



# **ASHA Foundation Bangalore**

**ANNUAL REPORT  
2017-2018**





# ASHA FOUNDATION BANGALORE



## ANNUAL REPORT 2017-2018



## ASHA Foundation

**Mailing Address:** No.42, 4<sup>th</sup> Main, SBM Colony,  
Anand Nagar,  
Bangalore –560024  
Karnataka

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**Email:** ashafblr@yahoo.co.in

**Website:** www.ashaf.org

**Contact person:** Dr. Glory Alexander

### **Statutory requirements and registrations:**

- ❖ Registered on 07.03.1998 as a Charitable Trust in Shivaji Nagar, Registrar's office, Bangalore.  
Registration number- 849/97-98
- ❖ Amended trust deed document No.- 899/04-05
- ❖ Certificate under 12(A) of IT Act 1961 obtained on 01.05.1998 and No. is -  
Trust/718/10A/Vol.A.I/A.772/98-99/CIT-II
- ❖ Recognized U/S 80 G of IT Act 1961 latest recognition is from 1.4.2010 onwards.
- ❖ PAN No. is available. TAN No. is available.
- ❖ Registered under FCRA. FCRA No. is available.
- ❖ Recognition as Scientific and Industrial Research Organization under DSIR, GoI from April 2017 to March 2020
- ❖ Accredited as member of Credibility Alliance for minimum norms for five years from 2014 to 2019. Accrd. No- CA/02/2014
- ❖ Registered with Regional provident Fund Commissioner-KN/41859
- ❖ Bankers Name- Punjab National Bank, Anand Nagar, Bangalore-560024

**Vision:**

Our vision is to prevent HIV infection in the community and to empower and uplift people infected and affected by HIV/AIDS and other vulnerable communities

**Mission:**

- ❖ To build the capacity of vulnerable communities and to advocate for them.
- ❖ To provide awareness, prevention, education, training and to network effectively with all stakeholders.
- ❖ To provide counseling, testing, treatment, support and rehabilitation to people infected and affected by HIV/AIDS and vulnerable communities.
- ❖ To conduct research in all aspects of our work.
- ❖ To empower the communities that we work with.

**Aims:**

1. To build awareness of HIV/AIDS infection in the community.
2. To provide HIV testing in a non-coercive and non-stigmatized environment both voluntary and anonymous.
3. To train counselors in HIV/AIDS.
4. To provide counseling to HIV patients, their families and the community.
5. To provide a character based comprehensive Adolescent Health Education curriculum in schools.
6. To provide personalized, quality, medical care and palliative care to patients with HIV/AIDS irrespective of their ability to afford treatment.
7. To interact with other institutions of learning and constantly update our knowledge of the illness and to incorporate new teachings into our treatment and care of patients.
8. To network with other voluntary, statue, central and other institutions including Non-Governmental Organizations to provide wide ranging care effectively
9. To rehabilitate HIV / AIDS patients and families.
10. To conduct and help research in HIV / AIDS
11. To provide specialized training for Doctors, Nurses and allied Health professionals in the field of HIV / AIDS.
12. To make a difference in the lives of patients living and dying with AIDS.

### Board of Trustees of ASHA Foundation

Sl. No	Name	Qualification	Occupation	Address
1.	Mr. George Ninan Member	M.A	Consultant	1407, Hennur main Road Bangalore 560084
2.	Mr. Vijay Chandy Member	B. Sc, PGDIR&W(XLRI)	Management Consultant	No.218. 3 <sup>rd</sup> Main, Laughing Waters, Varathur Marin Road, Ramagondanahalli, White Field, Bangalore -560006
3.	Dr.Paul Salins Member	MD, FDSRCS,PGD (pall.care)	Medical Director & Vice President Narayana Hrudalaya and mazundar Shaw Cancer Center	No. 258/A Bommasandra Industrial Area, Hosur Road Anekal Taluk Bangalore-560099
4.	Dr. Sajan George		National Vice President SC/ST and Minorities Employees Federation	C001 Gina Ronville Apts K. Narayanapura Cross Kothanur Post Bangalore-560077
5.	Dr. Alexander Thomas Member	D.Orth, MS Orth, M.Phil (HHSM) PGDML&E	Executive Director- AHPI Consultant, World Bank	AHPI Office No.27. First Floor GVR Plaza, Bellary Road Bangalore 560024
6.	Dr. Glory Alexander Member	MBBS,MD	Director, ASHA Foundation	No.42,4 <sup>th</sup> main SBM Colony Anand Nagar,Hebbal Bangalore-560024

None of the Board members of ASHA Foundation received any remuneration or reimbursement during the year. Dr. Glory Alexander in her capacity as Project Director of the PMTCT project, and HIV/AIDS physician received remuneration during the year.

**This report is for the period April 2017 to March 2018. The following projects were continued during the financial year:**

1. The HIV/AIDS counseling services including the AIDS Helpline and Telephone Counseling service.
2. Adolescent Sexual Health Education Project named Anmol Ashayein.
3. The KNH-CAR Project- Children at risk project.
4. The KNH-PMTCT Project - Prevention of Mother to Child Transmission of HIV project.
5. Camp Rainbow Project.
6. Research projects- Research is integrated into every project and maybe scientific, operational, or social sciences research.

## **1. The AIDS Helpline and Telephone Counseling service and integrated counseling and testing service**

### **Introduction:**

HIV/AIDS helpline service and integrated counseling and testing service is one of the projects of ASHA Foundation which focuses on providing counseling to HIV patients, their families and their community. There are two manual helpline which functions on 5 days of the week from 9.00 am to 5.00 pm. It also aims at enhancing adherence to treatment and, to improve their quality of life. In addition to telephone counseling, face to face counseling is also available. ASHA Foundation is located in the urban district of Bangalore. ASHA Foundation introduced the manual telephone counseling line for HIV/AIDS in the year 2000. The project has completed 18 years.

### **Goal:**

- (i) To build awareness on HIV/AIDS infection in the community.
- (ii) To provide HIV testing in a non-coercive and non-stigmatized environment both voluntary and anonymous.
- (iii) To provide counseling to HIV patients, their families and the community.
- (iv) To provide personalized, quality, medical care to patients with HIV/AIDS irrespective of their ability to afford treatment.
- (v) To train counselors in HIV/AIDS as and when required.

Presently the **activities** under this project are:

1. Telephone counseling
2. Face to Face counseling which includes the following:
  - Pre test counseling
  - Post test counseling for negative and positive persons
  - Supportive counseling
  - Family counseling
  - Counseling for ART and adherence
  - Counseling for PMTCT
  - Counseling for regular follow up/ irregularity/lost to follow up
3. Response to E mail queries
4. Awareness programs
5. Training
6. Research

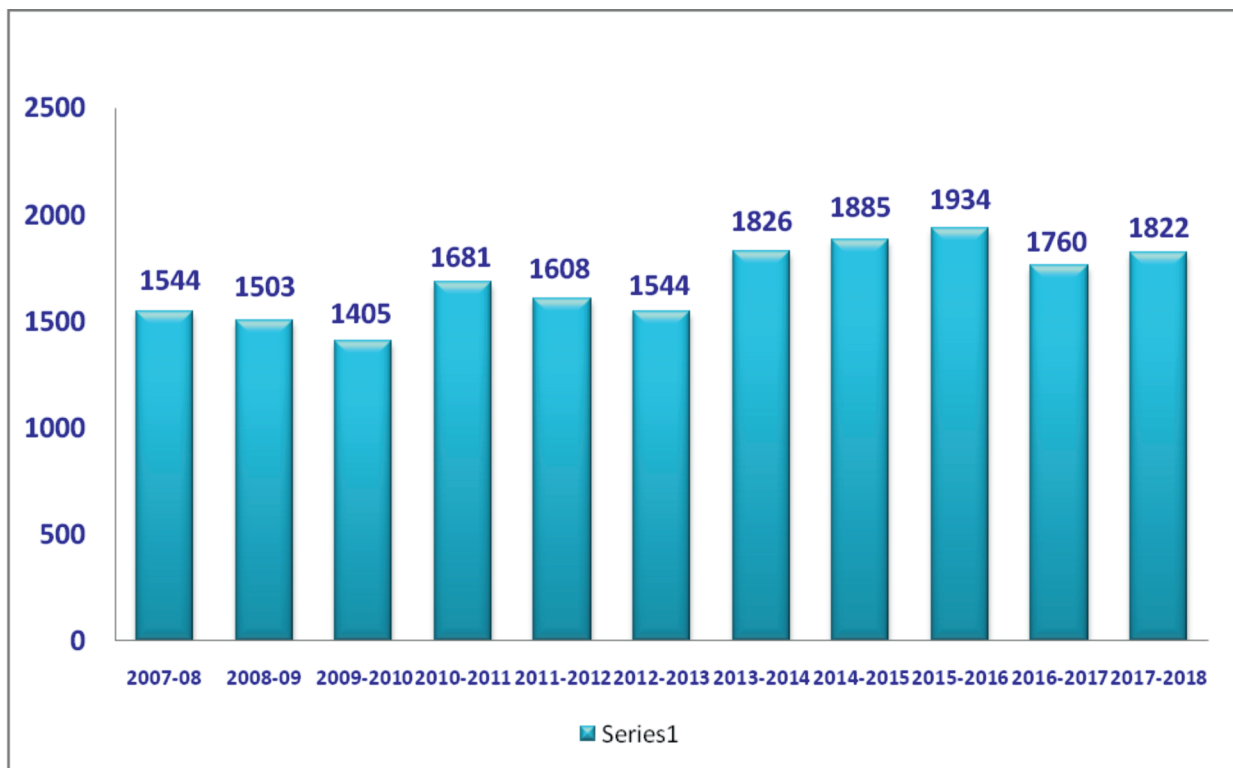
**Target:**

- (i) To increase number of counseling sessions for adult and children by 5%
- (ii) To conduct 3 HIV/AIDS awareness session per year
- (iii) To increase the number of telephone calls by 5%
- (iv) To increase our publicity through advertisements in newspapers & poster
- (v) To increase number of email queries

ITEM	No. of Calls
Number of calls received on 23542222 & 23543333 from April 2017-March 2018	1822 (increase by 3.5.%)
Cumulative total since 2000	25862



## Graphical representation of calls received on telephone helpline



## E-mail Queries:

Year	Number of queries
April 2017-March 2018	181 (Increase by 43.6%)
<b>Cumulative total since 2008</b>	<b>897</b>

## Publicity

Type of publicity	April 2017-March 2018
Newspaper advertisement	15
Number of calls from Newspaper	62
Number of calls from Poster	14
<b>Cumulative total of Newspaper advertisement (since March 2010)</b>	<b>597</b>

## Counseling Details

Type of counseling	April 2017-March 2018
Pre test counseling	98
Adherence counseling	87
Follow-up counseling	62
Family counseling	19
People refd. to Ramu	0
People refd. to other services	0
<b>Total counseling sessions</b>	<b>267</b>
No. of HIV tests done	78 (1) people not tested in wp
	( 17 ) people came for information
No. of HIV tests Positive	29
No of HIV tests negative	49
<b>Cumulative counseling sessions from 1998 to March 2018</b>	<b>8309</b>

## Awareness Programs Conducted By ASHA Foundation

Sl #	Date	Topic	For whom	Venue	No. of participants	Conducted by	Timings
1	08.01.2018	HIV/AIDS Awareness session	Street vendor & Construction workers	Naganahalli	63	Priyanka. M & Supriya	12.00 pm to 01.40 pm
2	17.03.2018	HIV/AIDS Awareness session	Housewives & Street vendors	Yeswantpur	30	Priyanka. M & Supriya	05.00 pm to 06.30 pm

## **2. Adolescent Health Education**

### **The Project**

The target group for the Adolescent Health Education program is the preadolescents and adolescents. It also includes young people who are out of school.

The goal of the project is to empower the adolescents face the challenges of their day. This program addresses issues related not only to HIV / AIDS but other challenges like drug abuse, smoking, and alcoholism. The strategy to address these issues is to look at it from the perspective of *Social and Emotional learning* as a Public Health Approach to Education. More details about this approach to public Health can be found in (*Social and Emotional Learning as a Public Health Approach to Education* VOL. 27 / NO. 1 / SPRING 2017 15).

### **Significance of the project**

Anmol Ashayein focuses on the emotional and social learning as character and life skills. Both these aspects are the developmental needs of the child that are currently ignored by schools. It involves the following competencies:

- The child needs to be competent in managing himself or herself. It needs skills and attitudes that help regulate emotions and behaviors.
- The child needs to be competent in social awareness which involves the ability to take the perspective of people with different backgrounds or from different cultures.
- The child needs to be competent in relationship skills to behave in accordance with social norms.
- The child needs to be competent to make responsible decisions, and have the right attitudes to make constructive choices about personal behavior and social interactions.

### **How it works**

Teachers and volunteers are trained by master trainers from ASHA Foundation. After completing the three day's workshop, these teachers and volunteers then teach the program called Anmol Ashayein in schools, colleges and other institutions. Initiated by the schools and colleges parents also have the scope to get involved by taking the values further in their homes and communities.

The program is then taught in the value education class. The implementation of the program is in various ways. Sometimes in classes seven to nine the Anmol Ashayein program resource is the only book used whereas in other situations the program is integrated into the already existing value education curriculum. In this case class five to 10 do the Anmol Ashayein program. Some even teach the curriculum as an annual event over a period of three to four days.

## The project in the year 2017 to 2018

The target for the year was to reach out to ten thousand children.

The activities carried out to achieve the above goals were:

### Prevention Education Program

#### I. Teachers' Training Workshop

Sl. No.	Dates	The workshop	The venue	No. of Institutions	No. of participants
1	22-04-17 to 24-04-17	Vth Mumbai Teachers'' Training Workshop, Vispute College of Education, Panvel, Mumbai	Vispute College of Education, Panvel, Mumbai	17 schools and 9 colleges	47
2	25-05-17 to 27-05-17	55th Teachers'' Training Workshop, Bangalore	Sacred Heart Boys'' School, Richmond Road, Bangalore.	1	47
3	10-10-17 to 12-10-17	X th Pune Teachers'' Training Workshop	Abhinav Institutions, Pune	15 Schools & 6 colleges	54
4	24-02-18 To 26-02-18	VI th Mumbai Teachers'' Training Workshop	Gokhale High School, Khargar, Navi Mumbai	16 schools and 2 colleges	62

#### II. Details of Schools, Colleges and Other Institutions doing the program in the year 2017 to 2018.

Other Institutions refers to institutions that care for children who are out of school and faith based institutions.

