

ASHA Foundation Bangalore

ANNUAL REPORT 2015-2016

ASHA FOUNDATION BANGALORE



ANNUAL REPORT 2015-2016

ASHA Foundation

Mailing Address: No.42, SBM Colony,

4th Main,

Anand Nagar,

Bangalore -560024

Karnataka

Telephone numbers: 00 91 80 2333 2921 / 23545050

Fax: 00 91 80 2333 2921 **Email:** ashafblr@yahoo.co.in

Website: www.ashaf.org

Contact person: Dr. Glory Alexander

Statutory requirements and registrations

- ❖ Registered on 7.3.1998 as a Charitable trust in Shivaji Nagar, Registrar's office, Bangalore.Registration number- 849/97-98
- ❖ Amended trust deed document no.- 899/04-05
- ❖ Certificate under 12(A) of IT Act 1961 obtained on 1.5.1998 and
- ❖ No.is-Trust/718/10A/Vol.A.I/A.772/98-99/CIT-II
- ❖ Recognized U/S 80 G of IT Act 1961 latest recognition is from 1.4.2010 onwards.
- ❖ PAN No. is available. TAN No. is available.
- * Registered under FCRA. FCRA no. is available.
- Recognition as Scientific and Industrial Research Organisation under DSIR, GoI from April 2014 to March 2017
- ❖ Accredited as member of Credibility Alliance for minimum norms for five years from 2014 to 2019. Accrd. No- CA/02/2014
- ❖ Registered with Regional provident Fund Commissioner-KN/41859
- ❖ Bankers name- Punjab National Bank ,Anand Nagar, Bangalore-560024

Vision : Our vision is to prevent HIV infection in the community and to empower and uplift people infected and affected by HIV/AIDS and other vulnerable communities

Mission:

- To build the capacity of vulnerable communities and to advocate for them.
- * To provide awareness, prevention, education, training and to network effectively with all stakeholders.
- ❖ To provide counseling, testing, treatment, support and rehabilitation to people infected and affected by HIV/AIDS and vulnerable communities.
- ❖ To conduct research in all aspects of our work.
- * To empower the communities that we work with.

Aims:

- 1. To build awareness of HIV/AIDS infection in the community.
- 2. To provide HIV testing in a non-coercive and non-stigmatized environment both voluntary and anonymous.
- 3. To train counselors in HIV/AIDS.
- 4. To provide counseling to HIV patients, their families and the community.
- 5. To provide a character based comprehensive Adolescent Health Education curriculum in schools.
- 6. To provide personalized, quality, medical care and palliative care to patients with HIV/AIDS irrespective of their ability to afford treatment.
- 7. To interact with other institutions of learning and constantly update our knowledge of the illness and to incorporate new teachings into our treatment and care of patients.
- 8. To network with other voluntary, statue, central and other institutions including Non-Governmental Organizations to provide wide ranging care effectively
- 9. To rehabilitate HIV / AIDS patients and families.
- 10. To conduct and help research in HIV / AIDS
- 11.To provide specialized training for Doctors, Nurses and allied Health professionals in the field of HIV / AIDS.
- 12. To make a difference in the lives of patients living and dying with AIDS.

Board of Trustees of ASHA Foundation

Sl.No	Name	Qualification	Occupation	Address
1.	Mr. George Ninan Member	M.A	Consultant	1407, Hennur main Road Bangalore 560084
2.	Mr. Vijay Chandy Member	B.Sc, PGDIR&W(XLRI)	Management Consultant	161,19 th main,1V Block Koramangala Bangalore-560095
3.	Dr.Paul Salins Member	MD, FDSRCS,PGD (pall.care)	Medical Director & Vice President Narayana Hrudalaya and mazundar Shaw Cancer Center	No.258/A Bommasandra Industrial Area Hosur Road Anekal Taluk Bangalore-560099
4.	Dr.Sajan George	Ph.D in Humanities	National Vice President SC/ST and Minorities Employees Federation	C001 Gina Ronville Apts K.Narayanapura Cross Kothanur Post Bangalore-560077
5.	Dr.Alexander Thomas Member	D.Orth, MS Orth, M.Phil (HHSM) PGDML&E	Executive Director-AHPI Consultant,World Bank	AHPI Office No.27. First Floor GVR Plaza Bellary Road Bangalore 560024
6.	Dr.Glory Alexander Member	MBBS,MD	Director, ASHA Foundation	No.42,4 th main SBM Colony Anand Nagar Hebbal Bangalore-560024

None of the Board members of ASHA Foundation received any remuneration or reimbursement during the year. Dr. Glory Alexander in her capacity as Project Director of the PMTCT project, and HIV/AIDS physician received remuneration during the year.

This report is for the period April 2015 to March 2016. The following projects were continued during the financial year.

- 1. The HIV/AIDS counseling services including the AIDS Helpline and Telephone Counseling service.
- 2. Adolescent Sexual Health Education Project named Anmol Ashayein
- 3. The KNH-CAR Project-Children at risk project
- 4. The KNH-PMTCT Project Prevention of Mother to Child Transmission of HIV project
- 5. Camp Rainbow Project
- 6. Research projects- Research is integrated into every project and maybe scientific, operational, or social sciences research.

1. The HIV/AIDS counseling services including the AIDS Helpline and Telephone Counseling service.

ASHA Foundation is located in the urban district of Bangalore. ASHA Foundation introduced the manual telephone counseling line for HIV/AIDS in the year 2000. The HIV/AIDS helpline functions on five days of the week from 9.00 am to 5.00 pm. There are two manual helplines.

Target:

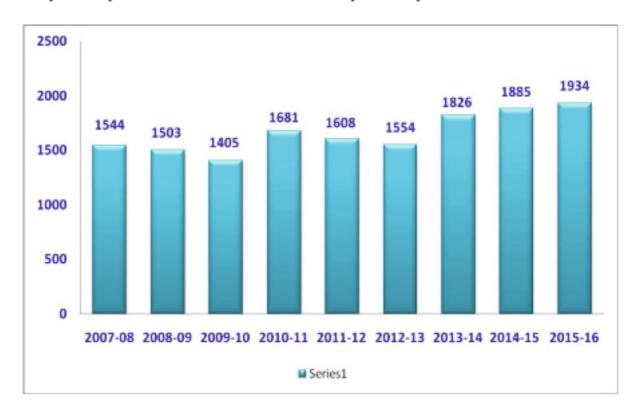
- (i) To increase the number of telephone calls by 5% from the year 2014-15 (1979 calls)
- (ii) To increase the number of email queries by 5%
- (iii) To increase the number of counseling sessions by 5%
- (iv) To conduct awareness sessions on HIV/AIDS every year

The project has completed 15 years. Presently the activities under this project are

- 1. Telephone counseling
- 2. Face to Face counseling
- 3. E mail queries
- 4. Awareness programs
- 5. Training
- 6. Research

ITEM	No. of Calls
Number of calls received on 23542222 & 23543333 from April 2015- March 2016	1934
Cumulative total since 2000	22280

Graphical representation of calls received on telephone helpline



E- Mail Queries

Year	Number of queries
April 2015-March 2016	133
Cumulative total since 2008	590

Abc

To

ashafblr@yahoo.co.in

08-05-2015 at 3:07 PM

Thanks for your kindness. You are doing a great job for lots of people

Xyz

To

ashafblr@yahoo.co.in

May 19 at 11:02 AM

Thanks for your sincere response and valuable comments

Thank you.

Regards.

To

ashafblr@yahoo.co.in

8-06-2015 at 6:17 PM

Hi Asha Foundations,

I am very much satisfied with the suggestion and the awareness you have given to me, I am very much relaxed now. With a kind gesture i want to donate some amount to you as discussed in the call today. Please revert back with the details to which i have to send.

Thanks,

 \mathbf{Z}

Publicity

Type of publicity	April 2015-March 2016
Newspaper advertisement	21
Number of calls as a result of Newspaper ads	111
Number of calls from Posters	23
Cumulative total of Newspaper advertisement (since March 2010)	454

Awareness Programs Conducted By ASHA Foundation

	Date	Topic	For whom	Venue	No. of participants	Conducted by	Timings
1	28.03.2016	HIV/AIDS Awareness session	House Maids & House Wives	Nagana halli	35	Priyanka. M	04.45 pm to 06.00 pm

Counselling Details

Type of counseling	April 2015-March 2016
Pre test counseling	112
Adherence counseling	66
Follow-up counseling	75
Family counseling	38
People refd. to Ramu	2
People refd. to other services	0
Total counseling sessions	266
No. of HIV tests done	98(2)people not tested in wp
	(7) people came for information
No. of HIV tests Positive	39
No of HIV tests negative	59
Cumulative counseling sessions	7731

2. Adolescent Health Education

Concept of Adolescent Health Education

Protection of children has been a matter of much concern and as a result there have been policies that have been put in place. The POCSO Act 2012 is one such policy. This act attempts to make people aware about how children can be protected from abuse. While this is one side of the coin the other is to empower children to be able to face their own areas of vulnerability. This vulnerability is due to their growing social, emotional, mental, physical needs and their environment.

If children and adolescents are provided an intervention that would enable them to face the changes in their world there would be greater preparedness for their vulnerability.

Concern about Adolescents

ASHA Foundation's Adolescent Health Education program is built around this concern, the "other side of the coin". Children and adolescents need to be empowered and schooling provides some ways by which children are helped through their growing years. ASHA Foundation's *Anmol Ashayein* resource addresses this concern in a practical way by weaving it into the school curriculum. WHO names these concerns in the five dimensions of a person. These dimensions are emotional, mental, social, physical and spiritual. Each of these dimensions affects the other since it is interrelated. It is in each of these dimensions that the adolescent is vulnerable. These five dimensions form the frame work of the curriculum along with respect and responsibility interwoven into each lesson.

ASHA Foundation's strategy to address the need

Training of teachers/volunteers from schools and other institutions

Implementation in schools / and other institutions.

Wherever possible, parents are encouraged to participate in the strategy.

Adolescents are empowered for short term and long term outcomes

The Curriculum Frame work

Two components that have been intertwined are character building and Life skills. 10 Life Skills have been named by WHO (1993) which have been incorporated into the curriculum.

Decision making Problem solving
Creative thinking Critical thinking
Communication Interpersonal skills

Self awareness Empathy

Coping with emotions Coping with others

Foundational Beliefs in the Curriculum

- 1 Responsibility and respect are basic values in any relationship.
- 2 Responsibility and respect are choices based on our values.
- 3 The best way to influence character is to build values.
- 4 Healthy behavioral choices are outcomes of one's values and character.

Different activities were carried out under the Adolescent Health Education project to fulfill its goal of empowering adolescents to face the challenges in their life. These activities are

The process

The curriculum consists of six units. The first unit deals with self and appreciation of self. The second unit deals with friendship, both real and virtual. The third unit deals with infatuation, love, marriage and companionship. The fourth unit deals with medical topics, HIV/AIDS, sexually transmitted infections, drug and alcohol abuse, smoking, the fifth unit deals with life skills as exemplified by WHO and the sixth unit deals with a summary of the curriculum.

The first and second units are done in the seventh standard, the third and fourth in the eighth standard, and the fifth and sixth units are done in the ninth standard.

Targets for the year:

- 1. To conduct at least three teachers training workshop per year
- 2. To increase the number of students doing the program by 10,000.

Prevention Education Program

Three teachers training workshops were conducted through the year the details of which are as follows

Sl. no	Dates	The workshop	The venue	No. of institutions	No.of participants
1	16-04-15	IV Mumbai teachers"	St.Theresa Convent High		
	18-04-15	training workshop	School, Dombivili, Mumbai.	15	67
2	10-07-15	51 st Teachers" training	De Paul High school,		
	12-07-15	workshop,	Sathagalli, Madevapura,	12	81
			Mysore		01
3	04-12-15	IX Pune Teaches"	Prof. Ramakrishna More Arts,		
	06-12-15	Training workshop,	Commerce & Science College .	33	
			Akurdi, Pradhikaran, Pune		56

Total of 60 Institutions and 204 teachers were sent by these Institutions

The Total under schools / institutions sending teachers for training is not the total of all the years since the same school would have sent teachers for several workshops in order to keep up with the many teachers who have been trained who would either have left the school or more teachers have been sent to cope with the increased number of students in the school. Loss in numbers in the institution continuing the program has also taken place when there has been a change in leadership or the school has felt the need to give emphasis to another area of a students" life for example, Human Rights"

Details of Schools, Colleges and Other Institutions doing the program in the Year 2015 to 2016

These numbers include children who are in school and out of school young people.

Sl No.	Region	Total Schools	Total Colleges	Total Other Institutions	Faith based Institution	Total in 2015 2016
1	Andhra Pradesh			24		24
2	Karnataka	46	5	10	1	62
3	Kerala	2		1		3
4	Mumbai	34	3	-		37
5	Pune	129	3			132
6	Nagpur			1		1
7	Tamil Nadu	2		23		25

Total number of Schools, Colleges and other Institutions doing the program nationwide in the year 2015 to 2016 is 284

Total numbers in the Adolescent Health Project

	Up to	2009	2010 -	2011 -	2012 -	2013-	2014 -	2015-2016	
	2009	-	2011	2012	2013	2014	2015		
		2010							
Teachers									Total
Training	34	2	2	2	2	6	6	3	57
Workshop									
Teachers									Total
trained	1882	52	74	67	49	258	238	204	2586
Schools/	314	88	152	313	Kar	Andhra	*83	*60	60
Institution					224	36	(only in	(Only in	(2015 -
sending					Mum 8	Kar 198	the	the current	2016)
teachers					Pune 91	Kerala 15	current	year)	
for					Nagp 2	Mum 22	year)		
training					Shimla	Pune 93			
					1	Ta.nadu			
					Vizak	53			
					2	Vizak 2			
					Total	Shimla 1			
					328	Nagpur			
						2			
						Total			
						317			
Students	50,000	Vizak	Kar	Kar	Kar	Andhra	Andhra	Andhra	students
doing the	completed	913	12 980	44,600	51752	692	727	975	doing
program	in	Pune	Mum	Mum	Mum	Kar	Kar	Kar	the
	Karnataka	7147	& Pune	&	3100	6895	7160	16746	program
	& 30,000		8778	Pune	Pune	Kerala 80	Kerala	Kerala	in 2015
	were		Vizak	10,309	10750	Mum 440	160	296	-2016
	doing the		8913	Nagpur	Nagpur	Pune 143	Mum	Mum	
	program		Shimla.	130	80	Nagpur80	2186	3588	
	Pune.		1000	Shimla	Shimla	Shimla	Pune	Pune	
	4547		Nagpur	1000	1000	Tnadu	8372	17661	
	Mumbai		90	Vizak	Vizak	788	Nagpur	Nagpur	
	993			449	900	Vizak	34	40 Tnadu	
						900	Tnadu	2321	
							2072		
					Total	Total	Total	Total	Total
					67,582	23,018	20,711	41,532	41,532

Names of Institutions under Karnataka, Pune, Mumbai doing the program is given below

			No of students
sl. n	10.	Schools Bangalore	2015 -2016
A		Bangalore Urban	
	1	Baldwin Girls' High School	832
	2	Baldwin Co Ed High School, RR Nagar	465
	3	Cathedral School	783
	4	Prudence International School	100
	5	Radhakrishna School	176
	6	St. Charles School	94
	7	Stella Maris School	780
	8	Tunbridge High School	68
	9	Yuvalok Foundation School	157
		Total	3455
В		Bangalore Rural	
	10	Gnanabodhini Higher Primary School	176
	11	Gnanabodhini High School, Kengeri	546
		Total	722
C		Colleges Bangalore	
	12	Peniel Community College	40
	13	Bangalore Community College	50
	14	Concerns India	67
	15	Rebekah Ann Naylor Nursing College	252
	16	Shishu Mandir	0
	17	Sacred Heart D.Ed College	50
		Total	459
D		Faith Based in Bangalore	
D	18	Bangalore Bible fellowship	14

		Other Districts of Karnataka	
A		Kolar	
	19	Buddha Rural Society, Kolar	100
		Mysore Bogadi	
	20	Angela Vidhyalaya Niketan, Bogadi Mysore Ursuline	50
	21	Maria Niketan Higher Primary School	154
	22	Maria Niketan High School	200
В		Mandya	
	23	Akshara International Public School	212
		Mysore Urban	212
	24	De Paul School	550
	25	Excel Public School	340
	26	Mahajana Public School	187
	27	Presentation Public School	197
	28	St Thomas Central School	185
	29	St. Thomas State School	
C		Hunsur Taluk	
		St. Joseph's Higher Primary School (Eng med.), Hunsur	18
	30	<u> </u>	
	31	St Joseph's Higher Primary School (Kan Med), Hunsur	
	32	St. Joseph's High School, Hunsur	60
	33	St. Joseph's PU College, Hunsur	330
	34	St Joseph's Degree College, Hunsur	62
D		H.D. Kote	
	35	St. Mary's Higher Primary School (Eng med.)	270
	36	St. Mary's High School (Eng med.)	48
E		Chikkamangalore Dist	
		Koppa	
	37	St. Joseph's Eng Med Higher Primary School, Koppa	165
	38	St. Joseph's Kannada Higher Primary School, Koppa	420
	39	St. Joseph's High School, Koppa	165
	40	Nirmala English Med. High School, Balehonnur, Chikkamagalore	182
	41	Christa Prabha Convent Higher Primary School, Jayapura, Koppa	76

F		Shimoga	
	43	St. Mary's High School, Tirthahalli	460
	44	St. Mary's Eng Med Higher Primary School, Tirthahalli	305
G		Dakshin kannada Distrct	
	45	Amrutlalji High School	108
	46	Assisi Central School	99
	47	St. Theresa Kannada High School, Belthangady	372
	48	St. Theresa English High School, Belthangady	152
	49	St. Theresa P.U. College, Belthangady	194
	50	Ave Maria Lower Primary School, Mangala Gangotri	35
Н		Haveri Dist	
	51	Roshni Primary School	0
	52	Roshni High School, Hangal, Haveri	0
I		Dharwad Dist.	
		Hubli	
	53	St. Michael's High School, Shantpura, Hubli	666
	54	St. Michael's High School, Keshwapura, Hubli	121
	55	St Therese Eng. Medium High School, Hubli	0
J		Uttar Kannada District	
	56	Anand Ashram Convent Higher Primary School, Bhatkal	204
	57	Anand Ashram Composite PU College, Bhatkal	0
K		Kodagu Dist.	
	58	St. Antony's Higher Primary School, Suntikoppa	204
			16577
		Out of school Youth through CCCYC workshop	349
			i
		Total	16926

Where we have not been able to contact the school, 0 has been given in the number of schools column even though they might be doing the program.

