરતા મુખ્યમંત્રીશ્રીએ જણાવ્યું હતું કે, દેશમાં એઈડ્સ નાબૂદીના પ્રયાસોમાં ગુજરાત અગ્રેસર છે. ASICON 2025 National Conference is being held in Gujarat for the first time

ASICON 2025 જેવા કાર્યક્રમો આ પ્રયાસોને વધુ વેગવાન બનાવશે. ગુણવત્તાયુક્ત આરોગ્ય સંભાળ અને આરોગ્ય સેવાઓની વ્યાપક ઉપલબ્ધતા થકી ટકાઉ વિકાસ લક્ષ્યાંકો અનુસાર વર્ષ 2030 સુધીમાં એઈડ્સમુક્ત ભારતના સંકલ્પને સાકાર કરવા માટે પણ આ કોન્ફરન્સ માર્ગદર્શક અને દિશાસૂચક સાબિત થશે, એવું તેમણે ઉમેર્યું હતું.

મુખ્યમંત્રીશ્રીએ વધુમાં જણાવ્યું હતું કે, રાજ્યના આ વર્ષના બજેટમાં લોકોની સ્વાસ્થ્ય સુખાકારી સુનિશ્ચિત કરવા અને આરોગ્ય માળખાને વધુ મજબૂત કરવાના ધ્યેય સાથે આરોગ્ય બજેટમાં 16%ના વધારા સાથે 23,385 કરોડની જોગવાઈ કરવામાં આવી છે.

વડાપ્રધાનશ્રીના માર્ગદર્શનમાં ‘હોલિસ્ટિક હેલ્થકેર’ની પ્રણાલિને આત્મસાત્ કરતાં રાજ્યમાં ખૂણેખૂણા સુધી, છેવાડાના ગામો સુધી અને સામાન્યમાં સામાન્ય માનવીને પણ સરળતાથી આરોગ્ય સેવાઓ મળી રહે તેવી સુવિધાઓ વિકસાવવામાં આવી છે.

રાજ્યમાં પેટા આરોગ્ય કેન્દ્રોથી લઈને આધુનિક સુપર સ્પેશિયાલિટી હોસ્પિટલો સહિત 11,000થી વધુ સ્વાસ્થ્ય કેન્દ્રોનું એકિટવ અને એક્ષિયન્ટ નેટવર્ક ગુજરાતમાં છે, એમ તેમણે ઉમેર્યું હતું.



મુખ્યમંત્રીશ્રીએ જણાવ્યું હતું કે, અત્યારે ગુજરાતમાં સરેરાશ આયુષ્ય 70 વર્ષ જેટલું છે, જેને 2047 સુધીમાં 84 વર્ષ જેટલું કરવાનો લક્ષ્યાંક વિકસિત ગુજરાત રોડમેપમાં રાખવામાં આવ્યો છે.

મુખ્યમંત્રીશ્રીએ વધુમાં જણાવ્યું હતું કે, વડાપ્રધાન શ્રી નરેન્દ્રભાઈ મોદીના નેતૃત્વમાં ‘સર્વે સન્તુ નિરામયા’ની ભાવના સાથે નાગરિકોને શ્રેષ્ઠ આરોગ્ય સેવાઓ મળી રહે તે માટે અનેકવિધ આયોજનો હાથ ધરવામાં આવ્યા છે.

વડાપ્રધાનશ્રીએ ટીબી, એઈડ્સ અને કેન્સર જેવી ગંભીર બીમારીઓ સામે લડવા માટે સૌને મિશન મોડ પર કામ કરવા પ્રેરિત કર્યા છે. આ વર્ષના કેન્દ્રીય બજેટમાં અસાધારણ બીમારીઓની સારવારમાં ઉપયોગી 36 જેટલી જીવનરક્ષક દવાઓને મૂળભૂત કર્સ્ટમ ડ્યુટીમાંથી મુક્તિ આપવામાં આવી છે, એવું તેમણે ઉમેર્યું હતું.

દેશભરમાં છેલ્લાં ઘણાં વર્ષોથી એચઆઈવી એઈડ્સ નાબૂદી અને જાગૃતિ પ્રત્યે કરવામાં આવી રહેલી નોંધપાત્ર કામગીરીના લીધે આજે સમાજમાં માનસિકતા બદલાઈ છે.

આજે એચઆઈવી એઈડ્સના દર્દીઓ સમાજમાં સ્વમાનભરે જીવન જીવી શકે છે, એમ તેમણે ઉમેર્યું હતું. અત્રે ઉલ્લેખનીય છે કે, ASICON 2025 સંમેલનમાં દેશભરમાંથી ઘણા એચઆઈવી(HIV) ક્લિનિકલ કેર નિષ્ણાતો અને સંશોધકો ભાગ લઈ રહ્યા છે. દક્ષિણ આફ્રિકા, ઈંગ્લેન્ડ, ઈટાલી, જર્મની, કેન્યા વગેરે જેવા દેશોના એચઆઈવી નિષ્ણાતો પણ આ કોન્ફરન્સમાં ભાગ લઈ રહ્યા છે. ત્રણ દિવસીય સંમેલનમાં એચઆઈવી (HIV) સંબંધિત વિવિધ વિષયો પર તબીબી વ્યાખ્યાનો અને સત્રો યોજાશે. ઉદ્ઘાટન સમારંભમાં એઈડ્સ સોસાયટી ઓફ ઈન્ડિયાના પૂર્વ પ્રેસિડેન્ટ ડૉ. ઈશ્વર ગિલાડાએ પ્રાસંગિક ઉદ્બોધન સાથે સૌનું શાબ્દિક સ્વાગત કર્યું હતું.

ASICON 2025ના સહ-અધ્યક્ષ ડૉ. હર્ષ તોશનીવાલે આભાર વ્યક્ત કર્યો હતો. ASICON 2025 સંમેલનના ઉદ્ઘાટન પ્રસંગે અમદાવાદ શહેરનાં મેયર શ્રીમતી પ્રતિભા જૈન, એઈડ્સ સોસાયટી ઓફ ઈન્ડિયાના રાષ્ટ્રીય અધ્યક્ષ ડૉ. દિલીપ મથાઈ, એઈડ્સ સોસાયટી ઓફ ઈન્ડિયાના પૂર્વ પ્રેસિડેન્ટ ડૉ. ઈશ્વર ગિલાડા, ASICON 2025ના સહ-અધ્યક્ષ ડૉ. હર્ષ તોશનીવાલે સહિત દેશ- વિદેશના એચઆઈવી નિષ્ણાતો ઉપસ્થિત રહ્યા હતા.



અખબા

રી યાદી

ગુજરાતના મુખ્ય પ્રધાન માનનીયશ્રી ભૂપેન્દ્રભાઈ પટેલના હસ્તે ‘એસિકોન 2025’ પરિષદનું ઉદઘાટન સંપન્ન

એચઆઈવીના તબીબી નિષ્ણાતોની રાષ્ટ્રીય પરિષદ

પહેલવહેલી વાર ગુજરાતમાં યોજાઈ

એઈડ્સ સોસાયટી ઓફ ઈન્ડિયા (એએસઆઈ)ની 16મી રાષ્ટ્રીય પરિષદ – ‘એસિકોન 2025’નું ગુજરાતના મુખ્ય પ્રધાન શ્રી ભૂપેન્દ્રભાઈ પટેલે શુક્રવારે ઉદઘાટન કર્યું હતું. એચઆઈવીના તબીબી નિષ્ણાતોની દેશમાં વર્તમાન વર્ષની આ સૌથી મોટી પરિષદ છે. નોંધનીય છે કે એએસઆઈ દ્વારા દેશમાં થઈ રહેલા કાર્યનું આ 26મું વર્ષ છે.