Sl. No.	Region	Total Schools	Total Colleges	Total Other Institutions	Total in 2017 - 2018
1	Andaman & Nicobar Islands	6			6
2	Karnataka	41	6	6	53
3	Mumbai	85	9		94
4	Pune	156	5		161
5	Nagpur	1			1
6	Tamilnadu	1			1
	<b>Total</b>	<b>290</b>	<b>20</b>	<b>6</b>	<b>316</b>

**Total Numbers in the Adolescent Health Education Project**

	<b>Up to 2015-2016</b>	<b>2016-2017</b>	<b>2017 - 2018</b>	<b>Total</b>
<b>Teachers Training Workshops</b>	57	2	<b>4</b>	63
<b>Teachers trained</b>	2824	82	<b>210</b>	3116
<b>Schools/ Institutions sending teachers for training</b>	*60 (Only in the current year)	Karnataka 13* (Only in the current year)	Karnataka 1 Mumbai 44 Pune 21 (Only in the current year) <b>Total 66</b>	66
<b>Students doing the program</b>	This number cannot be totaled since the number who join the program and those who leave the program changes according to the class the student is in	Andhra 482 Andaman & Nicobar 241 Karnataka 18,916 Mumbai 5328 Pune 19,828 Nagpur 60 Tamil Nadu 466 Kerala 150	Andaman & Nicobar 249 Karnataka 14994 Mumbai 7159 Pune 23464 Nagpur 60 Tamil Nadu 174	Students doing the program in 2017 – 2018
	<b>Total 41532 (Only in the current year)</b>	<b>Total 45,471 (Only in the current year)</b>	<b>Total 46,100 (Only in the current year)</b>	<b>46,100</b>

### Pune 2017 - 2018

<b>A.</b>	<b>Name of the School</b>	<b>No. of students 2017-2018</b>
1	Abhinav Education Society, Eng. Med. C.B.S.E.	220
2	Abhinav School Ambegoan, State Board	380
3	Abhinav School Narhe, State Board	96
4	Abhinav C.B.S.E. School, Narhe	120
5	Abhinav School, Katruj	128
6	AES Horizon Eng. Med. School, Narhe	60
7	Ajinkya Institute	41
8	Ajinkya State Board School, Narhe	104
9	Amanora High School	102
10	Ashram Sala Primary School	48
11	Anjali English Medium School	125
12	Baburaoji Gholap Vidyalaya, Sanghvi	154
13	BJS English School Wagholi	84
14	BJS Primary School Wagholi	75
15	Blossom Eng. Med. School	83
16	Blossom School Vishrantwadi	67
17	City International School	120
18	Crescent English Medium School	69
19	Cyrus Poonawala School	120
20	Dastur Co Ed School Camp	102
21	Digvijay Eng. Med. School, Dhankawadi, 43	82
22	Dyandeep English Medium School	154
23	Don Bosco School and Junior College	128
24	Dr. Mrs. Erin Nagarwala Day School	132
25	Dr. Mrs. Erin Nagarwala Residential School	175
26	Enamdar English School	46
27	Eon Gyanankur English Medium School	186
28	Friend's English School, Poolgaon	87
29	GK Mandal's Choksey High School	79

30	Holy Angels Convent High School	274
31	Indian Education Society, Vadgaonsheri	154
32	Indira Gandhi School	78
33	Jai Hind School Pimpri	143
34	Jai Hind Primary School	235
35	JD Academy School Swargate	143
36	Jovan Vikas Mandir	84
37	JSPM English Medium School	137
38	J.S. Tyagi Memorial School	88
39	Jyotirmay International School	102
40	KVG BRD School, Chandan Nagar	134
41	KV Southern Command	152
42	Lexicon International School	176
43	Little Flower English School	143
44	Little Star School Kharadi	142
45	Londkar High School Mundwa	145
46	Lonkar Mahavidyalaya, Mundwa	201
47	Lonkar Vidyalaya	206
48	Lotus Eng. Med. School, Balaji Nagar	82
49	Mahatma Gandhi Vidyalaya, Khanur	136
50	Maher Education Society	56
51	Mar - Ivinous Convent School	58
52	Mother Theresa School, Vadgaonsheri	187
53	Mount St. Patrick	142
54	National Children's Academy	159
55	NCA School, Vishrantwadi	175
56	New English Medium School, Chakan	148
57	New English Medium School, Hadapsar	88
58	New Life School, Swargate	136
59	Nirmala Convent School Kharadi	201
60	Orbi International School Mundwa	167
61	Oscar High School	72
62	Pandit Nehru Vidya Mandir, Kamshet	154

63	Pawar International School Magarpatta	148
64	Pawar Public School Magarpatta	103
65	PDEA School Budruk	88
66	PDEA School, Ane	120
67	PDEA's School, Akruti	197
68	PDEA School , Aund	143
69	PDEA School Daund	203
70	PDEA School Dehu Road	75
71	PDEA English Med. School Bori Bk	137
72	PDEA English Med. School Dalaj	142
73	PDEA English Med. School Inamgaon	176
74	PDEA School Kalas	287
75	PDEA School Khadki	276
76	PDEA School Kamshet	148
77	PDEA School Kati	130
78	PDEA School Kolvan	367
79	PDEA School Lohegoan	436
80	PDEA School Mandki	276
81	PDEA School Moshi	78
82	PDEA School Nangaon	265
83	PDEA School Nhavare	330
84	PDEA School Nhavi	143
85	PDEA School Nimkotakee	106
86	PDEA School Ozar	154
87	PDEA English Med. School Padvi	145
88	PDEA English Med. School Pargaon	162
89	PDEA School Pirunget	265
90	PDEA School Sangvi	108
91	PDEA School Savindane	135
92	PDEA School Shirol	98
93	PDEA School Shiroli Bk	154
94	PDEA School Shivane	206
95	PDEA School Supe	117



96	PDEA School Umbraj,	165
97	PDEA School Uraigaon	135
98	PDEA School Velha	215
99	PDEA School Wanewadi	243
100	PDEA School Yenere	154
101	PDEA's English Medium Primary School	173
102	PDEA's English Medium School	134
103	PDEA's Institute of Diploma in Education	49
104	Phoenix School,	53
105	Phoenix English Medium School, Kharadi	102
106	Pirunget English School, Pirunget	105
107	Poona Women's School	132
108	Pride Eng. Med. School	68
109	Prodigy Public School	154
110	Raisoni English Medium School	143
111	Republic School Keshnand	127
112	S J Vidyalaya	108
113	Sadhana English Medium School	265
114	Sadhana English Medium School,	196
115	Sangavi PDEA School	142
116	Sant Thukaram Madhyamik Vidyalaya	208
117	Sant Tukaram Vidyalaya, Lohegaon	198
118	Sant. Dnyaneshwar Kharadi	73
119	Sarathi Education Society	142
120	Sarathi English Medium School	120
121	Satav High School, Wagholi	265
122	Satya Valley School, Wadwadi	125
123	Sharad School, Katraj	102
124	Shivaji Vidyalaya, Dehuroad	202
125	Shivraj School Vadgaonsheri	106
126	Shri Mallikarjun Vidyalaya Naware	176
127	Shri Manalsakant Vidyalaya, Akruti	106
128	Shri Nagheshwar Vidyalaya, Moshi	122

129	SMMV School Mulshi	176
130	SNBP School & Junior College	204
131	SSV School, Paud	221
132	St Anne's High School Pune Camp	176
133	St. Felix High School	128
134	St Joseph School, Viman nagar	146
135	St Ornella's High School, Camp	99
136	St. A V High School	75
137	St. Arnold School Vadgaonsheri	165
138	St. Francis School, Chandan nagar	147
139	St. Joseph Convent School, Lohegaon	143
140	St. Joseph High School, Gorpady	243
141	St. Mary's School	156
142	Stella Maris School Vadgaonsheri	176
143	Subhash English Medium School	68
144	Sunderbai School Chandan nagar	165
145	T D Pathare Vidyalaya, Kharadi	265
146	Tukaram Pathare School, Kharadi	236
147	Tukaram Pathare English School	94
148	Unique Eng. Med. School, Kondwa	78
149	Utkarsh Eng. Med. School	79
150	V S Satav High School	254
151	Vatsalya Public School, Gorpady	154
152	Vidyankur, Sainikwadi, Vadgaonsheri	165
153	Vikas Pratishthan English Med. School	142
154	Wagheshwar English School	98
155	Yashwant Vidyalaya, Mandvi	102
156	Zensar English Medium School	92
	<b>Total</b>	<b>23038</b>

<b>B</b>	<b>Colleges in Pune</b>	
1	Abhinav D.Ed. College	50
2	Abhinav B.Ed. College	62
3	Christ College	132
4	Marathawada Mitra Mandal	126
5	Maher Education Society	56
	<b>Total</b>	<b>426</b>
	<b>Total in Pune (A + B)</b>	<b>23464</b>
<b>Mumbai 2017 - 2018</b>		
<b>A.</b>	<b>Name of the School</b>	<b>No of students 2017 -18</b>
1	Agrasen High School, Kamothe	52
2	APJ Public School, Khargar	64
3	APJ Public School, Khargar	45
4	APJ Public School, Khargar	59
5	Ashwini Classes	41
6	Bal Bharati Public School, Khargar	54
7	B.D.D.V Primary School, Panvel Raigad	56
8	Bhagwan English Medium School	56
9	Bharati Vidyapeetha	76
10	Christ Academy CBSE Board	172
11	Christ Academy State Board	160
12	CKT school New Panvel	34
13	DAV International School	48
14	Diamond Jubilee High School, Byculla	56
15	Don Bosco High School	62
16	D Y Patil School	62
17	Dyandeep School	62
18	Dyan Pushpa Vidya Niketan, CBD	48
19	Emmanuel English Medium School	70
20	Gokhale High School	62
21	Good Shepherd School, Nerul	242
22	Good Shepherd School, Belapur	58
23	Guru Gobind Academy	152
24	Harmani Public School	34
25	Harmony Public School ( Khargar)	75
26	Huda English School	36
27	Jspm School, Kamothe	74
28	Jspm School, Panvel	112
29	Jspm School, Khargar	64
30	Little Angel's English School	68
31	K.A. Bharthiya School	58

32	Kendriya Vidyalaya Koliwada	72
33	Kids Garden Public School, Sukapur	64
34	K.V. Kanij School	52
35	K.V. Kamy School Panvel	43
36	Late M.T. Thakur, Eng. Med. School, Pale	59
37	Little Bird School	52
38	Little Harmony School, Belapur	67
39	Mansarovar School Kamothe	42
40	Modern English School	53
41	Monami High School	36
42	Mspm School, Khargar	35
43	Mspm School, Khargar	58
44	New Model School	42
45	Navi Mumbai Mahanagar Palike, Nerul	52
46	Navi Mumbai Mahanagar Palike, Rahale	58
47	Navi Mumbai Mahanagar Palike, Koperkairane	61
48	NIMHRC	69
49	Nivedita High School	182
50	PES Central School, Belapur	59
51	Podar High School	72
52	Presentation High School	64
53	RBT Vidyalaya	70
54	Redcliff School, Belapur	69
55	RTP School, Khargar	73
56	Rajput School, Panvel	63
57	Sai Nath School	176
58	Sakharam Seth High School	54
59	Samyak Vidyalaya	60
60	SBOA Public School	52
61	Sree Ram English School	73
62	Sree Ram Vidyalaya	143
63	St. Mary's High School	75
64	Sainath School	80
65	St. Therese School	430
66	St Xavier's High School	42
67	St Xavier Public School, Khargar	42
68	St. Xavier Public School, Panvel	58
69	Sree Narayan Guru School	72
70	Shree Suvidya School, Kamothe	165
71	Sri Ravi Shankar Vidya Mandir Khargar	75
72	Sterling High School, Nerul	64
73	Sushma Patil Vidyalaya	62
74	Swami Brahmanand Prathishtan	34

75	Swami Vivekananda Vidya Mandir	43
76	Thakur English Medium School	140
77	The English High School	65
78	Tilak Public School, Nerul	56
79	Tilak Public School, Gansoli	62
80	Tungareshwar High School, Panvel	82
81	Vasudev Balvanta Palike	42
82	Veer Savarkar School	156
83	Vibgyor International School	38
84	Vibgyor International School	45
85	Yakub Baig High School	120
<b>A</b>	<b>Total (Schools)</b>	<b>6433</b>
<b>B</b>	<b>Colleges in Mumbai</b>	
1	Adarsh Junior College, Devad, New Panvel	51
2	D.D. Vispute College of Education	41
3	Jspm B.Ed college, Khargar	48
4	People's Education D.Ed College	254
5	MSPM College, Khargar	46
6	Shri Bapusaheb D.D. Vispute M.Ed College, New Panvel	16
7	Sterling Junior College, Nerul	58
8	Tilak Junior College, Nerul	82
9	Tilak Junior College, Gansoli	120
<b>B</b>	<b>Total Colleges</b>	<b>716</b>
	<b>Grand Total (A + B)</b>	<b>7159</b>

	<b>Karnataka 2017 - 2018</b>	
<b>A</b>	<b>Schools Karnataka</b>	<b>2017 - 2018</b>
1	Baldwin Co - Ed High School, R.R. Nagar, Bangalore	186
2	Baldwin Girls' High School, Bangalore	700
3	Cathedral School, Bangalore	80
4	Clarence School, Bangalore	180
5	Col Hill School, Bangalore	432
6	Ebenezer School, Bangalore	60
7	Prudence International School, Tumkur	150
8	St. Charles School, Bangalore	250
9	Tunbridge High School, Bangalore	60
10	Gnanabodhini High School, English medium, Kengeri	530
11	Gnanabodhini High School, Kannada medium Kengeri	250
12	Maria Niketan Higher Primary School, Bogadi, Mysuru	160
13	Maria Niketan High School, Bogadi, Mysuru	252
14	Angela Vidhyalaya Niketan, Bogadi Mysore	280

15	Akshara International Public School, Mandya	175
16	Bird Memorial School , Kollegal	228
17	De Paul School, Mysuru	570
18	Excel Public School, Mysuru	598
19	St. Rosellos Central School, Mysuru	302
20	St. Joseph's High School, Hunsur	700
21	St. Joseph's PU College, Hunsur	450
22	St. Joseph's High School, Koppa	131
23	Nirmala Convent Higher Primary Sc. Eng. Med. Balehennur, Chikkamagaluru	67
24	Nirmala Convent High Sc, English Med. Balehonnur, Chikkamagaluru.	243
25	Nirmala Convent Higher primary Sc. Kannada med Balehennur Chikkamagaluru	185
26	Christa Prabha Convent Higher Primary School, Jayapura, Koppa	80
27	Amrutlalji High School, Dakshin Kannada	212
28	Assisi Central School, Dakshin Kannada	104
29	St.Brigids' Higher Primary School, Sulla, DK	120
30	St. Joseph's Higher Primary School , Derlakatte	104
31	St Joseph's Primary School, Phajiru, D K	250
32	St Jude's Higher Primary School, Belthangady	120
33	St. Theresa English High School, Belthangady	80
34	St. Theresa P.U. College, Belthangady	89
35	Roshni High School, Hangal, Haveri	46
36	Roshini Social Action Center	650
37	St. Michael's High School, Shantinagar, Hubli	390
38	St. Michael's High School, Keshwapura, Hubli	390
39	St. Xavier High School, Tumerikop	223
40	Anand Ashram Convent Higher Primary School, Bhatkal	180
41	Anand Ashram Composite PU College, Bhatkal	157
	<b>Total</b>	<b>10414</b>
<b>B</b>	<b>Colleges in Karnataka</b>	
1	Peniel Community College	45
2	Bangalore Community College	50
3	Concerns India	50
4	Lowery Memorial D.Ed College	30
5	Rebekah Ann Naylor Nursing College	120
6	Vanitha Vidyalaya PU College, Belagavi	160
	<b>Total</b>	<b>455</b>

<b>C</b>	<b>Other Institutions (Karnataka)</b>	
1	Out of school Youth (Karnataka) through CCCYC workshop	175
2	Project Life - schools across Karnataka	3,000
3	Center for Social Action, Christ University, Bangalore	80
4	John Daniel's group (Christ University)	600
5	Anupam Das, (Trivandrum) (Christ University)	150
6	Seventh Day Adventist Youth Groups, Mandya	120
	<b>Total</b>	<b>4125</b>
	<b>Grand Total of A+B+C</b>	<b>14994</b>
<b>Andaman and Nicobar Islands 2017 - 2018</b>		
<b>Sl. No</b>	<b>Name of the School</b>	<b>No. of students 2017-2018</b>
1	Carey memorial School	50
2	Gurukul Eng. Med. School	23
3	St. Xavier School, Porbandur	33
4	Mount Carmel School, Nagpur	60
5	Mountain View Eng. Med. School	43
6	Nirmala Sr. Sec School	40
	<b>Total</b>	<b>249</b>

### III. Unexpected Impact

The program has been running since the year 2000. Now in 2018 as we meet or call up institutions their response to the status of the program reveals that they have been able to integrate the principles of the training, the resource manual and make it their own. So they are doing their own program.