Pune reports 1 st April 2015 to 31st Mar 2016			
No.	Name of the School	No. students	
1	Ane PDEA School	113	
2	Anjali English Medium School	120	
3	Amanora High School	86	
4	Baburaoji Gholap Vidyalaya, Sanghvi	120	
5	BJS Primary School	45	
6	BJS English School Wagholi	42	
7	Blossom School	115	
8	Bori bk, PDEA School	56	
9	City International School	88	
10	Crescent English Medium School	62	
11	Cyrus Poonawala School	56	
12	Dastur Co Ed School	48	
13	Daund PDEA School	214	
14	Dehu Road PDEA School	41	
15	Dr. Mrs Erin Nagarwala Residential School	158	
16	Dr. Mrs Erin Nagarwala Day School	142	
17	Dnyandeep English Medium School	140	
18	Don Bosco School and Junior College	160	
19	Enamdar English School	42	
20	Eon Gyanankur English Medium School	180	
21	Friend's English School, Poolgaon	68	
22	GK Mandals Choksey High School	52	
23	Holy Angels Convent High School	202	
24	Inamgaon PDEA School	533	
25	Indian Education Society, Vadgaonsheri	83	
26	Indira Gandhi School	43	
27	Jai Hind Primary School	162	
28	Jai Hind School	142	
29	JD Academy School	62	
30	JSPM English Medium School	128	
31	Jyotirmay International School	98	
32	Kadhaki PDEA School	325	
33	Kalas PDEA School	443	
34	Kamshet PDEA School	65	
35	Kati PDEA School	68	
36	Kolvan PDEA School	340	
37	KVG BRD School, Chandan Nagar	102	

38	Lexicon International School	124
39	Little Flower English School	64
40	Little Star School	142
41	Lohagaon PDEA School	94
42	Londkar High School	120
43	Lonkar Vidyalaya	162
44	Lonkar Mahavidyalaya, Mundwa	154
45	Mar - Ivinous Convent School	94
46	Mahatma Candhi Vidyalaya, Khanur	142
47	Mandki PDEA School	351
48	Moshi PDEA School	24
49	Mother Theresa School, Vadgaonsheri	204
50	Mother Theresa School	109
51	Nangaon PDEA School	194
52	National Children's Academy	120
53	NCA School, Vishrantiwadi	120
54	New English Medium School, Hadapsar	66
55	New English Medium School, Chakan	78
56	New Life School, Swargate	84
57	Nhavare PDEA School	430
58	Nhavi PDEA School	136
59	Nirmala Convent School	256
60	Nimkotakee PDEA School	121
61	Orbi School	84
62	Ozar PDEA School	71
63	Padvi PDEA School	41
64	Pandit Nehru Vidya Mandir, Kamshet	96
65	Pawar Public School	128
66	Pawar International School	96
67	PDEA's Institute of Diploma in Education	58
68	PDEA's English Medium Primary School	204
69	PDEA's English Medium School	228
70	PDEA's School, Akruti	137
71	Phoenix English Medium School, Kharadi	103
72	Phoenix School,	90
73	Pirunget PDEA School	900
74	Pirunget English School, Pirunget	98

75	Poona Women's School	84
76	Prodigy Public School	128
78	Raisoni English Medium School	69
79	Republic School	74
80	Sadhana English Medium School	98
81	Sadhana English Medium School,	208
82	Sangavi PDEA School	40
83	Sarathi English Medium School	84
84	Sarathi Education Society School School	85
85	Satav High School, Wagholi	250
86	Sant Thukaram Madhyamik Vidyalaya	169
87	Sant Tukaram Vidyalaya, Lohegaon	160
88	Savindane PDEA School	173
89	Shiroli Bk PDEA School	91
90	Shri Manalsakant Vidyalaya, Akruti	74
91	Shivraj School	89
91	Shivane PDEA School	228
93	Shivaji Vidyalya, Dehurod	86
94	Shri Mallikarjun Vidyalaya Naware	124
95	Shri Nagheshwar Vidyalaya, Moshi	94
96	Shirol PDEA School	76
97	SMMV School Mulshi	69
98	SNBP School & Junior College	201
99	S J Vidyalaya	74
100	Stella Maris School	120
101	SSV School, Paud	99
102	St Anne's High School	200
103	St. Arnold School	98
104	St. A V High School	95
105	St. Dnyaneshwar	49
106	St. Francis School, Chandannagar	152
107	St Joseph School, Viman nagar	125
108	St. Joseph High School, Ghorpadi	154
109	St. Joseph Convent School, Lohegaon	84
110	St. Mary's School	64
111	St Ornella's High School, Camp	56
112	Subhash English Medium School	54
113	Sunderbai School	35
114	Supe	105

	Total 17626 +35	17,661
3	Maher Education Society	
2	Marathwada Mitra Mandal	
1	Christ College	35
	Colleges (Counselling)	
		17,626
129	Zensar English Medium School	84
128	Yenere PDEA School	184
127	Yashwant Vidyalaya, Mandvi	82
126	Wanewadi PDEA School	446
125	Wageshwar English School	120
124	V S Satav High School	210
123	Vikash Pratishtan English Med. School	72
122	Vidyankur, Sainikwadi, Vadgaonsheri	148
121	Velha PDEA School	429
120	Vatsalya Public School, Ghorpadi	121
119	Uraigaon PDEA School	106
118	Umbraj, PDEA School	270
117	Tukaram Pathare School, Kharadi	192
116	Tukaram Pathare English School	86
115	T D Pathare Vidyalaya, Khardi	204

Mumbai Reports 31st Mar 2016			
No	Name of the School	No. Students 2015 - 2016	
1	Bhagwan English Medium School	42	
2	Bharati Vidyapeeth	65	
3	Christ Academy CBSE Board	208	
4	Christ Academy State Board	258	
5	Don Bosco High School	48	
6	D Y Patil School	42	
7	Dyandeep School	36	
8	Emmanuel School	52	
9	Good Shepherd School, Nerul	220	
10	Guru Gobind Academy	241	
11	Harmani School	48	
12	Little Bird School	39	
13	Monami High School	42	
14	New Model School	62	
15	Nivedita High School	138	
16	People's Education D.Ed College	260	
17	Podar High School	59	
18	Presentation High School	56	
19	RBT Vidyalaya	85	
20	Sai Nath School	76	
21	Sakharam Seth High School	44	
22	Samayak Vidyalaya	58	
23	SBOA Oublic School	38	
24	Sree Ram Vidyalaya	121	
25	St. Mary's High School	52	
26	St. Therese School	480	
27	St Xavier's High School	62	
28	Shree Ram School	35	
29	Sterling High School, Nerul	78	
30	Sushma Patil Vidyalaya	48	
31	Swami Brahmanand	36	
32	Swami Vivekanand Vidya Mandir	52	
33	Tilak School, Nerul	124	
34	Vasudev Balvanta Phalike	41	
		3346	

	Colleges	
1	Tilak Junior College, Nerul	120
2	Tilak Junior College, Ghansoli	60
3	Sterling Junior College	62
	Total	242

Total students in Mumbai 3346 + 242 = 3588

II Seminars & Other meetings

The following meetings and seminars were conducted by ASHA Foundation staff and master trainers.

A Seminars in Schools

It's My Life

17th Feb.2016. A half day workshop was conducted by our master trainer Mrs. Bharathi Moses and Mrs. Joyce Davis at the invitation of the Bishop Cotton Girls' School The title of the workshop was "It's My Life" 500 students of classes 9 & 11attended the program and were helped to understand respect and responsibility in the context of their lives.

B Parents' Meeting

5th Dec 2015. A parents' meeting was held for the parents' of students of class VII of Pune District education Association's English medium school in Akurdi, Pune.60 parents attended this meeting. A presentation on the needs of children and the place of Anmol Ashayein curriculum in meeting that need was explained. The parents agreed to work alongside the school in nurturing their children. Mrs. Joyce Davis was the resource person.

C Informing the School and College Community

A) 20th Aug 2015 a presentation was made to the association of heads of Anglo Indian schools, Bangalore. The meeting was held at the Cathedral School. 12 heads of schools were present. The schools that were already doing the program Anmol Ashayein gave their feedback.

B) 27th Aug 2015 a presentation was made at the Transforum, India, an education initiative of concerned individuals and institutions. This was held at the Bishop Law College. 8 organizations were represented both from Bangalore and Chennai. Their was a positive feedback and leadership agreed to send their staff when the Teachers' Training Workshop is conducted by ASHA Foundation. Mrs. Joyce Davis was the resource person at both the above meetings.

D Orientation for Character Building

13 June 2015, An orientation program was held for the first year Pre University students of Baldwin Methodist Women's College. There were 500 students present. Mrs. Joyce Davis was the resource person. She exhorted the students to be young people with direction and purpose in their lives.

IV Feedback

We are very grateful to people from organizations and schools that partner with us in our attempt to reach the children / adolescents.

In **Bangalore** an NGO called Concerns that works among women and girls is another example of the impact of the program. These women and children have been deprived of opportunities by circumstances. The NGO motivates and trains them for jobs that provide a positive change in their lives.

Mrs. Chitra Lancelot, Director of Concerns, while talking about the greatest impact of the program that she observed, replied, "After completing unit I of the program the suicidal tendencies have faded out of the lives of the girls. They value themselves"

All the girls wrote poems about themselves after completing the unit titles "Who am I". The poem given below is a sample.

I Am

I am a girl I wonder, I want to become a teacher I hear no poverty I see no accidents I want to become a teacher I pretend I am good I feel no poverty I touch poor children I worry when my parents will become alright I cry because my father drinks I understand, I think of others I say, and I believe everything will happen I dream I should become a teacher I feel I should earn my living I hope, I trust I am a girl Hamasaveni K (Written in Kannada and translated)

Here is the feedback from one of our partners A. K. Nanda in Nagpur. He writes "Greetings from EFICOR,

Nagpur.

This is for your kind information that last year (2015-16) we are not involved in World Vision India for AHE(Adolescent Health Education) program. But we are continuing the same in our Project, where we have formed two children group. 20 children are in one group. They have improved in their leadership quality, having good interpersonal relationship among each other, help each other, saving Rs 10/- per month to celebrate birth day, festival celebration, increased their study.

Mrs. Jaya (Teacher)

Mother Theresa School. Pune.

"I had attended the workshop by the order of the principal. I was not interested and I didn't like to teach children about their physical development. So, I declined attending the workshop many times. But my Principal forced me to go for the workshop.

The three days at the workshop was a different experience in my life. I changed a lot. I started teaching the children what I learned from my workshop .I experienced a great change in the attitude of students towards me. They started loving me and respect me more than before. Now I am a good friend for my students."

Sonali Shinde Std VII (Student)

Nirmala Convent School, Pune

"Thank you Teacher. You taught me a lot. Earlier I used to curse myself, thinking that I was not beautiful, intelligent, and smart like other people. Therefore I lost my confidence level. My parents also didn't love me and always compared me with other students.

But you taught me by an activity that I am unique. That was the first time I heard I that am good. That was enough for me. I started loving my personality. That gave me confidence and I started getting more marks. Now my parents also love me.

Thank you teacher"

Mr. Dubey (Parent) Holy Angels School Wagholi,

Pune

"I heard about this program. I would say it's the need of the time. Since our kids are growing up is a negative environment of media, and other sexually provocative situations they must learn how to be prudent and wise and take appropriate decisions in life"

Mrs. Neha Kamble (Teacher)

Sai Ram School Airoli, Mumbai

"I have attended many adolescent training workshops. But the ASHA program was a unique experience in my life. Now I am able to teach my students in a much better way without hurting their feelings and emotions."

Mohini Pawar Std IX (Student)

Christ Academy Koperkairane, Mumbai.

"I am writing this letter with great gratitude. I was in a critical situation when I was studying in VIII. I had wasted my time in making friends and things like that. Regarding friendship I had a different understanding. I chose friends looking at their external appearances. Because of that I had a lot of problems in my life. But my teacher helped me a lot by teaching what real friendship is. Now I have many friends and I understand who a real friend is"

IV Research and Publication

Research has been undertaken to understand the self esteem of adolescents in India. Over 8000 students of classes VII and VIII have participated. These responses have now to be tabulated for statistical analysis and write up.

A paper on Constructivist Methodology in professional development of teachers is also in the process of being written up.

V Financial Input

Mr. & Mrs. Krishna Chivakula provided the major part of the funding for the project. Our grateful thanks to their generous gift

Assistance in kind was given by the following

Christ College, Pune - The college authorities have provided space on their premises for the storage of the students' manual till they were given to the different institutions in Pune, Our heartfelt gratitude to the Christ College community.

Pune. Our grateful thanks for the immense cooperation and assistance provided by PDEA officials. Pune District Education Association (PDEA) - This association has a number of professional and regular colleges. It also runs vocational courses, higher secondary schools and junior colleges, 55 Higher Secondary Schools, primary schools and technical courses. They have adopted Anmol Ashayein for their higher secondary schools and provided hospitality and made their premises available for the Teachers' Training Workshops. The second Teachers' Training Workshop was conducted at Shri Ramakrishna More College, Akurdi

St. Therese Convent High School, Dombivili, Mumbai - The school has made available their premises, furniture and all the audio visual equipment for the three days of the Teachers' Training Workshop. Our sincere thanks to the school.

Though funding continues to be a challenge well wishers have rallied to provide in cash, kind and assistance with the logistics of conducting the workshop. Our thanks to all our friends and well wishers.

3. Children at Risk project:

Targets for the year:

- 1. To provide educational support to at least a hundred children
- 2. To conduct sports day and picnic day during the year
- 3. To conduct 12 SHG meetings per year
- 4. To conduct all the other activities as usual

The components of the Children at risk project are:

- 1. Medical nutritional and educational support for children
- 2. HIV/AIDS clinic three times a week
- 3. Empowerment of women through meetings and SHGs.

Quantitative numbers achieved during the year

Sl.no	Particulars	Reached
1	Education	
a	No of children who recd educational support	107
b	ELE (pre- school)	03
c	PE (Primary Education)	39
d	SE (Secondary Education)	34
e	IC (Intellectually Challenged)	01
f	HE (Higher Education)	30
	Total	107
2	HIV/AIDS Clinic	
a	No of persons tested for HIV infection	121
b	Positive reported	40
c	Adults reported positive	38
d	Children reported positive	02
e	No of new patients registered	42
f	No of clinic days	153
g	No of adult patient visits to clinic	1575
h	No of children patients visits to clinic	382
i	Total no of patients visit to clinic	1957
j	General Investigations for children	61

_		
k	CD4 Investigations for Children	91
1	TB treatment for Children	-
m	OI infections treated for Children	448
n	Children on ART	48
0	Children on 1 st Regimen	36
p	Children on 2 nd Regimen	08
q	Children on 3 rd Regimen	03
r	No of Children Hospitalized	01
S	No of Children Referred	-
t	Adults on ART	175
u	General Investigation for adults	86
V	CD4 investigation for adults	81
W	OI infections treated for adults	638
X	PLHA TB treatment for Adults	06
у	No of children attended Camp Rainbow	85
	Socio Economic	
3	Socio Economic	
a	No of SHGs Existing	05
b	No. of SHG members	80
С	No of children supported for Nutrition	45
d	No of Nutritional Poustic plus distributed	131
e	Dry ration support for Poor Families	38

f	SHG Internal Loans issued	05
g	SHG Monthly topics	
	 2014-15 Annual report shared with beneficiaries- By Project Co ordinator - Ramu Details of Picnic- By Project Co ordinator- Ramu Details of Camp Rainbow – By Project Co ordinator- Ramu Sports Day – By project Co ordinator - Ramu Papsmear test – By sister Rebekka ART Adherence – By Sister Rebekka TB - By Sister Rebekka 	07
h	BHAF Meetings attended	04
i	Referred to UNNATI Free Training &	01
	employment for under privileged youth	
4	Celebrations & Events	
I	Picnic 02.10.2015	01
a	Children Participated	81
b	Adults Participated	55
С	Staff	08
d	Volunteers-	03
II	Sports Day – 28.02.2016	01

a	Children Participated	83
b	Adults Participated	55
С	Staff	08

The KNH-CAR project supports the medical, nutritional and educational support for children infected and affected by HIV/AIDS.

The following activities were undertaken:-

To improve the educational status of children infected and affected by HIV/AIDS

As the part of the educational support, during the period, 107 children were supported for their education.. Details as follows,

ELC (Early Learning Centre) LKG & UKG	03 (Boys 02 & Girl 01)
PE (Primary Education) 1 st std to 7 th Std	39 (Boys 18 & Girls 21)
SE (Secondary Education) 8 th std to 10 th std	34 (Boys 20 & Girls 14)
HE (Higher Education) 1 st PUC to Degree	30 (Boys 02 & Girls 28)
IC (Intellectually Challenged) Total	01 (01 Boy) 107 (Boys 43 & Girls 64)

To improve the health status of the children infected and affected by HIV/AIDS and their families:-

HIV Testing

During the period totally 121 HIV tests have been done including 22 children. Out of this 40 have been reported positive 16 adults male, 22 adults female and 02 female children.

HIV/AIDS Clinic

Children:-

ASHA Foundation conducts a HIV/AIDS clinic thrice a week on Monday, Wednesday & Friday afternoon from 1.30pm to 5.00pm. Totally the clinic has operated for 153 days during the period. The medical team consists of two physician, a pediatrician, nurse, project co ordinator, medical social worker and clinic support staff. Free medical care is provided for all the HIV Positive patients and all children infected by HIV/AIDS. The services include routine medical care, treatment for opportunistic infections & TB treatment.

Presently 48 children are receiving ART treatment out of which 37 are on the first Regimen,08 are in the 2nd Regimen and 03 are on the 3rd Regimen and 10 children are under OI treatment, and these children have increased their life span and their CD4 count has also increased.

Three children have been started on HAART during the period. Totally there were 382 children visits to the clinic and a total of 448 opportunistic and other infections were treated. Children received financial support for CD4 investigations and various investigations like Complete Blood Count, Hemoglobin, Differential count, ELISA, Blood Picture, S. Creatinine and Culture & sensitivity tests.

Forty five children received the Nutritional support of 131 Poustic plus packets during the period.

Adults

Totally 175 adult patients are on HAART. There were 1575 adult patients visits to the clinic and they had been treated. Eighty one patients had undergone CD4 test and 16 patients had been started on HAART during the period. Six hundred and thirty eight opportunistic infections and other infections were treated and also 86 patients had undergone other investigations like Hemoglobin, Differential count, Fasting Blood Sugar, Viral load, Hepatitis B antigen (ELISA), Reticulocyte count, PPBS/RBS, Sputum for AFB, PCR, Hepatitis C antibody (ELISA), Platelets, Blood Picture, S.Creatinine, Culture & Sensitivity, Total WBCcount, ESR, Liver Function tests Chest X-Ray and Pap smear tests. Twenty nine new HIV positive patients have been registered during the period.

To improve the Socio economic status of the children and their parents infected or affected by HIV/AIDS

Self Help Groups:-

Five existing Self Help Groups are there which have been formed under the guidance of ASHA Foundation with an average of 16 to 24 members in each group. Regular meetings are being held every month and minutes are maintained. The five groups are Shrishthi, Trupti, Preethi, Prakruthi & Nisarga. Five members have utilized the loan facility during the period (totally 131 loans to the tune of Rs 5,70,500 (Five Lakhs & seventy thousand and five hundred only)ve been taken thus far..Out of this 91 loans were cleared and Rs 112690=00 is the outstanding loan amount which is being returned. They have been part of the group for last six years. They meet on every 3rd Sunday of month.

SHG Topics covered during the period as follows:-

- 2014-15 Annual report shared with beneficiaries- By Project Co ordinator Ramu
- Details of Picnic-By Project Co ordinator Ramu
- Details of Camp Rainbow By Project Co ordinator Ramu
- Sports Day By Project Co ordinator Ramu
- Pap smear test By sister- Rebekka
- Anti Retroviral Therapy Adherence By Sister -Rebekka
- Tuberculosis By Sister- Rebekka

Dry Ration Support:-

Thirty eight HIV positive families with children were supported with dry rations. Nutritional supplements like dry rations consisting of 6 kg rice, 1 kg Atta, ½ kg green gram, 1 kg oil, ½ kg dhal, were given to each family every month.

Picnic:-

The annual picnic for ASHA beneficiaries was held on the 2nd of October 2015. The venue was chosen to be Innovative Film City, Bidadi. About 55 caregivers, 81 children and 11 ASHA staff and volunteers had turned up for the picnic. Since there were rain showers in the morning there was a slight delay in the departure. After breakfast everyone assembled at the BBMP grounds opposite ASHA Foundation where they were all divided into 6 groups headed by a volunteer or a staff from ASHA foundation. After the group division we departed in 3 groups with 2 groups in each bus. When we departed it was 10 a.m. We reached the venue by 11: 15 a.m. We were then introduced to the tour guide who then took us to various places.