ઉદઘાટન પ્રસંગે શ્રી ભૂપેન્દ્રભાઈ પટેલે વિખ્યાત ડૉ. બી. સી. રોય રાષ્ટ્રીય પુરસ્કારના વિજેતા અને બેંગલુરુસ્થિત આશા ફાઉન્ડેશનના સ્થાપક નિદેશક ડૉ. ગ્લોરી એલેક્ઝાન્ડરને જીવન ગૌરવ પુરસ્કાર એનાયત કર્યું હતું. આ જ પુરસ્કાર સેંટ જ્યોહાન્સ મેડિકલ કોલેજ હોસ્પિટલમાં 1990થી એચઆઈવીના ઉપચારનો પ્રારંભ કરનારા ડૉ. જી. ડી. રવીન્દ્રન, એચઆઈવી ક્ષેત્રના સુપ્રસિદ્ધ સંશોધક અને જર્મનીની યુનિવર્સિટી ઓફ બોનના પ્રોફેસર ઓફ મેડિસિન તથા એચઆઈવી આઉટપેશન્ટ ક્લિનિકના વડા ડૉ. જુર્ગન રોકસ્ટ્રોલ અને પુણેમાં એમક્યોર ખાતે એચઆઈવી બાબતે સંશોધન કરી રહેલા ડૉ. યુ. ડી. બાલાજીને પણ એનાયત કરવામાં આવ્યું હતું.

એચઆઈવીના દરેક દરદીને પોતાની બીમારીની જાણ હોવી ઘટે

એઈડ્સ સોસાયટી ઓફ ઈન્ડિયાના પ્રેસિડન્ટ ઈમેરિટસ, ઈન્ટરનેશનલ એઈડ્સ સોસાયટીની ગવર્નિંગ કાઉન્સિલના સભ્ય તથા એશિયા અને પેસિફિક પ્રદેશ માટેના ઈન્ટરનેશનલ એઈડ્સ સોસાયટીના પ્રાદેશિક અધ્યક્ષ ડૉ. ઈશ્વર ગિલાડાએ આ પ્રસંગે કહ્યું હતું કે એઈડ્સના તમામ દરદીઓને એમને લાગેલા એચઆઈવીના ચેપની જાણકારી હોવી ઘટે. એટલું જ નહીં, તમામ દરદીઓને જીવનરક્ષક એન્ટિરિટ્રોવાઈરલ સારવાર મળવી જોઈએ અને એમના શરીરમાં વાઈરસનું પ્રમાણ (વાઈરલ લોડ) કાબૂ હેઠળ રહેવું જોઈએ. જો આ ત્રણે બાબતો અસ્તિત્વમાં હશે તો આપણે એઈડ્સનો અંત લાવી શકીશું. એન્ટિરિટ્રોવાઈરલ દવાઓની મદદથી દરદીઓ સામાન્ય માણસોની જેમ તંદુરસ્ત રહી શકશે અને બીજાઓને ચેપ લાગતો અટકાવી શકાશે. વર્લ્ડ હેલ્થ ઓર્ગેનાઈઝેશનનું કહેવું છે કે જેમના શરીરમાં વાઈરલ લોડ કાબૂ હેઠળ હોય એમના મારફતે બીજાઓને ચેપ લાગવાનું જોખમ રહેતું નથી. આ ઉપરાંત એચઆઈવીનો ચેપ લાગતો અટકાવવા માટેનાં પ્રતિબંધક પગલાંનો પણ અમલ થવો જોઈએ.

ડૉ. ગિલાડા ભારતમાં સૌથી વધારે સમયથી એચઆઈવીના દરદીઓની સારવાર કરનારા તબીબ છે. એમણે મુંબઈની જે. જે. હોસ્પિટલમાં સ્થાપેલી એચઆઈવી ક્લિનિક દેશમાં આ બીમારી માટેની સર્વપ્રથમ ક્લિનિક હતી.

એસિકોન 2025માં એચઆઈવીની તથા એને લગતી બીજી બીમારીઓની સારવાર કરનારા દેશભરના 300 કરતાં વધુ તબીબી નિષ્ણાતોએ ભાગ લીધો છે. એટલું જ નહીં, દક્ષિણ આફ્રિકા, યુનાઈટેડ કિંગડમ, જર્મની, કેન્યા, અમેરિકા સહિતના દેશમાંથી આવેલા નિષ્ણાતો પણ એમાં સહભાગી થયા છે, એમ એસિકોન 2025ના સહ-અધ્યક્ષ ડૉ. હર્ષ તોપનીવાલે જણાવ્યું હતું.

વર્ષ 2025 માટે નક્કી કરાયેલા 95-95-95ના લક્ષ્યાંક સંબંધે આજે આપણે ક્યાં છીએ?

૨૦૨૫ સુધીમાં પ્રાપ્ત કરવાના 95-95-95 લક્ષ્યાંકનો અર્થ એ છે કે એચઆઈવીથી પીડિત તમામ લોકોમાંથી 95% લોકોને તેમની બીમારીની સ્થિતિ ખબર હોવી જોઈએ, જેઓ તેમની સ્થિતિ જાણે છે તેમાંથી 95% લોકોને જીવનરક્ષક એન્ટિરેટ્રોવાયરલ થેરાપી મળવી જોઈએ, અને સારવાર લઈ રહેલા 95% લોકોમાં વાર્ષિક પ્રમાણ કાબૂમાં રહેવું જોઈએ.

ભારતના આરોગ્ય અને પરિવાર કલ્યાણ વિભાગ હેઠળ આવતી સંસ્થા નેકોના ડેપ્યુટી ડિરેક્ટર જનરલ ડૉ. ઉદય ભાનુ દાસે કહ્યું છે કે વર્ષ 2024-25માં ભારતમાં એચઆઈવી ધરાવતા લોકોમાંથી 84 ટકા લોકોને પોતાની બીમારીની સ્થિતિ વિશે જાણકારી હતી. એમાંથી 86 ટકા લોકો જીવનરક્ષક એન્ટિરેટ્રોવાઈરલ થેરાપી લઈ રહ્યા હતા અને 94 ટકા લોકોમાં વાર્ષિક લોડ કાબૂ હેઠળ હતા. વૈશ્વિક સ્તરે, એચઆઈવીથી પીડિત 86% લોકો તેમની સ્થિતિ જાણતા હતા, 89% લોકો એન્ટિરેટ્રોવાઈરલ થેરાપી પર હતા, અને એન્ટિરેટ્રોવાઈરલ થેરાપી પર રહેલા 93% લોકોમાં વાર્ષિક પ્રમાણ કાબૂમાં હતા.

ડૉ. દાસે જણાવ્યું હતું કે હાલ ભારત સરકારના રાષ્ટ્રીય એઈડ્સ અને જાતિય બીમારીઓને નિયંત્રણમાં રાખવા માટેની યોજનાને મળતાં નાણાંમાંથી 94 ટકા હિસ્સો ભારત સરકાર પાસેથી જ મળે છે. બાકીની 6 ટકા રકમ વૈશ્વિક ભંડોળમાંથી આવે છે. જોકે, નોંધવું ઘટે કે ભારત સરકાર પણ વૈશ્વિક ભંડોળમાં નાણાં આપે છે. એટલું જ નહીં, આપણી સરકાર તરફથી વૈશ્વિક આરોગ્ય સંગઠનને પણ નાણાં મોકલવામાં આવે છે. આપણે એઈડ્સની સારવાર માટે હવે વિદેશી સહાય કે નાણાં પર નિર્ભર નથી.