Many schools have found the three day workshop so effective that they have wanted us to train all the teachers at their school right from primary to high school. In such cases the expense of the training was borne by the school.

This kind of impact was unexpected and difficult to quantify.

One of the organizations, CCCYC that had out of school youth, is presently not teaching Anmol Ashayein. This has been due to changes in their organizational set up. During the course of the year the leadership was contacted but they were unable to move forward with restarting the program. We hope that in the future we will be able to pick up the threads of the training given. Other schools and colleges too have had internal changes, and challenges in the institutions. This is another cause for the program coming to a sudden halt.

#### IV. Follow up meetings

It was possible to follow up the schools surrounding Bangalore in Kengeri, Maddur, Kollegal and Mysore. In some of these schools it was possible to meet the children and conduct lessons from Anmol Ashayein. The Gnanabodhini High School in Kengeri was the largest group, (530 students), that we have taught at a time.

The following two incidents show the impact of the program. The first incident is from the Excel Public School, Mysuru. Mrs. Gubain, the headmistress of Excel Public School, Mysuru informed Adolescent Health Education coordinator about an incident from one of her classes where she had taught Anmol Ashayein.

The lesson was from Unit V, 'Conflict Resolution'. After she had taught, one of her students Tejas and his father reported back to her about finding the lesson helpful. The father and son were not getting along. After the lesson on 'Conflict Resolution', the son decided to speak to his father and sort out their differences.

Tejas has described the incident and written the following

**Conflict**

Life,  
A Combination of conflicts and complexities,  
A Combination of love and Happiness!  
Resolution -  
Plays a great role  
Here's thy experience;  
My Father and me;  
A model in our family;  
One problem -  
Conflict Resolution!  
When my father corrected me,  
I replied with anger -  
Causing emotional danger!  
Convincing I forgot,  
In a conflict maze I was caught!  
One fine day -  
I was determined,  
Made a mind -  
And convinced my Father  
My Father was surprised with me!!  
But then he was happy  
And his anger disappeared!  
He was confident -  
That I would face life -  
And I never feared!

**Tejas**



The second incident is from a couple who were trained at the first Teachers' Training Workshop Of ASHA Foundation, and who are of great value to their students. Much of what they practice in their teaching life has been imbibed from their experience at the Teachers Training workshop.

### **An Interview with Prof. Albert Selvanayagam and Mrs. Rosalind Albert**

Mr. Albert Selvanayagam retired Prof. of Zoology from St. Joseph's Arts & Science College and Mrs. Rosalind Albert, who used to be a counselor at St. Germain School, are the teachers who were trained in the first batch. The Adolescent Health Education program was then called 'Life at the Cross Roads'. For almost eighteen years they have been associated with ASHA Foundation. After training, they along with a team taught the program at Bon Secours High School, on Victoria Road, Bangalore and then along with likeminded people started the Bangalore Community College.

On the 14<sup>th</sup> of July 2018, the mini hall of the Sacred Heart Church which was being used by the Bangalore Community College was full of young people. It was their valedictory function. 50 students were passing out at the end of the academic year 2017 - 2018. The chief guest, Mr. Satish who stood in front of the gathering said, "I was Prof. Selvanayagam's student in 2005 at St. Joseph's Arts & Science College. He was the one who impacted me as a teacher who cared. Over the years I have kept contact with him. He took an interest in how I was doing. When I am in Bangalore I try to meet up with him." As he said these words the hall burst into loud spontaneous clapping. There were many who would echo the words of Mr. Satish. "A teacher who cares"

Mrs. Rosalind Selvanayagam, the wife shares the same passion for the well being of her students at Bangalore Community College. She knew each of the graduating students personally and what they were planning to do after completing their course.

I wondered how this came about. Usually one gets to hear that "Teaching is the least sought after profession", "Teachers are there to complete the syllabus and that is all they care about", "Teachers walk into the class and walk out after forty minutes."

So at the end of the program I asked these rare teachers the following questions.

**Joyce - Were you both always people who took an interest in others?**

**Mrs. Rosalind Albert** - I recall 1964 the year we got married, the first thing we did was Albert joined Vincent De Paul an Association which reaches out to the poor in the church community and I joined the 'Ladies of Charity' group helping the poor and needy. Then I did a 450 Hrs. Counselling Course with the intention of reaching out to people and Albert did a Counselling course under Fr. Fuster. Then we both

did a Strategic Planning Course at Singapore identifying our Vision, Mission, Goals and the strategic plan to achieve our goal. God called us to serve people in helping them through Counselling as well as through educational programs for different age groups.

**Joyce – How did you become caring teachers?**

**Mrs. Rosalind Albert** - My counseling experience, both personal and family counseling and as a student Counselor at St. Germain's School, convinced me that a person can be helped to change primarily through the heart, empathy. I am very much convinced that God has a purpose for every student and he wants everyone to experience his/her dignity as a child of God.

It was a fight between my mind and heart, in bringing about basic discipline among the students at the same time to be kind. Then the Lord helped me to combine “toughness and tenderness” in the language of Life at Cross Roads, “Grace and Truth”. Life at the Cross Roads (LCS) was called Anmol Ashayein from 2010 onwards) I am still learning to balance both as it varies from student to student. An Inspired student is the combined result of inspired mind and inspired heart. As a teacher I need to touch their minds and hearts to be a change agent in their lives. What I am being today is the result of my journey during the past 13 years at Bangalore Community College. I thank God that I was given the grace to make a 'Commitment' to my Role as the Principal. The rest has been a gradual process of learning through day-to-day situations, reflecting on them and sharing with Mr. Albert, plenty of reading, and a lot of praying. I believe it is purely a gift of grace. On my part I am just being faithful to my commitment made early on.

**Prof. Albert Selvanayagam** - When I started my career as a teacher at St. Joseph's College, Bangalore, in 1963, the learning environment I experienced was mostly authoritarian, legalistic, subject-matter driven, focused on covering syllabus through a combination of lecture and dictation of notes. Discipline was seen as 'pin-drop-silence' in the class. Thank God, I was by nature more people-oriented than task-oriented. Deep within me I felt there was something deeply wrong in the entire system. I was searching. In a 10-day teacher training work-shop, I attended in 1974, God opened my eyes to a very simple but profound truth: 'Teaching-Learning-Testing a Subject is a **means**, not an end. The **end** ought to be the **holistic**, integral transformation of the students in the way they 'think, feel, and act'. In several more work-shops which I rushed to attend and learn, I experienced more basic 'Paradigm-Shifts' and appropriate Knowledge, Attitudes and Skills to be able operationalize them in the class-room. The creative process is still going on, thank God for the gift of Bangalore Community College.

**Joyce – Did ASHA Foundation have anything to do with your journey as teachers? I think you attended the first workshop in the year 2000 and thereafter attended four more times. How did this help?**

**Mrs. Rosalind Albert** - I did my first workshop at 1999 Jan. Then I did again in 2000. The Methodology Ms. Jennie and Marcia used touched me and taught me the skill of writing objectives, now we call as SLOs and Key concepts which are very helpful.

**Prof. Albert Selvanayagam** - An emphatic 'Yes'. The highly structured, '*Life at Cross-roads*' Curriculum was the first of the kind in which I found the significant 'Teaching-Learning Principles'. These principles I had learnt through several work-shops. These were structured into several extremely well-designed easy-to-follow 'Session-plans'. I was in 'Awe' and thoroughly enjoyed both the times I attended LCS workshops. Soon after, I followed several of LAC Sessions with teaching at 'Visvadeep College' as the major part of a week-long 'Value Education' Program which I designed and conducted for several years. Then when CBCI (Catholic Bishops' Conference of India) wanted to prepare a 'Marriage Preparation Course' (MPC) material, I was one of the four in the team. I could convince the other three of the LAC model and we launched on a three-year preparation of four major Units and later trial-runs. The Marriage preparation course includes a 'Trainers Manual' and a 'Participants Manual'. The two were presented at CBCI meeting at Nagpur and thank God the Bishops approved. Soon after, both were printed in English and after two years, they were printed in Hindi as well.

Even today I follow faithfully, the LAC model 'Lesson Plan' in Training Programs I design for College Lecturers. In addition, Rosalind and I follow this model at Bangalore Community College in our 'Life-Coping-Skills' classes, where we 'team-teach', the evidence of which you saw at the Valedictory Function. We are ever grateful to Asha Foundation.

Most of our teachers in our country are very much caught up in the 'Content Trap' and they sincerely don't see the need for engaging the students in the learning process. Their conscience is clear because they 'cover' the syllabus and so 'business is as usual'!!

## **V. Other Meetings**

There were opportunities to present the work of ASHA Foundation and Adolescent Health Education at an 'All India Women's Group' called 'Overcomers'. A second opportunity was when Mrs. Joyce Davis was asked to be the chief guest at Cathedral Junior School annual day program.

## **VI. Gratitude**

Our sincere thanks to all the institutions who have contributed towards the program needs. Our entire Teachers' Training Workshops have been held in either school or college premises where the institution has offered us the use of their facilities. This has helped to cut back on the expense at the workshop. The Abhinav Institutions in Pune, Christ College, Pune and the D.D Vispute Institutions in Mumbai, who have made their premises available for the workshops. Christ College, Pune has allowed our resource manuals and students' manual to be stored on their premises.

We are very grateful to the Ursuline sisters in the Chikmagalur, Balehennur area who have offered us hospitality at their convent during the follow up visits. This once again has helped to lower our follow up costs.

## **3. Children at Risk Project**

### **Targets for the year:-**

1. To provide educational support to at least a hundred children.
2. To conduct sports day and picnic day during the year.
3. To conduct 12 SHG meetings per year.
4. To conduct all the other activities as usual.

### **The components of the children at risk project are:-**

1. Medical ,Nutritional and Educational support for HIV infected and affected children.
2. HIV/AIDS clinic three times a week.
3. Empowerment of women through meetings, job placements, and SHGs

### **Sports day:-**

The Sports day for the year 2017- 2018 was held on 26<sup>th</sup> Jan, 2018 at the BBMP grounds, Anandnagar. The day began by watering the grounds, and putting up the shamiana.. The beneficiaries started assembling by 8:00 a.m at the BBMP ground. As soon as they arrived their names were registered, ID cards were given and breakfast was distributed. By 10:00 a.m the sports meet began.

After breakfast the sports events started with a brief welcome by Mr.Ramu. Many events for each age group were conducted. Prizes were given for the children who stood first , second and third in each event. Overall, every child also recieved a bath towel. The women caregivers present too had competitions. The day ended with lunch. It was observed that all the games were enjoyed by the children and mothers.

Totally 73 children and 52 caregivers were present at the sports day under the care of 7 ASHA foundation staff.

<b>Sl.no</b>	<b>Particulars</b>	<b>Reached</b>
<b>1</b>	<b>Education</b>	
a	No of children who received educational support	<b>87</b>
b	ELE ( pre- school)	03
c	PE ( Primary Education)	27
d	SE ( Secondary Education)	27
e	IC (Intellectually Challenged)	-
f	Visually challenged ( Music School)	01
g	HE (Higher Education)- pre university, college, vocational training, professional courses etc.	29
	<b>Total</b>	<b>87</b>
<b>2</b>	<b>HIV/AIDS Clinic</b>	
a	No of persons tested for HIV infection	109
b	Positive reported	33
c	Adults reported positive	29
d	Children reported positive	04
e	No of new patients registered	25
f	No of clinic days	143
g	No of adult patient visits to clinic	1592
h	No of children patients visits to clinic	375
i	Total no of patients visit to clinic	1967
j	General Investigations for children	39
k	CD4 Investigations for Children	93
l	TB treatment for Children	-
m	OI infections treated for Children	397
n	Children on ART	49
o	Children on 1 <sup>st</sup> Regimen	37
p	Children on 2 <sup>nd</sup> Regimen	10
q	Children on 3 <sup>rd</sup> Regimen	02
r	No of Children Hospitalized	06
s	No of Children Referred	-
t	Adults on ART	225
u	General Investigation for adults	83
v	CD4 investigation for adults	96
w	OI infections treated for adults	615
x	PLHA TB treatment for Adults	08
y	No of children attended Camp Rainbow	120

<b>3</b>	<b>Socio Economic</b>	
a	No of SHGs Existing	05
b	No. of SHG members	110
c	No of children supported for Nutrition	45
d	No of Nutritional Poustic plus distributed	58
e	Dry ration support for Poor Families	33
f	SHG Internal Loans issued	06
g	SHG Monthly topics	08
	1 Hygiene 2 Papsmear 3 ART Adherence 4 TB 5 Cancer 6 Dengue Fever 7 Nutritional food 8 Annual Report 9 Sports day	
h	BHAF Meetings attended	08
i	Referred to GMR Foundation for Free Training and employment for under privileged youth	02
j	Referred to apply for Free Housing under Rajiv Gandhi Housing Board corporation through Karnataka Network for Positive Network	09
k	Referred to the HIV Positive Marriage Bureau to Arunodaya Network 1. Hemanth kumar 2. Soumya 3. Shanthinath 4. Sudheer	04
<b>4</b>	<b>Celebrations and Events</b>	
II	<b>Sports Day – 26.01.2018</b>	01
a	Children Participated	73
b	Adults Participated	52
c	Staff	07
d	Volunteers -	-

The KNH-CAR project supports the medical, nutritional and educational support for children infected and affected by HIV/AIDS.