Our touring started with Tribal Museum and then moved to other places like Dino World, Fossil museum, Mirror Maze, Ripley's Believe it or not, Louis Tussauds Wax Museum, Haunted Mansion, Cartoon city and an entertainment programme at the end. The lunch was served at the venue itself. We left the venue at 4:45 p.m. On the whole picnic was well enjoyed by all the caregivers and children.

Picnic feedback:-

'Picnic was much better that last year. Food was good. Safety was ensured. Volunteers/ASHA staff took care of us well. Please take us to similar places next year'- Monisha

'Picnic went on well. Place was good. ASHA staff explained well about the venues. Tea and snacks was good. They brought us back safely. Volunteers and the ASHA staff were good'- Rukmini

Sports day:-

On the 28th of February 2016, ASHA Foundation conducted the annual sports day for the beneficiaries. About 83 children and 55 caregivers participated in this programme. The day started by watering the grounds and setting up the grounds for the programme. The benefiaries started coming by around 8:00a.m. The registration started, they were given ID cards and then breakfast was distributed.

The sports events started with a welcome speech at 10:00a.m after which the children were divided into groups according to their age. The first event was for the 5 to 7 year olds. Since they were not many children in this age group, they were clubbed with 8-11 year olds. The day proceeded with competitions according to their age. At 11:00a.m there was a 10 minutes snacks break after which the activities continued. After the main competitions, ring game was conducted for boys, girls and caregivers which went on for 45 minutes. The children were then given their gifts. The day ended with lunch at 1:45 p.m.

Sports day feedback:-

'The fruit salad game was nice. The ball game conducted was good. The hurdles game was good. Food was good'- Angel

'The games were good. Gift was nice. Food was nice. Sports day arrangement on the whole was good' - Ambuja

Advocacy & networking:-

Sl.no	Date	Particulars	Attended by	Venue
1.	17.07.2015	Bangalore HIV AIDS Forum Meeting	Silvia Prathiba	Fourth Floor Jain College
2.	21.08.2015	Bangalore HIV AIDS Forum Meeting	Silvia Prathiba	Fourth Floor Jain College
3.	16.10.2015	Bangalore HIV AIDS Forum Meeting	Silvia Prathiba	Fourth Floor Jain College
4.	19.02.2016	Bangalore HIV AIDS Forum Meeting	Silvia Prathiba	Fourth Floor Jain College

Meetings attended:-

Sl.no	Date	Particulars	Meetings	Attended	Conducted
				Ву	Ву
1	10.06.15	HIV Bill	At KSAPS	Ramu	KSAPS
		Recommendation Review			

2	08.07.15	Child Protection	Vistar	Ramu	Conducted
		Policy			by KNH
	То			Saranya	India
		Module -2			
	11/07/2015	Workshop- 4days			
3	04.09.15	Partners Network	Christ College	Dr.Glory	Conducted
		Meet		Alexander,	by KNH
	То				India
				Joyce David &	
	05.09.15			Saranya Lenin	
4	30.07.2015	Child protection	ASHA	All Staffs of	Conducted
		Policy Workshop	Foundation	ASHA	by KNH
				Foundation	India
				and three	
				Beneficiaries	
5	17.11.2015	Child Protection	ASHA	15 children &	ASHA
		Policy		03 care givers	
		Implementation	Foundation		Foundation
		with community			
		Children			

Celebrations:-

Sl.no	Date	Event-Particulars	Venue	Attended
1	02/10/2015	Picnic	Innovative Film City	Children – 81
				Adults – 55
				Staff - 08
				Volunteers- 03
2	28/02/2016	Sports Day	BBMP Ground Anandnagar	Children – 83
				Adults – 55
				Staff - 08

Visitors to our organization:-

Sl.no	Date	Particulars of Visitors	Purpose	Venue
1	19/5/2015	Poulami Dutta	CAF Visit	ASHA Foundation
2	11/6/2015	Sri Ram	To work out how to help each other – Little Gym & ASHA Foundation	ASHA Foundation
3	29/01/2016	Rajshekar.H.K.	Journalist visit	ASHA Foundation

KNH CAR

	Training Program and meetings attended 2015-2016							
Sl No.	Date	Topic	Name	Venue	No. of Days	Conducted By	Timings	
1	10.06.15	HIV Bill Recommendation Review	Ramu	KSAPS Office	1/2	KSAPS	2.30 to 5.00pm	
2	08.07.15 To 11/07/2015	Child Protection Policy Module -2 Workshop- 4days	1.Ramu 2.Saranya	Vistar	4	By KNH India	9.30am To 5.00pm	
3	17.07.2015	Bangalore HIV AIDS Forum Meeting	Silvia	Radio Active Office	1/2	Bangalore HIV AIDS Forum Meeting	2.30 to 5.00pm	
4	30.07.2015	Child protection Policy Workshop	All Staffs of ASHA Foundation and three Beneficiaries	ASHA Foundation	1	By KNH India	10.00am to 5.00pm	

5	21.08.2015	Bangalore HIV AIDS Forum Meeting	Silvia	Radio Active Office	1/2	Bangalore HIV AIDS Forum Meeting	2.30 to 5.00pm
6	04.09.15 To 05.09.15	Partners Network Meet	1.Dr.Glory Alexander, 2.Joyce David 3.Saranya Lenin	Christ College	2	By KNH India	10.00 To 5.00pm
7	16.10.2015	Bangalore HIV AIDS Forum Meeting	Silvia	Radio Active Office	1/2	Bangalore HIV AIDS Forum Meeting	2.30 to 5.00pm
8	17.11.2015	Child Protection Policy Implementation with community Children	15 children & 03 care givers	ASHA Foundation	1	By KNH India	10.00am to 5.00pm
9	19.02.2016	Bangalore HIV AIDS Forum Meeting	Silvia	Radio Active Office	1/2	Bangalore HIV AIDS Forum Meeting	2.30 to 5.00pm

4. Prevention of Mother to Child Transmission of HIV Project

In India, annually, 27 million women become pregnant. At an average HIV seroprevalence of 0.14% about 38,000 of these pregnant women will be HIV positive. At an average transmission rate of 30% and without medical intervention about 11, 500 HIV positive children will be born HIV positive each year in India, and over a period of time this will negate all the progress that has been made in infant mortality rate and child mortality rate in our country.

However with the introduction of PMTCT (Prevention of Mother to Child Transmission of HIV) services, this transmission from pregnant mother to newborn child can be reduced drastically, resulting in the birth of HIV negative children who would then have a normal span of life and contribute to the growth of a vibrant and healthy India. We work with 12 Mission Hospitals in the private sector to initiate PMTCT services in these Hospitals.

Goal: Elimination of new HIV infection among children.

Objectives

- 1. To initiate PMTCT services in Mission Hospitals in the four southern states of India.
- 2. To decrease the risk of transmission of HIV infection from pregnant HIV positive mothers from 30% to < 5% in our partner mission hospitals.
- 3. To increase HIV/AIDS awareness among health care providers
- 4. To focus on strategies for sustainability.

Targets and activities for the year 2016-2017

- 1. To provide counseling and HIV testing to at least 15,000 Pregnant mothers per year.
- 2. To provide PMTCT services to at least 50 HIV positive pregnant mothers per year.
- 3. To provide treatment, follow up and testing to 50 newborns.
- 4. To decrease the risk of transmission from 30% to < 5% in our cohort.
- 5. To conduct trainings for nurse counsellors and doctors
- 6. Site Visits to partner hospitals
- 7. Maintenance of records and data entry

12,455 pregnant mothers were tested for HIV this year till Mar 2016 in our partner hospitals. Of them, 45 were diagnosed HIV positive and started treatment. In addition, 38 HIV positive mothers delivered 39 infants and all 39 received treatment. Of the 31 babies who have been tested at six weeks, all are negative. The table below gives the year's cumulative statistics.

Particulars	KNH PMTCT Apr '15 – Mar '16	ASHA PMTCT Cumulative
		Jan '03 – Mar'16
Total no. of deliveries	11,920	1,58,590
Total no. of ANC women registered	13,111	1,46,553
Total no. of women counseled	11,920	1,61,434

Total no. of women tested	12,455	1,64,064
Total no. of antenatal women identified HIV positive	45	860
No. of liveborns	39	708
Total no. of women awaiting delivery	11	11
Eligible women treated	38	680
No. of babies treated	39	693
PCRs or ELISAs done	31	577
Positive PCR	0	13
Negative PCR/ELISA	31	564
PCR/ELISA done after stopping EBF at 15 months	29	168
Negative PCR/ELISA	29	168
Transmission rate	0%	2.2%

Awareness among health care providers was increased among the hospitals as follows:

People Sensitised	By Trained Counsellors in their Hospitals
Staff Nurses	67
Nursing Students	215
Ward Aides	60
Para medicals and Community Workers	56
Community	90
Total	488

Site visits: A total of 5 site visits were made under the KNH PMTCT to streamline the project and evaluate the activities under the project. Financial accounts were also checked at these visits. ASHA Foundation staff sensitized staff members at the institutions at these follow-up visits.

Sl.#	Date	Hospital	State	Purpose of visit
1	13-Aug-15	Bangalore Baptist Hospital	Karnataka	Hands on training
2	10-Sep-15	Christian Fellowship Hospital, Oddanchatram	Tamil Nadu	Follow up and evaluation
3	16-Oct-15	CSI Hospital, Bangalore	Karnataka	Follow up and evaluation
4	5-Nov-15	Bangalore Baptist Hospital	Karnataka	Update session
5	12-Nov-15	Bethesda Hospital, Ambur	Tamil Nadu	Follow up and evaluation

Orientation Visits: On 16th June 2015 PMTCT team visited two hospitals in Bangalore (Bharath Hospital and Accura Hospital) as part of our orientation visit.

Trainings Conducted:

- i. A four day Counsellors Workshop for five participants was conducted from 21st September to 24th September 2015 at ASHA Foundation premises. Four participants were Staff nurses and one was a Medical doctor. Three staff nurses were from two partner hospitals and one staff nurse was from ASHA foundation. This training was conducted as the existing nurse counsellors were retiring and required new counsellors to be trained.
- ii. An update session on PMTCT was conducted on 5th November 2015 at Bangalore Baptist Hospital for a total of about thirty consultants and DNB students in the Department of OBG and Paediatrics.
- iii. Hands on Training for one nurse counselor was conducted on 13 August 15 at Bangalore Baptist Hospital as the existing staff was retiring.

PMTCT outreach worker was able to visit 692 hospitals in and around Bangalore in this financial year and has given information about the services that we are providing. Through her efforts we were able to register 15 positive pregnant women patients in our programme.

The hospitals that have sustained the project on their own and are receiving only technological help, with financial support as needed for the care of HIV positive identified in their hospitals, IEC material and training of counselors are:

- 1. St Joseph's General Hospital, Guntur.
- 2. Women's Hospital, Ambajipeta.
- 3. The Bangalore Baptist Hospital, Karnataka
- 4. Church of South India Hospital, Bangalore, Karnataka
- 5. Seventh Day Adventist Hospital, Bangalore Karnataka
- 6. Rural Health Training Centre, Kazhakuttom.
- 7. Gnanadurai Hospital, Sivakasi, Tamil Nadu

Case Study

Mrs. Kalavathy (Name Changed), aged 29, is a housewife. She is married for 6 yrs and is living with her husband and 5yr old daughter. Her daughter is HIV+ve and is taking treatment at ASHA Foundation, under KNHCAR project. Her husband is HIV negative.

She was detected HIV+ve during her second pregnancy. She underwent Medical termination of pregnancy during her second pregnancy fearing that the child may become positive. She conceived the third time against her wish because her mother in law wanted a male baby

She was referred to ASHA Foundation by our outreach worker, when she came to us she was very worried and stressed about the newborn baby becoming HIV+ve. She was counseled and reassured.

When she became pregnant for the third time her CD4 count was 364 and was started on lifelong ART at 16 weeks of pregnancy for her own health and to prevent mother to child transmission.

On 22nd September 2014 she delivered a normal baby girl by elective caesarean section at our partner hospital. She opted for exclusive breast feeding and syrup NVP was given to the baby for 6 weeks.

At Six weeks her baby was tested for HIV by DNA PCR, which was negative. HIV antibody test was done at 6months and 12 months and was found negative. The baby's final HIV antibody test was done on 28 December 2015, three months after stopping breast feeding using three different HIV test kits and was negative.

When the negative report was handed over to the parents they were extremely happy and relieved. The family is very grateful to God, KNH and ASHA Foundation for all the services rendered to them free of cost and for all the caring support that they received. Their biggest joy however was that their baby was born HIV negative!!!

5. Camp Rainbow:

Camp Rainbow is a psychosocial program to provide opportunities for children living with HIV and other serious illnesses to participate in HIV education, traditional camp activities through the vehicle of residential and day camps. It aims at enhancing campers' adherence to treatment and medication, to improve their quality of life with the focus on primarily providing children with serious fun! We also ensure that they increase social peer relationships. Overall, it reduces stigma and discrimination within the community as we invite youth to participate in this structured program as camp staff.

These structured psychosocial programs are in collaboration with the SeriousFun Children's Network, USA, started by actor Paul Newman. The SeriousFun Children's Network evolved from their year round camps in US and Europe to a Global Partnership Program serving children in Africa, Asia and South America.

Preliminary findings from other GPP sites in Ethiopia and Vietnam indicate that camp may have an effect among children on HIV knowledge, antiretroviral treatment adherence and attitudes, coping with stigma, resilience, and most prominently, social relatedness, as children who may lead isolated lives and face discrimination can play and interact in a safe environment with HIV positive peers and compassionate adult counselors/care providers. The increasing feedback from Camp Rainbow Chennai campers and their caregivers has enhanced the commitment to increase the reach of Camp Rainbow to more children living with HIV and those with other serious illnesses in other parts of India through the strategic partnership with SeriousFun called the India Partnerships Initiative (IPI).

Aims:

- To improve the social and emotional development of the Children living with HIV (CLHIV) through structured and intentional intervention programming.
- The CLHIV to gain hope, confidence, self-esteem, positive relationships, resilience and life skills.

Ca	mp Rainbow Overall Goals	Final Outcome	Notes
1.	Grow Outreach Program to	254	
	serve 377 campers		
2.	Start an LIT program to serve	14	
	20 HIV infected older		
	adolescents		
3.	To serve 100 campers through	Served 85 campers (Session 1-	
	Residential Camps	47 campers and Session 2- 38	
		campers	
		CDOF DAGEL DE	
4.	To prepare documents for	CROE BASELINE completed	Baseline Data Collection
	Outcomes Evaluation	for 86 Campers &	completed. Data Entry in
		34 Caregiver	progress
		ONE MONTH: 73 Campers &	
		26 Caregivers	
		SIX MONTHS: 50 campers &	
		46 Caregivers	



Figure 1: Camp Rainbow Overall Goals & Outcomes Apr 2015-Mar 2016

Camp Rainbow Outreach Indicators (for the period Apr 2015-Mar 2016)	Goal	Final Outcome	Notes
No.of total outreach sessions	5	7	4 Follow-up sessions 1 Reunion 2 LIT Session
No. of youth served	377	254	1 st F-up = 84; 2 nd F-up = 68; Reunion Session = 81; 1 st LIT Program = 14 2 nd LIT Program = 7
No.of caregivers served	240	82	Caregiver session = 12; 1 st F-up = 28;

			$2^{\text{nd}} \text{ F-up} = 16;$
			Reunion Session = 26;
No. of others served		16 Children;	Implementation of Child
(i.e. training/workshop participants)		10 Caregivers	Protection Policy
No. of staff/volunteers	118	110	1^{st} F-up = 40;
			$2^{\text{nd}} \text{ F-up} = 29;$
			Reunion Session = 39;
			$1^{st} LIT = 1;$
			$2^{\text{nd}} \text{ LIT} = 1$
No.of training hours	16hours	42 hours	F-up 2.1Session1= 6hrs;
(for staff/volunteers)			F-up 2.1Session2 = 6hrs;
			Reunion Session = 6hrs
			F-up 2.2Session1= 6hrs;
			F-up 2.2Session2 = 6hrs;
			1 st LIT = 6 hours;
			2^{nd} LIT = 6 hours

Camp Rainbow Outreach Goals	Final Outcome	Notes
(for the period Apr 2015-Mar 2016)		
1. To organize the 1 st follow-up Day Camp	84 children served	
for 100 campers in July 2015		
2. To organize the 2 nd follow-up Day Camp	68 children served	
for 100 campers in November 2015		

3.	To organize a Reunion Day Camp for	81 children	
	157 campers of both 2014 & 2015 Camp		
	Season		
4.	To plan and Organize 1st Youth Club	13 LITs	Held on 28 th June 2015
	through Leaders In Training Program for		
	10 Older Adolescents a Day in June 2015		
5.	To plan and Organize 2 nd Youth Club	7 LITs	Held on 20 th December
	through Leaders In Training Program for		2015
	10 Older Adolescents a Day in November		
	2015		

	Goal	FinalCamp	Notes
Apr-May 2015		Outcome	
# of camp sessions	2	2	Session $1 = 4^{th} - 8^{th}$ May 2015
			Session $2 = 11^{th} - 15^{th}$ May 2015
# of campers served	100	85	Session 1 = 47 campers
			Session 2 = 38 campers
# of staff/volunteers	33	31 staff/volunteers	1 Volunteer trained to be part of
			the Leadership Team
# of training days	5 days	5 days	
(for staff/volunteers)			

Re	esidential Camp Goals	Final Camp Outcome	Notes
Ap	or-May 2015		
1.	Increase the number of children	85 campers	Total 115 children
	served to 100		registered out of which 94
			were recruited based on the
			Camper Criteria and out of
			which only 85 children
			made it to camp
2.	Locate a new campsite	Located new campsite	
		for 2015 Camp –	
		Elim Resorts Pvt. Ltd. ,	
		Kanakpura Road,	
		Bangalore	
3.	Recruit a new medical team	Sr.Nethra who was part	
	member	of ASHA Staff was	
		trained as a Medical	
		Team member for 2015	
		Camp	
4.	Hire more staff/volunteers than	31 staff recruited and	28 New Staff and 3 Return
	previous year	trained	Staff from 2014 Camp
5.	Empower the camp leadership	Empowered the camp	
	team to lead at least 75%-100% of	leadership team to lead	
	staff training with behind-the-	75%-100% of staff	
	scenes consultantation support	training with behind-the-	
	from SeriousFun and YRGCARE	scenes consultantation	
		support from SeriousFun	
		ı	I

Statistical Report for Camp Rainbow Activities April 2015 – March2016:

Sl No.	Duration			Total No. of Participants	
Cam	p Rainbow I	Residential Camp:		*LT = Leadership Team	
1	19 th April	Staff Information	CRB LT, ASHA	United Theological	
	2015	Session for 25	Foundation	College (UTC),	
		Volunteers	(5LT+4 SF	Bangalore	
			Consultants)		
2	20 th -	Leadership Team	SeriousFun Children's	Aspen Woods,	11
	24 th Apr	Training	Network	Anand Nagar,	
	2015	for 7 Local LT*	(4 SF Consultants)	Bangalore	
3	27 th Apr –	Staff Training for 31	ASHA Foundation	ELIM Resorts,	42
	1 st May	Volunteers	&SeriousFun	Kanakapura Road,	
	2015		(7LT+4 SF	Bangalore	
			Consultants)		
4	$4^{th}-8^{th}$	Residential Camp	ASHA Foundation	ELIM Resorts,	88
	May	Session 1 for 47	&SeriousFun	Kanakapura Road,	
	2015	CLHIV	(7LT+ 4 SF	Bangalore	
			Consultants + 30		
			Volunteers)		
5	11 th –	Residential Camp	ASHA Foundation	ELIM Resorts,	74
	15 th May	Session 2 for 38	(7LT + 29 Volunteers)	Kanakapura Road,	
	2015	CLHIV		Bangalore	
6	20 th May	Debrief Meeting for	ASHA Foundation	ASHA Foundation,	6
	2015	the Residential Camp		Bangalore	
		2015			
7	6 th June	Staff Appreciation Day	CRB LT, ASHA	Hotel Empire, M.G.Road,	26
	2015	Out	Foundation	Bangalore	
8	11 th Feb	Camper Sending	CRB LT, ASHA	ASHA Foundation,	12
	2016	Organization	Foundation	Bangalore	
		Counsellor's Meet			

9	12 Mar	Staff Recruitment	CRB LT, ASHA	St. Joseph's Arts &	58
	2016	Session I (54	Foundation	Science College,	
		Volunteers)	(4 LT)	Bangalore	
Cam	p Rainbow (Outreach Programs:			
Sl No.	Duration	Activities/Programs	Organized By	Venue	Total No. of Participants
1	28 th Jun	Leaders In Training	ASHA Foundation	ELIM Resorts,	20
	2015	Program (LIT) –	Camp Rainbow	Kanakapura Road,	
		Session I	Bangalore (CRB)	Bangalore	
2	5 th July	1 st Follow-up Day	ASHA Foundation	Snehalaya Children's	65
	2015	Camp 2015- Session	Camp Rainbow	Care Centre, Mandya	
		I(26 campers; 8 Non-	Bangalore (CRB)		
		campers)			
3	2 nd Aug	2 nd Follow-up Day	ASHA Foundation	Snehadhaan Campus,	99
	2015	Camp 2015- Session	Camp Rainbow	Sarjapur Road, Bangalore	
		II(49 campers; 1Non-	Bangalore (CRB)		
		camper)			
4	13 th Sep	Reunion of 2014 &	ASHA Foundation	ELIM Resorts,	152
	2015	2015 campers (59	Camp Rainbow	Kanakapura Road,	
		campers; 22Non-	Bangalore (CRB)	Bangalore	
		campers)			
5	1 st Nov	2 nd Follow-up Day	ASHA Foundation	Snehalaya Children's	44
	2015	Camp 2015- Session	Camp Rainbow	Care Centre, Mandya	
		I(18 campers; 10 Non-	Bangalore (CRB)		
		campers)			
		<u>r</u> ••••/			

6	22 nd Nov	2 nd Follow-up Day	ASHA Foundation	Snehadhaan Campus,	58
	2015	Camp 2015- Session	Camp Rainbow	Sarjapur Road, Bangalore	
		II(39 campers; 1Non-	Bangalore (CRB)		
		camper)			
7	20 th Dec	Leaders In Training	ASHA Foundation	VISTHAR, Bangalore	12
	2015	Program (LIT) –	Camp Rainbow		
		Session II	Bangalore (CRB)		
Othe	r Programs/	Activities attended by the	CRB Leadership Team I	Members:	
Sl	Duration	Activities/Programs	Organized By	Venue	LT Members
No.	Duration	Activities/1 logianis	Organized by	Venue	attended
	25 th June	Introduction to 'Child	kindernothilfe (KNH),	ASHA Foundation,	
1	2015	Protection Policy'	India Team	Bangalore	All AF Staff
	2013	workshop	workshop		
2	$8^{th}-11^{th}$	'Child Protection	kindernothilfe (KNH),	VISTHAR, Bangalore	Ramu
	Jul 2015	Policy'- Module II	India Team	V 15 TTI IX, Bungarore	Saranya
	6 th – 9 th	Capacity Building	India Partnership	Holy Spirit Provincialate,	
3	Aug 2015	Program	Initiative, YRGCARE	Pune	Saranya
		C	& SeriousFun	1 0.10	
	4 th & 5 th	KNH 15 th India	kindernothilfe (KNH),	Christ University,	
4	Sept	Partners Meeting (For	India Team	Bangalore	Saranya
	2015	Documentation)	mora roam	Bungarore	
	20 th -25 th	Staff Training for	Camp Rainbow		
5	Sept	Camp Rainbow	Batlagundu,	Batlagundu,	Saranya
	2015	Batlagundu	YRGCARE &	Tamil Nadu	
			SeriousFun		
6	2 nd Oct	Picnic for Beneficiary	KNH-CAR Project,	Innovative Filmcity,	Ramu, Silvia
	2015	Children & Caregivers	ASHA Foundation	Bidadi, Mysore Road	Merlin, Saranya
	17 th Nov	Child Protection			Ramu,
7		Policy (CPP)	ASHA Foundation	ASHA Foundation	Silvia,
	2015	Implementation with			Saranya
		16 beneficiary children			

8	21 st Nov	OWC Christmas	Overseas Women's	St. Mark's Cathedral,	Merlin,
0	2015	Bazaar	Charity	Bangalore	Saranya
	24 th &	CPP Follow-up	kindernothilfe (KNH),		Joyce,
9	25 th Nov	Workshop for CPOs	India Team	VISTHAR, Bangalore	Saranya
	2015	and CPC members	mon roun		Surunju
10	$8^{th}-10^{th}$	Camp Rainbow Joint	India Partnership	PILLAR Campus,	Silvia, Merlin,
	Jan 2016	Leadership Team Meet	Initiative, YRGCARE	Madurai	Saranya
11	28 th Feb	Sports Day for	KNH-CAR Project,	BBMP Grounds, Opp.	Ramu, Silvia
	2015	beneficiary children	ASHA Foundation	ASHA Foundation	Merlin, Saranya

Organization/Institution Visits by Camp Rainbow Leadership Team 2015-16:

Sl.No.	Date	Visit To	Purpose	Members Visited
1	7 th April 2015	Sneha Care Home,	Medical Screening and CROE	Dr.Reena,
		Sarjapur Road, Bangalore	Data Collection for Camp	Nethra
			2015	Saranya,
				Silvia
2	11 th April 2015	Ramnagara ART Centre	Camper Recruitment and	Ramu,
			Medical Screening	Saranya,
				SilviaDr.Ree
				na,
				Nethra
				Merlin
3	14 th April 2015	Snehalaya Children's Care	Camper Recruitment and	Ramu,
		Centre, Mandya	Medical Screening	Saranya,
				Silvia,
				Merlin
4	28 th May 2015	Snehalaya Children's Care Centre, Mandya	Post Camp Meeting with Sr.Beena	Ramu, Saranya

5	23 rd July 2015	Sneha Care Home,	To finalize venue for follow-	Silvia,
		Sarjapur Road, Bangalore	up. Met with Dr. Vince and Fr. William Eronimoose	Saranya
6	1 st Sept 2015	Chairman Jade Resort,	Venue for Camp 2016	Ramu,
		Sadahalli		Silvia,
				Saranya
7	1 st Sept 2015	Chairman Club Resort,	Venue for Camp 2016	Ramu,
		Kodegehalli		Silvia,
				Saranya
8	15 th Feb 2016	St.Joseph's Art & Science	CRB presentation for NSS	Saranya,
		College, Bangalore	students	Merlin
9	16 th Feb 2016	Elim Resorts, Kanakpura		Ramu,
		Main Road, Bangalore	Venue for Camp 2016	Saranya,
				Silvia
10	20 th Feb 2016	Adarsha Jeevan Network &		Ramu,
		ART Centre, Mandya	CRB presentation to caregivers	SaranyaSilvi
			and campers 2016	a,
				Merlin
11	22 nd Feb 2016	Mount Carmel College	To seek Volunteers for Camp	Merlin,
			2016	Saranya
12	23 rd Feb 2016	Chickabbelapur ART	Camper Recruitment and	Ramu, Silvia
		Centre	Medical Screening	Saranya,
				Dr.Reena,
				Rebekka
				Merlin
13	24 th Feb 2016	South Asia Bible College,	To seek Volunteers for Camp	Merlin,
		Kothanur, Bangalore	2016	Saranya
14	25 th Feb 2016	SAIACS CEO Center	Look for potential Campsite	Saranya,
			for Camp 2016	Silvia,
				Merlin

15	27 th Feb 2016	Ramnagara Link Network,	CRB presentation to caregivers	Silvia,
		VIHAAN Project	and campers 2016	Merlin
				Saranya
16	1 st March 2016	SAIACS CEO Center	Finalize campsite for camp	Silvia,
			2016 and do risk assessment of	Saranya,
			the site	Ramu,
17	1 st March 2016	UIM (Urban India	Look for potential Campsite	Dr.Reena,
		Ministries)	for camp and outreach camps	Merlin,
			2016	Joyce Davis
18	2 nd Mar 2016	St.Joseph's Art & Science	To seek Volunteers for Camp	Silvia,
		College, Bangalore	2016	Saranya
19	26 th Mar 2016	SAIACS CEO Center	Site Visit for venue allocation	Silvia,
			and to see the lightings in the	Saranya
			campsite	
20	29 th Mar 2016	Adarsha Jeevan Network	Camper Recruitment &	Ramu,
		Mandya	Medical Screening	Silvia,
				Dr.Reena,
				Rebekka
				Merlin

Feedback from Campers & Caregivers post Camp 2015!!!

Campers:

"My most memorable moments are activities, games, food, place, rooms, akkas, annas and I love so much more that I can't describe it." – Seema

"When I went to Camp Rainbow, they welcome happily and I am so happy because I'm going first time. I love stage night, carnival, campfire. It was amazing days when I went. Thank you Camp Rainbow and Staffs." – Janani

"I love all the things in camp and their love they showed us" - Chaitra

"They took care of us, showed so much of love. God bless each and every one of you at Camp Rainbow." - Yogesh

"I was scared when I came. After I got down from the bus all Akkas, Annas took care of us in the Dorms, gave food, water bottle, bags and took care of us with love. They stayed with us. Thanks to All. God Bless All of You." - Camper

"The surprise given by you'll was what I liked the most. I liked all the Akkas, Annas, the games, the place, their love for us. Thank You. - **Preethi**

Caregivers:

"She was not eating well and by force was taking tablets. But now after the camp she is regular in taking the medicines and takes food, tablet without any problem. Thank you so much ASHA Foundation." – **Gunavathy**

"After coming here, I was very happy. Information on HIV was given and more information I learned from here. I was very sad thinking about HIV. After coming here the experience made me feel happy." – **Padma**

"After coming to camp, she stared mingling. She learnt about HIV, games and participated in activities which made me feel happy." – **Mother of Manasa**

"After coming to camp, information on HIV was given to my daughter and I saw her participating in activities and I feel happy about it." – **Mother of Puniya**

"More responsible, improvement on self-confidence and see my sister more happy now" – Sudhershan

"She is not dependent on us for taking tablets or doing her daily work." – Vanitha

DR BC ROY AWARD AND FELICITATIONS



Dr. Glory Alexander, Director of ASHA Foundation receiving the prestigious Dr. BC Roy award for outstanding services in the field of socio-medical relief, from the President of India-Mr. Pranab Mukherjee on 1.7.2016. This is the highest award that a medical professional in India can receive.



Doctors who received the Dr. BC Roy award on 1.7.2016 with the President of India and Chairman Medical Council of India



Dr. Glory Alexander being felicitated by Yuvalok Foundation, Bangalore and Dr. Sajan George –Global council of Christians



Dr. Glory Alexander being felicitated by The Bangalore Baptist Hospital.



Dr. Glory Alexander being felicitated by NROG Association.

COUNSELING SERVICES PROJECT INCLUDING AIDS HELPLINE



Awareness on HIV/AIDS to housemaids and housewives on 30.3.2016



Counselor counseling on the Helpline



ASHA Foundation, Helpline sticker in a bus stop



ASHA Foundation, Helpline sticker outside a store

ADOLESCENT HEALTH EDUCATION (ANMOL ASHAYEIN)



Teachers training workshop in Mumbai



Session on AHE for students of Bishop Cottons Girls School on 17.02.2016



Activity session at Teachers Training workshop at 9th Pune Teachers' Workshop 4th -6th December 2015



'It's my life' program at Bishop Cotton Girls'School on 17.02.2016



Pune Workshop 4th -6th December 2015



Depaul high school, mysore



Principals' meeting to implement Adolescent health education



St. Theresa's School, Dombivili

CHILDREN AT RISK PROJECT



Picnic on 02.10.2015 - IFC- Entry to Mirror maze attraction



Picnic on 02.10.2015-IFC- Entry to the attraction



Sports day on 28.2.2016



Sports day on 28.2.2016-Ring the Duck Game



Women's race on sports day



Three legged game for children on Sports day



HIV/AIDS Clinic – patient being examined by doctor



Self Help Group meeting on third Sunday of every month

PREVENTION OF MOTHER TO CHILD TRANSMISSION OF HIV



Site Visit CSI Hospital Bangalore on 16th October 2016 (Counsellors of CSI)



Site Visit Christian Fellowship Hospital on 10th September 2016 (Counsellors of CFH)



Participants with their certificate during the counsellors workshop held at ASHA Foundation from 21st to 24th September 2016



Update for Doctors at Bangalore Baptist Hospital on 5th November 2015

CAMP RAINBOW



Camp Rainbow- leadership team with trained volunteers after training workshop



Life skills session for campers at Camp Rainbow



Camp Reunion- Session on Child Protection policy for campers



Trained ASHA Foundation volunteers enjoying lunch



Trained ASHA volunteers waiting to welcome the campers at Camp Rainbow



Talent night by girl campers at Camp Rainbow



Talent night by boy campers at Camp Rainbow



Playtime at Camp Rainbow



ASHA Foundation Team

First Row (Left to right): Shivamma, Dr. Reena, Rebekhamma, Silvia, Supriya, Dr. Glory, Maya, Malliga, Saranya Second Row (Left to right): Ramu, Ravikanth, Ruban, Daniel, Priyanka, Kalpana, Joyce, Elizabeth, Rukmini

Research:

ASHA Foundation is recognised as a Scientific and Industrial Research Organisation (SIRO) by Dept. of Scientific and Industrial research (DSIR). The three year renewal cycle was till March 2014 and ASHA Foundation's recognition as a SIRO has been extended from April 2014 to March 2017. ASHA Foundation also has a Research Advisory Board.

The primary areas of Research are

- Clinical research in Prevention of mother to child transmission of HIV infection
- Clinical research in Adults with HIV
- Clinical research in children with HIV
- Adolescent Health Education
- Counseling in HIV
- Socio economic aspects of HIV

Papers sent for publication:

1. Growth and Development of Children Living with HIV in South India- a comparative study Authors: Glory Alexander, MD, HIV/AIDS Physician, Sarita Rao, DNB, Pediatrician Saranya Sathish MSW, Research Fellow, Ram Babu, B.Sc., Project Coordinator

Indian Journal of Child Health

2. Impact of anti-retroviral therapy (ART) on socio-economic status (SES) and productivity of HIV infected individuals/households in a private setting in India.

Authors: Fehmida Visnegarwala MD, MPH, Research Consultant, Glory Alexander MD Director, Ram Babu, B.Sc, Project Co-ordinator, Saranya Satish M.S.W., Medical Social Worker

Indian Journal of Community Medicine

Completed Projects:

1. Profile of people attending an ICTC for pre-test counseling in an Urban center in Bangalore, Karnataka

Investigators- Glory Alexander, Priyanka M, Kalpana

Status- Analysis and writing of paper

2. An observational study to determine the coping mechanisms of HIV Positive widowed women

Investigators- Glory Alexander Priyanka M, Kalpana

Status: Analysis and writing of paper

3. Experience and outcome in usage of extended PPTCT protocols in South India

Investigators-, Glory Alexander, Reena Joy, Philimol Philip, Kalpana

Status – Writing of paper

4. Incidence of Carcinoma Cervix in Cohort of HIV positive women attending a urban clinic in Bangalore, India

Investigators: Glory Alexander, Reena Joy, Kalpana

Status: Writing of paper

5. Constructivist Methodology in professional development of teachers

Investigators: Joyce Davis, Baiju Sebastian, Glory Alexander

Status: Writing of paper

6. The intellectual, social and emotional impact of HIV infection in children -A comparative study:

Investigators: Glory Alexander, MD, HIV/AIDS Physician, Sarita Rao, DNB, Pediatrician

Saranya Sathish MSW, Research Fellow, Ram Babu, B.Sc., Project Coordinator

Status: writing of paper

Current projects of ASHA Foundation:

1. Determination of perinatal transmission with 3 drug ARV prophylaxis in breast feeding population in private sector setting in South India

Project period-2013 -2017

Investigators-Glory Alexander, Reena Joy, Philimol Philip, Kalpana

Status- Data collection

2. A Survey on estimation of self esteem in school going adolescents in India

Project period- 2013 -2016

Investigators- Joyce Davis, Baiju Sebastian, Glory Alexander

Status – Data entry

New research projects being considered after approval by Reasearch Advisory Board

- 1. The short term outcome of structured psycho-social intervention on children living with HIV
- 2. The social challenges faced by HIV positive pregnant women in a discordant setting
- 3. Clinical profile and progress of HIV positive women on long term ART at an urban clinic in Bangalore, India.
- 4. The impact of adolescent health education on self esteem of school students
- 5. The long term impact of a value based adolescent health education program on young adults

Publications in scientific and medical journals so far:

- **1. Assessment of workshop-based training of teachers for imparting value based education to high school students.-** Joyce Davis, Dr. Glory Alexander, Chitra Lancelot, Dr. PSS Sundar Rao-Journal of Educational Research and Extension; volume 43, Oct-Dec 2006. pages 10-17.
- **2.** Exploring the barriers to accessing care and treatment for HIV infected children in India-A diagnostic study- Research update April 2007-published by Population Council collaboration of population Council, Avina Sarna, Jaleel Ahmed, Glory Alexander, Vaishali Mahendra et al.