એઈડ્સ સોસાયટી ઓફ ઈન્ડિયાના પ્રમુખ ડૉ. દિલીપ મથાઈએ કહ્યું હતું કે જે બીમારીઓને રસીકરણથી અટકાવી શકાતી હોય એવી તમામ બીમારીઓની રસી દેશના તમામ વરિષ્ઠ નાગરિકોને મળી હોવી જોઈએ.

યુએનએઈડ્સ ઈન્ડિયાના કન્ટ્રી ડિરેક્ટર ડેવિડ બ્રિજરે કહ્યું હતું કે આપણે વર્ષ 2030 સુધીમાં જાહેર આરોગ્ય સામેના જોખમ તરીકે એઈડ્સનો અંત લાવવા માટે અત્યારથી જ સક્રિય થઈ શકીએ છીએ, પરંતુ એના માટે નેતાઓએ અસરકારક યોજનાઓમાં રોકાણ કરવું જોઈએ. આ યોજનાઓ હેઠળ રોગનિવારણ માટે સમાજનો સહયોગ મળવો જોઈએ, એઈડ્સ પ્રત્યેની ઘૂણા અને ભેદભાવ દૂર થવા જોઈએ તથા લાંબા સમય સુધી ટકી શકે એવા ઉપાયો અમલી બનાવવા જોઈએ.

ભારતમાં એચઆઈવીની સ્થિતિ

નેકોના આંકડાઓ મુજબ વર્ષ 2010ની સરખામણીમાં 2023 સુધીમાં ભારતમાં એચઆઈવી દર લગભગ અડધો (44.23% ઘટાડો) થઈ ગયો છે. આ જ સમયગાળામાં વૈશ્વિક સ્તરે ઘટાડાનું પ્રમાણ 39% છે. આમ, ભારતમાં એચઆઈવીના રોગીઓની સંખ્યા વધુ પ્રમાણમાં ઘટી છે. આ જ રીતે એઈડ્સને લીધે થતાં મૃત્યુનું પ્રમાણ વર્ષ 2023માં 79.26% ઘટી ગયું છે. વૈશ્વિક સ્તરે આ જ સમયગાળામાં મૃત્યુનું પ્રમાણ 51% ઘટ્યું છે. આમ, ભારતમાં એઈડ્સથી થતાં મૃત્યુ પામનારાઓની સંખ્યા પણ વૈશ્વિક સરેરાશ કરતાં વધુ પ્રમાણમાં ઘટી છે.

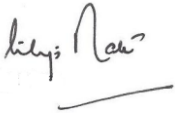
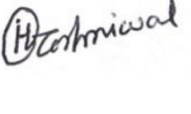

2023માં ભારતમાં 25.44 લાખ લોકો એચઆઈવીથી પીડાતા હતા, જેનું પ્રમાણ ભારતીય વસ્તીના પુખ્ત વયના લોકોના લગભગ 0.20% જેટલું છે. વૈશ્વિક સ્તરે આ ટકાવારી 0.70 છે. 2023માં ભારતમાં 68,450 નવા એચઆઈવી ચેપનું નિદાન થયું હતું અને 35,870 લોકો એઈડ્સ થી મૃત્યુ પામ્યા હતા. 2023માં 19,961 ગર્ભવતી સ્ત્રીઓ એચઆઈવીથી પીડાતી હતી જેમને બાળજન્મ પહેલાં, સગર્ભાવસ્થા દરમિયાન અને પ્રસૂતિ પછીના સમયગાળામાં એચઆઈવીનું સંક્રમણ રોકવા માટેની તબીબી સેવાઓની જરૂર હતી.

ગુજરાતમાં એચઆઈવીની સ્થિતિ

નેકોના આંકડા મુજબ 2023 સુધીમાં ગુજરાતમાં પુખ્ત વયના લોકોમાં એચઆઈવીનો ફેલાવો 0.19% હતો, જે પ્રમાણ લગભગ 0.20%ની રાષ્ટ્રીય સરેરાશ જેટલું જ હતું. 2023માં ગુજરાતમાં 1,20,312 લોકો એચઆઈવીના દરદી હતા અને આ બીમારીના 800 દરદીઓ મૃત્યુ પામ્યા હતા. 2023માં ગુજરાતમાં 2671 નવા એચઆઈવી દરદીઓનું નિદાન થયું હતું, જે પ્રમાણ વર્ષ 2010ના આંકડાની સરખામણીમાં 56.86% ઓછું હતું. નોંધનીય છે કે દરદીઓની સંખ્યામાં ઘટાડો થવાની રાષ્ટ્રીય સરેરાશ 44.23% છે.

એસિકોનના સહ-અધ્યક્ષ ડૉ. હર્ષ તોપનીવાલે જણાવ્યું છે કે બીમારી અને દરદીઓની સારવારની દૃષ્ટિએ ગુજરાત રાજ્ય માટે હાલ એક મોટી તક છે, કારણ કે રાજ્યને એસિકોનનું આયોજન કરવાની પહેલી તક મળી છે. 2030 સુધીમાં એઈડ્સનો અંત લાવવા તરફ આગળ વધવા માટે ગુજરાતના તબીબી વૈજ્ઞાનિક સમુદાયને આ પરિપદનો લાભ મળશે.

એસિકોન 2025ના વિજ્ઞાનસંબંધી સહયોગીઓમાં નેશનલ એઈડ્સ કન્ટ્રોલ ઓર્ગેનાઈઝેશન (નેકો) અને આરોગ્ય તથા પરિવાર કલ્યાણ મંત્રાલય હેઠળ આવતા કેન્દ્રીય ટીબી વિભાગના નેશનલ ટીબી એલિમિનેશન પ્રોગ્રામનો સમાવેશ થાય છે. આ ઉપરાંત ગુજરાત મેડિકલ કાઉન્સિલ, ઈન્ક્રેકિશયસ ડિસીઝીસ સોસાયટી ઓફ ગુજરાત, યુએનએઈડ્સ, સેન્ટર ફોર ધ એઈડ્સ પ્રોગ્રામ ઓફ રિસર્ચ ઈન સાઉથ આફ્રિકા, એએચએફ ઈન્ડિયા કેર્સ, વગેરેનો સમાવેશ થાય છે. આ પરિપદને ગુજરાત પ્રવાસન વિભાગ તથા ભારત સરકારના પ્રવાસન વિભાગ હેઠળ આવતા ઈન્ડિયન કન્વેન્શન પ્રમોશન બ્યુરોનો પણ સાથ મળ્યો છે.

 ડૉ. દિલીપ મથાઈ પ્રેસિડન્ટ, એએસઆઈ, વેલ્વોર મોબાઈલ: 9443336984 ઈમેઈલ: mathai.dilip@gmail.com	 ડૉ. હર્ષ તોપનીવાલ સહ-અધ્યક્ષ, એસિકોન 2025 અમદાવાદ મોબાઈલ: 9825249566 ઈમેઈલ: idthmclinic@gmail.com	 ડૉ. ઈશ્વર ગિલાડા પ્રેસિડન્ટ ઈમેરિટસ, એએસઆઈ મુંબઈ મોબાઈલ: 9820081566 ઈમેઈલ: gilada@usa.net
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Christian Conference of Asia

Asia regional consultation addresses strengthened focus on children's rights and healthcare access



*Participants of Regional Consultation on
‘Towards Enhancing Social Protection Measures for HIV Affected Children and Teens in Asia’*

Chiang Mai, Thailand: The Asia regional consultation on ‘Towards Enhancing Social Protection Measures for HIV-Affected Children and Teens in Asia’, organised by the Christian Conference of Asia (CCA) as part of the Action Together in Combating HIV and AIDS in Asia (ATCHAA) initiative, underscored the urgent need for inclusive policies, community-driven solutions, and sustained advocacy to support HIV-affected children, teens, and other vulnerable groups.