**The following activities were undertaken:-****To improve the educational status of children infected and affected by HIV/AIDS**

As the part of the educational support, during the period, 87 children were supported for their education... Details are as follows :

ELC (Early Learning Centre) Pre-school, LKG and UKG	03 ( 01Boy & 02 Girls)
PE (Primary Education) 1 <sup>st</sup> std to 7 <sup>th</sup> Std	27 ( 12 Boys & 15 Girls)
SE (Secondary Education) 8 <sup>th</sup> std to 10 <sup>th</sup> std	27 ( 17 Boys & 10Girls )
HE (Higher Education) 1 <sup>st</sup> PUC to Degree	30 ( 13 Boys & 17 Girls )
IC (Intellectually Challenged)	-
Visually Challenged	01 (01 Boy)
<b>Total</b>	<b>87</b> <b>( 43 Boys &amp; 44 Girls )</b>

**To improve the health status of the children infected and affected by HIV/AIDS and their families:-****HIV Testing**

During the period totally 109 HIV antibody tests have been done including on 32 children. Out of this 33 have been reported HIV positive of which 19 adults are male, 10 adults are female, and 4 children. Of the four children, three were girls and one was a boy.

**HIV/AIDS Clinic****Children:**

ASHA Foundation conducts a HIV/AIDS clinic thrice a week on Monday, Wednesday & Friday afternoon from 1.30pm to 5.00pm. Totally 143 days the clinic has been operated during the period. The medical team consists of Physician, Pediatrician, Nurse, Project coordinator, Medical Social worker & clinic support staff. Free Medical care is provided for all the HIV Positive patients and all children infected by HIV/AIDS. The services include routine medical care, treatment for opportunistic infections & TB treatment.



Presently 49 children are receiving ART treatment out of it 37 are on the first Regimen, 10 are in the 2<sup>nd</sup> Regimen and 02 are on the 3<sup>rd</sup> Regimen and remaining children are under OI treatment, and these children have increased their life span and their CD4 count has increased.

03 children have been started on HAART during the period. Totally 375 children visits to the clinic and had been treated 397 opportunistic infections. 93 times children received CD4 investigation support & 39 times children has received support for various investigations like CBC, ESR Hemoglobin, Differential count, ELISA, Blood Picture, S.Creatinine & Culture ,SGOT & SGPT, HbsAgEIA, HCV EIA LFT, Inorganic phosphorus, Alkaline phosphate serum, Electrolytes HCO<sub>3</sub> & sensitivity tests. 48 children received the Nutritional support of Poustik plus packets during the period.

### **Adults**

One hundred and forty three clinic days were conducted.. There were 1592 adult patients visits to the clinic. Two hundred and twenty five patients are on ART. Ninety six patients has undergone CD4 test and 20 new patients had been started on ART during the period. Medication for prevention of Opportunistic Infections were given to 813 patients . Eighty three patients undergone other investigations like Hemoglobin, Differential count, Fasting Blood Sugar, Viral load, Hepatitis B antigen (ELISA), Reticulocyte count, PPBS/RBS, Sputum for AFB, PCR, Hepatitis C antibody (ELISA), Platelets, Blood Picture, S.Creatinine, Culture & Sensitivity, Total WBCcount, ESR , Liver Function tests Chest X – ray& Pap smear tests. 25 positive patients have been registered during the period.

### **To improve the Socio economic status of the children and their parents infected or affected Self Help Groups:-**

Five Existing Self help Groups (110 members) are there which have been formed under the guidance of ASHA Foundation with on an average of 16 to 24 members in each group. Regular meetings are being held every month and minutes are maintained. The five groups are Shrishthi, Trupti, Preethi, Pracruthi & Nisarga. Six beneficiary had utilized the loan facility during the period (totally 141 loans have been given to the tune of 6, 10,500 (Six Lakhs ten thousand and five hundred only).Out of this, 105 loans were cleared and 36 loans are being cleared in installments. They have been part of the group for last seven years. They meet on every 3<sup>rd</sup> Sunday of every month.



**Dry Ration Support:-**

Thirty three HIV positive families with children were supported with dry rations. The dry rations consisting of 6 kgs rice, 1 kg Atta, ½ kg green gram, 1 kg oil, ½ kg dhal, were given to each family every month.

**Case study -1**

Ramya (Name changed) is 21 Yrs old and she has a younger brother named Krishna who is 12 years old. Both of them are orphans. Her mother was a patient of ASHA Foundation but was lost to follow up and died thereafter. Ramya has a younger brother Krishna, aged 15 years. Her younger brother is with relatives in Tamil Nadu. Ramya was brought to ASHA Foundation three years ago by neighbours. With the support of ASHA Foundation for education and APSA (a residential place for children) she has completed her degree in BBM. After completion of her degree, she was selected in campus interview by Titan Company and is now an employee there. She is also able to take care of her younger brother. Education has empowered this young girl and helped her to stand on her own feet.

**Case study -2**

Mala (name changed) is only daughter of Bharathi (name changed), who is living with HIV Infection. Mala is also a HIV positive child. When the child was 2 yrs old they came to know about their status. Both are continuing their treatment in ASHA foundation. Bharathi is taking Anti-Retro viral therapy treatment from ASHA Foundation. Mala is still on opportunistic infection medication. The mother works as a teacher. Mala has just completed 10th std and obtained 98%. ASHA Foundation was supporting for her education. She has now joined for PUC in the science stream and wants to become an engineer. ASHA Foundation is hopeful that she will fulfill her dream.

### Advocacy and networking meetings attended:-

Sl. no	Date	Topic	Name	Venue	No of days	Conducted by	Timings
1.	21.04.2017	BHAF monthly meeting	Shivamma	Jain college office near Atria Hotel	1/2	BHAF	2.30 pm to 5.00 pm
2.	05.05.2017	GAWA Program meeting	Shivamma	Jain college office near Atria Hotel	1/2	BHAF	2.30 pm to 5.00 pm
3.	19.05.2017	GAWA Program meeting	Shivamma	Milana office Austin town	1/2	BHAF	11.00 am to 2.00 pm
4.	21.05.2017	GAWA Program	Malathi and Sridevi	Gidenahalli, Tavarekere	1/2	BHAF	3.00 pm to 6.00 pm
5.	28.05.2017	CMCJ State & National Conveners & KNH retreat	Dr.Glory Alexander	Rural Institute for community Education, Mathakondapalli Model School, Hosur	1/2	CMCJ & KNH	10.30 am to 2.30pm
6.	16.06.2017	BHAF monthly meeting	Shivamma	Radio Active office Near Atria Hotel	1/2	BHAF	2.30 pm to 5.00 pm
7.	25.06.2017	Radio Active Office Inaguration function ( 10 years completion )	Shivamma Archana And Santosh	Radio Active office near Atria Hotel.	1/2	Radio Active	11.30 am to 6.00 pm
8.	02.07.2017	Annual General Body Meeting- ANP+	Shivamma	Arunodaya Net work for positive, Magadi Road, Summanahalli Support office	1	Arunodaya Network for Positive	10.30 am to 5.00 pm
9.	15.07.2017	CMCJ Karnataka Chapter meeting & Action Plan	Dr.Glory Alexander Mr.Ramu	VISTAAR	1/2	CMCJ Karnataka Chapter	10.00 am to 1.30 pm
10.	21.07.2017	BHAF monthly meeting	Shivamma	Radio Active office Near Atria Hotel	1/2	BHAF	2.30 pm to 5.00 pm

11.	30.08.2017	CMCJ Karnataka Chapter meeting with 2 <sup>nd</sup> line staffs	Mr.Ramu	VISTAAR	1/2	CMCJ Karnataka Chapter	10.00 am to 12.15 pm
12	20.09.2017	MSIT	Ms.Silvia Ms.Teena	Vigyan,Lavelle Road	2 hours	Volunteering Opportunities	9.00 am to 11.00 am
13	21.09.2017	OWC	Ms.Silvia Ms.Priyan ka	Hotel Leela palace,old Airport Road	1/2	OWC Charity showcase	9.00 am to 1.30 pm
14	16.02.2018	BHAF monthly meeting	Shivamma	Jain college office Near Atria Hotel	1/2	BHAF	2.30 pm to 5.00 pm
15	16.03.2018	BHAF monthly meeting	Shivamma	KSAPS CV Raman Hospital Indiranagar	1/2	BHAF	2.30 pm to 5.00 pm

### **Trainings Attended at ASHA Foundation.:-**

Sl.no	Date	Topic	Resource Persons	Venue	Attended
1.	08.08.2017	Team Building	Mrs.Joyce David and Mrs.Saranya	ASHA Foundation	All Staff of ASHA Foundation
2.	13.02.2018	SPSS sotware Workshop	Mrs.Joyce David and Mrs.Maya singh	ASHA Foundation	All staff of ASHA Foundation

### **Visitors to Our Organization:-**

Sl.no	Date	Name	From	Purpose
1	27.07.2017	Mr. Praveen and Ms Stuti	Wipro Cares	To inspect the educational records of children supported by Wipro
2	27.07.2017	Ms. Sahoo and Co	From CAF	To audit the donation from CAF India.
3	09.11.2017	Ms.Lorna Murray	Scot land trust	To inspect the progress in top floor construction supported by Scotland Trust.

#### **4. The KNH-PMTCT Project-Prevention of Mother to child Transmission of HIV Project**

Twenty seven million pregnancies occur in India each year and among these are around 35,000 HIV positive pregnant mothers. Karnataka is one of the 12 states that contribute to 88% of all pregnant HIV positive mothers. In spite of the government's best efforts, only around 43% of 35000 mothers are identified and treated for PMTCT. It is a huge challenge to identify and test all pregnant mothers and every small contribution towards this effort makes a difference. It is the fervent desire of India also to eliminate MTCT like Cuba and Thailand and huge efforts are being made both by the Govt and the private sector including NGOs to achieve this.

Hence ASHA Foundation is also involved in this project to identify and treat HIV positive pregnant woman in Bangalore urban and rural and nearby areas, as also in our partner hospitals.

**Goal:** Elimination of new HIV infection among children.

**Objectives:**

1. To continue PMTCT services in partner Mission Hospitals in the four southern states of India.
2. To decrease the risk of transmission of HIV infection from pregnant HIV positive mothers from 30% to < 5% in our partner mission hospitals.
3. To increase HIV/AIDS awareness among health care providers

#### **Targets and activities for the year 2017-2018**

1. To provide counseling and HIV testing to at least 10,000 Pregnant mothers per year.
2. To provide PMTCT services to at least 40 HIV positive pregnant mothers per year.
3. To provide treatment, follow up and testing to 40 newborns.
4. To decrease the risk of transmission from 30% to < 5% in our cohort.
5. To conduct trainings and sensitisation for nurse counsellors and doctors as required
6. To conduct site visits as required
7. Maintenance of records and data entry

10,423 pregnant mothers were tested for HIV this year till Mar 2018 in our partner hospitals. Of them, 36 were diagnosed HIV positive and started treatment. In addition, 28 HIV positive mothers delivered 28 infants of the 28 delivered 27 babies received treatment. Of the 27 babies 23 who have been tested at six weeks, 22 tested negative and 1 awaiting result. Two babies died before 6 weeks PCR. 19 babies had 6 months antibody test and 21 babies had 12 months antibody test this year till March 18 and all tested negative.

The table below gives the year's cumulative statistics.

<b>Particulars</b>	<b>KNH PMTCT Apr „17– Mar „18</b>	<b>ASHA PMTCT Cumulative Jan „03– Mar„18</b>
<b>Total no. of deliveries</b>	11,074	1,80,664
<b>Total no. of ANC women registered</b>	11,153	1,69,829
<b>Total no. of women counseled</b>	8,493	1,78,380
<b>Total no. of women tested</b>	10,423	1,85,276
<b>Total no. of antenatal women identified HIV positive</b>	36	928
<b>No. of liveborns</b>	28	763
<b>Total no. of women awaiting delivery</b>	12	12
<b>Eligible women treated</b>	28	742
<b>No. of babies treated</b>	27	751
<b>PCRs or ELISAs done</b>	23(1 is Awaited result)	631
<b>Positive PCR</b>	0	13
<b>Negative PCR/ELISA</b>	23	618
<b>Babies had final 3 antibody test under EBF at 15 months</b>	16	66
<b>Babies had final 3 antibody test under ERF at 15 months</b>	3	4
<b>Transmission rate</b>	0%	2.08%

Awareness among health care providers was increased among the hospitals as follows:

<b>People Sensitised</b>	<b>By Trained Doctors/Counsellors in their Hospitals April17-March18</b>	<b>Cumulative Total</b>
Doctors	27	143
Staff Nurses	112	2796
Nursing Students	84	4574
Ward Aides	42	1543
Para medicals and Community Workers	31	530
Community	188	9931
<b>Total</b>	<b>484</b>	<b>19517</b>

Hands on Training for one newly appointed program officer from June 2017 to 25 June 2017. PMTCT outreach worker was able to visit 643 hospitals in and around Bangalore in this financial year and has given information about the services that we are providing. Through her efforts we were able to register 25 positive pregnant women patients in our programme. The hospitals that have sustained the project on their own and are receiving only technological help, with financial support as needed for the care of HIV positive identified in their hospitals, IEC material and training of counselors are:

1. St Joseph's General Hospital, Guntur.
2. Women's Hospital, Ambajipeta.
3. The Bangalore Baptist Hospital, Karnataka
4. Church of South India Hospital, Bangalore, Karnataka
5. Seventh Day Adventist Hospital, Bangalore Karnataka
6. Rural Health Training Centre, Kazhakuttom.
7. Gnanadurai Hospital, Sivakasi, Tamil Nadu

### **Case study-1**

Surya (name changed) is HIV positive. She is 25 years old. She first came to know she is HIV positive two years ago at four months of pregnancy. Her husband was also diagnosed positive. She started on ART in the fifth month of pregnancy and has continued the ART throughout pregnancy, labor, breast feeding and lifelong. She delivered a baby girl who is now almost two years old and is HIV negative. While on ART she became pregnant again for the second time and is continuing the treatment and follow up at ASHA Foundation. She has a good CD4 count and her viral load is also undetectable. This case is being presented as this is a PMTCT mother who is pregnant again for the second time and who has the confidence that this child will also be HIV negative like the first one. This case also shows that HIV positive parents can also look forward to a normal. Healthy, bright future with more than one child.

### **Case study-2**

Rashmi Devi (name changed) is HIV positive. She was born HIV positive to a HIV positive mother 24 years ago. Rashmi's mother did not receive the benefit of PMTCT services since this was not available those days. Rashmi was started on ART 8 years ago at the age of 16 years. She fell in love with a HIV negative boy and married him a couple of years ago after explaining her HIV positive status and the implications to him. She then became pregnant and was referred to ASHA Foundation. Her viral load was undetectable, and the ART was continued. She delivered by caesarian section a live , healthy male child weighing 2.44 kgs. The six weeks PCR test was conducted, and the report is awaited though we are sure that the baby will be negative as she was already on ART when she conceived, and the viral load is undetectable. The case is being presented as this case shows that children born with HIV infection at birth can live for 24 years and more on ART, get married and have children who in turn can be HIV negative !!

## **1. Camp Rainbow project:**

### **Introduction on Camp Rainbow:**

Camp Rainbow is a psychosocial program to provide opportunities for children living with HIV and other serious illnesses to participate in HIV education, traditional camp activities through the vehicle of residential and day camps. It aims at enhancing campers' adherence to treatment and medication, to improve their quality of life with the focus on primarily providing children with serious fun! We also ensure that they increase social peer relationships. Overall, it reduces stigma and discrimination within the community as we invite youth to participate in this structured program as camp staff.