- **3.** Counseling Needs Of Persons Exposed To Human Immuno-Deficiency Virus-G. Alexander, B.G.Sunitha, K.L.Chitra. Indian Journal of medical research 126, August 2007, pp152-155
- **4. Value education for children- whose responsibility?** -Joyce Davis, Glory Alexander, PSS Sundar Rao –New Frontiers in Education, Vol-40, No-3, July-Sept 2007 pp246-250
- **5.** Mapping the future-Students response to Adolescent Health Education-Joyce Davis, Glory Alexander booklet June 2009
- **6. Response of Indian School Students to Adolescent Health Education** Joyce Davis, Glory Alexander, PSS Rao- New Frontiers in Education, Vol.43,No.4,October -December 2010 pp 494-499.
- **7. Prevention of mother to Child transmission of HIV- Our experience in South India-**Karthikeyan Vijaya, Alexander.Glory, Solomon Eileen,Rao Sarita, Rao PSS Sunder- Journal of Obstetrics and Gynaecology of India, Jan/Feb 2011, Pg.62-66
- **8.** A descriptive study on the users and utility of HIV/AIDS Helpline in Karnataka, India Alexander.G, Kanth.C, Thomas.R.- Indian J Community Med 2011; 36:17-20
- 9. Demographic Predictors of HIV positivity among Women presenting for Obstetric care in South India- a case control study- E. Solomon, F. Visnegarawla, P. Philip, G. Alexander AIDS care journal. Vol-23, No.10, October 2011 pp-1336-134
- **10. Description of Comprehensive PPTCT Counsellors' Training: The Backbone of PPTCT Services in India-**Solomon E, ; Visnegarwala F; Philip P; Pappachen JS, Alexander .G Journal of Health Management. Vol 14,No.3,Sept.2012 pp 369-374
- **11. The HIV/AIDS Helpline is an effective tool of communication Glory Alexander,** Chitra L.Kanth, Priyanka Manoharan, Merlin Maria, Diptty Joseph. World Journal of AIDS Vol 4, Aug 2014, pp 305-310
- 12. Teachers Training Workshop- A capacity building strategy for mainstreaming HIV/AIDS\ prevention education among adolescents. Authors: Joyce Davis, Biju Sebastian, Glory Alexander New Frontiers in Education, Vol 47, No.4. Oct-Dec 2014 pp 54-66

TRAININGS ATTENDED 2015-16

Sl No	Date	Topic	Attended by Name	Venue	No. of Days	Conducted by	Timings
1	10.06.15	HIV Bill Recommendation Review	Ramu	KSAPS Office	1/2	KSAPS	2.30 to 5.00pm
2	8 th – 11 th Jul 2015	Child Protection Policy'- Module II	Ramu Saranya	VISTHAR, Bangalore	4	kindernothilfe (KNH), India Team	9.30 to 5.00pm
3	17.07.2015	Bangalore HIV AIDS Forum Meeting	Silvia	Radio Active Office	1/2	Bangalore HIV AIDS Forum Meeting	2.30 to 5.00pm
4	30.07.2015	Child protection Policy Workshop	All Staffs of ASHA Foundation and three Beneficiaries	ASHA Foundation	1	By KNH India	10.00am to 5.00pm
5	21.08.2015	Bangalore HIV AIDS Forum Meeting	Silvia	Radio Active Office	1/2	Bangalore HIV AIDS Forum Meeting	2.30 to 5.00pm
6	4 th & 5 th Sept 2015	KNH 15 th India Partners Meeting (For Documentation)	1.Dr.Glory Alexander, 2. Joyce Davis 3.Saranya Lenin	Christ University, Bangalore	2	kindernothilfe (KNH), India Team	10.00 To 5.00pm
7	20 th -25 th Sept 2015	Staff Training for Camp Rainbow Batlagundu	Saranya	Batlagundu, Tamil Nadu	6	Camp Rainbow Batlagundu, YRGCARE & SeriousFun	6.30am 10.00pm
8	16.10.2015	Bangalore HIV AIDS Forum Meeting	Silvia	Radio Active Office	1/2	Bangalore HIV AIDS Forum Meeting	2.30 to 5.00pm
9	17 th Nov 2015	Child Protection Policy (CPP) Implementation with 16 beneficiary children	Ramu, Silvia, Saranya	ASHA Foundation	1	ASHA Foundation	10.00am 2.00pm
10	24 th & 25 th Nov 2015	CPP Follow-up Workshop for CPOs and CPC members	Joyce, Saranya	VISTHAR, Bangalore	2	kindernothilfe (KNH), India Team	9.00 am to 5.00 pm
11	8 th – 10 th Jan 2016	Camp Rainbow Joint Leadership Team Meet	Silvia, Merlin, Saranya	PILLAR Campus, Madurai	3	India Partnership Initiative, YRGCARE	9.00am 9.30pm
12	19.02.2016	Bangalore HIV AIDS Forum Meeting	Silvia	Radio Active Office	1/2	Bangalore HIV AIDS Forum Meeting	2.30 to 5.00pm
13	28 th Feb 2015	Sports Day for beneficiary children	Ramu, Silvia Merlin, Saranya	BBMP Grounds, Opp. ASHA Foundation	1	KNH-CAR Project, ASHA Foundation	7.30am 3.30 pm

TRAINING PROGRAMS CONUCTED 2015-16

Sl. No	Date	Торіс	For whom	Venue	No. of participants	Conducted by	Timings
1	16-04-15 18-04-15	IV Mumbai teachers' training workshop	Teachers	St.Theresa Convent High School, Dombivili, Mumbai.	67	Mrs.Bharthi Moses Mrs.Joyce Davis Mr.Biju Sebastian Ms.Bethesa Jacob Mrs.Maya Singh	8.30am to 4.00pm
2	19 th April 2015	Staff Information Session	Volunteers	United Theological College (UTC), Bangalore	34	CRB LT, ASHA Foundation (5LT+4 SF Consultants)	10.30am 2.30pm
3	20 th - 24 th Apr 2015	Leadership Team Training for 7 Local LT*	Sarnya lenin Silvia Dr.Reena Mr.Ramu Rebekka	Aspen Woods, Anand Nagar, Bangalore	11	SeriousFun Children's Network (4 SF Consultants)	08.30 am to 04.30 pm
4	27 th Apr – 1 st May 2015	Staff Training for 31 Volunteers	31 Children living with HIV (From various Organizations and Community)	ELIM Resorts, Kanakapura Road, Bangalore	42	ASHA Foundation &SeriousFun (7LT+4 SF Consultants)	10.30 am 4.30 pm
5	4 th – 8 th May 2015	Residential Camp Session 1 for 47 CLHIV	HIV positive children	ELIM Resorts, Kanakapura Road, Bangalore	88	ASHA Foundation &SeriousFun (7LT+ 4 SF Consultants + 30 Volunteers)	07.30 am to 05.00 pm
6	11 th – 15 th May 2015	Residential Camp Session 2 for 38 CLHIV	HIV positive children	ELIM Resorts, Kanakapura Road, Bangalore	74	ASHA Foundation (7LT + 29 Volunteers)	08.30 am to 04.30 pm
7	20 th May 2015	Debrief Meeting for the Residential Camp 2015	HIV positive children	ASHA Foundation, Bangalore	6	ASHA Foundation	08.30 am to 04.30 pm

8	6 th June 2015	Staff Appreciation Day Out	Camp staff/ volunteers	Hotel Empire, M.G.Road, Bangalore	26	CRB LT, ASHA Foundation	10.00 am to 01.00 pm
9	13-06-15	1 PUC ,Baldwin women's Methodist college, Richmond Rd, Bangalore	Mrs.Joyce Davis	Baldwin women's Methodist college, Richmond Rd, Bangalore	500	ASHA Foundation	9.00 AM to 01.00 PM
10	28 th Jun 2015	Leaders In Training Program (LIT) – Session I	Older Adolescents living with HIV	ELIM Resorts, Kanakapura Road, Bangalore	20	ASHA Foundation Camp Rainbow Bangalore (CRB)	8.00am 5.30pm
11	5 th July 2015	1st Follow-up Day Camp 2015- Session I(26 campers; 8 Non- campers)	Campers and non-campers	Snehalaya Children's Care Centre, Mandya	65	ASHA Foundation Camp Rainbow Bangalore (CRB)	10.30 am 4.30 pm
12	10-07-15 12-07-15	51 st Teachers' training workshop,	Teachers	De paul High school, Sathagalli, Madevapura, Mysore	81	Mrs.Bharthi Moses Mrs.Joyce Davis Mr.Biju Sebastian Ms.Tarini Wilson Mrs.Maya Singh	8.30am to 4.00pm
13	2 nd Aug 2015	2 nd Follow-up Day Camp 2015- Session II(49 campers; 1Non-camper)	Campers and non-campers	Snehadhaan Campus, Sarjapur Road, Bangalore	99	ASHA Foundation Camp Rainbow Bangalore (CRB)	10.30 am 4.30 pm
14	13.8.2015	Hands on Training	1 Nurse counsellor	Bangalore Baptist Hospital	1	Dr Reena Mrs Philimol	3.00 pm to 4.45pm
15	20-08-15	Association of Heads of Anglo Indian Schools	Students	Cathedral High school Bangalore	12	Mrs.Joyce Davis	3.00 PM to 06.30 PM

				Dishan Catton		T.	2.30 PM
16	27-08-15	Transform India	Students	Bishop Cotton law college ,Bangalore	8	Joyce Davis	to 5.30 PM
17	13 th Sep 2015	Reunion of 2014 & 2015 campers (59 campers; 22Non- campers)	Campers and non-campers	ELIM Resorts, Kanakapura Road, Bangalore	152	ASHA Foundation Camp Rainbow Bangalore (CRB)	10.30 4.00pm
18	21.09.2015 - 24.09.2015	PMTCT counsellor's Training Workshop	4 PMTCT nurse counsellors and 1 Doctor from partner hospitals	ASHA Foundation Bangalore	5	Dr Glory Dr Reena Mrs Philimol	9.30am to 4.30pm
19	1 st Nov 2015	2 nd Follow-up Day Camp 2015- Session I(18 campers; 10 Non- campers)	Campers and non-campers	Snehalaya Children's Care Centre, Mandya	44	ASHA Foundation Camp Rainbow Bangalore (CRB)	10.30 am 4.30 pm
20	5.11.2015	PMTCT update session	30 consultants and DNB students from the Department of OBG & Pediatrics	Bangalore Baptist Hospital	30	Dr Glory Dr Reena Mrs Philimol	2.00pm to 4.00pm
21	22 nd Nov 2015	2 nd Follow-up Day Camp 2015- Session II(39 campers; 1Non-camper)	Campers and non-campers	Snehadhaan Campus, Sarjapur Road, Bangalore	58	ASHA Foundation Camp Rainbow Bangalore (CRB)	10.30 am 4.30 pm
22	04-12-15 06-12-15	IX Pune Teaches' Training workshop,	Teachers	Prof. Ramakrishna More Arts, Commerce & Science College . Akurdi, Pradhikaran, Pune	56	Mrs.Bharthi Moses Mrs.Joyce Davis Mr.Biju Sebastian Ms.Tarini Wilson Mrs.Maya Singh	8.30am to 4.00pm

23	20 th Dec 2015	Leaders In Training Program (LIT) – Session II	Older Adolescents living with HIV	VISTHAR, Bangalore	12	ASHA Foundation Camp Rainbow Bangalore (CRB)	10.00 am 4.00 pm
24	17-02-16	It's my life	Students	Bishop Cotton Girls School, Bangalore	500	Mrs.Bharthi Moses Mrs.Joyce Davis Mrs.Maya Singh	10.00 am 200 pm
25	28.03.2016	HIV/AIDS Awareness session	House Maids & House Wives	Naganahalli	35	Priyanka. M	04.45 pm to 06.00 pm

Other Matters:

Dr. Glory Alexander, Director of ASHA Foundation, received the Dr. BC Roy Award from the President of India, Mr. Pranab Mukherjee on 1.7.2016. The Dr. BC Roy Award is the highest award that a medical professional in India can receive. This is a reflection of the hard work of the team at ASHA Foundation.

Resignations and new staff: During the year three staff of ASHA Foundation resigned and one new member joined the organization.

International Travel during the year: There was no international travel during the year

Information on distribution of staff by gender and Salary:

Slab of gross monthly Salary(in Rs) plus benefits paid to staff	Male staff	Female staff	Total staff
<2500	-	-	-
<7000	-	-	-
<15000	2	3	05
<30000	1	9	10
<50000	2	1	3
>/50000	-	2	2

Disclosure of salary and benefits of head, highest paid staff member and Lowest paid staff member of organization

- 1. Head—Rs.59,076 per month. Health Insurance
- Highest paid Project co-coordinator-AHE
 Salary+ Provident fund+ Accident insurance
 + Health insurance + gratuity -Rs.55,145 per month
- 3. Lowest paid -Outreach worker Salary + Provident fund + Accident insurance+ Health care + Gratuity - Rs.9,390 per month

Our heartfelt gratitude to the following:

Members of the Governing Board of ASHA Foundation for their input and guidance

Members of the Research Advisory Board of ASHA Foundation

Kindernothilfe, Germany and KNH India

Mr. Krishna Chivukula and INDO-US MIM-Tech Pvt. Ltd for their unending generosity in supporting ASHA Foundation since 2005

Good News Scotland Health Trust and Ms. Lorna Murray for their generous support to ASHA Foundation Serious Fun network, USA for their partnership in Camp Rainbow

YRG care, Chennai, for their partnership in Camp Rainbow

WIPRO cares for educational support to our children

ING Vysya for educational support to our children

Charities Aid Foundation (CAF) India towards the support for investigations and drugs and programs for HIV infected and affected individuals.

To the Overseas Women's Club and Mrs. Victoria Sanders for supporting telephone Counseling project and equipment needs.

Mr. Sankey Prasad of Synergy Property Development Pvt. Ltd., for his donation to ASHA Foundation.

Mr. Madhu, for his regular contribution to ASHA Foundation

Mrs. Sheila Isaac, for her regular contribution to ASHA Foundation.

To all our other regular donors, volunteers and well wishers who have always supported ASHA Foundation.

Asha Foundation

42, 4th Muin SBM Colony, Assardnagar, Bangalonc - 560024.

Balance Short as at March 31, 2016

(Amount in Rs.)

					The second section of
Liabilities	Amount	Amount	Auch	Amount	Amount
General Fund	1,42,45,211		Fixed Assets		6,97,616
Add Excess of Income over expenditure	(18,78,928)		(Heller Fixed Asset Schedule 1)		
Add Ford Transferred from other funds	9,56,788				
ASHISGG	1,65,559		Investment in Fixed Deposit		1,13,91,996
Decad for the World	3,087				
KMIRCar	2,13,849				
TDH	43,639	1,37,49,205	Current Assets		
			Deposits (Asset)		3,58,100
Corrent Liability:			Research/FCBA - TC Counseling		2,520
Sandry Creditors		49,949			
Social Security - PWESICTEAX		2,53,422			
Payable to Ambur Hospital		5,000			
Asha FCRA		2,214	KNH/CAR - II		2,214
Outstanding Exponses		24,120	Salary Advance to Min Sanaraya Sathish		21,000
Asha/Local		2,520	Salary Advance to Mrs. Shivamma		10,500
Krishna Ashu - Lucal		458	TDS For - FY 2015-16		75,833
TD5 Penable		43,500	Innovative Financial Advisors Pvt Ltd		43,500
			TDS - Receivable on Bank Interest		2,947
			Propaid Vehicle Insurance		15,336
			Closing Balaners:		
			Carly in band		22,682
			Cash in fossign Currency		34,906
			Bank Balance		14,51,936
Total		1,41,34,387	Total		1,41,30,387

Search FOUNDATION

Dr. Glory Alexander Trustee

Bangalore September 16, 2016 As per our 12 A(b) Audit Report of even date for Singleri, Dev & Unni, Chartered Accountams

Firm Registration No. 0008675;

S Rangamath Partner Memberahip No. 201191

> Bangalore September 16, 2016

Ashn Foundation # 42, 4th Main SBM Colony, Anandmagar, Bangalure - 560024.

Income and Expenditure Account for the year ended March 31, 2016

			(Amount in Rs).
Expenditure	America	Intone	Amount
Program Expenses:		Donations	-
CAR Lord		Donation - INDO US MIM TEC (P) Ltd	36,44,000
CAR Local Camp Session-II (Accors & Mosto)		Scotland Trust	
		Donation - CAF (GAYE)	1,74,011
Higher Education Support		Donation & Centribution A/c	3,96,223
Primary Education Support	8,10,067	Donation & Contribution Others	1,83,960
		Donation - ING Vysaya Bank	-
KNII Car		Donaties - CFEC	2,35,471
Refractation Cost		Donations - TC	10,700
Sports Day for Children	59,159	Donation - Mr. Sankey Presad	2,00,000
		Asha FCRA - Sortland Treat	2,33,498
Flealth Cost			
Of Treatment for Adults		Grants:	
Itrestigation for Adults		Grant - ING Vyoya Bank	4,50,000
PLHA TB,Treatment		Grant - Wigno Cares	9,82,630
Trovel for Program		CCCYC - KNH	2,41,502
Clinic Expenses		Grant From KNH-Germany	34,65,904
HIV Testing for Determine	11,274	CAF-GAYE	1,25,111
M.Case for Children Affected/inffected HIV/Aid	3.414	Springs Fun Coasts	17,91,485
Investigation for Children	43.370		17,51,003
Of Treatment for Children		Interest	
Art Medicines Purchased for Children		Interest on fixed Deposits	10.46.904
Nutritional Supplements - Children		Interest on SR Account	65.469
Dry Rations - Poor Women & Children		Bank Interest received	3.45.800
	11,000	The state of the s	3,93,84%
Socio Economic SHG Monthly Monting for Women		Other Incomes:	
STILL PRODUCT PRODUCT TO THE PRODUCT OF T	42,110	Reimburnement of Diesel Expenses	1,20,863
Salary to project staff	7,64,885		
Social Security	1,17,007	Sale of Craft Berns	
Krishna Asha FCRA		Sale of Serap hums	6.945
Medicine Prog Clinic - Adults	0.54 454	Submidized ART - ASHA	32,388
		Wipre Cares	29,429
PMTCT		Payable's Written Back	
1.7a Mentily & Establish Pile		Missellancous Income	33,078
Maintenance Clinic Cost	10.500	Foreign Exchange Gain	1,996
Partnering Hospital Coenselor Salary	3,10,711	reading towns and comment	1,900
Administrative Expenses	13,500	Excess of Expenditure over Income	11.78.928
Site Visits	18,059	Essens of Expenditure over Income	11,78,928
2. To Build the Capacity of Fartner Hospitals			
Training of Counselors	16,261		
IEC Material	2,938		
3. To Provide HIV Testing	1.		
HIV Torsing for Poor Prognant Mothers	1,67,440		
4. To Islembly HIV + Fe Presented Modition			
hyestigations for HIV Positive Medius.			
PMTCT Drugs	35,397		
PRINT DOUG	1,77,609		





Asha Feundation # 42, 4th Main SBM Colony, Anandrugur, Bangalore - 560024.

Income and Expenditure Account for the year ended Murch 31, 2016

(Common in Rel.

			(Comment to Ref.
Espenditure	Amount	Income	Amount
Cest in Care of Delivery Charges for Poor Math	19,005		
Control Control Control	1.7,000		
3. To Determine the Final Status of the Belly			
PCR Tests for Children	17,906		
Salaries to project staff	12,23,413		
Research Asha FCRA			
Werkshop's			
Workshope, Meetings & Resource Material			
4th Mumbai Teachers Training Warkshop	1.42.380		
Slst TTW Mysoru	1.01.301		
52nd Teachers Training Workshop	380		
9th Pane Teachers Training Workshop	58.511		
Capacity Building	1,460		
Cariculus	3,42,348		
Corsonium Mumbui School Visit			
	1,644		
Research, Data Management & Ministering,			
Delution	950		
Survey of Schools	5,364		
Salary to research staff	10,31,881		
Social Security	1,36,732		
Asha General Lacal			
CAF - Misrosuft MSIT	93.476		
CAF - RBS	6.736		
Comp Rainbew- Outroach Program	22,799		
Camp Rainbew Project II (Krishna)	23,550		
	3,39,938		
Camp Rainbew - Residenical			
Cmfi Work	13,765		
KNH/CAR_Project(selectes)	3,34,589		
Ows	2,38,344		
Asha General PCRA			
Camp Rainbow 2016	55,530		
Camp Rainbow- Outreach Program	3,51,834		
Camp Rainbow Project (FCRA)	13,71,481		
CAF-De Shaw	8,604		
Microsoft-MSIT-Expenses	1,29,067		
Transfers			
COCYCIONH	2,41,502		
KNHCAR - II - Scotland Treat	2,33,486		
Bescarch Asha FCRA	4,000,000		
Research Asha Local			
Research Officer's Salary	1,59,029		
Administrative Cost Substen	15.43.968		
Miscellanous Esperaes Rental for Premises	68,215		
	5,03,946		
Telephone Changes	30,016		
Electricity & Water	44,689		





Asha Foundation # 42, 4th Main SBM Colony, Anandaagar, Bangalore - 560024.