Held from 29 November to 1 December 2024, at the CCA headquarters in Chiang Mai, Thailand, the three-day consultation brought together over 46 participants—including medical professionals, social activists, community health workers, members of PLHIV networks, and representatives from faith-based organisations. The consultation focused on addressing systemic barriers, stigma, and inequalities while advocating for equitable healthcare and support for children and teens in the region.

Discussions during the first two days of the consultation emphasised the significance of child-friendly interventions, faith-based advocacy, and addressing gender inequality, along with the specific needs of marginalised communities. Participants explored actionable steps to reduce stigma, enhance healthcare access, and promote social justice.

The first day featured a plenary session on ‘Challenges and Best Practices in HIV Treatment Access and Adherence for Children and Teens’, with speakers sharing insights from diverse initiatives across Asia.

Dr Ronald Lalthanmawia, ATCHAA Programme Coordinator, opened the consultation by highlighting the neglect of children in the Asia-Pacific region's HIV response. He stressed that discriminatory laws and social inequalities remain major obstacles to treatment access, hindering efforts to reduce HIV in the region.

Lucy Remruati Chhange of Gan Sabra, Mizoram, India, highlighted the vulnerability of young children affected by HIV, worsened by poverty, substance abuse, and lack of awareness. She emphasised the importance of age-appropriate counselling and child-friendly healthcare services.

Highlighting the societal taboos and stigma that hinder interventions for vulnerable children, including those affected by sex trafficking, Carina Teola Sajonia from Mindanao, Philippines, advocated for the participation of children in HIV strategies.

Berlina Sibagariang, from AIDS Ministry of Huria Kristen Batak Protestan, Indonesia, shared a community-based care model focusing on family support, nutrition, routine health check-ups, and skills training. She called for stronger government and societal support to amplify these efforts.

In her address focusing on challenges, including parental neglect and discrimination, Elizabeth Thomas from Penang, Malaysia pointed out the lack of access to affordable treatment for non-Malaysian children and emphasised the need for institutional and societal reforms to support children living with HIV.

On the second day, Rebecca Ang from Malaysian Care and Piangta Chumnoi from the Baanjingjai Foundation, Thailand, shared insights from their work in the field in their respective countries on 'Preventing HIV Among Teens and Securing Their Future'.

During the panel on 'Imperative to Enhance Social Protection and Rights for Children and Teens Affected by HIV in Asia', Dr Glory Alexander, Director of the ASHA Foundation in Bengaluru, India, shared experiences of working with HIV-affected women and children in India, particularly in areas related to holistic care, testing, treatment, psycho-social support, housing, nutrition, and prevention of mother-to-child transmission.

Candice Ann Cindy Abraham Sering, from the Salinlahi Alliance for Children's Concerns in the Philippines provided a cross-sectional view of the challenges faced, particularly by vulnerable children. Ms Sering highlighted the aspirations of HIV-affected children and teens, emphasising their role as changemakers. They proposed youth seminars, safe sex forums, and workshops to promote HIV awareness and combat discrimination.

Rosiana Indah Purnomo of the Communion of Churches in Indonesia (PGI) stressed the importance of child-friendly programmes within churches to support children living with HIV and called for inclusive HIV policies that ensure children's rights to education, healthcare, and protection from stigma.

Ms Purnomo urged churches to take a proactive role in advocacy, integrate Biblical perspectives into sermons, create safe spaces, and support stronger child-focused policies, alongside training for church leaders and the development of care communities for sustained support.

Programme Executive for the World Council of Churches (WCC) Ecumenical AIDS Initiatives and Advocacy Programme, Gracia Violeta Ross Quiroga, said, "In WCC, our efforts are focused on closing the gap between church leadership and the children and youth in the church, ensuring we listen to them rather than merely giving instructions".

Ms Quiroga emphasised the importance of standing in solidarity with their needs and fostering understanding, empowering the children and youth, and strengthening their sense of belonging within the church.

During the panel presentation on ‘Gender Justice and Asian Realities: Responding to Vulnerable Situations’, Michael Jesus A. Mahinay, of ALAGAD, Mindanao in the Philippines highlighted the country's HIV epidemic, predominantly affecting MSM and transgender women, with youth driving new infections. He discussed ongoing challenges, such as late diagnosis and delays in treatment initiation, while outlining steps taken to combat the epidemic. He also noted the growing number of treatment hubs and primary HIV care facilities, which have strengthened the Philippines’ response to the crisis.

Yuyum Fhahni Paryani from Indonesia highlighted the ongoing challenges of gender inequality, including systemic discrimination, economic disadvantage, and limited access to rights in the Indonesian context. She examined ASEAN’s commitments, such as the ASEAN Gender Mainstreaming Strategic Framework, noting persistent gaps like wage inequality, underrepresentation of women in leadership, and online harassment in the region.

Dr Rajni Herman of Shalom Delhi, India, highlighted the critical role of palliative care in addressing the needs of transgender women, particularly those living with HIV. Drawing from years of experience and real-life stories, she shed light on the struggles of India’s ‘poor, broken and marginalised’, who are often stigmatised and overlooked.

The consultation will conclude on 1 December 2024.

[For photos of Day 1 of the Regional Consultation on ‘Towards Enhancing Social Protection Measures for HIV Affected Children and Teens in Asia’, please click here \(photo gallery\)](#)





Day 2 of the Regional Consultation on ‘Towards Enhancing Social Protection Measures for HIV Affected Children and Teens in Asia ‘

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INDU SANJE, Kannada evening daily



ವಿನಾಯಕಾಚಾರ್ಯ, ಸಂಪಾದಕರು

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Bangalore, Mysore, Mandya, Hassan, Kolar, Chikkaballapur, Chamarnajagara, Ramanagara, Hubballi Published simultaneously

'ಗರ್ಭಗೊರಳಿನ ಕ್ಯಾನ್ಸರ್ ನಿವಾರಣೆಗೆ ಜಂಟಿ ಉಪಕ್ರಮ ಪ್ರಾರಂಭ'

ಬೆಂಗಳೂರು: ಆರೋಗ್ಯಸೇವೆ, ಶಿಕ್ಷಣ ಮತ್ತು ಜೀವನೋಪಾಯಗಳ ಕ್ಷೇತ್ರದಲ್ಲಿ ಸಾಮರ್ಥ್ಯವೃದ್ಧಿ ಮಾಡುತ್ತಿರುವ ಲಾಭರಹಿತ ಸಂಸ್ಥೆ ಎಕೊ ಇಂಡಿಯಾ ಕರ್ನಾಟಕ ಸರ್ಕಾರದ ಆರೋಗ್ಯ ಮತ್ತು ಕುಟುಂಬ ಕಲ್ಯಾಣ ಸಚಿವಾಲಯದ ಜಂಟಿ ಸಹಯೋಗದಲ್ಲಿ 'ಗರ್ಭಗೊರಳಿನ ಕ್ಯಾನ್ಸರ್ ನಿವಾರಣೆಗೆ ವೇಗದರ್ಪನೆ: ಕರ್ನಾಟಕದ ಚಳವಳಿ' ಎಂಬ ಶೀರ್ಷಿಕೆಯಡಿ ಉಪಕ್ರಮವನ್ನು ಪ್ರಾರಂಭಿಸಿದ್ದು ಅಬ್ ಗೈನ್ ಕರ್ನಾಟಕ ಚಾರ್ಟರ್, ಎಕೊ ಇಂಡಿಯಾ ಮತ್ತು ಪ್ರಮುಖ ಸರ್ಕಾರೀತರ ಸಂಸ್ಥೆಗಳು ಸಿಐಇ ಕನ್ಸಲ್ಟಿಯಂ ಆಡಿಯಲ್ಲಿ ಒಗ್ಗೂಡಿದೆ.