These structured psychosocial programs are in collaboration with the SeriousFun Children's Network, USA, started by actor Paul Newman. The SeriousFun Children's Network evolved from their year round camps in US and Europe to a Global Partnership Program serving children in Africa, Asia and South America.

Preliminary findings from other GPP sites in Ethiopia and Vietnam indicate that camp may have an effect among children on HIV knowledge, antiretroviral treatment adherence and attitudes, coping with stigma, resilience, and most prominently, social relatedness, as children who may lead isolated lives and face discrimination can play and interact in a safe environment with HIV positive peers and compassionate adult counselors/care providers. The increasing feedback from Camp Rainbow campers and their caregivers has enhanced the commitment to increase the reach of Camp Rainbow to more children living with HIV and those with other serious illnesses in other parts of India through the strategic partnership with SeriousFun called the India Partnerships Initiative (IPI).

2017 was the fourth year of Camp Rainbow Bangalore. In the past 3 years, 207 children have been served through Camp. This year the residential camp was conducted for 3 weeks. The first week of camp was conducted for both boys and girls, second week camp only for boys and third week only for girls. It was the first time gender specific camps were conducted by Camp Rainbow Bangalore. Children from various institutions like ASHA Foundation, KNP+, Calvary Chapel Trust, ACCEPT, Faith Home-Adoni, Anandajyothi Network- Mysore, participated in the camp. The volunteers participated in camp were mostly from St. Joseph's College and Mount Carmel College, Bangalore.

The Camp planning started from February wherein the leadership team coordinates with different Positive networks for campers. The team then gives orientation for caregivers about the programme, an application form is filled, and a consent taken from caregiver, followed by medical screening for children. The criteria for children to attend camp are:-Should be aware of HIV status, CD4 count should be above 250 cells. Once the screening is done the caregiver would be told if he/she is selected for camp or not.



The volunteers also follow a similar process. Presentations are given at different colleges. Interested participants sign-up and are called for an interview at ASHA Foundation. Following interviews referral checks are done after which the confirmation of participation is given to the volunteers. The criteria for volunteers to be a part of camp are: Aged-18yrs and above, should be able to communicate in local language Kannada and willingness to give 3 weeks of their time.

Camp provides opportunities for children to develop new skills, make new friends and also increase their confidence level. At camp, various activities like Arts & Crafts, Team-building, Nature & Discovery, Life-skills and Performing Arts. Another very important aspect of the camp is providing the children with knowledge on HIV, ART medicines and also providing a space for them to ask any questions relating to their medications or any question relating to living with HIV.

Other than residential Camps, Camp Rainbow also has Outreach programmes. Outreach programmes include Follow-ups and re-unions. In a year there will be 2 rounds of follow-ups and 1 re-union which are usually one day programmes. The whole purpose of Follow-up is to continue giving opportunity for children to learn new skills. Re-unions bring caregivers, siblings of campers and campers of all the years together under one roof. It is one of the times where in children get to meet their peers whom they met at camp and their siblings also get a brief camp experience.

Camp Rainbow also caters to young adults living with HIV, in the age group of 18years and 25years, through 'Leaders' in training' (LIT) programme. Camp Rainbow Bangalore started LIT programme in the year 2015. This is the 3<sup>rd</sup> year LIT programme is being conducted. The main purpose of LIT programme is to give older adolescents the opportunity to develop leadership skills, learn new skills that are useful for them like Time-management, Problem-solving, Decision-making etc. and also increase their knowledge on positive living. LIT programme is conducted twice in a year.



### **Feedback from Campers , volunteers and LIT children:**

'In Camp Rainbow I enjoyed a lot. This is the first time I am attending a camp. I liked the place it was beautiful. The first day everyone welcomed us with love and care. Every team leader and their team gave their best in everything they did. I had a moment to meet new friends. All brothers and sisters took care of us like small babies. Even Rebekka aunty gave us the medicines without fail. The activities were arranged in such a way that everyone enjoyed. The best thing I enjoyed was stage night and festival night. It was very beautiful and very creative. I thank everyone for being with us and taking care of us'

**- Camper**

'Wooo.hooo camp rainbow itself is very special...coz it's not only the campers who learn to face their shortcomings but the staff also learn how to face their shortcoming in life, makes us matured person'

**-Volunteer**

'I was wondering how and when to reveal his HIV status. During the process of selecting for the camp he was revealed his status. Now I am at least glad that he knows the status'

**- Parent**

'Information on HIV, Teamwork and Learnt about my strength, the way of appreciating another person, different skills and how to fight HIV, games, Building leadership, Interacting with new friends, Vishal brother said they all succeeded, why we can't we' –

### **LIT Participant**

### **Camp Rainbow Aims:**

- To improve the social and emotional development of the Children living with HIV (CLHIV) through structured and intentional intervention programming.
- The CLHIV to gain hope, confidence, self-esteem, positive relationships, resilience and life skills.
- To deliver a capacity building programme for Child care workers from Potential +camper sending Organizations

<b>Camp Rainbow overall goals(April 2017-March 2018)</b>	<b>Final Outcome</b>	<b>Notes</b>
1. To serve 150 campers through residential camp	120 children were served totally	
2. To cater to 500 children through Outreach programmes	395 children were served through follow-ups and re-unions	It includes campers and non-campers. Non-campers include siblings, other children in residential homes who participated in follow-ups and re-unions
3. To conduct Leaders-in-Training Programme for 20 older adolescents	16 participated	6 participants in 1 <sup>st</sup> session 10 participants in 2 <sup>nd</sup> session

<b>Outreach Goals (April 2017-March 2018)</b>	<b>Final Report</b>	<b>Notes</b>
1. To organize the 1 <sup>st</sup> follow-up for 150 children	99	99 includes campers and non-campers Campers=88 Non-campers=11 The children from some of the institutions are rehabilitated at various other places, so they were not able to attend the programme
2. To serve 150 children in the 2 <sup>nd</sup> follow-up	158	156 includes campers and non-campers Campers=92 Non-campers=66 which includes potential campers for 2018
2. To serve 270 children in the Family Weekend/Reunion Day	138 children were served in the reunion	Reunion at Mysore=58 Reunion at Bangalore=80
3. To recruit 10 new LITs and cater to 20 LITs in total in session 1	6 nos	Though 12 of them signed up to participate, due to last minute emergencies there were drop-outs
4. To serve 20 LITs in session 2	10nos	Though 15nos adolescents had signed up, 10nos participated which was residential

<b>Outreach Indicators( for the period from April 2017-March 2018)</b>	<b>Goal</b>	<b>Final Report</b>	<b>Notes</b>
# total outreach sessions	5 (2 rounds of follow-ups, 2 LITs and 1 re-union)	5	The 2 rounds of follow-ups, re-unions were conducted region wise for the convenience of the children and caregivers. So each round had 5 to 6 sessions for children from different regions. Totally 11 follow-up sessions, 2 Regional Re-unions, 2 LITS were conducted
# of children/youth served	500	411	This includes 296 campers, 99 non-campers and 16 LITs
# of caregivers served	100	72	This includes caregivers served during follow-ups and re-unions

# of staff/volunteers trained	180	139	Staff/volunteers who participated in various outreach programmes like follow-ups, re-unions
# of training hours (for staff/volunteers)	40	35 hours	Includes training for Capacity building programme participants and training volunteers for Outreach programmes

<b>Camp Goals(April 2017-March 2018)</b>	<b>Final Camp Report</b>	<b>Notes</b>
To recruit 2 new leadership team member	2 new members were successfully recruited to the Leadership team	Group Leader Coordinators -Male and Female GLCs were recruited. Both have been CRB staff in the previous years
To serve 150 campers through 3 sessions of camp	We served 120 campers successfully	There were 136 children were recruited. 120 children finally participated in camp. There were last minute drop outs
Empower the camp leadership team to lead 100% of staff training	The Camp leadership team led 100% of staff training.	The leadership team along with the support LT members facilitated all the sessions of staff training with the support of 2 support leadership team members
To conduct self-assessment for camp criteria	The CRB LT completed the self-assessment for criteria in the month of May and it has been reviewed and approved	
To conduct a study on the impact of camp for the campers who attended camp	The Pre-camp and Post camp data was successfully collected. Pre-camp data was collected at the time of medical screening and recruitment. Post-camp data was collected on the last day of camp	Totally 153 children were screened out of which 136 campers were recruited, Pre-camp study participants-121, Total campers-120, Post-camp study participants-114

<b>Camp Indicators (April 2017-March 2018)</b>	<b>Goal</b>	<b>Final Camp Report</b>	<b>Notes</b>
# of camp sessions	3	Successfully 3 sessions of camp was held	1 <sup>st</sup> session – 8 <sup>th</sup> -12 <sup>th</sup> May 2017 2 <sup>nd</sup> session-15 <sup>th</sup> -19 <sup>th</sup> May 2017 3 <sup>rd</sup> session-23 <sup>rd</sup> -27 <sup>th</sup> May 2017
# of campers served	150	120 campers were served	1 <sup>st</sup> session-30, 2 <sup>nd</sup> session-50, 3 <sup>rd</sup> session-40. CRB LT had recruited 136 campers, 120 campers totally participated. There were last minute drop - outs
# of staff/volunteers	30	48 staff were trained	Usually 31 staffs are recruited. For the year 2017, CRB had 2 single gender camps and 1 camp exclusively for girls and also 1 session mixed gender camp. So more male and female staff were required
# of training days (for staff/volunteers)	5	5 days staff training was held for all the recruited staff at SAIACS CEO Centre, Bangalore	Staff training -27 <sup>th</sup> April-1 <sup>st</sup> May 2017

<b>Capacity Building Programme</b>	<b>Goal</b>	<b>Final Outcome</b>	<b>Notes</b>
# Total sessions	1	1	Held in the month of January 2018
#Total Organization staff trained	20	16	18 members had signed up. 2 of them dropped out last minute.
# No of hours trained	27	18 hours	Majority of the organization staff expressed a concern that they are given permission only for 2 days. So the programme was conducted 2 days with key sessions

<b>RESIDENTIAL CAMP 2017 -DETAILS</b>					
<b>Sl. No</b>	<b>Duration</b>	<b>Activities/Programs</b>	<b>Organized By</b>	<b>Venue</b>	<b>Total No. of Participants</b>
1	6th - 8th April 2017	Leadership Team Training for Camp Rainbow Bangalore and Chennai LT Members CRC5+CRB5	ASHA Foundation, YRGCARE & Seriousfun	YRGCARE, Chennai	10
2	23rd April 2017	Staff Information Session 45 staff + 5LT	Camp Rainbow Bangalore, ASHA Foundation	United Theological College (UTC), Bangalore	50
3	27th April-1st May 2017	Staff Training for 48 Volunteers + 6 LT	Camp Rainbow Bangalore, ASHA Foundation	SAIACS CEO Centre, Doddagubbi, Bangalore	55
4	6th - 7th May 2017	Staff Training Recap & Pre-Day for Campers'Arrival	Camp Rainbow Bangalore, ASHA Foundation	SAIACS CEO Centre, Doddagubbi, Bangalore	48
5	8th - 12th May 2017	Residential Camp Session 1 for 30 CLHIV + 36 Staff + 6 LT	Camp Rainbow Bangalore, ASHA Foundation	SAIACS CEO Centre, Doddagubbi, Bangalore	72
6	15th - 19th May 2017	Residential Camp Session 1 for 50 CLHIV + 36 Staff + 6 LT+ 3 Caregivers	Camp Rainbow Bangalore, ASHA Foundation	SAIACS CEO Centre, Doddagubbi, Bangalore	95
7	22nd - 27th May 2017	Residential Camp Session 1 for 40 CLHIV + 30 Staff + 6 LT+ 2 Caregivers	Camp Rainbow Bangalore, ASHA Foundation	SAIACS CEO Centre, Doddagubbi, Bangalore	78
8	28th May 2017	Staff Appreciation Day for 41 Staff + 4 LT	Camp Rainbow Bangalore, ASHA Foundation	SAIACS CEO Centre, Doddagubbi, Bangalore	45
9	20th & 22nd June 2017	Camp Debrief Meeting by the Camp Leadership Team	Camp Rainbow Bangalore, ASHA Foundation	ASHA Foundation	7

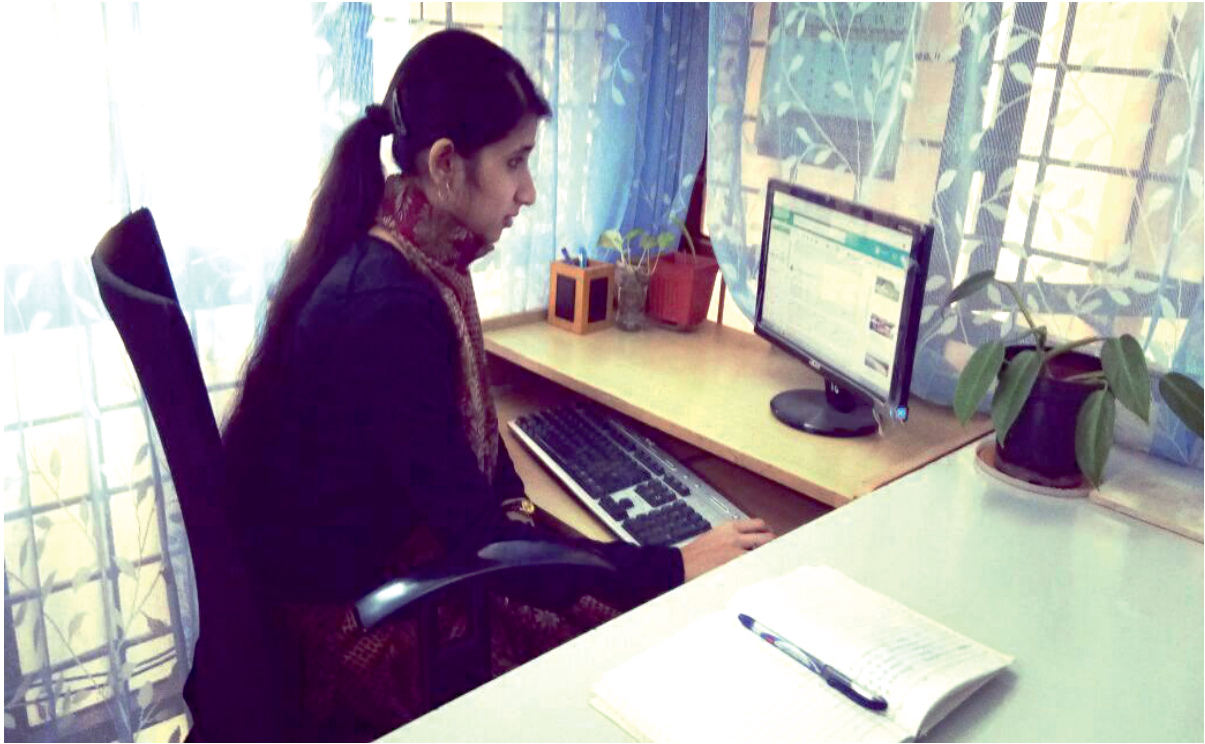
<b>Camp Rainbow Outreach Programs 2017-18</b>					
<b>Sl. No</b>	<b>Duration</b>	<b>Activities/Programs</b>	<b>Organized By</b>	<b>Venue</b>	<b>Total No. of Participants</b>
1	5th August 2017	1st Follow-up Day Camp 2017- Session I (9 campers; 4 Non-campers+ 4 Org staff)	ASHA Foundation Camp Rainbow Bangalore (3 LT)	ACCEPT, Doddagubbi, Bangalore	20
2	6th August 2017	1st Follow-up Day Camp 2017- Session II (14 campers+ 1 Caregiver)	ASHA Foundation Camp Rainbow Bangalore (4 LT+13 staff)	VISTHAR, Bangalore	32
3	10th September 2017	1st Leaders in Training programme 2017- (6LITs)	ASHA Foundation Camp Rainbow Bangalore (2 LTs+1 med LT+1 support LT+2 staff+1 guest speaker)	SAIACS, Bangalore	12
4	30th September 2017	1st Follow-up Day Camp 2017- Session III (44 campers+ 5 Org staff/ Caregivers)	ASHA Foundation Camp Rainbow Bangalore (2 LT+4 staff+1 Asha staff)	Calvary Chapel Trust Boy's home, Bangalore	56
5	7th October 2017	1st Follow-up Day Camp 2017- Session IV (21 campers+ 7 non-campers+4 Org Caregivers)	ASHA Foundation Camp Rainbow Bangalore (2 LTs+1 support LT+1 staff+ 1 Asha Staff)	CCT girls home, Bangalore	37
6	21st October 2017	1st Re-union ( session 1)2017,Mysore(Campers 44+ Non-campers 14+27 guardians+13Network staff	ASHA Foundation Camp Rainbow Bangalore (3 LTs+1 support LT+7Camp staff+ 9 other volunteers+ 1 A.F staff)	Anandajyothi Network, Mysore	119
7	29th October 2017	1st Re-union ( session 2)2017,Bangalore(72 Campers + 8Non-campers + 5 Org caregivers+12 guardians	ASHA Foundation Camp Rainbow Bangalore (3 LTs+1 med.staff+1 support LT+23 Camp staff+ 7other volunteers+ 6LIT )	SAIACS, Bangalore	138