Income and Expenditure Account for the year ended March 31, 2016

Afterward in Rel-

			(Amount in Ri)
Expenditure	Arrount	Incamo	Arount
Pastaga & Courier	37,126		
Internet Charges	38,020		
Printing & Stationery	1,465		
Vehicle Insurance	127		
Local Travol & Volticle Maintenance	39,030		
Auditor's Fee	97,000		
Social Security	1,66,137		
Forwarding/Travel & Local Conveyanc	67,973		
Bank Charges	3,515		
Depreciation on Fixed Assets	1,40,836		
Office Expenses	20,428		
Diesel Expenses	59,530		
Annual Report	52,350		
ASHA Local - CAR Project	2,25,000		
Beard Meeting Expenses	977		
Benus	45,000		
Felicitation- Mr. Krishna	216		
Gifts & Compliments	7,027		
Honostrium A/c	2,500		
Insurance Expenses	2,966		
Mactings and Seminars	9,053		
Office Shifting Expenses	10.619		
Phetographs	200		
Renources Manual-Students/Parents/Teachers	2.48.440		
Self Act - Others	23,914		
Administrative Expenses	29.479		
Fund Ratsina service for	4.95.900		
	diodose		
Total	156,13,817	Total	156,13,817

for ASHA POUNDATION

Dr. Glory Alexander Trustee

Bangalore September 16, 2016 As per our 12A(b) Audit Report of oven date for Singleri, Dev & Unni, Chartered Accountants

Firm Registration No. 0038675

S Rangamath Partner

Membership No. 201191

Bangalusy September 16, 2016

Aska Foundation # 42, 4th Main SBM Colony, Anandrague, Bangabore - 560024.

Receipts and Payments account for the period April 1, 2015 to March 31, 2016

10.00	1000	 - 1	1 m

Broripts	Amend	Payments	Amount (Amount
	ALL PROPERTY.		
Opening Balances: Cash on hard		Maintenance of Provident Fund Account	41,164
Cash on hand US Dollars		Program Advance - Silvin	8,163
Color Colorada		Solf Art - Asha-Varnon Phasens Ltd	1,622
Bank Bulance	7,47,493	Self Art - Ashrith Life Guard	6,14,838
		Provinces	3,23,290
Denotion:		Standity Creditors	15,38,285
Asks FCRA - Scotland Trust		ASHA Local Dorurion	1,9000
CCCYC - KNII		Ashs/local - CWC	50,000
Grant From KNH-Germany		Camp Rainbow - Project	2,84,614
Donation - INDO US MIM TEC (P) Ltd		KMH/Car-Germany	7,14,391
Grants From KMH - Germany		Research - AHE	9,83,110
Scrious Fun Grants	17,91,485	Research/local -AHE	1,37,693
Grant - ING Vysya Bank		Hesearch - PMEDCT	15,47,160
Grant - Wipro Cares		Research Telephono Counselling	2,83,024
Donation - Mr.Sankey Pracad	2,00,000	Social Security - PEYESICPTAX	13,12,798
Donations	5,80,183	Suspense Account	18,136
Donation - OWC	2,35,471	Rent Psysible	4.53.525
Donations - TC	10,790	Salary Popublo	32.42.493
Donation - CAF (GAYE)	1,74,011	TDS A&	3,54,728
		TDS Payable A/c	4.0%
Bank Interest Collected A/o	7,65,555	Professional Foos Payable	6.90.578
RD Interest		Telephone charges Payable	5.076
		Travelling Allowance Pasable	5.250
Inter Project Transfer		Advance Statetery	1.03.354
ASHA Roseivables	10.024	Advance to Biju Sebestain	01,684
Research FCRA - Balance transferred		Bothosa Jacob Worshop Honororium Psymont	2.864
CARAPMITET-KNH		Program Advance - Philimol	5,000
Asha Local - Amonet transferred	1,000	Astu FCRA	4.290
Krishna Asha Local - Fund transfer	458	Asha Receivables	10.491
Fund Transfer - Asha FCRA	5.454	ASHA Local	1,000
Asha CAR Local		CARPMICT/CRH	34.66.8%
Asha Jacat - CTMC	50,000	Inter branch Transfer - ENH CAR	16,133
Ashw/ECRA		Axla CAR Local	10,133
Carea Reinbow - Project		Investigation Charges Reimbursement	1,000
KNHCar-Germany	2.14.391	- Canada Canada Managarata Managarata	1.000
Research - ALIE		Interesting costs	1,000
Research/local - AHE		Granalty - Investment with PMB	46.087
Beneroh - PhETET		Investment in FD	1.08.25.008
THE PARTY OF THE P	10,77,810	Fixed Assets	
Current Liabilities		r non Angli	3,03,913
Kristing - Telephone Counselling	0.000	Current Assets	
Subbachere Mart - Custout Liabilities	2,138	Current Asien	
Program Advance - Philippel		Leons & Advances (Asset)	9,31,506
Program Advance - Philanol Prouble to Ambur Hospital	3,585	KNH/CAR - II	6,464
Payable to Ambur Hospital Salary Payable A/e		Salary Adminio	50,000
	6,921		
Varnan Phanna (P) Ltd	1,784	Indirect Incomes	
Salary Advance to Mrs.Saranaya Sathish		Donation - ING Vysaya Bank	45,000
Salary Advance to Mrs. Shistanana	4,500		- CONT O





Asks Ferndation #42,4th Main SBM Calony, Anandungar, Bangalure - \$60024.

Receipts and Payments account for the period April 1, 2015 to March 31, 2016

(Automotive Rech.)

Extraction of the second second			(Amount in Re.)
Receipts	Amount	Payments	Assessed
		Indirect Expenses	
Other Income		2 Wheeler Diend Expanse	67
Miscellaneous Income		ASHA Local - CAR Project	2,25,00
Reimbursoment of Diesel Expenses	1,20,863		4,57
Sale of Craft hores	13,490	Auditor's for	57,00
Sale of Scrap Items	6,545		15.46
Subsidized ART - ASHA	6,26,943	Electricity & Water	21.50
Exponse Reversal	11,884	Board Morring Expenses	97
Adoleson Health Education .		Donus	45,00
Fixed Deposits	1,30,25,487	Diesel Expenses	58,66
KMH/CAR - II	4,250	Felicitation: Mr.Krishna	21
		Giffs & Compliments	7,60
Current Assets		Honsenrium A/c	2.50
IDS Bacieveselle -PY 2014-15		Insurance Expenses	3,90
CAF - De Share		Internet Charges	18,42
CAF - MSTT		Local Conveyance	38,07
CAF - RIBS		Mortings and Sominars	9,03
oreign Exchange Guta	1,966	Miscellaneous A/c	27,92
Sulophone Charges - Reimbursement		Office Shifting Depenses	10,61
Mrs. Maya Single	750	Photographs	26
fonorazioni to Ms.Silvia		Postage & Couriers	7.42
Programs Advance - Silicia	150	Printing and Stationery	1,46
self Art - Ashrith Life Guard		Self Art - Others	23.91
CSHA Local Donation	1.94,000	TDS As	13.42
Icocarch Telephone Counselling	2,83,024	Telephone Change A/c	12.31
Social Security - PTYESRPT AX		CAEGAYE	89,15
Yogsam Advance - Mertin	749	Camp Rainbow-Outreach Program	24.93
Afta & Compliments		Careo Rainbow Project (ICKristous)	21.53
		Comp Rainbow - Hesidenical	3.39.93
		Citaff Work	10.16
		KNHICAR _ Project	6.79
		Owc	1,69,65
		Administration Costs	149.33
		Education Cost	59.15
		Health-Cost	10:00:45
		Personnel Costs - Project	10.89
		Sacio Economic	42.11
		PMTCT - Program Expenses	2,64,19
		Modicine Free Clinic - Adults	9.34.55
			1,000
		Program Expenses	
		CCCYC KNH	2.41.50
		ENHICAR - II - Scotland Trust	2,33,49
			4,20,11
		Camp Rainbow 2016	38,11
		Camp Bainbory Outreach Pragram	1.87.98
		Camp Bainhow Project (FCRA):	4.25.34
		Charitics Aids Foundation-Dolls	1,37,06
		Comp Session-II Expenses	2,00,00
		Higher Education Support	2,50,00
		Primary Education Support	8,10,06
		Adolesent Bleable Education	
		Adminstrative Costs	70,37
		Program's Cost	1,60,87
		Krishna - Telephone Counselling	
		Adminstrative Costs	25,04
		Program's Cost	15,10



Asha Fuundation (*43, 4th Main SUM Colony, Anandragar, Bangalore - 560024.

Receipts and Payments account for the period April 1, 2015 to March 31, 2016

(Automotive Rys.)

Receipts	Amen	Payments	Answert
		Adult Health Education	
		Maseurch (Shear's-Sales)	
		Salary for Research Officer - 4	13,771
		Closing Balance	
		Bank Apopants	14,51,436
		Castein-kand	22,882
		US Dollars	34,906
Total	3,72,56,284	Total	3,72,56,201

for ASIIA FOUNDATION

As per our 12A(b) Audit Report of even date for Singlesi, Dev & Unni,

Changed Assembling

Firm Registration No. 0038638

Ze-~~?

Dr. Glery Alexander Truster

Hangaber: September 16, 2016 GEV.

S Ranganath Pariner Membership No. 201191

> Bangalore September 16, 2016

PRESS CUTTINGS

Giving them a new life

POSITIVE INTITATIVE Bengaluru-based ASHA Foundation works for the prevention, awareness, treatment and rehabilitation of HIV-positive people, writes Kavita Kanan Chandra

serydayis World AIDS day forus for we are taking care of HIV/MDS padients and caregivers every single day," says Dr Glory Alexander, the founder and director of ASH D. (Action, Service and Hope for AIDS) Foundation in Bengalura. Founded in 1985, Asha Foundation provides a range of services for HIV (Harsan Immunoscielesensy Virus) and AIDS (Ac-quired Immuno Deficiency Syndromo) potients. It works for the prevention, aware ness, treatment, care, support and rehabilitation of HP/positive people with special focus on warmen and children.

There was a lot of fear, eigens, anxiety and hostility towards the AIDS patients when first cases among Indians emerged. in the 1890s. Dr Glory remembers many outerwhere AIDS putients were driven out. of their horses. But what worried her was the apaths in the comitors of haspitals. The ATIS patients were created as inferiors. and refused to be admitted on some coretest. or the other.

An alconous of Christian Medical College, Velore, with a gold modal in MD in. Innernal Medicine in 1986, Glery had not eveninged a mention of AIDS inher modical carriculura. While working as a consultant physician at the Baptist hospital in Bengalura, Glory first encountered an AIDS patient in 1987. The doctors were triusing him for a had lung infection that soon deteriorated. With imminent death storing at his face, he put a question to Gisry "Do you think! have AIDS?" That was a shocking revelation that made her pour over Orderd teathority and administer a test for AIDS. But the patient died below the test indicated positive. The case haunted her so when cases of AIDS emerged in the BS0 value decided to address the issuebread-on.

The success in HTOAIDS control could be stributed to Anti-Retriviral Thorapy (ART), Presention from mother to child transmission (PMCT), safety of blood transfusion, change in the attitude in reedical community towards AIDS treatment, rainority community (transgenders, homesexuals and drug addicts) coming not in the open and a more responsive reporting on AIDS," says Glary

"80% afour work is with the postnat action of the suciety and majority of thomsare the desirate women and children infected by AUDS. Heat are middle- and apper-class people who come to us for the anarymity we give," she says. The Foundation has a sorto-economic evaluation yardenick with 22 questions to assess the financial status of the putients. ASHO closes it charge a con-



RMY OF HOPE Comp Reinbow conducted by ASHA Foundation for Hill-positive kids in Bengaluru.

solution lee for anyone. The poor get treat ment and medicines absolutely free, while

others are charged with minimal fees.
Prior to 2004, before ART was introduced, a lot of AIDS outlerns died untreated because of the probabilities cost of treatment Jupward of Rs 26,000/months. During that period, a lot of women became unumpeo-ing victims of AIDS and a number of children were born with HTX.

ASHA works an asseral projects to helpthem. There are self-help-groups of women with AIDS or widowed due to HTF-position partners. Many such women are guided to became HIV extraction, ratesweren, pri-mary school teachers or get employed in gament factories.

The HIV-positive children are given estaestional, medical and nutritional support. The Foundation facilitates free legal arricos. for HIV-positive warmen, free facusing for women under Rajiv Gandhi Housing. Scheme, access to government schemes and educational support to children Over 120children are directly looked after by ASHA. Gibry opines that ART has enabled the putients to live a normal life and contribute to enciety in manningful ways just like anyone-

The AIDS-affected women who had lost all improving not literariles are now leading a happy, respectful life thanks to ASHA. Mong with treatment, they instilled confr dence in me that I should stand on my fast. and work. From the food intake to how to interact with people in society, they guided rue on all aspects," says Moona (name

The Foundation has a number of pregratumentor HIV positive and AIDS affected ASHA has formed self-help groups of HIV-positive women and trained them in different professions like counselling and teaching...

tick and adults. Through the Addressent Health Education present, they provide an educations school-fuldiverienth-age-group of 13-15 years. The resource manual effect Aumol Ashryoln (Proclose Hopes) is already included in several schools in Bengalura. Pere, Mureboi, Nagpur, Shimb and other

The Comp Rainbow (started in 2014) courses HIV-positive-children and conducts. residential summer camps in Bengalura. The initiative is a collaborative effort of ASHA, YRG Care, Chemnal and the global Serious Fun/Children's Network: A dedicated team of college and working young serviceticipate in the annual three week programme and absorband the follow-ups and reunions with children.

The programme enters to HTV-positive children born before 200-9 when there were on HTV tests for mothers and no medication. terPHICE his through games, discussions. arts & coalts, nature appreciation and life skills sessions they fearn more about HITCAIDS, administration of lifelong medication and a meaningful life that avoits

The AIDS helpline (080) 23843333 & 23542225 of the Foundation is married by two counselors from Monday Friday (Nam-Speci. Most of the calls come from young urban educated males in the age group of EV-35 years when they feel they are startisk of AEDS and want to know what has to be done. Records of the Foundation say that, over 40:000 calls have been received since 2000 and over 500 e-mail queries received since 2006 and over 5,000 counselling sessions have been held. Leg on to www.ashaf.org/formore details.

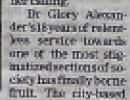


City-based doc honoured with BC Roy award for service towards HIV patients

TIMES NEWS NETWORK

Bengaluru: Her decision to work for HIV-infected patients was endorsed by a few and doubted by many But this 62-

vesc-old doctor knew her calling.



doctor has been selected for the proofigious Dr BC Roy National Award.

Dr Glory founder of ASHA Foundation, a city-based NGO that has been providing medical, emotional and social support to patients suffering from HIV/ Ands since 1998, has been safected for the award in the category of outstanding service in the field of socio-medical re-Bef "lamelated and bonoured, lamgled" that I could stand by my ethics and valuse through my career and help HIV potionts fight against all odds and stigms and live with their heads held high," the doctor-said.

Analumna of Christian Medical College and Hospital (CMC), Vellore, Dr. Glory worked in Bangalore Raptist Hospital between 1966 and 1966, after which she set up ASHA Foundation, Ever since, the organization has touched thousands of lives with its name of services, including awareness and counselling programmes, comprehensive treasment and clinical resourch. Today the NGO boosts of initiating the first privale automated Aids helpline in India. allunder Dr Glory's guidance.

This award is for all ASHA workers who have served HIV patients with all their dedication. This award is a victory. for all infected patients who fight social stigma and negativity around them." said Dr Glock

KARNATAKA

Better awareness drives down number of HIV-positive cases in state

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medierte Giffe Stiff i melens eferlieg wit up one should distin perfora With transfell to hars Orber, Belle- und Schalt, storpresident of establishments for the new operation in regulations. elapte consistent bregio margaran Webserberin Et brack paths lower or diller, bred

Success	dog
No.	Welter
200-2	434
3000	840
2004	30,946
3946	338
256	207

ASSI Francisco a chartolie - belg pegikelitäli traditat beite HV ut Maffet besidier Den, und in et auf the benferred that man benrelated the transfers is and decorate the the past few years. Drops are structure become few.) position of common a being in industry persons encod in a revision action, do ed. should and fertilen abbettunbers - knowing is to then then or Bod but Operation aspectability spired polition all freshments forther belleville connect feeting and treatment

De Clary Alexander Director, "Authoriseinal theory: (AUT)

A painful encounter with AIDS haunted me: Dr Glory Alexander

PERSONALITY OF THE MONTH



Dr Glory Alexander

Dr Glory Alexander was homoused with the Dr BC Row National Award for the year 3000 under the category of Outstanding Services in the Field of Socio-Medical Relief. Dr Alexander completed her MERS and past graduate training in Internal Medicine from Christian Medical College and Hospital. Vellor: She won the RV Region Sist Berinder Commencention Gold Medal from Madras University for abitaining the first rank in M.D. She worked in the Bengalive Baptist Hospital as a consultant physician. In 1998 she gove it all up to help AIDS partients fall-time by founding the ASHA Foundation. At that time there was a lot of stigma against HIV/AIDS and not enough support for those thing with this disease. Since then, the patient care delivered by Dr Alexander and her team includes medical care and support to a large number of HIV positive individuals and their families through the provision of anti-retroital therapy and treatment for tabercalosis and apportunistic infection with natritional support. She has also received the International Askaba followship award, the Rayin Gundhi Rashtriya Ekta Award and the Karanneer Global Fellowship award. Dr. Mexander is an Adrisor for WHO and member

of the draft committee of WHO. She has served as the vice president of the AIDS Society of India, member of the Governing Council of the AIDS Society of India and member of the International AIDS Society Dr Alexander and her team have nothed tirelessly to advocate, promote and provide a better quality of life to those thing with FIV AIDS. In an interview to BS Rawest, Dr.Alexander is condid about her fineagists on the HIV/AIDS patients, her wast experience of working in the field of socio medical relief and her hopes for better quality of life to those living with the disease.

fiel to receive the Dr BC Roy National. which has influenced you most?

By Gory Alexander: I feel elated and 1887 – early days in HT/ history. He was be the next flash point for HT//ADS and humbled. I am very grateful to God, my a foreign national who knew he was HIV #SHA Foundation.

your journey so fac-

and post graduate training in Internal Medicine from Christian Medical College and Hospital, Vellore, in 1986. Then I Hospital till 1983. During the 80s, there was much concern in India about HIV/VIDS. There was truge stigma and discrimination towards this disease. At this time, I moved full time into working in the field of HIX) AIDS and founded the ASHA Foundation. in 1996. The ASHA Foundation provides a range of services in the field of HIV/AIDS including counseling and testing services. of Mather to Child Transmission of HIV

Drug Todas Medical Times: How did it. DTME Are event/incident in your life. HIV infected patients?

husband and family and to my team at - positive and came to India as the stigma in his own country was unbearable. He died DIMT: Please share your thoughts about and I was influenced by his lanely, painful death. I thought to myself what manner DGA: I completed my graduate (MERS) of disease is this that exuses a person to leave his family, his friends, his country and file a lonely death so far away.

DTMT: What are some of your insights worked in the Bangalore Baptist Mission - from working extensively with the ASHA Foundation?