ಬೆಂಗಳೂರಿನ ವಿಕಾಸ ಸೌಧದಲ್ಲಿ ನಡೆದ ಈ ಕಾರ್ಯಕ್ರಮದಲ್ಲಿ ಮಾನ್ಯ ಆರೋಗ್ಯ ಮತ್ತು ಕುಟುಂಬ ಕಲ್ಯಾಣ ಇಲಾಖೆಯ ಸಚಿವರಾದ ದಿನೇಶ್ ಗುಂಡೂರಾವ್ ಅವರು ಉದ್ಘಾಟನಾ ಭಾಷಣ ಮಾಡಿ, "ನಮ್ಮ ಸರ್ಕಾರವು ಗರ್ಭಗೊರಳಿನ ಕ್ಯಾನ್ಸರ್ ತಡೆ, ಪರಿಣಿ ಮತ್ತು ಚಿಕಿತ್ಸೆಯು ಪ್ರತಿಯೊಂದು ಮಹಿಳೆಗೂ ಲಭ್ಯವಾಗುವಂತೆ ಮಾಡಲು ಬದ್ಧವಾಗಿದ್ದು ಜೀವಗಳನ್ನು ಉಳಿಸಲು ಪ್ರಾರಂಭಿಕ ರೋಗಪತ್ತೆ ಮತ್ತು ಸಕಾಲಿಕ ಚಿಕಿತ್ಸೆ ಬಹಳ ಮುಖ್ಯವಾಗಿದೆ" ಎಂದರು.

ಈ ಕಾರ್ಯಕ್ರಮದಲ್ಲಿ ಡಾ.ಹೇಮಾ ದಿವಾಕರ್ (ಫಿಗೊ ಡಿವಿಷನ್ ಡೈರೆಕ್ಟರ್, ವೆಲ್ ವುಮನ್ ಹೆಲ್ತ್ ಕೇರ್ ಮತ್ತು ಮಾಜಿ ಪ್ರೊಫೆಸ್ಸರ್ ಅಧ್ಯಕ್ಷರು),



ಡಾ.ಅಲೆಕ್ಸಾಂಡರ್ ಥಾಮಸ್ (ಸಂಸ್ಥಾಪಕರು ಮತ್ತು ಪ್ರೋಫೆಸರ್, ಎ.ಎಚ್.ಪಿ.ಐ; ಅಧ್ಯಕ್ಷರು ಹೆಲ್ತ್ ಕೇರ್ ಸೆಕ್ಟರ್ ಸ್ಕಿಲ್ ಕೌನ್ಸಿಲ್ (ಎಚ್.ಎಸ್. ಎಸ್.ಸಿ.) ಕರ್ನಾಟಕ), ಡಾ.ವಿಶಾಲ್ ರಾವ್ (ಜೀಫ್, ಹೆಡ್ ಅಂಡ್ ನೆಕ್ ಸರ್ಜಿಕಲ್ ಅಂಕಾಲಜಿ ಅಂಡ್ ರೋಡಿಯೆಟಿಕ್ ಸರ್ಜರಿ, ಎಚ್.ಸಿ.ಜಿ. ಕ್ಯಾನ್ಸರ್ ಸೆಂಟರ್ ಬೆಂಗಳೂರು), ಡಾ.ರಾಜ್ ಶಂಕರ್ ಫೋಷ್ (ಸಂಸ್ಥಾಪಕ ಸದಸ್ಯರು, ಕ್ವಾಟಿಟಿ, ಈಕ್ವಿಟಿ ಅಂಡ್ ಇನ್ ಕ್ಲೂಷನ್ (ಕ್ಯೂಇಐ) ಇನ್ ಪಬ್ಲಿಕ್ ಹೆಲ್ತ್) ಮತ್ತು ಡಾ. ಎಚ್.ಸುದರ್ಶನ್ (ಟ್ರಸ್ಟಿ, ಎಕೊ ಇಂಡಿಯಾ) ಉಪಸ್ಥಿತರಿದ್ದರು.

ಕಾರ್ಯಕ್ರಮದಲ್ಲಿ ಮಾತನಾಡಿದ ಫಿಗೊ(ಈಬಿಐಡಿ) ಡಿವಿಷನ್ ಡೈರೆಕ್ಟರ್, ವೆಲ್

ವುಮನ್ ಹೆಲ್ತ್ ಕೇರ್ ಮತ್ತು ಮಾಜಿ ಪ್ರೊಫೆಸ್ಸರ್ (ಈಜಿಐಬಿಐ)ಅಧ್ಯಕ್ಷಿ ಡಾ.ಹೇಮಾ ದಿವಾಕರ್, "ದೇಶವ್ಯಾಪಿ ಪ್ರಯತ್ನಗಳೊಂದಿಗೆ ಗರ್ಭಗೊರಳಿನ ಕ್ಯಾನ್ಸರ್ ತಡೆಗೆ ಸತತವಾಗಿ ಎಚ್ಚರಿಕೆ, ಅರಿವು ಮತ್ತು ಸಹಯೋಗದ ಕ್ರಮ ಅಗತ್ಯವಾಗಿದೆ. ಕರ್ನಾಟಕದ ಈ ಚಳವಳಿಯು ಜಾಲಕಿಯರು ಮತ್ತು ಮಹಿಳೆಯರಿಗೆ ಆರೋಗ್ಯಕರ ಜೀವನಗಳನ್ನು ನಡೆಸಲು ನೆರವಾಗುವ ಪ್ರಮುಖ ಕಾರ್ಯತಂತ್ರಗಳನ್ನು ಹೊಂದಿದೆ. ಕರ್ನಾಟಕದ ಚಳವಳಿಯು ವಿಶ್ವ ಸಂಸ್ಥೆಯು 90-70-90 ಕಾರ್ಯತಂತ್ರಕ್ಕೆ ಪೂರಕವಾಗಿ ಲಸಿಕೆ ಮತ್ತು ಪರಿಣಿಯನ್ನು ಹೊಂದಿದೆ. ನಾವು ರಾಷ್ಟ್ರೀಯ ಮತ್ತು ಜಾಗತಿಕ ಸಂಘಟನೆಗಳೊಂದಿಗೆ ಸಹಯೋಗ ಹೊಂದುತ್ತೇವೆ ಮತ್ತು ಅಬ್-ಗೈನ್ ಸಂಘಟನೆಯ

ಬೆಂಬಲದಿಂದ ಇತರೆ ರಾಜ್ಯಗಳೂ ಈ ಚಳವಳಿಯಲ್ಲಿ ಭಾಗವಹಿಸಲು ಉತ್ತೇಜಿಸಲಿದೆ" ಎಂದರು.

ಎಚ್.ಸಿ.ಜಿ. ಕ್ಯಾನ್ಸರ್ ಸೆಂಟರ್ ನಲ್ಲಿ ಹೆಡ್ ಅಂಡ್ ನೆಕ್ ಸರ್ಜಿಕಲ್ ಅಂಕಾಲಜಿ ಅಂಡ್ ರೋಡಿಯೆಟಿಕ್ ಸರ್ಜರಿಯ ಮುಖ್ಯಸ್ಥ ಡಾ.ವಿಶಾಲ್ ರಾವ್ ಅವರು ಕರ್ನಾಟಕದ ಚಳವಳಿಯು ವಿಶ್ವ ಆರೋಗ್ಯ ಸಂಸ್ಥೆಯ ಮಾರ್ಗಸೂಚಿಗಳನ್ನು ಅದರ ಅನುಷ್ಠಾನದಾದ್ಯಂತ ಅನುಸರಿಸುತ್ತಿದೆ ಎಂದರು.