8	18th November, 2017	2nd Follow-up Day Camp 2017- Session I (8 campers; 6 Non-campers+ 2 Caregivers)	ASHA Foundation Camp Rainbow Bangalore (2LT)	ACCEPT, Doddagubbi, Bangalore	18
9	19th November, 2017	2nd Follow-up Day Camp 2017- Session 2 (13 campers+ 29 non-campers+16 volunteers)	ASHA Foundation Camp Rainbow Bangalore (2 LTs+2 Camp Staff)	CCT girls home, Tuticorin, Tamil Nadu	62
10	23rd November, 2017	2nd Follow-up day camp session 3(Children 6+ Caregivers 6)	ASHA Foundation Camp Rainbow Bangalore (2 LTs+1 AF staff)	Chirajeevana Network, Tumkur	15
11	26th November, 2017	2nd Follow-up Day Camp 2017- Session 4(18 campers; 11 Non-campers+ 5 Caregivers)	ASHA Foundation Camp Rainbow Bangalore (1LT+4 staff+1 Asha staff)	CCT girls home, Banashankari , Bangalore	40
12	9th December	2nd Follow-up day camp - 2017-session 5 (8 campers+ 2 campers+ 5 Caregivers)	ASHA Foundation, Camp Rainbow Bangalore(2LT + 1 Asha staff)	Anandajyothi Network, Mysore	18
13	10th December 2017	2rd Follow-up day camp- 2017-session 6(42 Campers + 10 non-campers+ 1 caregiver)	ASHA Foundation, Camp Rainbow Bangalore(1LT + 1 Asha staff+ 3 camp staff)	Calvary Chapel Trust Boy's home,Bangalore	58
14	16th and 17th December, 2017	LIT Residential Programme(10 LITs)	ASHA Foundation Camp Rainbow Bangalore (3LT+1 support LT+1 med staff)	VISTHAR,Bangalore	15
15	30th December	2rd Follow-up day camp- 2017-session (3 Campers + 2 non-campers+ 2caregiver)	ASHA Foundation Camp Rainbow Bangalore (2LT)	ASHA Foundation, Bangalore	9

# PHOTOGRAPHS



**COUNSELING SERVICES  
PROJECT INCLUDING  
AIDS HELPLINE**



Telephone counselor responding to e-mail queries



Counselor at ASHA Foundation during a counseling session



Awareness program conducted by ASHA Foundation to street vendors and construction workers 08-01-2018 Nagenahalli



Awareness program conducted by ASHA Foundation to House wives and street vendors on 17-03-2018 at Yeshwanthpur

**ADOLESCENT  
HEALTH  
EDUCATION  
“ANMOL ASHAYEIN”**





Planning meeting for the Sacred Heart High School Teachers' Training workshop in Bangalore on 15-05-17



Fr. Peter Chinappa addressing the participants at Sacred heart boys High School Teachers training workshop from 25 .05.17 to 27.05.17 conducted by ASHA Foundation





Anmol Ashayein final program for sacred heart boys' high school class VII& VIII



Participants enjoying the activity at Vth Mumbai workshop from 22.4.17 - 25-04-17





Program for Gnanabodhini High School, Kengeri 01.-7.17 conducted by ASHA Foundation



X Pune Teachers Training Workshop first day 10-10-2017





Mrs. Rosalind Selvanayagam and Prof. Albert Selvanayagam the first trained teachers in ASHA Foundation in the year 1999 and still doing the program in a adapted way 2018



Participants filling in the pre questionnaire for VI Mumbai Teachers Training Workshop  
24.02.18 - 26.02.18



# **CHILDREN AT RISK PROJECT**



Health check up at ASHA Foundation Clinic



ASHA Foundation support for dry rations for beneficiaries



Routine health check up done by ASHA Foundation Nurse



Socio economic assessment done by ASHA Foundation Medical social worker





Children participated on sports day 26.01.2018 conducted by ASHA Foundation



ASHA Foundation Sports day conducted on 26.1.2018 children enjoying the Ringing the duck game

# **PREVENTION OF MOTHER TO CHILD TRANSMISSION OF HIV**



Giving HIV Negative Report of the baby to parents by PMTCT Program Officer



PMTCT HIV negative baby at one year on mothers lap playing with a balloon





WORLD AIDS DAY at one of our partner hospital L.M.S Kerala December 2017



HIV/AIDS session conducted for Doctors in one of our partner hospital  
C.F.H Tamilnadu on 28<sup>th</sup> November 2017

# CAMP RAINBOW





ASHA Foundation conducted camp at SAIACS CEO Centre, Bangalore Stage Night- 17- 05- 2017



ASHA Foundation project staff doing Ice-breaker during follow-up at Calvary Chapel Trust Girls home, Bangalore, 07-10- 2017





ASHA Foundation conducted follow-up programme at ACCEPT Care Home, Bangalore, 8 -11-2017



Children and caregivers attempting a team-building challenge during follow-up at Mysore, 09-12-2017





ASHA Foundation conducted Re-union programme at Mysore, 21-10-2017



Recapping camp experience through puppet show, re-union programme at Mysore, 21 - 10-2017





Capacity building Programme at Frontier Management Centre, Bangalore, 19-01-2018



Orientation on child protection policy conducted by ASHA Foundation on 29-10-2017  
at Visthar, Bangalore

# MISCELLANEOUS





Research advisory board meeting 27-03-2018

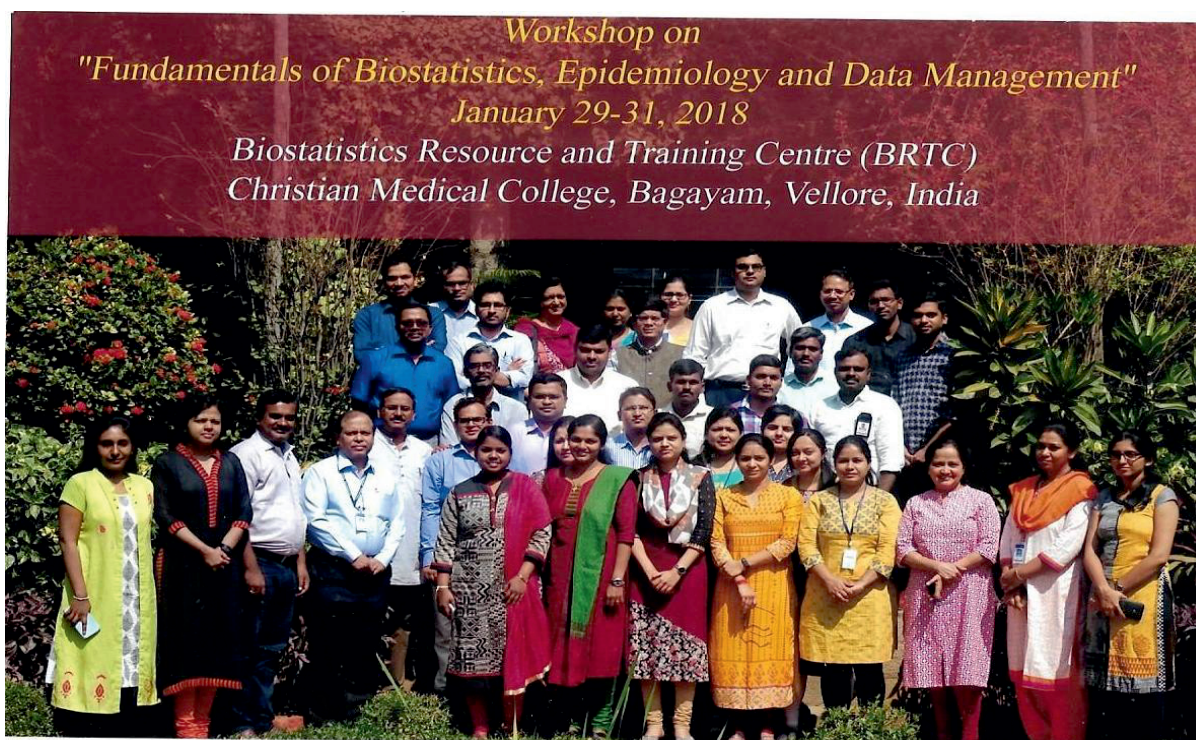


Presentation given by Dr. Glory for Research advisory board





Workshop on fundamentals of Bio statistics Epidemiology and data “Statistical Package for the Social Sciences” training



Workshop on Fundamentals of Bio statistics, Epidemiology and Data





Leaders in Training Programme conducted by ASHA Foundation at SAIACS, Bangalore, 06-09-2017



Leaders in Training Programme conducted by ASHA Foundation at VISTHAR, Bangalore, 16-12-2017



## ASHA TEAM



Front row: left to right Daniel, Rebekka, Malliga, Supriya, Maya Singh, Dr.Glory, Shruthi, Mercy, Silvia  
Back row left to right: Ramu, Ravikanth, Ruben, Remya, Joyce Davis, Priyanka,  
Elizabeth and Rukumini

## Research

ASHA Foundation is recognised as a Scientific and Industrial Research Organization(SIRO) by Dept.of Scientific and Industrial research (DSIR). The three year renewal cycle was till March 2017. ASHA Foundation recognition as a SIRO has been extended from April 2017 to March 2020. ASHA Foundation also has a Research Advisory Board.

### List of Research Advisory Board members

Name	Designation	Internal External	Organization	Official Address	Email Address	Contact Number
Dr. Sundar Rao	Consultant	External	Leprosy Mission, India	88, Kuvempu Layout,Gubbi Cross, Kothanur, Bangalore 560 077	sundarraopss@rocketmail.com	+91 9341286049
Dr.(Ms). Glory Alexander	Director	Internal	ASHA Foundation	No.42, 4 <sup>th</sup> Main, SBM Colony, Anand Nagar, Bangalore 560 024	alexglory11@gmail.com	+91 9448045050
Dr. A. Nanda Kumar	Officer in charge,	External	National Cancer Registry Program-ICMR ( Retired)	Srinivas Nilaya No.557,7 <sup>th</sup> main, New BEL road Dollars Colony Bangalore-560094	ank@blr.vsnl.net.in	+91 9449067643
Mrs. Joyce Davis	Education Director	Internal	ASHA Foundation	No.42, 4 <sup>th</sup> Main, SBM Colony, Anand Nagar, Bangalore 560 024	jd9210@gmail.com	+91 9980211047
Dr. Maneesh Paul	Professor and Head of Research In Biological Sciences	External	Acharya Institute of Technology	Soldevanahalli Bengaluru, Karnataka	maneeshpaul@acharya.ac.in	+91 8095200801
Mrs. Dorothy Sampath Kumar	Lay leader	External	The Methodist Church	C.201.Gina Ronville, Narayanapura cross, Kothanur Banalore 560077	dorothykumar17@gmail.com	+91 9843505359
Dr. Tinku Thomas	Associate Professor, Division of Epidemiology and Biostatistics	External	St.John's National Academy of Health Sciences, Bangalore	#26, Trinity Orchard, Hennur Main Road, Kalyan Nagar PO, Bangalore 560043	Tinku.sarah@sjri.res.in	+91 9945234342

				Road, Bangalore - 560001		
Ms. Bethesa Jacob	Principal	External	St. Mira's School, Bangalore	204, Bilden Park Apartments, I Cross, S alvage Road, G.M. Palya, Bangalore 560075	bangalorebethesa@yahoo.com	+91 9008184228
Ms. Surekha Shetty	Advocate	External		No.362, 18 <sup>th</sup> F main, Koramangala, 6 <sup>th</sup> Block, Bangalore 560034	rekhashetty2007@gmail.com	+91 9845430858
Dr. R. Srinivasa Murthy	Professor (retd)	External		553, 16 <sup>th</sup> Cross, J.P. Nagar 6 <sup>th</sup> Phase Bangalore-560078	<a href="mailto:smurthy030@gmail.com">smurthy030@gmail.com</a>	+91 944 869 7690

The primary areas of Research are:

- Clinical research in Prevention of mother to child transmission of HIV infection
- Clinical research in Adults with HIV
- Clinical research in children with HIV
- Adolescent Health Education
- Counseling in HIV
- Socio economic aspects of HIV

The Research Advisory Board meeting was held on the of March at the ASHA Foundation premises. Dr. Sundar Rao, Chairman of the RAB chaired the meeting .The meeting began at 10.30am and went on till 1.30 pm followed by lunch. There were presentations on the progress made so far in all the projects.

**(a)Assessing the social and emotional development of Children Living with HIV(CLHIV) through a camp approach :** Ms. Silvia Thomas presented an interim analysis of 101 children who had attended camp in 2017. Overall the boys appeared to have benefitted better than the girls. The section on HIV knowledge revealed good improvement in the post-camp scores compared to the baseline scores. There were questions on whether a control group should be included, the standardization of the questionnaire and to compare institutional children versus community children and also if long term impact of these camps could be studied.