DGA: When we have separate or isolated inputient facilities or haspitals or care centers for diseases like Leprusy or Tuberculosis or HTUAIDS, me worsen. the stigma towards these diseases. It is important to integrate these diseases into routine medical care and treat them like we would treat other diseases. However, adolescent health education, prevention. HAVADS also had prolound social consequences and these issues could not HV infected women, facilitation of free case ranging from awareness and and healthcare communication should be IRCS. Recomm a decision selected women

DGA: In the eighties and nineties there: DGA: I saw my first patient with ADS in was genuine concern that India would. our country could suffer like the African sub-continent did. I wanted to contribute of satisfaction, then we I am a successful my bit to prevent that situation from

DTMT. What changes do you suggest in Integrity - as doctors we need to do the the healthcare system?

our country. This needs to be improved. satisfied? There is a need to have more medical colleges, and more post graduate seats in clinical areas. We need to inundate the health system with so many doctors, surses and paramedical workers that they are encouraged and compelled to go to rural areas to work. We have to apprais the services uniformly in government sector. We have to bring down the costs in the private sector. We have to provide good quality health care. that is afferdable to the common man, A. career in medicine should be attractive (PMTCT), Camp Rainhow, Support for be addressed in a hospital setting. Hence, its potential disctors, nurses and pass. children and their families. HIV Research, the need to start organizations like ASHA medical workers. Medical education. DTMT What would be your message for Advocacy through free legal services for Foundation that provided comprehensive should be afferdable, and values, ethics our readers?

Medicine needs to be removed from the realm of consumerism.

DTMR As a successful doctor, what is the secret behind your sucress?

DGA: If success is measured on the scale ductor. There is no secret to success- the usual - hard work, sincerity, honesty and best we can for our patients.

BCA: The decree patient ratio is low in BTMT: What makes you happy or

164: In my work in the area of Prevention : of mother to child transmission of HIV every baby that is born without HIV infection because of our efforts gives me great happiness and satisfaction.

DTMT: How do you balance between your week and famile?

DGA: The children are all grown trainers. So, my husband and I keep busy with our work, in the early days, we really had to strike a balance and it was difficult. But having a husband who is an orthopedic surgern helped as he understood and contributed So, we managed.

INTERVIEW

'In India, HIV/AIDS carries a woman's face

This year Doctor's Day was special for 25 doctors who received the coveted Dr BC Roy National Awards from the hands of the President Of India, Pranab Mukherjee. The awards were announced for the years 2008, 2009, and 2010 but were conferred upon the doctors this year. One among the 25 doctors is **Dr Glory Alexander**, the only women among seven recipients for the year 2010. Founder of ASHA foundation, Dr Alexander is known for her work in the field of HIV/AIDS in Karnataka. In a brief conversation with **M Neelam Kachhap**, she talks about her work that culminated into the awards

Tell members the state of HPC/WIDC in India. According to the HIV estimates of 2008 brought can by WACO the restimate of people thing with HIV (PLHIV) in India in 21.17 bits. The second reliable below to proceed a Children below to proceed and the 10th per cent and women account for 60th per cent of all HIV indications.

There is a decrease in number of new infections identified and a decrease in the number of AIDS relaced deaths compared to previous years and this ingreal new facts. However, it is important to confine preventive and care and support measures vigorandly.

Haw has HIN AIDS treatment changed over the years?

In the 60% we were losing: PLHIV because there was no treatment and pullents were deling from opportunistic infections. The surning point came in-early 2000 when India started manufacturing drops. for HEVAIDS concrically and this peduced the cost of Auti-Estroyinal Thomps (ART): drastically Further, in 2004. NACO started providing ART free of cost to patients, and it was also available in the private sector at affordable. rates. I would say that AJFF has made the situate most. important difference in the life of a PUBIV because it. extended both the quantity and the quality of life of a

PLHIV and harmed this infection from a file bare steady, hard those to a chromic, managerable library. ART has remained the mainstap of trendment in HIV infection and what has changed over the pours in that the infection, a they have been been and we have a select that drags to choose from.

Tell us about your first. encountre un AIDS partient I save my first rection; with-HIV infection, way back in 1987. He was a foreign national and very sick. I missed the diagnosis, but he gove me a hint and then it all fell into place. Desting for HIV was not aveilable in Karnstaka at that times and we had to send his blood sutside to a referral. centre. We lost the patient, inspite-of our best efforts. The HIV positive report ourse offser the death. I felt very sorry for this gentleman who died a losely, painful death in another country for your from his loved ones.

How you started your NGO? There was geneine consern in the E00s, that after Sub-Sahama Africa, India would be the next flash point for HPGADE. By this time, we were beginning to see MIV infection in our own community and the trauma, stigms and pain that went with it. Simultaneously, I was asked to give loctures to



There is a decrease in number of new infections identified and a decrease in the number of AIDS related deaths compared to previous years and this is good news for India

was witness to the ignorance. concern, from and value vability of soung people. It was then that I decided to stem and of the condition wase. and start ASHA Fearstation. my NSIO. My handward was is base support in this westure. and encouraged me to fallow. my forms. The first project. wantle HIVAIDS helpfare which received 248 calls on the day it was inaugurated in June 1988, This was followed is the EIVAIDS chair and the Adolescent Health. Education programme-

Tell as about your week. through the NOOS The ASHA Population provides a range of corvives in the Sold of HTVDAIDS. I Counselling and testing services. We started the first continues and assessment AUTING Helpline in the country which. received almost 4.80,000 calls and have had more than 50,000 manual telephone ralls. and around 9000 pourselling pessions have been conducted. headdillen we respond to email queries and along with Lyphundeens, we conduct: личновы ргодоворыя among volperable communities. It debelosses the Mile odnestion(AREE): A. Deschery' manual dealing with adolescent lesses was

developed in-house and taught

to students by trained.

teachers. So for more the

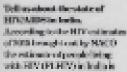
3500 teachers have been

About one takk stude. used the curriculum in a way ar the other in the p and currently more than schools, colleges and ath in distributions are quarticly is the programme. About 40,000 students in Page Membal, Nagpar, Tamil S Andlers Prodesh, Seng-Mangalore, Mesore, Kal Horses HS Kets, Kepp Shiwaga, Dakohin Kam and Hubli are doing the programme. The stude are student mortification porceds enternal has also deschaped

B Prevention of Mother Child Transmission of B (PMTCT). In partnersh with come hospitals in Ka Andleys Presidents, Tamill and Korontaka, ASSEA Foundation has worked by field of PMTCT Sorter 1,64,064 programs motions have been tested for SITV a these, 605 were diagnosed HIV-positive and treated t ART and other measures that the children would be bers HIV-negative. In our cohort we have brought do the chile of transmission in 00 per cent to less than to per cent. So far in our per hospitals we have trains more than 100 narrow and other staff as counsellors. sensitized around 2000 doctors and other staff on PMTCT, and around 2009 other nurses, nursing and medical students, ward a personedical workers.

'In India. HIV/AIDS carries a woman's face'

Dr Glory Alexander recently received the coveted Dr BC Roy National Awards from the President of India, Pranab Mukherjee. Founder of ASHA foundation, Dr Alexander is known for her work in the field of HIV/AIDS in Karnataka. In a brief conversation with **M Neelam Kachhap**, she talks about her work that culminated into the awards



the estimate of people being with HIV (PLHIV) in India is 2.15 lable. The compressioner is 2.25 lable. The compressioner is 2.25 per event. Collaborabelow Byware event. In the total per event and excession of all HIV intertions.

Here has the treatment changed over the years? In the SO's two ways looking. PLHIV because there was no treatment and patients were dying from apportunistic insections. The turning point come in-early 2000 when ladie. started manafecturing draps. for HEVAIDS-generically and this perhaped the cost of Anti-Betrovinsi Therman (ART): drastically, Parities; in 2004, NACOsturiod providing ART free of cost to pottents, and it was also evaluable ted to private sector at affectable rates. I would say that ART has made the single-most important difference in the life of a PLHIV because it ceterated both that quantities and the qualities of life of a PLETY and turned this infection from a life. threatening Istal filteration chronie, managrable illinosa.

Howelid you start your NOO? There was genuine concern in the 1990s, that ofter Sub-Subrem Africa, but a would be the next fash point for HYALDS. By this time we were ingining to see HY infection or or over-community and the tensors, sliganously and the tensors, sliganously and the tensors, plantaged pointful went with it. Simultaneously, I was abled to give instances to the ignorance, connects, four their parameter, they

and valuerability of young people. It was then that I doction to step out of my combet once metabort ASHA. Formitation, my NOC My looking town I may support in this vonture and my support in this vonture and my support in this vonture and my not. The first project was the HIVATES helpline which revenued 20% will on the slay it was inaugurated in Jane 1889. This was followed by the HIVATES clinic and the Adolescent Health Etheration programme.

Tell sealout your work. through the NGOC The ASHA Foundation. provides a range-of services in the field of HPALDS. I Counselling and testing services: We started the first private automated AIDS Belofine in the country which received almost 4,00,000 calls and have had more than 20,000. manual telephone calls and present 60000 communities sessions have been conducted. Additionally, we respond to email quarter and stone with Ivolunteers, we conduct. ечителя результати. F.Adolescent health education A teachers' consuct dealing with adolescent issues. was developed in-house and taught to students by trained teachers. So for more than 2000 teachers have been teninged all cases they enturies. About one lakh studenta have asolithe curriculum in one way. or the other in the post and currently more than 200: selecteds, evidences and extinceinstitutions are participating in the programmer. About 456/000students in Plane, Manufold, Naggory Thread North, Aprillant Pendedi, Respublica, Mangalore, Mysure, Takes. Marsang MR Kote, Kappail,

Ehlmogn, Delinhin Koranada and Elabiliary doing the programme. Presention of Notherto. Child/Transmission (PMITCT) of HIV lamestownian with some hospitals in Kevella, Andless Pentrels, Torol Nada and Kamataka, ASHA. Foundation has worked in the field of PMTCT: Sodie 144,000. premiant mathers have been tested for HIV of three, 60% were diagnosed as HP4-positive and treated with ART and other recommon to that the children would be born HIVnegative linear cohert, technie brought down the risk of transmission from 10 percent to-loss than two-ner cent, So-far, in our portner hospitals, we have trained more than 100 nurses and 40 other staff as counsellors, sensitived around 2000 Sorters and other staff on PMTCTC and around 20,000 other nurses, naming and medical students, word skies. paramedical workers. community bealth werform and community have been sensities of about HEVAIDS and F Comp-Rainbow: This is a psychological intervention where we take HIV-positive children, between 10 and 16. years of ago, to a resident latsummer camp for five class and teach them life sidlis, bould used Investment, bette professionality. knowledge of HEVALDS. and comment preservation du-These campa have improved. their self-extern, confidency, ART adherence and social behaviour Children Irona

Boncalura, Moure, Mancha,

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comps. We also bears relantment

Pendesh have strended these

from colleges who give three-

weeks of their times night and

due to help in these camps. P Support for children and their fundless The cure component includes medical care and support too large. paneling of HTV nositive indistribute and their besides. through provision of ART. treatment for TR and opportunistic infections, our the HTV-indexted and offerted. children through educational support nutritional support and ART empowerment of wereen through knowledge oversion, vacational training. inbulinements, micro-credit, and formation of Self Help-Groupe SHEGO, with SHG bank: processing. FCamerity building: We have hulk the capacity of doctors. nurses, trackers, counsellors, community health workers and demonstratily through our STATES SHOW, HIIIV Bossarch: ASHA. Foundation is recognised as a Salara Min and Indicated it. Research Grannisation by the Dogs, of Science and Technologic Government of lada, facusing on operational research in Prevention of neother to child impunisation of HTV infection, adults with HTV. children with HIV, adalescent. health education, counselling in HTV and sector-concents: pageoticoPEDCWe have published papers inscientific and educational topomis-B.Asbroenes: Preditation of free logal services for HIV interiori warner, facilitation of feet bousing for somes under Rajis. Carolin housing, for littating, ances to government where each as without provide and facilitating educational support. Sur-children Descugh Child

What shallonges did you face

Welfare Committee.



how did you overcome th Challenges have been my The main-challenge of cos has been in relaing funds: our NOO. We enter to the property section of the community in our work and funds are almost needed tolk there. Many people think the HIVAIDS in a last cause had with the advent of ART; this not no and so many things ha beeg passible. I am eternally granafall to funders like Kirkl of INDO-MIM, and otherwise have supported as for some

Share some of your notable moments.

In India, HIVAIDS carries woman's flore. At the mirror level, the greatest busiles of HIV infection has been until Indian woman. She is the o who gets married young as infected in marriage, been young widney is lost behind HIV inheted, with young, dependent children. unedurated, financially unstable and facing stigmadiscrimination and she is strong, she copee- she rises from the ashes and again ma a life for benedit and her children.

What are your plans for the NOO in coming years? A.BHA. Roundation will continue to work in the field **HIVAIDS**. We want to ent our AHE programme so the country Through Can Rainbow, we must every Hi positive child in Karnata expectance the possible intervention that improve their well being self-rates sadal behavious and m there confident, will are individuals in their committed marken brokkapitopous

राजस्थान पत्रिका

एचआईवी पीड़ितों की सेवा में जुटी एक चिकित्सक

चिकित्सक दिवस आज डॉ. बी. सी. रॉय चिकित्स प्रस्कार से रावमानित होंगी हैं। अलेक्जेंडर

निविद्याल पुरुषार बेंगरसूट का धरितस

publishes com/crey एकशाहरी पेढ़िया की आम शिकायत रहती है कि रामान और भारपताल में जनकी भाषशा होती है। रबारम्य कर्मी और विकित्सक भाषका रूपकाल नहीं करते हैं शिकन राहर में एक चिकित्सक ऐसी भी हैं जो इन गोहिलों को जिंदगी बदलने, चन्हें समान की मुख्य धारा से ओहने और सम्मान दिलाने के लिए अपना कॅरियर छोड़ कर उनकी सेवा में जुड़ी हैं। एचनाईबी पीड़ियों की 18 साल से रोजा कर रहीं हों. एतेरी आतेमलेकर (54) को केंद्र सरकार ने प्रतिहित हों. की. सी. सेंग राष्ट्रीय ्यामाञ्चिक-चित्रहरूका राहत वर्ग में विकित्त मानदान है के क्षिए भूना है। शुक्रवार को विकित्सक दिवस पर अन्ते हरा भुरतकार के दिल्ली में नवाजा जाएए।

बाँ आलेबजीवर आहली है कि शामान प्रचलवां भी दिलों को खाद से भारतम् करने के बजाय उन्हें गरी से लयकर उनका होराला व्याए। पुण्यकार्वती संक्रमण का उनवे जिल्हा

व्यव करत नहीं होला।

इस अभियान से जुड़ते के कार्र में पुछने पर को अलोकनेकर ने कहा है। यार्थ 1990 में उन्होंने देखा कि एक अर्थनाईको पीकित करणी की संख्या अधानक रो बद्ध गई। चिकित्सकीय और सामाजिक तीर पर बेसहार इन माववीं की मेखाकर जनकर दिल पशीज नवा। ऐसे बच्चों की मदद के लिए उन्होंने वर्ष 1992 में आशा राएवान को गाँच बाजी। इससे चर्नार चिकित्सक उन्हें सको की पीवा को कम करने में मदद गिली। बाद में पोड़ितों की मदद, पुनर्वाच और चेकमाम का काम ही ही अहोक्सेंडर जिन्हमी यन गई। एचआईवी संदर्भण रोकमाम कार्वक्रम के माध्यम से डॉ. व्यक्तेक्वर्तेस्य प्रदेश के 200 में भी क्यादा स्पूतनों से जुड़ी हुई हैं। ब्रनका मानना है कि एकवाईबी कार्यकरता

मध्किल सफर

की अल्बाना म्यूनाना में कि प्रवासम्बद्धाः योजना । कः पान्तः या विश्वय आरम्भव वार्ति व्याप्त वार्ति कार्या व उन्हें इस काम में हाथ नहीं कालने की। रालाङ है। यो लेकिन ये नहीं मानी। वर्ष १२२६ में उन्होंने एकशाही-हरुक्ताम् अधिय **PHILIP** यतप्रसित्ति सेवा की भूरकाल की। हर दिन करीय १०-१५ लोग फोन पर मरामशं और काउंसांस्टर लेते हैं।आब क करीब 5 लाख लोग प्रवेत पर कार्डसलिंग और प्रसमर्थ से सुके हैं।

पढ़ाई के लिए मदद और पोष्ट्रिक आहार का कावस्था

मां से अच्चा में एकसाईबी संशामण के रोकधाम के लिए हों. अलेक्सेंग्रह काफी काम कर रही है। बर्ज नवनाती को खेळपण से बचावे में सपतवता मिली है। उनकी टीम के 22 कमी नहीं और कार्वस्थित इस काम में उनकी मदद करते हैं। गर्भकती महिलाओं में

एक आहे और संक्रिका чівеной. Bit. पहल्लान कर उनका टपचार किया जाता



की देखभाल और महायता केंग्र (केप्नएब-सीप्रधार) परियोजना के अवस्थित स्मित्र एव अवर्ष्या सामानित अधिकानवर्षे के सकते की पत्रहाँ के लिए आर्थिक अनुदान की व्यवस्था करती है। अच्चो और अभिगायको के व्यिष् गोदिक आहार की व्यवस्था भी उनश्र को किम्मेदारी होती है। बारीस 120 अच्चे उत्तरहा को सदद से पदाई कर हुई। है। ६० मच्यां को पीछक आहार ठपलाच्य करावा जा एवा है। सह बच्ची को लिपित क्षेत्रों में स्वायसाईक प्रसिक्षण दे उन्हें अपने पेरी पर खेता लोने में मदद की जाती है। विश्ववाहते और भेसदाय महिलाओं शिक्षमा और वेसहाय महिलाओं के लिए भी आशा में जनह है। सिलाई, कागज का मैन् फाइल्स, प्रोडकर, कलाम, काई. भोभवाली और कृषिम फूल बनाने हैं: क्षेत्र में महिलाओं को व्यासनारिक

स्व-सहायता समृह

पीडितों का हौसला बढाने के लिए डॉ. अलेक्जेंडर ने स्व-सहायता समूह की स्थापना की है जिसकी हर रविवार को बैठक होती है। जरुरत के हिसाब से आशा संस्थान महिलाओं को ऋण भी देती है। डॉ. अलेक्जेंडर ने बताया कि कई दानदाता भी हैं जिनके बिना पूरे कार्यक्रम को चलाना असंभव था।

एक मरीज की मौत ने बदल दी दिशा

बकौल, डॉ. अलेक्जेंडर वर्ष 1987 में वे शहर के एक अस्पताल में चिकित्सक थीं उसी दौरान एचआईवी-एइस से पीड़ित एक अमरीकी मरीज,जिसकी उम्र करींब 53 वर्ष थी इलाज के लिए आया। उस समय एड्स को लेकर समाज में काफी भ्रांति थी। बीमारी सामाजिक लांछन से बचने के लिए वह एक आश्रम में ठहरा हुआ था। तबीयत बिगडने पर वह अस्पताल आया लेकिन बेंगलूरु में उस वक्त एचआईबी से जुड़े जांच की व्यवस्था नहीं थी जिसके कारण इसके रक्त का नमुना ब्रेह्मेर भेजा गया लेकिन जांच रिपोर्ट अनि से पहले ही उसकी मीत हो गई। जब जांच रिपोर्ट आई तो उसमें एचआईवी की पृष्टि हुई। इसके बाद मेरे एड्स के कई मरीजों का उन्होंने उपचार किया। वर्ष 1995-96 में देश में एचआईवी काफी उफान पर था और दवा उपलब्ध नहीं होने के कारण अधिकांश मरीजों की मौत हो जाती थी। इसका उपचार भी काफी महंगा था। बाद में भारतीय कंपनियों ने दवा बनाना शुरू किया। वर्ष 2004 में मरीजों को एआरटी के रूप में थोड़ी-बहुत राहत मिली लेकिन मरीजों के साथ सौतेला व्यवहार होता था। कदम-कदम पर तिरस्कृत किया जाता था। तब मैंने समस्या से सीधे निपटने और ऐसे मरीजों की मदद की ठानी। अच्छी-खासी नौकरी छोड़ दी। पिता और हड्डी रोग विशेषज्ञ पति ने हौंसला[॥] बढाया।