"ಸರ್ಕಾರವು ಗರ್ಭಗೊರಳಿನ ಕ್ಯಾನ್ಸರ್ ಪರಿಣಿ ಮತ್ತು ಸಾಮರ್ಥ್ಯವೃದ್ಧಿಯಲ್ಲಿ ಗಮನಾರ್ಹ ಪ್ರಗತಿ ಸಾಧಿಸುತ್ತಿದ್ದು ಜಾಲಕಿಯರಿಗೆ ಲಸಿಕೆ ನೀಡುವ ಮೂಲಕ ನಮ್ಮ ಸಮುದಾಯಗಳ ಆರೋಗ್ಯಕರ ಭವಿಷ್ಯ ದೃಢಪಡಿಸಬೇಕು" ಎಂದು ಖ್ಯಾತ ಉದ್ಯಮಿ ಮತ್ತು ಎಕೊ ಇಂಡಿಯಾ ಟ್ರಸ್ಟಿ ಡಾ.ಎಚ್.ಸುದರ್ಶನ್ ಹೇಳಿದರು. ಸರ್ಕಾರ ಇದನ್ನು ಆದ್ಯತೆಯ ಪಟ್ಟಿಗೆ ಸೇರಿಸಬೇಕು ಎಂದರು.

ಡಾ.ಅಲೆಕ್ಸಾಂಡರ್ ಥಾಮಸ್ ಎ.ಎಚ್.ಪಿ.ಐ ಮತ್ತು ಎಚ್.ಎಸ್.ಎಸ್.ಸಿ. ಮೂಲಕ ಪ್ರಮಾಣೀಕರಣ ಕಾರ್ಯಕ್ರಮ ನಡೆಸಬೇಕು ಮತ್ತು ಎಕೊಇಂಡಿಯಾ ಡಿವಿಷನ್ ತರಬೇತಿ ಪ್ರಾಜೆಕ್ಟ್ ಫಾರಂಗಳನ್ನು ಹಾಗೂ ಆರ್ಟಿಎಸ್ (ಎವಿಬಿಬಿಬಿ) ನಂತರ ಸಂಸ್ಥೆಗಳ ಜೊತೆಯಲ್ಲಿ ಈ ಉಪಕ್ರಮಕ್ಕೆ ವೇಗ ನೀಡಬೇಕು ಎಂದರು.

HEALTH

Karnataka Government Launches Landmark Initiative to Eliminate Cervical Cancer

👤 Sujata 🕒 October 5, 2024

Sharing is caring!



The Government of Karnataka's **Ministry of Health & Family Welfare**, in partnership with the Karnataka chapter of ECHO India, OBGYNs, and several non-governmental organizations, has officially launched '**Accelerating Cervical Cancer Elimination – CCE: The Karnataka Movement**'. This initiative aims to significantly reduce cervical cancer incidence through vaccination,

[Home Health](#) 'Udta Tripura' — HIV cases are soaring in hill state, with youth...

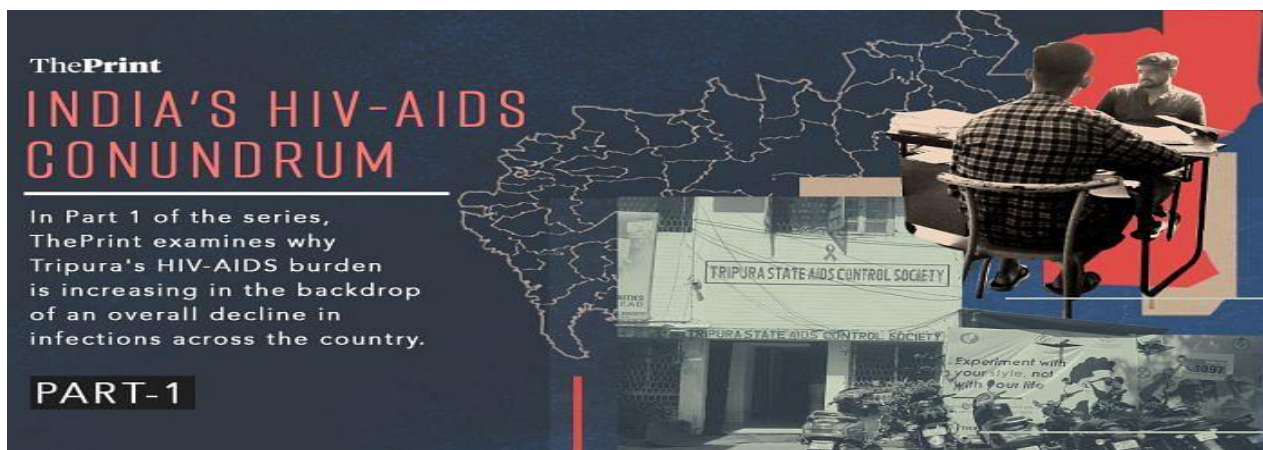
[HealthThe FinePrint](#)

'Udta Tripura' — HIV cases are soaring in hill state, with youth under 30 worst hit

In Part 1 of series on India's emerging HIV-AIDS hotspots & AIDS control programme, ThePrint looks at Tripura, which saw highest rise in rate of annual new HIV cases between 2010 & 2023.

[Sumi Sukanya Dutta](#)

25 July, 2024 03:02 pm IST



'If pattern continues, Tripura will leave Manipur far behind'

For a long time, India has been applauded for successfully curbing HIV/AIDS — which threatened to create public health havoc in the 1990s — primarily through the inclusion of free ART in the National AIDS Control Programme (NACP), as well as widespread public awareness campaigns.

But India still had 25.44 lakh PLHIVs in 2023. This is among the highest numbers globally, higher than the numbers in some African countries worst affected by the disease.

According to experts and authorities, the rise of the disease in some states, such as Tripura, among a few others, threatens to rock the country's status on the HIV/AIDS front.

Tripura is one of five states that have seen an increase in annual new infections between 2010 and 2023. Besides Punjab, the others are Arunachal Pradesh, Assam, and Meghalaya in the North East.

In Tripura, the adult HIV prevalence grew from 0.05 percent in 2010 to 0.37 percent in 2023, among the highest in the country. AIDS-related deaths grew from 0.32 per lakh population to 1.08 during this period.

Illustrated by Wasif Khan | ThePrint

The concerning rise of the epidemic in Tripura comes in the backdrop of the widely prevalent abuse of injectable drugs and subsequent health consequences in the neighbouring states of Mizoram, Manipur, Arunachal Pradesh, and Nagaland.

But, while the epidemic appears to be declining in the neighbouring states, including Manipur and Mizoram, the two northeastern states known for HIV infections among the young, the situation is becoming gloomier by the day for Tripura.

“The trend of rising HIV infections (in the state) is indeed worrying,” Dr Samarpita Datta, project director of the Tripura State AIDS Control Society (TSACS), told ThePrint.

“What’s even more concerning is those aged 15-24 years getting increasingly infected. This changes the course of their lives, and for a tiny state like ours, it means a huge burden on the resources because they would need lifelong ART therapies,” she added.

Nearly 70-80 percent of the new infections are detected in those under 30 years of age, Datta added.

While the prevalence of PLHIV in Tripura is still far lesser than in Mizoram, which, at 2.73 percent, has the highest PLHIV prevalence in the country, the trend, according to experts, seems to be reversing.

“If the pattern continues, Tripura will leave Mizoram far behind in just a few years,” said Gilada.

According to TSACS figures, the state registered 828 students as HIV-positive between 2007 and 2022, and 47 of them succumbed to the illness. However, the number of IDUs, who have HIV, could be far higher because not all IDUs, even if young, are enrolled in schools or colleges.