**(b)Report on survey of self esteem on school going adolescents.** Joyce Davis presented an interim analysis on 3483 students out of a total sample of about 10,000 students in Bengaluru and Pune from 7<sup>th</sup> and 8<sup>th</sup> grades from selected schools. Data collection was over and computer data entry is in progress. All of the 3483 were from Bengaluru. Board members discussed the work done so far and said that students should understand the meaning of self esteem. It was clarified that the tool used was



Rosenberg scale (1965) which had also been used by NIMHANS in a similar study. The tool was not translated but used as it was. There was a suggestion that more qualitative statements by the students should be ascertained. The present analyses will include comparison of self-esteem by age, gender, class, influence of parents and their education as well as type of schools- co-ed schools, boys schools and girls schools.

**(c) A Study on Quality of life of HIV positive women on long term Anti-Retroviral Treatment (ART):** Out of a total of 150 women on ART, Dr. Glory Alexander presented the interim analysis on 69 women who had completed the WHO QoL BREF questionnaire. While most of the women in the first two groups of less than 5 years and 6 to 10 years showed a relatively good QoL scores, the third group of women (more than 10 years on ART) consistently showed lower scores across all domains which were also statistically significant in some domains. It was decided to proceed with completion of the questionnaire in the remaining 81 women and carry out full analyses. During the discussion there was a suggestion to add a section on what made a difference to their QoL and what are their concerns at this point in time of completing their questionnaire.

**(d) The effectiveness of a Health Education Programme on Character Building and Development of Life Skills in Middle School children-** The background, justification for research and study objective were presented by Joyce Davis. The sample studied were class VII students who have completed unit I of Anmol Ashayein.. 600 responses were planned for the test group. 300 from Bengaluru and 300 from Pune. The pre test was done before the programme started and the post test was done on completion of the program. In the control group of this study in Bengaluru, all the pre test responses have been received. The post test is yet to be administered and collected. In the Pune group the pre and post test have yet to come in. A preliminary analysis of responses for which data entry was completed for the Bengaluru test group (192 responses) was presented. The general finding was that the intervention had increased the self esteem of students. Self esteem in relation to the age, gender and socioeconomic status of the parents will also be studied. Self esteem increased with age, boys showed a higher self esteem than girls. The socioeconomic status of parents had no bearing on the self esteem of their children. Board members remarked that this was an experimental study therefore paired comparisons should be looked into. Detailed analysis would be presented once all the data was received.

**(e) Long Term impact of AHE (Anmol Ashayein) on 12<sup>th</sup> standard students :** Joyce Davis . Background of the research and progress on it was presented. The plan was to get information about the students when they are in the 12<sup>th</sup> class since they would have completed the Anmol Ashayein program in class 9. Several challenges were faced in doing this study .: During the past year Pune has had a change in admission policy for the 11<sup>th</sup> Class admission. As a result all the schools that had been contacted to participate in the research did not continue to have an 11<sup>th</sup> and 12<sup>th</sup> class. Another challenge was the delay in the admission procedure due to the political elections. The suggestion was to administer the questionnaire in the coming academic year. Board members felt that this was an important study and will await for the data to be analyzed.

### **Papers being written up for publication:**

**1. Profile of people attending an ICTC for pre-test counseling in an Urban center in Bangalore, Karnataka**

**Investigators-** Glory Alexander, Priyanka M, Kalpana

**2. An observational study to determine the coping mechanisms of HIV Positive widowed women**

**Investigators-** Glory Alexander, Priyanka M, Kalpana

**3. Experience and outcome in usage of extended PPTCT protocols in South India**

**Investigators-** Glory Alexander, Reena Joy, Philimol Philip, Kalpana

**4. Constructivist Methodology in professional development of teachers**

**Investigators :** Joyce Davis, Baiju Sebastian, Glory Alexander

**5 .The intellectual, social and emotional impact of HIV infection in children -A comparative study:**

**Investigators:** Glory Alexander, Sarita Rao, Ram Babu

### **Current projects of ASHA Foundation:**

**1. Determination of perinatal transmission with 3 drug ARV prophylaxis in breast feeding population in private sector setting in South India**

**Project period-** 2013 -2017

**Investigators-**Glory Alexander, Reena Joy, Philimol Philip, Kalpana

**Status-** Data collection- One hundred and seventy five mothers have been included in the study and the status of the last baby will be known in March 2019.

**2. A Survey on estimation of self esteem in school going adolescents in India**

**Project period-** 2013 -2016

**Investigators-** Joyce Davis, Baiju Sebastian, Glory Alexander

**Status –** Data entry of 9600 students have been completed. Analysis has to start.

**3. Title of the project: Challenges faced by Discordant couples in family support and coping with**

**Project period:** 2017-2019

**Investigators:** Glory Alexander, Remya Alan Thomas

This was a two year, descriptive, cross sectional study to determine the challenges faced by sero-discordant HIV couples and their coping strategies. A detailed questionnaire would be used. So far questionnaires on twelve couples have been completed.

**Paper published so far:**

- 1. Assessment of workshop-based training of teachers for imparting value based education to high school students.-** Joyce Davis, Dr. Glory Alexander, Chitra Lancelot, Dr.PSS Sundar Rao- Journal of Educational Research and Extension; volume 43,Oct-Dec 2006.pages 10-17.
- 2. Exploring the barriers to accessing care and treatment for HIV infected children in India-A diagnostic study- Research update –April 2007-**published by Population Council – collaboration of population Council, Avina Sarna, Jaleel ahmed, Glory Alexander, Vaishali Mahendra et al.
- 3. Counseling Needs Of Persons Exposed To Human Immuno-Deficiency Virus**G. Alexander, B.G. Sunitha, K.L.Chitra. – Indian Journal of medical research 126,August 2007,pp152-155.
- 4. Value education for children- whose responsibility ?** -Joyce Davis, **Glory Alexander**, PSS Sundar Rao –New Frontiers in Education, Vol-40, No-3, July-Sept 2007 pp246-250.
- 5. Mapping the future-Students response to Adolescent Health Education-**Joyce Davis, **Glory Alexander** – booklet June 2009
- 6. Response of Indian School Students to Adolescent Health Education-** Joyce Davis, Glory Alexander, PSS Rao- New Frontiers in Education, Vol.43,No.4,October -December 2010 pp 494-499.
- 7. Prevention of mother to Child transmission of HIV- Our experience in South India-** Karthikeyan Vijaya, **Alexander Glory**, Solomon Eileen,Rao Sarita, Rao PSS Sunder- Journal of Obstetrics and Gynaecology of India, Jan/Feb 2011, Pg.62-66
- 8. A descriptive study on the users and utility of HIV/AIDS Helpline in Karnataka , India –** **Alexander G**, Kanth.C, Thomas.R.- Indian J Community Med 2011; 36:17-20
- 9. Demographic Predictors of HIV positivity among Women presenting for Obstetric care in South India- a case control study-** E. Solomon, F. Visnegarawla, P. Philip, **G. Alexander** – AIDS care journal . Vol-23, No.10, October 2011 pp-1336-1343
- 10. Impact of antiretroviral therapy (ART) on socio-economic status and productivity of HIV-positive individuals/households in a private setting in India.** Visnegarwala, F., Nalli, A., Babu, R., Satish, S., Pradeep, L., & Alexander, G .Journal of the International Aids Society - Vol. 15, (Suppl 3) October 2012 pp. 257-258

**1. Description of Comprehensive PPTCT Counsellors' Training: The Backbone of PPTCT Services in India**-Solomon E, ; Visnegarwala F; Philip P; Pappachen JS, ; **Alexander .G**  
Journal of Health Management. Vol 14,No.3,Sept.2012 pp 369-374

**12. The HIV/AIDS Helpline is an effective tool of communication – Glory Alexander**, Chitra L.Kanth, Priyanka Manoharan, Merlin Maria, Diptty Joseph. World Journal of AIDS Vol 4, Aug 2014, pp 305-310

**13. Teachers training workshops: a capacity building strategy for mainstreaming HIV/AIDS prevention education among adolescents.**

Davis, Joyce Chitra; Sebastian, Biju; Alexander, Glory, New Frontiers in Education, Vol 47, No.4. Oct-Dec 2014 pp 54-66

**14. Growth and Development of children living with Human Immunodeficiency virus in South India –A comparative study-** Glory Alexander, Sarita Rao, Saranya Satish, Ram Babu –Indian Journal of Child Health- Vol 4, Issue 2, Apr-June 2017 PP 162-169.

#### TRAININGS ATTENDED 2017-18

Sl No	Date	Topic	Name	Venue	No. of Days	Conducted by	Timings
1	21.04.2017	BHAF monthly meeting	Shivamma	Radio Active office Near Atria Hotel	½ day	BHAF	2.30 pm to 5.00 pm
2	05.05.2017	GAWA Program meeting	Shivamma	Radio Active office Near Atria Hotel	½ day	BHAF	2.30 pm to 5.00pm
3	19.05.2017	GAWA Program meeting	Shivamma	Milana office Austin town	½ day	BHAF	11.00 am to 2.00pm
4	21.05.2017	GAWA Program	Malathi Sridevi	Gidenahalli, Tavarekere	½ day	BHAF	3.00 pm to 6.00pm
5	28.05.2017	CMCJ State & National Conveners & KNH retreat	Dr.Glory Alexander	Rural Institute for community Education, Mathakondapalli Model School, Hosur	½ day	CMCJ & KNH	10.30 am to 2.30 pm

6	16.06.2017	BHAF monthly meeting	Shivamma	Radio Active office Near Atria Hotel	½ day	BHAF	2.30pm to 5.00pm
7	25.06.2017	Radio Active Office Inaguration function ( 10 years completion )	Shivamma Archana Santosh	Radio Active office near Atria Hotel.	½ day	Radio Active	11.30 am to 6.00 pm
8	02.07.2017	Annual General Body Meeting- ANP+	Shivamma	Arunodaya Net work for positive, Magadi Road, Summanahalli Support office	1	Arunodaya Network for Positive	10.30 am to 5.00 pm
9	15.07.2017	CMCJ Karnataka Chapter meeting & Action Plan	Dr.Glory Alexander Mr.Ramu	VISTAAR	½ day	CMCJ Karnataka Chapter	10.00 am to 1.30pm
10	21.07.2017	BHAF monthly meeting	Shivamma	Radio Active office Near Atria Hotel	½ day	BHAF	2.30 pm to 5.00 pm
11	30.08.2017	CMCJ Karnataka Chapter meeting with 2 <sup>nd</sup> line staff	Mr.Ramu	VISTAAR	½ day	CMCJ Karnataka Chapter	10.00 am to 12.15pm
12	20.09.2017	MSIT	Ms.Silvia & Ms.Teena	Vigyan,Lavell e Road	2 hours	Volunteering Oportunities	9.00 am to 11.00 pm
13	21.09.2017	OWC	Ms.Silvia & Ms.Priyanka	Hotel Leela palace,old Airport Road	½ day	OWC Charity showcase	9.00 am to 1.30 pm
14	04.01.2018	All India Principals conference	Joyce Davis	Bishop cotton Boys High School, Bangalore	½ day	All India Principals Association for Anglo Indian Schools	8.00 am to 1:00 pm
15	29.01.2018 to 31.01.2018	Workshop on fundamentals of Bio statistics, Epidemiology and data	Joyce Davis Maya Singh	Christian Medical College Vellore ,TN	3 days	Department of Bio-Statistics CMC Vellore	9.00 am to 5:00 pm
16	16.02.2018	BHAF monthly meeting	Shivamma	Radio Active office Near Atria Hotel	½ day	BHAF	2.30 pm to 5.00 pm
17	16.03.2018	BHAF monthly meeting	Shivamma	KSAPS CV Raman Hospital Indiranagar	½ day	BHAF	2.30 pm to 5.00 pm



### TRAINING PROGRAMS CONDUCTED 2017-18

Sl. No	Date	Topic	For whom	Venue	No. of participants	Conducted by
1	06.04.2017 to 08.04.2017	Leadership Team Training for Camp Rainbow Bangalore and Chennai LT Members CRC5+CRB5	LT members of Camp Rainbow Bangalore and Chennai	YRGCARE, Chennai	10	ASHA Foundation, YRGCARE & Seriousfun
2	22.4.17 to 24.4.17	V Mumbai Teacher's Training Workshop,	For teachers	Vispute College of Education, Panvel, Mumbai	47	Bethesa Jacob Biju Sebastian Maya Singh Joyce Davis
3	23.04. 2017	Staff Information Session 45 staff + 5LT	Potential camp staff	United Theological College (UTC), Bangalore	50	Camp Rainbow Bangalore, ASHA Foundation
4	27.04.2017 to 01.05.2017	Staff Training for 48 Volunteers + 6 LT	Camp staff	SAIACS CEO Centre, Doddagubbi, Bangalore	55	Camp Rainbow Bangalore, ASHA Foundation
5	06.05.2017	Work of ASHA Foundation & Adolescent Health Education	All India Women's Group	Glorious Promised Land, Chikbalapur, Bangalore	97	Agnes Benjamin Joyce Davis
6	06.05.2017 to 07.05.2017	Staff Training Recap & Pre-Day for Campers' Arrival	Camp staff	SAIACS CEO Centre, Doddagubbi, Bangalore	48	Camp Rainbow Bangalore, ASHA Foundation
7	08.05.2017 to 12.05.2017	Residential Camp Session 1 for 30 CLHIV + 36 Staff + 6 LT	Campers	SAIACS CEO Centre, Doddagubbi, Bangalore	72	Camp Rainbow Bangalore, ASHA Foundation

8	15.05.2017 to 19.05.2017	Residential Camp Session 1 for 50 CLHIV + 36 Staff + 6 LT+ 3 Caregivers	Campers	SAIACS CEO Centre, Doddagubbi, Bangalore	95	Camp Rainbow Bangalore, ASHA Foundation
9	22.05.2017 to 27.05.2017	Residential Camp Session 1 for 40 CLHIV + 30 Staff + 6 LT+ 2 Caregivers	Campers	SAIACS CEO Centre, Doddagubbi, Bangalore	78	Camp Rainbow Bangalore, ASHA Foundation
10	25.05.17 to 27.05.17	55 <sup>th</sup> Teachers Training Workshop,	For teachers	Sacred Heart Boy's High school, Richmond Road, Bangalore	47	Bethesa Jacob Tarini wilson Maya Singh Joyce Davis
11	28.05.2017	Staff Appreciation Day for 41 Staff + 4 LT	Camp staff	SAIACS CEO Centre, Doddagubbi, Bangalore	45	Camp Rainbow Bangalore, ASHA Foundation
12	20.05.2017 & 22.06.2017	Camp Debrief Meeting by the Camp Leadership Team	Camp Leadership team	ASHA Foundation	7	Camp Rainbow Bangalore, ASHA Foundation
13	01.07.2017	“Who do I want to become “	8- 10 class students	Gnanabodhini High School,Kengeri 2hrs program –	530	Tina Maya Singh Joyce Davis
14	01.07.2017 to 31.07.2017	Hands on Training KNH PMTCT	1 program officer	ASHA Foundation Bangalore	1	Dr Reena
15	05.08.2017	1st Follow-up Day Camp 2017- Session I (9 campers; 4 Non- campers+ 4 Org staff)	ACCEPT, Doddagubbi, Bangalore	Campers	20	ASHA Foundation Camp Rainbow Bangalore (3 LT)
16	06.08.2017	1st Follow-up Day Camp 2017- Session II (14 campers+ 1 Caregiver)	VISTHAR, Bangalore	Campers	32	ASHA Foundation Camp Rainbow Bangalore (4 LT+13 staff)
17	08.08.2017	Team Building	staff	ASHA premises	15	Joyce Davis Saranya
18	12.08.17	Respect-No smoking	Students	Gnanabodhini High School, Kengeri	250	Tina Maya singh Joyce Davis