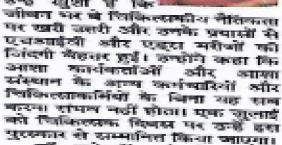
सामाजिक-चिकित्स शहत वर्ग मे विशिष्ट योगदान

विकालक क्षेत्रक

pagetten corrector एचआईकी और एड्स के मरीजों की देखभारत में अपना जीवन समा देने व्याली आया शंद्रधान की संस्थापक और मुख्य कार्यकारी आधियतरी द्वा. Territ 41 प्रतिक्वीकर (62) चित्रकारमा में जिल्लेष योगवान के लिए वर्ष २०१० के ही, बी. सी.रीय राष्ट्रीय पुरस्कार हो सम्मानित किया जाएगा।

कीं. एलेवजीतर ने 18 वर्ष पहले जब एवलाईबी/एइस भीविती की अपने मरीज के रूप में जुना था तो कई लोगों ने उनके फैसले पर आपति जनाई थी। लेकिन उन्होंने किसी की नहीं खी। पिर्वक्रिस्ट्रा सहा स्था। सामाध्यक-चिनिक्स्सा सहस सर्व में चिन्सिट चीमदान के लिए औं. एलेक्सेंडर की रमाम्मादिशामुङ--इस पुरस्कार के लिए चुना गया है। या. एलेक्जीहर ने भीड़िती की चित्रसिक्टल्या के प्रमुख रनाम्मा जिल्लाह अधीर भागन्यसम्बद्धः स्टब्स्योग् चे कन्हें सिर कहा बहर जीना सिखाया।

यनहींने उन्हें खुशी है कि



कीं, एलंकजीहर ने शिल्लोर के क्रिकियन मेकिकल कॉलेक एंड छ।रिपटल के व्यक्तिका वर्त प्रदाई की। 1986 से 1998 तक जैक्सिट अस्पताल में काम करने के बाद वन्होंने एकआईबी और एक्स मरीजी के कल्बाण के लिए आशा संस्थान व्यक्ति शहक कारण वाली।

വർത്തമാനം ലം 2016 ആരോ 2 അനി ലെയാള മനോ





മെഡ്രി. അൻ പ്രത്യൻ സ്വർ മാഫ് ഇന്ത്യയുടെ നേടാം. ഒൾ.സ് താൽ അവൻഡ് വേധ നെങ്ങൾ പ്രവസ് വേണ്ടത്തുന്ന് അവക്സാത്തർ വ്രാത്തി എത്തിൽ സ്വാഹത്തിൽ വേണ്ടത്തിൽ പ്രത്യേഷ്ട്രിൽ പ്രത്യേക്ക്രിൽ പ്രത്യേഷ്ട്രിൽ പ്രത്യം പ്രത്യം പ്രത്യേഷ്ട്രിൽ പ്രത്യം പ്രത്യം പ്രത്യേഷ്ട്രിൽ പ്രത്യം പ്രത്യ പ്രത്യേഷ്ട്രിൽ പ്രത്യേഷ്ട്രിൽ പ്രത്യേഷ്ട്രിൽ പ്രത്യം പ്

പ്രവർത്തനം മെച്ചപ്പെടുത്താൻ ആർഎസ°എസിൽ പുനഃസംഘടന Smerge Jongerous

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ത്രിപ്പിച്ച് ചായർത്താനം സമത്തുന്നു. തിന് മുഹീകരിച്ചിട്ടുമ്മ എത്ര വാ 2000ുകൾ 11 ആചർ ഈർത്തുക து எல். இவருக்கி, மக்கழ்கள் கூறுக்கும் வந்தைகள் அறு வற்றுள்ள அற்றுக்கு வர கண்குமாக அற்றுக்க விறைவருக்கிறவு கண்குமாக அற்றுக்க விறைவருக்கிற வற்றுக் கட்டுக்கும் இன்றையாகில் வற்றுக் இது முக்குக்கிக்கும் அற்றுக்கும்

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ASHA Foundation

Having stood on the side-lines of DWC for my first 5 months in India, I recently took the plunge and joined the DWC charity committee, not rookly knowing what it would involve.



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President Pranab Mukherjee presents BC Roy National Awards for 2008, 2009 & 2010

📸 carrenteffaire.adda247.com/2016/07/president-parast-multhorjee-presents-to.html



President of India Pranab Kumar Multherjee has presented the Dr. Bidhan Chandra Roy Award national awards for 2008, 2009 and 2010 at Rashtrapati Bhavan, New Delhi, These awards were presented on the occasion of National Doctors' Day observed on July 1 to pay honour and tribute to India's most famous physician Dr. Bidhan Chandra Roy.

Bidhan Chandra Roy Award was Instituted in 1976 in memory of B. C. Roy by Medical Council of India. The Award is given annually in each of the following categories: Statesmanship of the Highest Order in India, Medical man-cum-Stateaman, Eminent Medical Person, Eminent person in Philosophy, Eminent person in Science and Eminent person in Arts. It is presented by President of India in New Delhi.

Friday, 3 June 2016

Do not discriminate against people living with HIV/AIDS - Dr KK Aggarwat.

Editor in Chief eMedinewS and IMA News in conversation with Dr Glory Alexander, Director ASHA Foundation, Bangalore.

Dr Glory Alexander has been honored with Dr BC Roy National Award for the year 2010 under the category of 'Outstanding services in the field of Socio-Medical Relief'.

Dr KK: Tell us about your journey so far.

I completed my graduate (MBSS) and post graduate training in Internal Medicine from Christian Medical College and Hospital, Veltore in 1988. Then I worked in the Bangalore Baptist Mission Hospital till 1998. During the 90s, there was much concern in India about HIVIAIDS. There was huge stigms and discrimination towards this disease. At this time, I moved full time into working in the field of HIVIAIDS and founded the ASHA Foundation in 1998.

The ASHA Foundation provides a range of services in the field of HIVIAIDS. • Counseling and testing services: We started the first private automated AIDS Helpline in the Country which received almost 400,00 calls; more than 20,000 manual telephone calls; 8000 counselling sessions. In addition there are email queries and awareness programs among vulnerable communities conducted under this component.

- Adolescent health education: A Teachers' manual was developed in-house and taught to students by trained teachers. So far more than 2500 teachers have been trained all over the country. About one takh students have used the curriculum in the past and currently more than 300 schools, colleges and other institutions are participating in the program. About 40,000 students in Pune, Mumbai, Nagpur, Tamil Nadu, Andhra Pradesh, Bangalore, Mangalore, Mysore, Kolar, Hunsur, HB Kote, Koppal, Shimoga, Dakshin Kannada and Hubli are doing the program. The students have student workbooks and a perents manual have also been developed.
- Prevention of Mother to Child Transmission of HIV (PMTCT): In partnership with some hospitals in Kerala, Andhra Pradesh, Tamil Nadu and Karnataka, ASHA Foundation has worked in the field of PMTCT. So far 1,64,064 pregnant mothers have been tested for HIV; of these, 355 were diagnosed as HIV-positive and treated with anti-retroviral therapy (ART) and other measures so that the children would be born HIV-negative. In our cohort we have brought down the risk of transmission from 30% to less than 2%. So far in our partner hospitals we have trained more than 100 nurses and 40 other staff as counsellors, sensitized around 2000 doctors and other staff on PMTCT, and around 20,000 other nurses, nursing and medical students, ward aides, paramedical workers. Community health workers and community have been sensitized about HIV/AIDS and PMTCT.
- Camp Rainbow: This is a psychosocial intervention where we take HIV-positive children, between 10 and 16 years of age, to a residential summer camp for 5 days and teach them life skills, health and hygiene, arts and crafts, knowledge of HIV/AIDS, environment preservation etc. These camps have improved their self-esteem, confidence, ART adherence and social behavior. Children from Bangalore, Mysore, Mandya, Kolar, Ramnagara and Andhra Pradesh have attended these camps. We also train volunteers from colleges who give 3 weeks of their time night and day to help in these camps.

- *Support for children and their families: The care component includes medical care and support to a large number of HIV- positive individuals and their families through provision of ART, treatment for TB and opportunistic infections, care for HIV-infected and affected children through educational support, nutritional support and ART, empowerment of women through knowledge creation, vocational training, job placements, micro-credit and formation of Self Help Groups (SHGs), with SHG bank accounts.
- HIV Research: ASHA Foundation is recognized as a Scientific and Industrial Research
 Organization by the Dept. of Science and Technology, Government of India, focusing on Clinical
 research in Prevention of mother to child transmission of HIV infection, adults with HIV, children
 with HIV, adolescent health education, counselling in HIV, and socioeconomic aspects of HIV.
 Currently, six research projects are in progress.
- Advocacy: Facilitation of free legal services for HIV infected women, facilitation of free housing for women under Rajiv Gandhi housing, facilitating access to government achieves such as widows' pension and facilitating educational support for children through CWC.

Dr KK: You have also received numerous honors and awards.

I received RV Rajam 81st Birthday Commemoration Gold Medal 1986 from Madras University for the first rank in MD Internal Medicine

- International Ashoka Fellowship Award for innovative work in HIV/AIDS.
- National Rajiv Gandhi Rashtriya Ekta Award for services rendered in the field of HIVIAIDS.
 Best Research Paper Award in National AIDS Conference held in Hyderabad in 2010.
- · Karamyeer Global Fellowship award.

I have been an advisor for WHO and member of the draft committee of WHO to draft a policy on 'provider initiated testing and counseling' and have been an invitee to many expert National and State technical Committees. I have also been a resource person at State, National and International fora and made numerous presentations.

I have served as the vice president of the AIDS Society of India, member of the Governing Council of the AIDS Society of India and member of the International AIDS Society besides being on the boards of other organizations. I have been interviewed on BBC's Health Program, and several radio programmes and several articles about my work and the ASHA Foundation have appeared in newspapers over the years.

Dr KK: Tell us about your family My husband is an orthopedic surgeon and presently consultant at World Bank. He is also the Founder Executive Director of AHPI. I have two children, one son-in-law and one granddaughter.

Dr KK: How does it feel to receive this prestigious award? I feel elated, humbled and grateful to God.

Dr KK: What would be your message to the community?

With advent of ART, people living with HIVIAIDS have an almost normal lifespan and contribute in meaningful ways to society, so they should not be discriminated against.

Dr KK: What changes do you suggest in health policies?

To provide quality and affordable healthcare to all section of society by training adequate number of doctors, nurses and allied health professionals, increasing the number of seats UG and PG and allied health professionals.

CMC NEWSLINE

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EMC Alumni Benoured with Br B.C.Roy Award

The Bidhan Chandra Roy Award, instituted in 1976, toper paculate the memory of Dr. B. C. Roy, by the Medical Council of India, recognizes exemplary contribution other field so f science, philosophy and arts in the country. This year, CMC existence its two fold achievement of being recipients of this acclaimed award.

Dr. Glory Alexander, batch of 1970, has been selected dasa Dr.B.C.Roy awardees in recognition of her Outstanding Service in the Field of Socio-Medical Relief.

Dr. Glory obtained both her graduate and post-graduate degrees from CMC Vellore, finishing M.B.B.S. in 1976 and M.D. in 1986. She was awarded the Madras University Gold Medal for her performance in MD in General Medicine. She worked at Bangalore Baptist Hospital until 1998, when she left to start a HIV/AIDS - focused NGO, ASHA Foundation. Over the last18 years, ASHA Foundation has impacted the lives of tens of thousands of people through its sur-vices: an AIDS helpline, adolescent health education in schools and for out-of-school youth, as Integrated counseling and testing centre, medical care and support, educational, mutritional, and medical support for children, the empowement of women, prevention of mother-to-child transmission of HIV, S a psycho social intervention for children living with HIV through residential summer camps, capacity-building of professionals, and HIV/AIDS assearch.

DeGlory has received several awards for her work in the field of HIV/AIDS including the International Ashoka followship award, the Rajiv Gandhi Rashtriya Ektn Award and the Karam veer Global Fellow ship award. She is the Vice President of the AIDS Society of India and a member of its Governing Council, Her technical expertise has led her to be on several state, national and international committees, BBC Health news, advisor to the World Health Organization, and member of the WHO committee that drafted the guide lines on Provider initiated testing and counseling.

Dr. Glory is married to Dr. Alexander Thomas, who is also a post-graduate alumnus (Ortho) from CMC, Vellors.

City doctor awarded for service to HIV patients

TNN | Jun 21, 2016, 12.34 AM IST



BENGALURU: Her decision to work for HIV-infected patients was endorsed by a few and doubted by many. But this 62-year-old doctor knew her calling.

Dr Glory Alexander's 18 years of relentless service towards one of the most stigmatized sections of society has finally borne fruit. The city-based doctor has been selected for the prestigious Dr B C Roy national award.

Dr Glory, founder of ASHA Foundation, a city-based NGO that has been providing medical, emotional and social support to patients suffering from HIV/Aids since 1998, has been selected for the award in the category of outstanding service in the field of socio-medical relief. "I am elated and honoured. I am glad that I could stand by my ethics and values through my career and help HIV patients fight against all odds and stigma and live with their heads held high," the doctor said.



Times of India

Secondario Chatterice | TNN | Jun 20, 2016.

Bengaluru based doctor gets selected for BC Roy National Awards

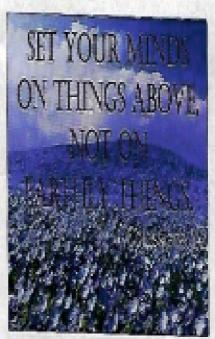
Bengaluru: A 62-year-old doctor had to face looks of disgust all throughout nercareer and answer series of questions from her fellow colleagues as to why she chose to serve the HIV infected patients. Today, after tireless service towards one of the most stigmatized ailments of the country - HIV/Aids for 18 long years, Dr Glory Alexander from Bengaluru has been selected for the prestigious Dr B C Roy National Awards for the year 2010.

Dr Glory, the founder of ASHA Foundation, a city based NGO that has provided relentless medical, emotional and social support to patients suffering from HIV/Aids since 1998 has been selected for the award in the category of outstanding service in the field of Socio-Medical Relief. "I am elated, honored and I am glad that I could stand by my ethics and values throughout my career and help the HIV patients fight against all odds and stigma and live with heads held high," she said.

Dr Glory completed her graduation and post graduate training from Christian Medical College and Hospital (CMC) Vellore and worked in Bangalore Baptist Hospital from 1986 until 1998, following which she came up with ASHA Foundation that has made a tangible difference in the lives of HIV positive patients through its range of services from awareness and counseling to comprehensive treatment and clinical research. Today, it boasts of initiating the first private automated AIDS helpline in India, all under Dr Glory's guidance.

"This award is not an individual one but it goes to all ASHA workers who have served the HIV patients with all dedication. This award is a recognized victory of the infected patients above all stigma and social negativity around them," Dr Glory added.





AIDS charity founder awarded

BANGALORE: Dr Glory Alexander's 18 years of releatless service towards one of the most stigmatized sections of society has finally been recognized with the Dr



B C Roy national award. Founder of the ASHA Foundation which has bruched thousands of lives with its AIDS-related services. Dr. Glory is an alumna of Christian Medical College and Hospital (CMC), Velloce, and worked in the Bangalore Baptist Hospital before setting upthe Foundation. (See Focus.)

focus

ASHA FOUNDATION

Providing Hope, Help and Healing for those with AIDS

Decades ago, an American who had come to India fell ill and was admitted to a hospital in Hangalore. Within 48 hours, his condition detenorated Dr. Glory Alexander was by his side when he breathed his last. She didn't know much about the man other than the fact that he died of AHOS. That encounter was the catalyst for the birth of ASHA Foundation in Bangalore — a vision and a dream that soon became a reality.

ASHA Foundation was established in 1998 by Dr. Glory Alexander and a number of like-minded people. ASHA stands for Action, Service and Hope for AIDS. It is a charitable and voluntary Trust helping HIV/AIDS infected people, their families and accrety. The range of services include: advocacy; capacity building, research, preventive services, awareness, treatment, care, support and rehabilitation of HIV-infected and affected persons with a special focus on women and children.

HIV/AIDS Counseling Services and AIDS Telephone Helpline: This service consists of four components:

- The Manual Telephone Helpline: The AIDS Helpline was inaugurated in 1998 by well-known actress, Shabana Azmi. There are two numbers for the helpline: 23543333 and 23542222. The helplines are manned by trained counselors and function from Monday to Friday from 9.00 AM to 5.00 PM.
- Queries via Email are answer-ed by counsellors on various aspects of HIV/AIDS (ashafbing value co.in).
- 3. The Counseling Center provides the following counseling services Pre- and Post- test counseling in HIV/ AIDS, HIV testing, Supportive Counseling, Crisis Counseling, Counseling for ARV therapy, Adherence counseling, Counseling for PMTCT, and Counseling for families of HIV positive individuals.
- 4. Awareness Programs on HIV/AIDS: The staff at the counseling center have also trained volunteers from software companies who conduct awareness programs for vulnerable communities during their spare time. Each awareness session consists of a Powerpoint presentation, a skit, an interactive question-answer session, and a

s act, an interiors of testimony of a positive person. So far, 60 awareness programs have been conducted and more than 25,000 people have been reached. In 2003, ASHA Foundation staff



trained 126 counselors from all the district hospitals of Karnataka in telephone counseling, on behalf of the Karnataka State AIDS Prevention Society (KSAPS). In 2012, ASHA Foundation staff trained 50 ICTC counselors from the district hospitals of Karnataka, again on behalf of KSAPS.

Prevention of Mother To Child Transmission of HIV: This program was started in 2002 and seeks to incorporate PMTCT services into antenatal services in hospitals. Charitable hospitals in the private sector that provide thee or subsidized service to the poor and margin-alized, are the focus of this program. In 2002, are hospitals were part of the program. Over the has six years, the program has been up-scaled to 17 hospitals in the four southern states of India. Through this program, hospitals treat and deliver HIV positive program women so that the risk of transmission to the new born child is reduced.

Care & support services for children at risk:

1. HIV/AIDS clinic: This clinic was established in 1998 and provides free consultation and services to HIV positive patients and their families. Outpatient clinics are conducted three times per week. The medical team consists of a physician, a podiatrician, a family physician, a counselor, a social worker and a nurse. About 1100 patients and their families are cared for in this clinic. Free treatment is provided for discuses like Tuberculosis and prevention of mother-to-child

transmission of HIV disease. 60 HIV positive children are under their care.

2. Focus on children: This program provides financial assistance



for the education of children of HIV positive parents. It also provides them with nutritional supplements. About 150 children receive support for education and 80 for nutritional supplementation. Fifty poor families receive dry nations. ASHA also has a pentic day and a sports day for these children every year. ASHA supports older children for vecational training. ASHA also has started a Self Help Group for HIV intected children, to help them express their thoughts and feelings and to face the fature as they grow into adulthood.

3. Empowerment of women: At ASHA Foundation there are many women who are young widows or destitute. They are empowered through education, vocational training, job placements, microcredit and formation of Self Help Groups (SHGs). Forty women larve received vocational training, 60 women have been placed in jobs (mostly with positive networks), 22 persons have received microcredit, and five self help groups have been formed with independent bank accounts.

Research at Asha Foundation: In April 2009, ASHA Foundation was accorded ecognition as a Scientific and Industrial Research Organization by the Dept. of Scientific and Industrial Research, Ministry of Science and Technology, Govt. of India.

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