Additionally, the major worry for the state is that the infection will not stay limited only to IDUs. The virus is known to spread quickly between sexual partners during unprotected sexual intercourse and from infected pregnant women to unborn babies as well.

Dr Glory Alexander, a Bengaluru-based AIDS specialist, said that the scenario in NE states, mainly Tripura, is “extremely worrying”.

“The central and state governments need to take the issue seriously and tackle the crisis immediately. India has a robust curative programme for HIV/AIDS, but the NACP, in these states, should step up efforts to stop the new infections,” she said.

Tripura is the third smallest state in India by geography. Its population — 37 lakhs, according to the 2011 census — is among the lowest for an Indian state.

“As such, the threat of HIV infection rising quickly within the general population is high,” said Alexander.

This threat has been acknowledged even in the government echelons.

“In Tripura, annual new HIV infections in 2022 increased by 300 percent times vis-à-vis 2010. Similarly, in Arunachal Pradesh, annual new infections increased by roughly 200 percent, in Meghalaya by 150 percent, and in Assam by 75 percent. The level and trend of HIV prevalence and incidence in the northeastern states is alarming,” said [NACO’s 2023 Sankalak report](#) on the national status of AIDS.

The Print reached V Hekali Zhimomi, director general, NACO, over phone and emails for comment on the growing HIV crisis in the state. This report will be updated if and when a response is received.

देशोन्नती

किशोरवयीन स्वास्थ्य शिक्षण 'कार्यशाळा'



देशोन्नती वृत्तसंकलन

अमरावती : आशा फाऊंडेशन बेंगलोरतर्फे जिल्यातील शिक्षक व विद्यार्थ्यांचे सक्षमीकरण शिबिराचे तीन दिवसीय आयोजन करण्यात आले होते. ज्याचा उद्देश किशोरवयीन आरोग्य शिक्षणावर शिक्षकांना शिक्षित करणे हा आहे. आशा फाऊंडेशन गेल्या २४ वर्षांपासून या क्षेत्रात सक्रिय सहभाग घेत आहे.

कार्यशाळेचे नेतृत्व संस्थापक संचालक डॉ. ग्लोरी अलेक्झांडर, सुश्री बेथेसा

जेकब, श्रीमती भारती मोझेस, श्रीमती तारिणी विल्सन, बैजू सेबॅस्टियन, श्रीमती माया सिंग, श्रीमती वृषाली गावंडे, आणि कु. नीना अमृता या मास्टर ट्रेनरद्वारे प्रशिक्षण देण्यात आले. कार्यशाळेचा मुख्य उद्देश चारित्र्य विकास, जीवन कौशल्ये, बाल सुरक्षा, भावनिक आणि सामाजिक विकास आणि हेपैलू प्रभावीपणे कसे हाताळायचे आणि विकसित कसे करायचे, यावर होते. कार्यक्रमाचे आयोजनासाठी मनीषा भडंग, नीतू गावंडे, डॉ. कुमरे, जया परमार, उषा लवलेकर या

शिक्षण विभागातील अधिकाऱ्यांचा सहभाग मिळाला. याव्यतिरिक्त प्रकल्प अधिकारी आणि कार्यशाळेत स्वतःचे महत्त्व, मैत्री, मोह, सोशल मीडियाचा प्रभाव, मानसिक आरोग्य, गुंडगिरी, आत्महत्या प्रतिबंध, दारू आणि मादक पदार्थांचे सेवन आणि पोर्नोग्राफी, बालसुरक्षा यासारख्या विषयांवर चर्चा झाली. कार्यशाळेत शिक्षकां साठी अभ्यास साहित्य वितरीत करण्याव्यतिरिक्त, वर्गात विद्यार्थ्यांच्या संवेदनशील समस्यांचे मार्गदर्शन करण्यात आले.



State News

Teachers' training workshop held

January 31, 2025



AALO, 30 Jan: The SFS College here in West Siang district organised a three-day training workshop for teachers of private and government schools of West Siang and neighbouring districts from 27-29 January.

The workshop was the outcome of a collaboration among SFS College, the district education department, and Bangalore-based Asha Foundation. Six trainers from Bangalore and Pune, belonging to the Asha Foundation, guided the participating teachers from 35 schools.

The workshop was inaugurated by DIGP Tumme Amo on 27 January. In his address, Amo emphasised the critical role of teachers in shaping the future of the society, and urged them to adopt innovative teaching techniques to meet the changing needs of students in a dynamic world.

The training sessions covered a broad spectrum of topics, including innovative teaching methodologies, effective classroom management, technology integration in education, strategies for creating engaging and impactful learning experiences, team-building, communication skills, social media and mental health, etc. The programme focused on empowering the teachers to embrace modern practices that make education more effective and enjoyable for students.

The sessions were conducted by members of the Asha Foundation, including Asha Foundation director Dr Glory Alexander, Dr Biju Sabastain, Tarini Willison, Maya Singh, Juanita John, and Nina Amrita. Their expertise and insights greatly contributed to the success of the training, equipping the teachers with valuable knowledge and practical strategies.

A total of 133 participants from 35 schools across six districts – Siang, West Siang, East Siang, Shi-Yomi, Upper Siang, and Leparada – attended the workshop. (DIPRO)

ASHA FOUNDATION

[#42, 4th Main SBM Colony, Anand Nagar, Bangalore - 560024]

CONSOLIDATED BALANCE SHEET AS AT 31 MARCH 2025

Particulars	Schedule	31-Mar-25	31-Mar-24
I. LIABILITIES:			
1. Local Funds	2	1,51,04,584	1,16,26,614
2. Foreign Funds	3	98,94,311	1,07,96,042
3. Provisions & Current Liabilities	4	1,35,986	2,18,712
TOTAL		2,51,34,880	2,26,41,367
II. ASSETS:			
1. Fixed Assets	5	10,20,135	11,88,503
Less: Depreciation		1,73,923	2,14,782
Net Block		8,46,211	9,73,722
2. Current Assets:			
Cash & Bank Balances	6	2,21,17,220	2,08,15,718
Other Current Assets	7	21,71,448	8,51,928
		2,42,88,668	2,16,67,646
Summary of Significant accounting policies	1		
TOTAL		2,51,34,880	2,26,41,367

for ASHA Foundation



Dr. Glory Alexander
Trustee



Dr. Alexander Thomas
Trustee



Place: Bangalore
Date: 11.09.2025

For Singhvi Dev & Unni LLP
Chartered Accountants
FRN : S200358

Shashi Kumar
Partner

M No : 235431*

UDIN : 25235431BMAAW3188



Place: Bangalore
Date: 11.09.2025

ASHA FOUNDATION
 [#42, 4th Main SBM Colony, Anand Nagar, Bangalore - 560024]
CONSOLIDATED INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDING 31 March 2025