19	10.09.2017	1st Leaders in Training programme 2017- (6LITs)	SAIACS, Bangalore	Young Adults within 17 to 23 years	12	ASHA Foundation Camp Rainbow Bangalore (2 LTs+1 med LT+1 support LT+2 staff+1 guest speaker)
20	30.09.2017	1st Follow-up Day Camp 2017- Session III (44 campers+ 5 Org staff/ Caregivers)	Calvary Chapel Trust Boy's home, Bangalore	Campers	56	ASHA Foundation Camp Rainbow Bangalore (2 LT+4 staff+1 Asha staff)
21	07.10.2017	1st Follow-up Day Camp 2017- Session IV (21 campers+ 7 non-campers+4 Org Caregivers)	CCT girls home, Bangalore	Campers	37	ASHA Foundation Camp Rainbow Bangalore (2 LTs+1 support LT+1 staff+ 1 Asha Staff)
22	10.10.2017 to 12.10.2017	X Pune Teachers Training Workshop	For teachers	Abhinav Institutions, Pune	54	Bharathi Moses Tina Bethesa Jacob
23	21.10.2017	1st Re-union ( session 1)2017,Mysore(Camp ers 44+ Non-campers 14+27 guardians+13Network staff	Anandajyothi Network, Mysore	Campers	119	ASHA Foundation Camp Rainbow Bangalore (3 LTs+1 support LT+7Camp staff+ 9 other volunteers+ 1 A.F staff)
24	29.10.2017	1st Re-union ( session 2)2017,Bangalore(72 Campers + 8Non-campers + 5 Org caregivers+12 guardians	SAIACS, Bangalore	Campers	138	ASHA Foundation Camp Rainbow Bangalore (3 LTs+1 med.staff+1 support LT+23 Camp staff+ 7other volunteers+ 6LIT )
25	18.11.2017	2nd Follow-up Day Camp 2017- Session I (8 campers; 6 Non-campers+ 2 Caregivers)	ACCEPT, Doddagubbi, Bangalore	Campers	18	ASHA Foundation Camp Rainbow Bangalore (2LT)
26	19.11.2017	2nd Follow-up Day Camp 2017- Session 2 (13 campers+ 29 non-campers+16 volunteers)	CCT girls home, Tuticorin, Tamil Nadu	Campers	62	ASHA Foundation Camp Rainbow Bangalore (2 LTs+2 Camp Staff)
27	23.11.2017	2nd Follow-up day camp session 3(Children 6+ Caregivers 6)	Chirajeevana Network, Tumkur	Campers	15	ASHA Foundation Camp Rainbow Bangalore (2 LTs+1 AF staff)
28	26.11.2017	2nd Follow-up Day Camp 2017- Session 4(18 campers; 11 Non-campers+ 5 Caregivers)	CCT girls home, Banashankari, Bangalore	Campers	40	ASHA Foundation Camp Rainbow Bangalore (1LT+4 staff+1 Asha staff)

29	09.12.2017	2nd Follow-up day camp -2017-session 5 (8 campers+ 2 campers+ 5 Caregivers)	Anandajyothi Network, Mysore	Campers	18	ASHA Foundation, Camp Rainbow Bangalore(2LT + 1 Asha staff)
30	10.12.2017	2rd Follow-up day camp-2017-session 6(42 Campers + 10 non-campers+ 1 caregiver)	Calvary Chapel Trust Boy's home, Bangalore	Campers	58	ASHA Foundation, Camp Rainbow Bangalore(1LT + 1 Asha staff+ 3 camp staff)
31	16.12.2017 & 17.12.2017	LIT Residential Programme(10 LITs)	VISTHAR, Bangalore	Young Adults within 17 to 23 years	15	ASHA Foundation Camp Rainbow Bangalore (3LT+1 support LT+1 med staff)
32	30.12.2017	2rd Follow-up day camp-2017-session (3 Campers + 2 non-campers+ 2caregiver)	ASHA Foundation, Bangalore	Campers	9	ASHA Foundation Camp Rainbow Bangalore (2LT)
33	18.01.2018 & 19.01.2018	Capacity Building Programme	Camp Leadership team	Frontier Management Centre, Bangalore	16	Camp Rainbow Bangalore, ASHA Foundation
34	24.02.2018 to 26.02.2018	VI Mumbai Teachers Training Workshop	For teachers	Gokhale High School, Karghar, Navi Mumbai.	62	Bharathi Moses Maya Singh Tarini Wilson Biju Sebastian Joyce davis
35	08.03.2018	Women"s Issues	For Women	<b>"Everest Bhoomika 2018"</b> held at Davaram Hotel Suits, Hosur Road, Bangalore	150	Dr. Glory Alexander
36	08.03.2018	Women"s Health	For staff of Bangalore Baptist Hospital	Bangalore Baptist Hospital, Hebbal, Bangalore	150	Dr. Glory Alexander

## **Other Matters:**

### **Resignation and new staff:**

During the year, three staff of ASHA Foundation resigned and two new members joined the organization.

**International Travel during the year:** There was no international travel during the year

### **Information on distribution of staff by gender and Salary:**

Slab of gross monthly Salary(in Rs) plus benefits paid to staff	Male staff	Female staff	Total staff
<2500	-	-	-
<7000	-	-	-
<15000	1	2	3
<30000	1	13	14
<50000	3	1	4
>50000	-	3	3

### **Disclosure of salary and benefits of head, highest paid staff member and Lowest paid staff member of organization :**

1. Head – Rs.64,993/-per month + Health Insurance
2. Highest paid - Project Coordinator-AHE  
Salary+ Provident fund+ Accident insurance+ Health insurance + gratuity  
= Rs.59,146/-per month
3. Lowest paid -- Outreach worker  
Salary + Provident fund+ Accident insurance + Health care + Gratuity  
= Rs.13,048/- per month



## **Our heartfelt gratitude to the following:**

Members of the Governing Board of ASHA Foundation for their input and guidance

1. Chairman and Members of the Research Advisory Board of ASHA Foundation
2. Kindernothilfe, Germany and KNH India
3. Mr. Krishna Chivukula and INDO-US MIM-Tech Pvt.Ltd for their unending generosity in supporting ASHA Foundation since 2005.
4. Mrs. Soma Philip for her generous contribution to ASHA Foundation.
5. Good News Scotland Health Trust and Ms. Lorna Murray for their generous support to ASHA Foundation
6. Mr. Sridhar, NR Greenwoods and staff for their support to ASHA Foundation.
7. Serious Fun network , USA for their partnership in Camp Rainbow
8. YRG care, Chennai, for their partnership in Camp Rainbow
9. WIPRO cares for educational support to our children
10. Charities Aid Foundation (CAF) India towards the support for investigations and drugs and programs for HIV infected and affected individuals.
11. Overseas Women's Club and Ms. Anitha for supporting telephone Counseling project and equipment needs.
12. Mr. H.V. Hegde of Intra Modal Services for his generous contribution to ASHA Foundation
13. Mr. Madhu, for his regular contribution to ASHA Foundation
14. Mrs. Sheila Isaac, for her regular contribution to ASHA Foundation.
15. All our other regular donors, volunteers and well wishers who have always Supported ASHA Foundation.

**ASHA FOUNDATION**  
[#42, 4th Main SBI Colony, Anand Nagar, Bangalore - 560024]

**CONSOLIDATED BALANCE SHEET AS ON 31.03.2018**

PARTICULARS	SCHEDULE	AMOUNT	AMOUNT
<b><u>I. LIABILITIES:</u></b>			
1. Local Funds	1		5,157,352.81
2. Foreign Funds	2		11,566,392.90
3. Provisions	3		233,225.00
<b>TOTAL</b>			<b>16,956,970.71</b>
<b><u>II. ASSETS:</u></b>			
1. Fixed Assets	4	3,903,180.59	3,535,352.04
Less: Depreciation		367,828.55	
Net Block			
<b><u>1. Current Assets:</u></b>			
Cash & Bank Balances	5	12,902,801.67	13,421,618.67
Other Current Assets	6	518,817.00	
Notes to Accounts	7		
<b>TOTAL</b>			<b>16,956,970.71</b>


As per our report of even date.  
for Sunil Fernandes & Associates

  
Sunil Fernandes  
Chartered Accountant  
Member No.202532

Place: Bangalore  
Date: 21.08.2018



for ASHA Foundation

  
Dr. Glory Alexander  
Trustee

  
Dr. Alexander Thomas  
Trustee



**ASHA FOUNDATION**  
[#42, 4th Main SBI Colony, Anand Nagar, Bangalore - 560024]

**CONSOLIDATED INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDING 31.03.2018**

PARTICULARS	SCHEDULE	AMOUNT	AMOUNT
<b>I. INCOME:</b>			
<u>1. Receipts During the Year</u>			
Foreign Contributions Received		7,696,754.57	10,892,452.04
Local Contributions Received		3,195,697.47	
<u>2. Other Income</u>			
Savings Bank Interest		157,964.00	971,096.53
Fixed Deposit Interest		778,971.00	
Uncleared Expenses Written Back		7,676.53	
Provisions Written Back		24,120.00	
Sale of Craft Items		1,085.00	
Sale of Scrap Items		1,280.00	
<b>TOTAL INCOME</b>			<b>11,863,548.57</b>
<b>II. EXPENDITURE:</b>			
<u>1. Local Project Expenses</u>			
a). CAR Project Expenses	8	978,625.35	2,394,866.16
b). Research Project Expenses	9	326,706.00	
c). General Project Expenses	10	1,089,534.81	
<u>2. FC Project Expenses</u>			
a) KNH/CAR Project Expenses	11	3,068,448.09	12,608,471.95
b) PMTCT Project Expenses	12	2,618,550.16	
c) Krishna Project Expenses	13	968,588.00	
d) Research Project Expenses	14	2,907,086.07	
e) General Project Expenses	15	3,045,799.63	
Depreciation	4		367,828.55
Notes to Accounts	7		
<b>TOTAL EXPENDITURE</b>			<b>15,371,166.66</b>
<b>Excess of Income/(Expenditure) transferred to Balance Sheet</b>			<b>(3,507,618.09)</b>

As per our report of even date.  
for Sunil Fernandes & Associates

*Sunil Fernandes*

Sunil Fernandes  
Chartered Accountant  
Member No.202532

Place: Bangalore  
Date: 21.08.2018



for ASHA Foundation

*Dr. Glary Alexander*

Dr. Glary Alexander  
Trustee

*Dr. Alexander Thomas*

Dr. Alexander Thomas  
Trustee



**ASHA FOUNDATION**

[#42, 4th Main SBI Colony, Anand Nagar, Bangalore - 560024]

**CONSOLIDATED RECEIPTS AND PAYMENTS ACCOUNT FOR THE PERIOD FROM 01.04.2017 TO 31.03.2018**

PARTICULARS	SCHEDULE	AMOUNT	AMOUNT
<b><u>I. RECEIPTS:</u></b>			
<b><u>1. Opening Balances</u></b>			
Cash and Bank Balances		1,236,719.42	
Fixed Deposits		17,963,784.00	
Prepaid Insurance		16,252.00	19,216,755.42
<b><u>2. Receipts During the Year</u></b>			
Grant received from INDO US MIM TEC (P) LTD		4,000,000.00	
Grant from KNH Germany		3,675,965.57	
CAF - GAYE		20,789.00	
Donation - CAF (GAYE)		146,826.00	
Donation & Contribution A/c		372,396.00	
Donation & Contribution Others		1,132,412.00	
Donation - OWC		389,603.00	
Donations - Telephone Counselling		16,700.00	
Donation Through Online-Donamojo Online (P) Ltd		6,595.26	
LAC Sustainability		1,500.00	
Grant received from Wipro Cares		839,792.00	
Reimbursement of Diesel Expenses		103,318.00	
Excess Receipt from projects		186,555.21	10,892,452.04
<b><u>3. Other Income</u></b>			
Savings Bank Interest		157,964.00	
Fixed Deposit Interest		778,971.00	
Uncleared Expenses Written Back		7,676.53	
Sale of Craft Items		1,085.00	
Sale of Scrap Items		1,280.00	946,976.53
<b><u>4. Other Receipts during the year</u></b>			
Sale of Fixed Assets		600,000.00	
Salary Advance repaid		17,500.00	
Rental Deposit		150,000.00	
TDS on Contract Payable		30,612.00	
Reimbursement - Telephone Counselling		2,520.00	
Medicine Purchased on Credit		59,093.00	859,725.00
Contingent Liability			25,428.00
<b>TOTAL RECEIPTS</b>			<b>31,941,336.99</b>
<b><u>II. PAYMENTS:</u></b>			
<b><u>1. Local Project Expenses</u></b>			
a). CAR Project Expenses	16	978,625.35	
b). Research Project Expenses	17	326,706.00	
c). General Local Expenses	18	1,088,748.81	2,394,080.16
<b><u>2. FC Project Expenses</u></b>			
a) KNH/CAR Project Expenses	19	3,033,911.09	
b) PMTCT Project Expenses	20	2,587,444.16	
c) Krishna Project Expenses	21	968,588.00	
d) Research Project Expenses	22	2,873,235.07	
e) General Project Expenses	23	3,039,639.63	12,502,817.95



3. Purchase of Fixed Assets	4	3,600,943.00	3,600,943.00
<u>4. Previous Years Provisions paid during the year</u>			
Self Art Others		47,059.00	
Wipro Cares		27,721.00	
Social Security and Other Allowances		255,505.01	
Employees Provident Fund		907.00	
Professional Tax Payable		200.00	
Salary Payable		18,782.00	
TDS on Salaries		940.00	
Telephone Charges payable		2,520.00	
Payable to Biju Sebastian		1,292.20	354,926.21
5. Rent Deposit			100,000.00
<u>6. Closing Balances</u>			
Cash and Bank Balances		1,291,760.67	
Fixed Deposits		11,611,041.00	
TDS on Profession		-	
TDS Receivable		81,188.00	
Reimbursement Receivable		2,912.00	
Advance Rent Paid		1,668.00	12,988,569.67
Notes to Accounts	7		
<b>TOTAL PAYMENTS</b>			<b>31,941,336.99</b>

As per our report of even date.  
for Sunil Fernandes & Associates

*Sunil Fernandes*  
Sunil Fernandes  
Chartered Accountant  
Member No.202532

Place: Bangalore  
Date: 21.08.2018



for ASHA Foundation

*Dr. Glory Alexander*  
Dr. Glory Alexander  
Trustee

*Dr. Alexander Thomas*  
Dr. Alexander Thomas  
Trustee











Office Address:

## ASHA Foundation

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