PARTICULARS	SCHEDULE	31-Mar-25	31-Mar-24
I. INCOME:			
1. Receipts During the Year			
Foreign Contributions Received		96,22,574	58,88,710
Local Contributions Received		93,95,858	75,98,162
		1,90,18,432	1,34,86,872
2. Other Income			
Savings Bank Interest		85,292	75,089
Fixed Deposit Interest		13,12,823	10,84,454
Interest on Income tax		5,114	-
Miscellaneous Income		582	-
Other Income		6,04,738	-
		20,08,549	11,59,543
TOTAL INCOME		2,10,26,981	1,46,46,415
II. EXPENDITURE:			
1. Local Project Expenses			
RESEARCH PROJECT EXPENSES - RECOGNISED AS SIRO-DSIR, DEPT OF DST, GOVT OF INDIA:			
a) Research Project Expenses - PMTCT	8	14,99,017	9,65,657
b) Research Project Expenses - AHE & TC	9	6,87,449	26,77,878
Other Health Project:			
c) OWC Project Expenses	10	1,39,496	1,88,826
d) CAR Project Expenses	11	38,79,232	29,21,919
e) CAR - Wipro Cares	12	2,64,481	10,63,000
f) General Local Expenses	13	2,74,151	85,000
g) Krishna Medicine Expenses	14	3,83,532	4,25,878
		71,27,357	83,28,157
2. FC Project Expenses			
RESEARCH PROJECT EXPENSES - RECOGNISED AS SIRO-DSIR, DEPT OF DST, GOVT OF INDIA:			
a) PMTCT Research Project Expenses	15	14,38,972	15,41,166
b) Research Project Expenses - AHE	16	27,72,229	-
Other Health Project:			
c) CAR Project Expenses	17	11,59,839	5,18,054
d) General Project Expenses	18	57,78,412	40,03,107
		1,11,49,452	60,62,326
Depreciation		1,73,923	2,14,782
TOTAL EXPENDITURE		1,84,50,733	1,46,05,265
Excess of Income/(Expenditure) transferred to Balance Sheet		25,76,249	41,150

for ASHA Foundation

Glory Alexander

Dr. Glory Alexander
Trustee

Alexander Thomas

Dr. Alexander Thomas
Trustee

For Singhvi Dev & Unni LLP

Chartered Accountants

ARN : S200358

Shashi Kumar

Partner

M No : 235431

UDIN :

25235431BMAAW3188

Place: Bangalore

Date: 11.09.2025



Place: Bangalore

Date: 11.09.2025

ASHA FOUNDATION
[#42, 4th Main SBM Colony, Anand Nagar, Bangalore - 560024]

CONSOLIDATED RECEIPTS AND PAYMENTS ACCOUNT FOR THE PERIOD FROM 01.04.2023 TO 31.03.2025

PARTICULARS	SCHEDULE	LC	FC	31-Mar-25	31-Mar-24
I. RECEIPTS:					
1. Opening Balances					
Cash and Bank Balances		9,93,269	8,88,171	18,81,441	16,03,400
Fixed Deposits		1,02,96,848	86,37,429	1,89,34,277	1,88,61,050
TDS Receivable		2,06,356	3,25,138	5,31,494	2,86,394
PNB Fastag		5,132	-	5,132	-
Deposits		600	3,07,500	3,08,100	4,46,570
		1,15,02,205	1,01,58,238	2,16,60,444	2,11,97,414
2. Receipts During the Year					
Donation - Indo US MIM TEC (P) LTD		60,00,000	-	60,00,000	60,00,000
Grant received from Wipro Cares		2,61,000	-	2,61,000	10,63,000
Serious Fun Network		-	29,49,227	29,49,227	-
Donation & Contribution Others		28,82,704	-	28,82,704	3,97,266
Overseas Women Foundation		2,52,154	-	2,52,154	1,37,896
Grant from International AIDS Society		-	8,82,063	8,82,063	31,58,239
Grant from Molly Kurian Foundation		-	55,74,927	55,74,927	20,73,345
Grant from Online Global		-	24,357	24,357	-
Grant from Goodnews Trust - Scotland		-	-	-	3,11,100
Grant from M/s UK Online Giving		-	-	-	1,04,326
Stichting Kettingreactie		-	1,92,000	1,92,000	2,41,700
		93,95,858	96,22,574	1,90,18,432	1,34,86,872
3. Other Income					
Savings Bank Interest		59,244	53,889	1,13,133	75,089
Fixed Deposit Interest		7,12,138	6,00,685	13,12,823	10,84,454
Interest on Income Tax Refund		2,942	2,172	5,114	-
Other income		6,04,728	-	-	-
Miscellaneous Income		582	-	582	-
		13,79,634	6,56,746	20,36,380	11,59,544
TOTAL RECEIPTS		2,22,77,698	2,04,37,558	4,27,15,256	3,58,43,830
II. PAYMENTS:					
1. Local Project Expenses					
II. RESEARCH PROJECT EXPENSES - RECOGNISED AS SIRO-DSIR, DEPT OF DST, GOVT OF INDIA:					
a) Research Project Expenses - PMTCT	8	14,87,217	-	14,87,217	9,65,657
b) Research Project Expenses - AHE & TC	9	6,80,487	-	6,80,487	26,77,878
Other Health Project:					
a) OWC Project Expenses	10	1,39,496	-	1,39,496	1,88,826
b) CAR Project Expenses	11	45,20,350	-	45,20,350	22,37,611
c) CAR - Wipro Cares	12	2,64,481	-	2,64,481	10,63,000
d) General Local Expenses	13	2,44,399	-	2,44,399	85,000
e) Krishna Medicine Expenses	14	3,83,532	-	3,83,532	4,25,878
Purchase of Fixed Assets		-	-	-	11,652
		77,19,961	-	77,19,961	76,55,502
2. FC Project Expenses					
II. RESEARCH PROJECT EXPENSES - RECOGNISED AS SIRO-DSIR, DEPT OF DST, GOVT OF INDIA:					
1. PMTCT Project Expenses	15	-	14,30,186	14,30,186	15,41,166
2. Research Project Expenses - AHE	16	-	27,72,229	27,72,229	-
Other Health Project:					
3. General Project Expenses	18	-	72,06,902	72,06,902	37,63,308
4. CAR Project Expenses	17	-	4,54,483	4,54,483	12,23,410
5. IAS Expenses	19	-	-	-	-
6. Krishna Project Expenses	18	-	(860)	(860)	-
7. Purchase of Fixed Assets	4	-	46,413	46,413	-
		-	1,19,09,354	1,19,09,354	65,27,884
3. Closing Balances					
Cash and Bank Balances	5	18,78,248	19,87,385	38,65,633	18,81,441
Fixed Deposits	5	1,23,31,853	59,19,734	1,82,51,587	1,89,34,277
Deposits	6	600	3,07,500	3,08,100	3,08,100
PNB Fastag		445	-	445	5,132
Asha Local receivable		-	27,841	-	-
Advances		1,62,240	-	-	-
TDS Receivable	6	1,84,350	2,85,744	4,70,094	5,31,494
Notes to Accounts	7	1,45,57,736	85,28,204	2,30,85,940	2,16,60,444
TOTAL PAYMENTS		2,22,77,698	2,04,37,558	4,27,15,256	3,58,43,830

for ASHA Foundation

Dr. Glory Alexander
Trustee

Dr. Alexander Thomas
Trustee

Place: Bangalore

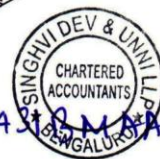
Date: 11.09.2025

For Singhvi Dev & Unni LLP
Chartered Accountants
FRN : S200358

Shashi Kumar HD
Partner
M No : 235431
UDIN : 25235431

Place: Bangalore

Date: 11.09.2025



**OFFICE ADDRESS:
ASHA FOUNDATION
NO.42, 4TH MAIN, S.B.M COLONY, ANANDANAGAR,
BANGALORE- 560024**



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WEBSITE: WWW.ASHAF.ORG**

**PLEASE NOTE: ALL DONATIONS TO ASHA FOUNDATION
ARE EXEMPT U/S 80G OF IT. ACT VIDE ORDER NO.
AAATA3993DF20214 VALID FROM 22-23 TO AY2026-27**

**DONATIONS TO ASHA FOUNDATION CAN BE MADE BY
USING THE ONLINE PAYMENT PORTAL AT ASHA
FOUNDATION WEBSITE: WWW.ASHAF.ORG
DONATIONS CAN ALSO BE MADE THROUGH CHEQUE
OR DD IN FAVOUR OF ASHA FOUNDATION AND SENT
TO THE ABOVE MENTIONED ADDRESS**

